

PHOTOS PROVIDED BY LCDHD EMPLOYEES

2024-2025

ANNUAL IMPACT REPORT JULY 1, 2024 - JUNE 30, 2025

PROUDLY SERVING:
ADAIR, CASEY, CLINTON,
CUMBERLAND, GREEN,
MCCREARY, PULASKI, RUSSELL,
TAYLOR, AND WAYNE
COUNTIES

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CORE PUBLIC HEALTH

FOUNDATIONAL PUBLIC HEALTH

Five focus areas, which
includes statutorily and
regulatorily defined services:

1. Population Health
2. Enforcement of Regulation
3. Emergency Preparedness & Response
4. Communicable disease control
5. Administrative and organizational infrastructure

Community Health Assessment

WIC

HANDS

HARM REDUCTION
& SUD

Local Public
Health Priorities



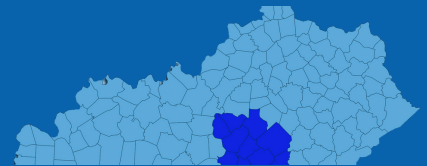
500 Bourne Ave
Somerset, KY 42501



LAKE CUMBERLAND DISTRICT HEALTH DEPARTMENT

SERVING RESIDENTS AND VISITORS OF:

- *ADAIR COUNTY
- *CASEY COUNTY
- *CLINTON COUNTY
- *CUMBERLAND COUNTY
- *GREEN COUNTY
- *MCCREARY COUNTY
- *PULASKI COUNTY
- *RUSSELL COUNTY
- *TAYLOR COUNTY
- *WAYNE COUNTY



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OUR MISSION

To promote and protect the health of all who live, work, learn and play throughout the Lake Cumberland area.

OUR VISION

A healthy today
for a brighter
tomorrow!

OUR VALUES

- Excellence
- Innovation
- Leadership
- Trust
- Service

Director's Comments

FY24-25



Welcome to the 2025 Lake Cumberland District Health Department Annual Impact Report. Once again, I am pleased to share our numbers and information with you to paint a picture of the reach of our public health services across the Lake Cumberland area. We truly touch all corners of our communities.

This past year, LCDHD completed its Community Health Assessment (CHA), a requirement for us every five years. We are pleased to share some of that information here with you. We are also working to have this information available on our website for those of you who might want to look at it in a more detailed review. This CHA process allows us to identify local health priorities and plan our programs to address those needs. Community input in the process is vital and helps guide the agency's strategic planning process.

It remains my great honor to serve this agency and our communities. I am ever amazed by the dedicated staff who continually perform their duties to the highest levels of excellence and professionalism.

With LCDHD purpose and good health,

A handwritten signature in white ink that reads "Amy".

Executive Team



Amy Tomlinson, MPH
Executive Director

**Christine Weyman, MD,
PhD, FAAP**
Medical Director



Laura Woodrum, RN, BSN
Assistant Director

Natasha Bowmer, RN, BSN
Director of Nursing



Tracy Aaron, CHES
Health Education Director

Ron Cimala
*Director of Administrative
Services*



Carol Huckelby, GPC
Human Resource Manager

Whitney Jones, RN, BSN
HANDS Director



Sam Price, RS
*Public Health Preparedness
Manager*

Angela Simpson
*Administrative Support
Coordinator*



Stuart Spillman, RS, REHS
Environmental Director

Janae Tucker, RN, CCSP
EPI Team Nurse Manager

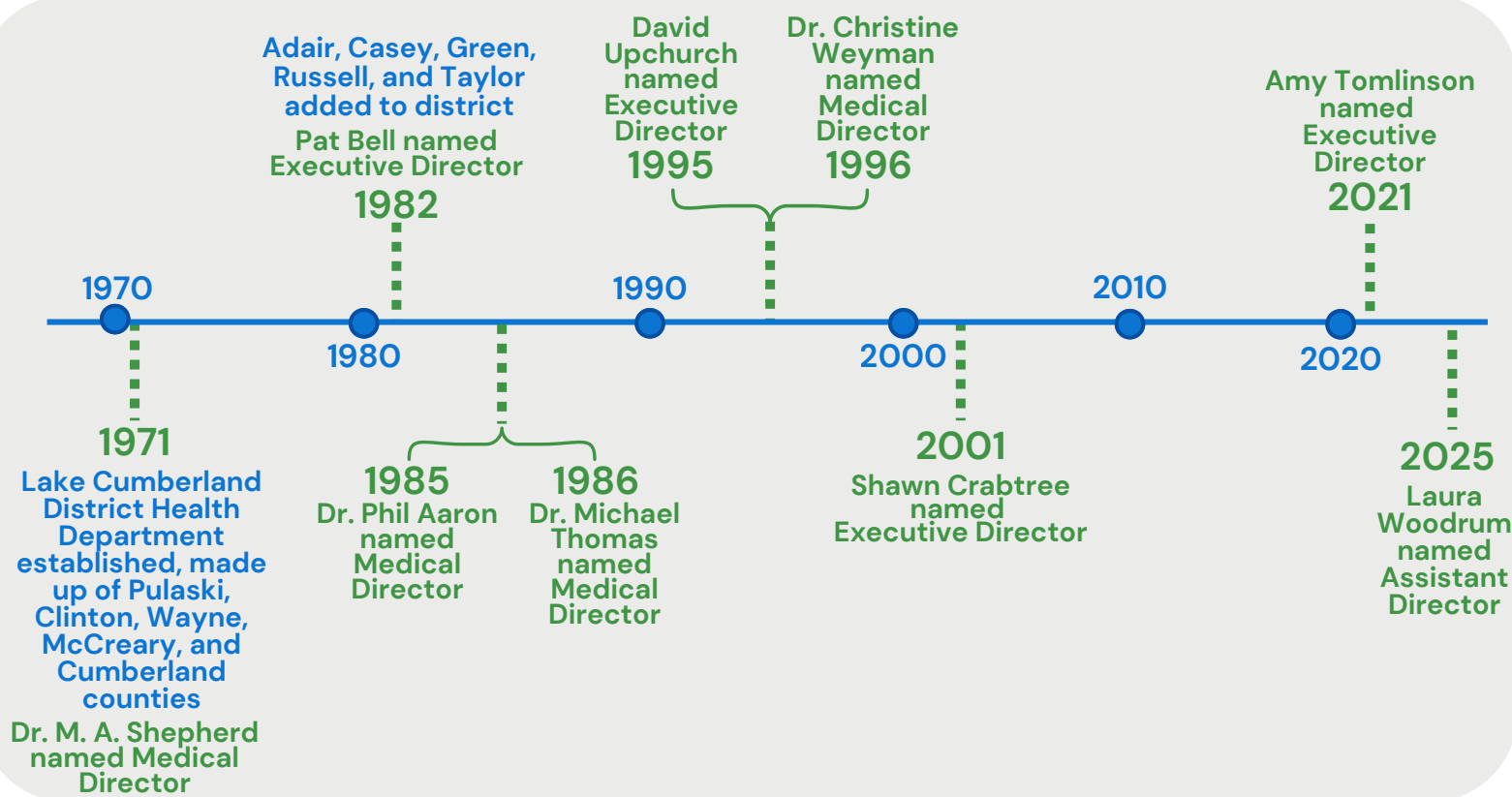


History of Lake Cumberland District Health Department

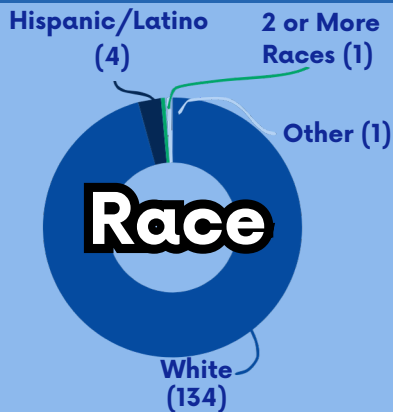
Lake Cumberland District Health Department (LCDHD) was created in 1971, making it the first District Health Department in the state of Kentucky. It originally consisted of 5 counties – Pulaski, Clinton, Wayne, McCreary, and Cumberland. In 1982, the counties of Adair, Casey, Green, Russell, and Taylor were added to the district, making it the 10 county district that it is today.

The land covered by the Lake Cumberland District is around 3,613 square miles with a population of approximately 208,000. Somerset is the largest city in the 10 county area with a population of approximately 12,100.

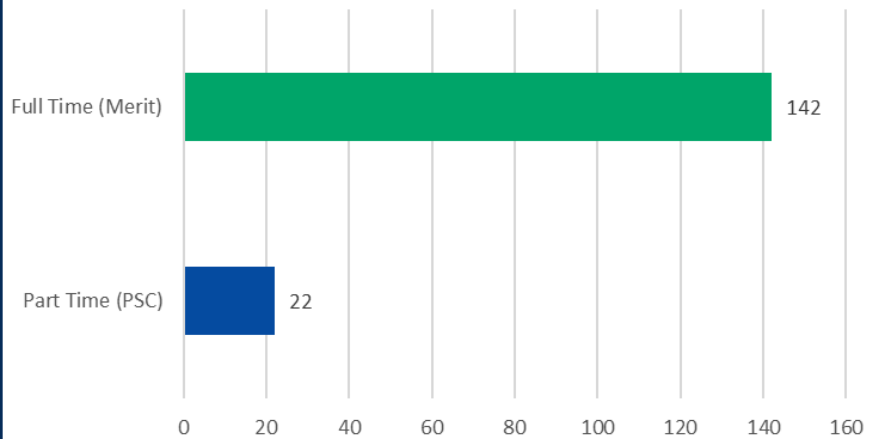
The LCDHD is governed by a 30-member board of directors with representation from each county's local board of health. The board is comprised of county judge executives, physicians, nurses, dentists, veterinarians, optometrists, and citizen members.



166 Total Employees

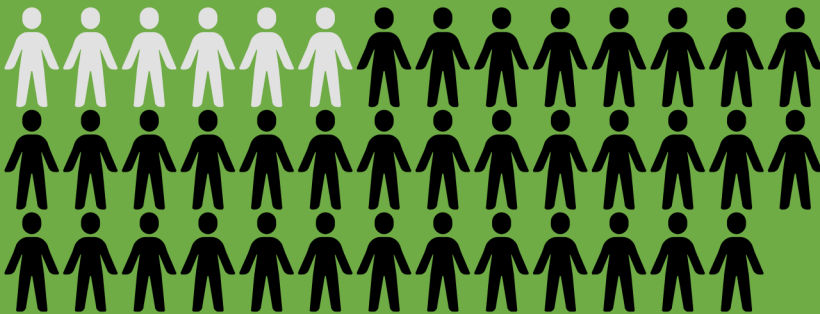
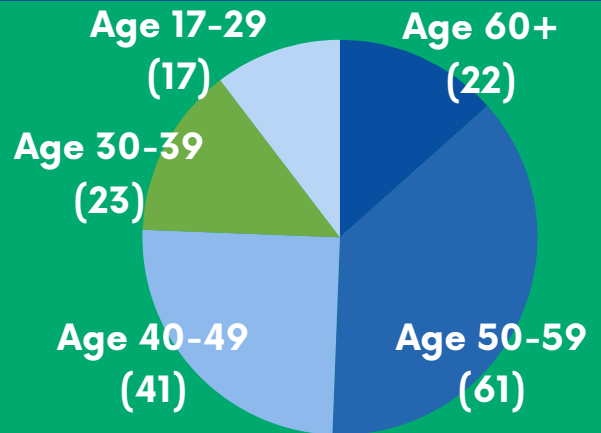
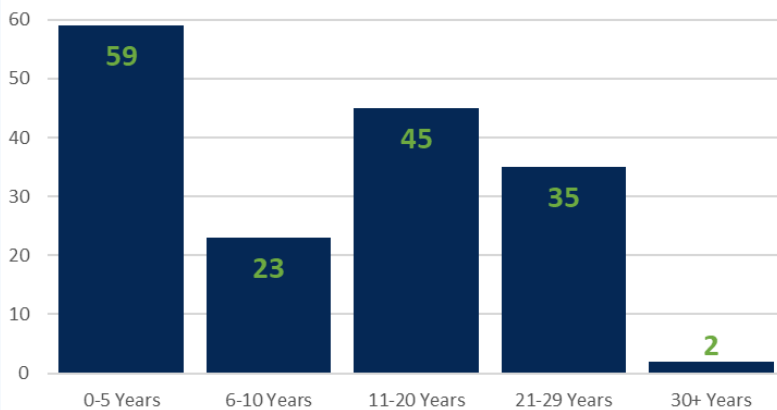


Employee Type



Age Range of Employees

Years of Service



Gender
142 - Female
24 - Male

Employee Recognition

FY24-25



August 2024: Kim Tucker-McCreary



October 2024: Jennifer Dixon-District



December 2024: Cindy Melson-Adair



February 2025: Harley Rose-Wayne



April 2025: Brittany Murphy-Casey



June 2025: Mary Beth Miller-McCreary

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THANK
YOU!

6

Employee Suggestions
Adopted

WOW!

Board Recognition Years of Service

45 Years

Lora Elam Dolen, RN, Wayne
Judith Brown, RN, Clinton

40 Years

Dr. Garth Bobrowski, Green
Dr. Robert Flowers, Cumberland

35 Years

Dr. Gary Partin, Adair
Dr. Brian Dyer, Cumberland

30 Years

Reginald Chaney, Pulaski
Don Cooper, Russell
Mary DeSpain, Green
Dr. Bruce Jasper, Pulaski
Dr. Susanne Lee, Russell

Dr. Michael Shuffett, Green
Dr. James Sawyer, Wayne
Dr. Donald Wilkey, Casey
Rita Wright, McCreary
Jake Staton, Clinton

25 Years

Dr. Susan Cash, Clinton
Dr. Housam Haddad, Casey
Dr. Marlene Richardson, Taylor
Kay King, RN, Casey
Dr. John Price, Casey
Linda Lee, Casey

20 Years

Dr. Darrell Coffey, Russell
Dr. Thomas Rogers, Taylor
Sue Singleton, McCreary
Vesta Edwards, Wayne
Dr. Harvey Schleiter, Pulaski
Terry Allan Lawson, APRN, McCreary
Dr. Jim Muse, Pulaski
Mickey Garner, Russell
Karen Dalton, RN, Russell
Teresa Collison, RPh, Green
Dr. Paul Patterson, Green

15 Years

Glenda Bagby, ARNP, Green
Pam Bills, APRN, Green
Dr. Mark Risen, Green
Billy Coffey, Adair
Patty Guinn, RPh, Pulaski
Azalie Egnew, McCreary
Joe Silvers, RPh, Wayne

Dr. Arthur Haley, Taylor
Dr. Stephanie Jones, Russell
Dr. Robert Drake, Pulaski
Dr. Darin Cundiff, Casey
Dr. H. James Popplewell, Russell
Dr. Stephen McKinley, McCreary
Gina Lee-Watson, Cumberland
Dr. Heather Brown-Conner, Clinton

10 Years

Gina Goode, Casey
Dan Durham, Taylor
Rodney Dick, Pulaski
Lee Ann Jessee, Adair
Dr. Jerome Dixon, Taylor
Dr. Jacob Burton, Adair
Judge John Frank, Green
Matt Jackson, RPh, Adair

Dr. Janella Brown, Adair
Judge Randy Dial, Casey
Dr. Catherine Feese, Adair
Martha Johnson, McCreary
Rebecca Whitis, ARNP, Pulaski
Doug Williams, ARNP, Cumberland
Joseph Michael Morgan, RPh, Cumberland

Carol Denney, APRN, Clinton
Dr. Shane DeSimone, Green
Jay Eastridge, RPh, Taylor
Dr. David Hesson, Taylor
Dr. Richard Miles, Russell
Dr. Gayle Phillips, Taylor
Grady Wilson, McCreary
Gary White, Cumberland

5 Years

Terry Waddell, Russell
Lauren Dyer-Hurt, Cumberland
Judge Jimmie Greene, McCreary
Sherie Loy-Helm, RPh, Russell
Laura Ann Roberts, RPh, Clinton
Jennifer Overstreet, ARNP, Casey
Tabatha Shelton, Cumberland
Kristen Branham, RN, Cumberland
Dr. Holly Von Gruenigen, Russell
Dr. John G. Stephenson, Cumberland

Dr. James Bergin, Adair
Debbie Cowan, Adair
Dr. Phillip Hays, Taylor
Dr. Tonya Shea, Pulaski
Judge Barry Smith, Taylor
Emily Ross, APRN, McCreary
Sheri Hutchison, RN, Adair

Greg Tungate, Taylor
Joanna Gregory, Wayne
Judge Ricky Craig, Clinton
Lisa Haliday, RN, Taylor
Dr. Joseph Brown, Wayne
Christy N. Stearns, Clinton
Jennifer Shugars, RPh, Casey
Dr. Michael Wilson, Clinton
Wesley Murphy, RPh, McCreary
Jennifer West, ARNP, McCreary

TOBACCO PREVENTION & CESSATION

- ✓ SOCIAL MEDIA CAMPAIGN, CHOOSE YOU KENTUCKY (VAPING EDUCATION)
- ✓ HEALTH EDUCATORS TRAINED ON YOUTH VAPING CURRICULUM,
- ✓ **3,774** VAPING EDUCATIONAL ENCOUNTERS, CATCH MY BREATH
- ✓ **2,501** MY LIFE, MY QUIT YOUTH CESSATION FLYERS TO 13 SCHOOL DISTRICTS



CATCH
MY BREATH
YOUTH E-CIGARETTE PREVENTION PROGRAM

COALITION/STAKEHOLDER MEETINGS

1,292 STAKEHOLDERS IN ATTENDANCE



196 MEETINGS

CHILDCARE HEALTH CONSULTATION PROGRAM

27 CHILD CARE PROVIDER TRAININGS
25 CLASSES IMPACTING
OVER **200** CHILDREN



ADOLESCENT TEEN PREGNANCY PREVENTION

9,995 EDUCATIONAL SESSIONS



1,999 STUDENTS

positivepotential

Maternal and Child Health Program

FY24-25

Injury Prevention Projects

Animal Bites

ATV Safety

Bullying/Suicide

Car Seat Safety

Choking Hazards

Cyber Safety

Drunk Driving

Fire Safety

Substance Abuse

Water Safety



3,065



children and youth injury prevention project booklets distributed during outreach events

4,255

Amazing Moms booklets distributed (English & Spanish version now available!)



28

Pack 'n Plays distributed through the safe sleep initiative



38

community events providing education on infant safe sleep and prevention of abusive head trauma



CATCH[®]

COORDINATED APPROACH TO CHILD HEALTH

5 counties

Implemented the Coordinated Approach to Child Health program, weekly teaching sessions with the children throughout the school year.

CATCH is a nutritional and physical activity evidence based curriculum.

10 Head Start classrooms



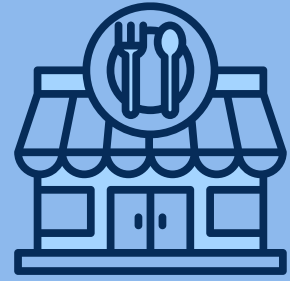


Public Facility Inspections

(pools, schools, hotels/motels, mobile home and rv parks, etc.)

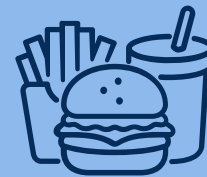


526



Food Service Inspections

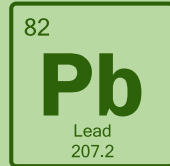
1,930



On-Site Sewage System Inspections

2,690

Childhood Lead Poisoning Prevention Program



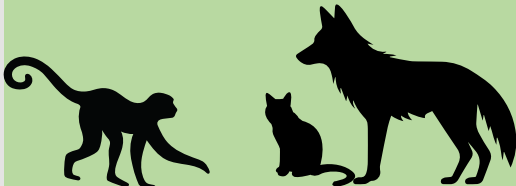
Home Visits for Lead Investigations

6



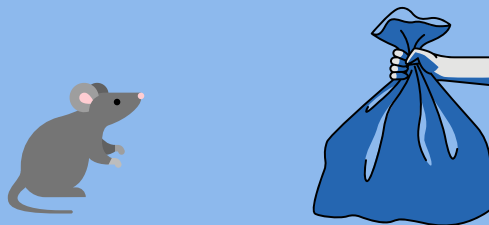
651

Animal Bites Investigated



Nuisance Complaints Investigated

364



1,015

Follow-up Inspections (all types)



Regional Courses

- KYEM Applicant Training 
- HAM Amateur radio training/certification

Coalitions



- Attended KY-TN Coalition Meetings
- Hosted Regional Healthcare Coalition Meetings

Regional Events

- Regional MASH (Mobile ASPR Sustainable Hospital) event
- Regional MRSE (Medical Response Surge Event)

Preparedness Related Media:

- **327,847** audio downloads
- **3,873** PSAs 

Community Preparedness Meetings

- Assist First Responders during local air show
- Disaster preparation for those with disabilities
- Disaster preparation for volunteer community organizations/individuals

Received Grants for Emergency Communications:

- Rapid Radios
- HAM Radios 

15 social media posts were made with 10,756 views

Water Safety 

Performed multiple communication drills with agency partners

Expansion of the Access and Functional Needs (AFN) Resource Library

Participated in National Great Shakeout earthquake drill

Tornado Response

The Preparedness Team was involved in the tornado response in Pulaski and Russell Counties.

There were 27 social media posts that generated 91,788 views.



Pulaski County tornado, May 17th

Communicable Disease FY24-25

2,619

Communicable
disease reports
investigated

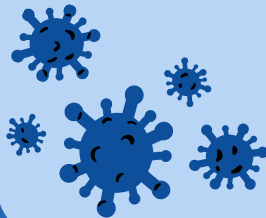


27

Reported
COVID-19
outbreaks in
long-term
care facilities
investigated



Reportable Diseases Meeting
CDC Case Definition:
Probable or Confirmed



445



68

Tuberculosis investigations =



2

Tuberculosis cases

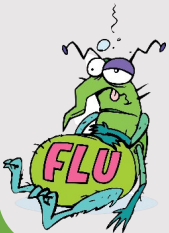
27

Latent Tuberculosis infections



7

Reported
Influenza
outbreaks in
long-term care
facilities
investigated



Completed outreach
visits and distributed
reportable disease
educational materials to
all healthcare providers
districtwide.

Ryan White Program Part B

2024

The Ryan White Program offers medical and social support services, referrals, and guidance for HIV-positive patients living in Central and Eastern Kentucky.

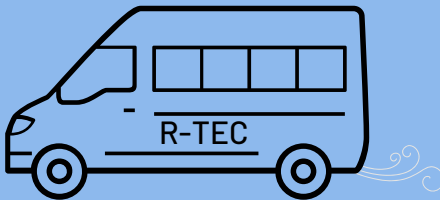
167 unduplicated clients
were served, residing in 35
Kentucky counties



4,463
medical case
management
encounters



Medical transportation
assistance provided
for 107 clients



36 clients attended
monthly
Psychosocial
Support Groups



Food
Vouchers
provided to
112 clients



Emergency financial
assistance provided
to 75 clients



HIV
Stigma
Outreach
230
Community
Participants



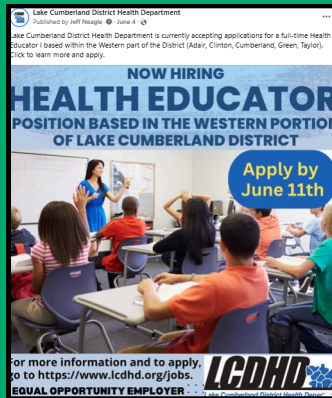
85% of clients were
virally
suppressed



Media and Communications

FY24-25

Highest viewed boosted ad post had **50,816** views

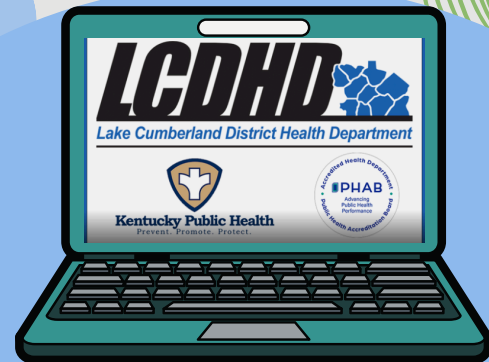


34 nominations received for Dr. Hossein Fallahzadeh Public Health Hero Award this year won by Dr. Joe Weigel



Initiated recording staff interviews about working at LCDHD

Facebook Live for each county for the Back to School Events



Surpassed **25,000** facebook followers



Highest viewed non ad boosted post had **45,678** views




*includes summer workers


29* employees
went off duty

475 other personnel
actions (worker
change actions,
lump sum
payments, etc)


5 
employees
retired

Welcome **29***
new hires

14 
Worker's
Compensation
Cases

24 FMLA
cases



4  ADA
Accommodation
Requests
Implemented new drug
and alcohol screening
program

 Wednesday
emails (monthly)
and mini-tutorials


Completed Driver's
Safety initiative (9
modules) with zero
automobile
accidents reported

Conducted
comprehensive
review of HR
policies

2 presentations
conducted at the
annual KPHA
conference

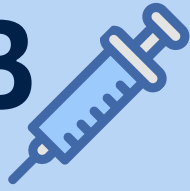

Updated Employee
Handbook

Implemented new
procedure for annual
driving record check
through the KY
Department of
Transportation

 Coordinated
annual open
enrollment and
managed the
distribution of
1095 C tax form

Developing a series of
"Lunch and Learns" to
assist supervisors and
staff with the transition
to the new performance
evaluation process

3,593



Childhood
Immunizations

1,815



Adult
Immunizations

677



Women's Health
Preventive
Screenings

ezEMRx

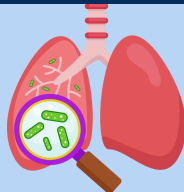


New Electronic Health Record
Implemented in January 2025!

Adair County initiated
an HPV vaccine
promotion project with
funds awarded by their
local board of health.



1,880



Tuberculosis
Screenings

592



Sexually
Transmitted
Disease
Screenings

82
Pb
207.2
Lead

157

Pediatric
Lead
Screenings

Back to School Events

924 Attendees

138 Immunizations



477

Pregnancy
Tests





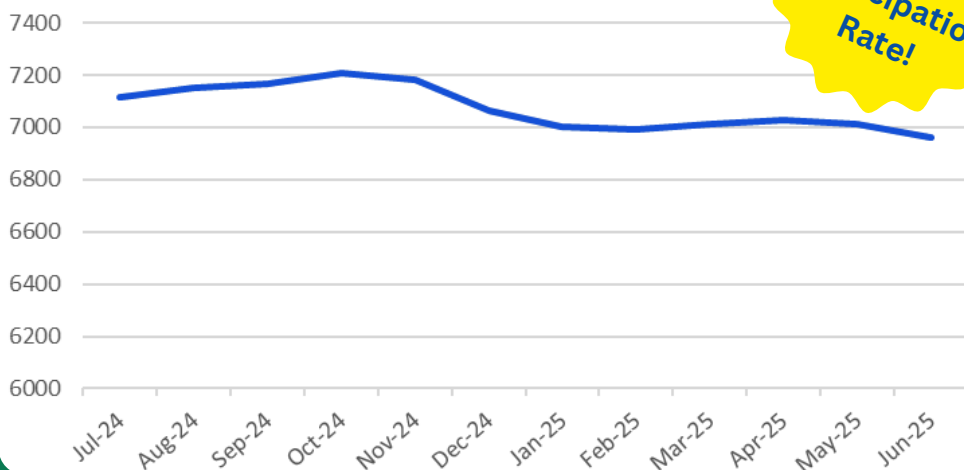
Women, Infants and Children (WIC) can help you with your grocery budget each month. WIC encourages healthy eating with supplemental foods, nutrition education and breastfeeding support for pregnant/postpartum women, infants and children.

WIC Nutrition Project

In Wayne County, the LCDHD WIC Program has joined forces with the local Farmers Market and the UK Cooperative Extension Office to offer interactive classes that teach essential skills like: safe handling of produce, home-canning and preserving techniques, easy and nutritious cooking methods, proper storage for maximum freshness. These hands-on classes empower participants with the knowledge and confidence to prepare healthy meals at home while making the most of local produce. We're excited to continue supporting healthy living through fresh food access and nutrition education.



WIC Participation



99.47%
Participation
Rate!

Farmers' Market Vouchers

Amount Per Serving

Calories 250

Calories from fat 10

Adair County	28.16%
Casey County	9.30%
Clinton County	11.36%
Cumberland County	28.40%
Green County	42.10%
McCreary County	28.71%
Pulaski County	25.46%
Russell County	22.75%
Taylor County	37.58%
Wayne County	43.90%

*No local participating Farmers' Markets in Casey or Clinton Counties.



Breastfeeding Program FY24-25

The WIC Breastfeeding Program receives referrals from clinic services, HANDS, pediatricians, community health organizations and self-referrals from community members from all counties within the district.

**WIC Breastfeeding Peer
Counselor Program
Participants**
560 Breastfeeding
1,219 Prenatal

56.61%
of WIC participants
chose breastfeeding as
an option for their infant

39
**Lactation Consults
Scheduled**



**BREASTFEEDING
IS ALWAYS
WORTH IT!**

Shape the Future

Breastfeed

Kentucky
HANDS

Health Access Nurturing Development Services

Every family needs an extra pair of HANDS.

The HANDS program is a free voluntary home visiting service provided to expecting parents up until the child turns two years old. Home visitors are trained in using an evidence-based curriculum to empower parents with skills needed to become great parents. HANDS staff assist parents through the different stages of their child's growth and development.



19,748
Total Visits



556

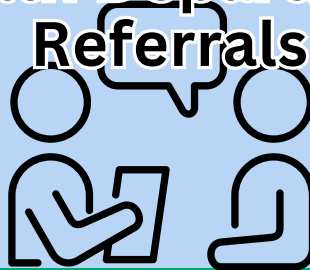
Families Enrolled

141



Families Graduated

122
**Health Department
Referrals**



36

**Mental Health
Referrals**

34



First Step Referrals

234



Physician Referrals



Total Visits
8,089

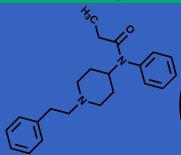
1,560
Participants



Community Outreach and
Education Events

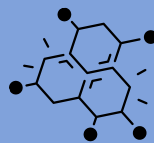


96+



6,847

Fentanyl Test Strips
Provided



6,392

Xylazine Test Strips
Provided



294

Hepatitis C Virus
Tests Performed



Education Provided At Visits:

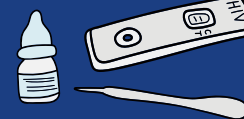
- Proper syringe disposal
- Risk reduction
- Viral Hepatitis prevention
- HIV transmission prevention
- STD prevention
- Overdose prevention/response
- Drug treatment referrals and resources

Did You Know?

- LCDHD operates 5 of the 81 syringe exchange sites in Kentucky
- LCDHD partners with University of Kentucky to provide telehealth treatment for Hepatitis C



HIV Tests
Performed



1,965



Syringes
Dispensed

301,550

298,144

Syringes
Collected



Naloxone Kits Provided

2,364



Find
Naloxone
NowKY

310

Clients completed
Anger Management
Classes

1,065

Incarcerated
individuals completed
classes in Casey,
Pulaski, Russell, Taylor
and Wayne County
Detention Centers

155

Untangling
Relationships
Classes

181

Trauma
Classes

52

PORTAL New
Direction
Classes

104

Thinking for Good
Classes

223

Incarcerated individuals
completed MRT classes
(a cognitive-behavioral
treatment system that
leads to enhanced
moral reasoning)

32

Clients completed
Parenting Classes

8

SMART
Recovery
Classes

Wellness Outreach and Education Program

FY24-25



Diabetes Self-Management Education
offered in-person
districtwide and virtually
across the state

Community Outreach Events
reaching
2,800+
people



26% of participants
decreased their
Hemoglobin A1c

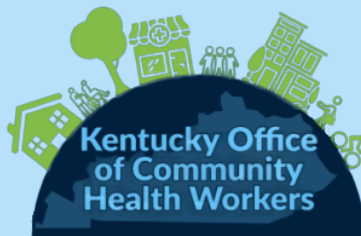
68 Participants!



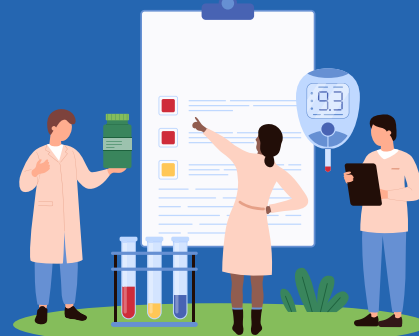
57
Gentle Yoga
Participants!

**Kentucky
Prescription
Assistance Program**
8 clients assisted

KPAP



300+ Individuals
connected with
community
resources



109
Diabetes
education /
prevention
presentations
and classes



**Diabetes Education
Quarterly Newsletters**
4,000
distributed



257 Attendees!



Senior Citizen
Support Groups & Events

Lake Cumberland District Community Health Assessment Overview

Top Strengths of the Community:

1. Good place to raise children (36.4%)
2. Religious/Spiritual Values (35.8%)
3. Good schools (32.7%)
4. Low crime (30.0%)
5. Access to healthcare (23.8%)

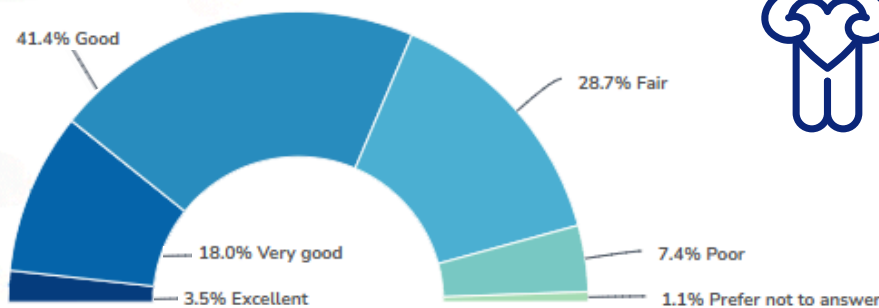


Top Risk Factors:

1. Substance misuse (43.1%)
2. Lack of a livable wage (38.3%)
3. Housing Insecurity (22.5%)
4. Poor eating habits (21.2%)
5. Lack of/inadequate health insurance (21.2%)



Personal health ratings:



66.6%

were satisfied that the health department has made a positive impact

30.0% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (46.2%)
2. Out of pocket costs (26.3%)
3. Lack of providers/specialists (12.8%)
4. Unable to take time off work (8.6%)
5. Lack of convenient appointment times (6.8%)

89.3%
agree that their county is a good place to raise children

66.1%
are satisfied with the health care in their county

38.6%
agree that their county is somewhat healthy or very healthy

Adair County

Community Health Assessment Overview

Top Strengths of the Community:

1. Good place to raise children (59.0%)
2. Good schools (54.3%)
3. Low crime (46.2%)
4. Religious/Spiritual Values (34.7%)
5. Strong family life (26.0%)

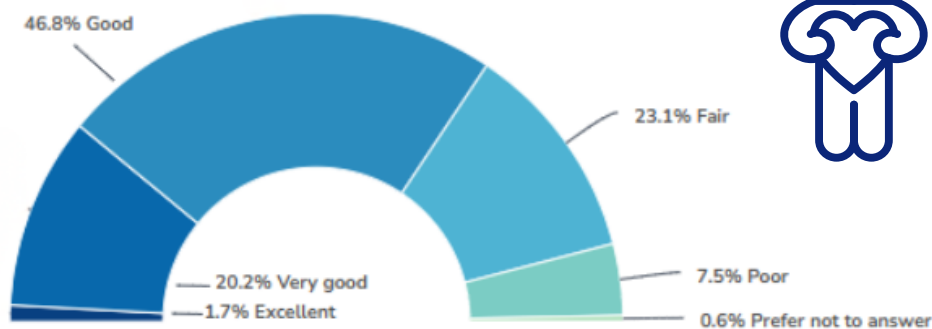


Top Risk Factors in Adair County:

1. Lack of a livable wage (63.0%)
2. Substance misuse (57.8%)
3. Poor eating habits (30.6%)
4. Lack of exercise (23.1%)
5. E-cigarette use (18.5%)



Personal health ratings:



77.5%

were satisfied that the health department has made a positive impact

22.5% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (70.5%)
2. Out of pocket costs (15.0%)
3. Unable to take time off work (8.1%)
4. Lack of providers/specialists (6.4%)
5. Lack of convenient appointment times (4.6%)

98.2%
agree that
Adair
County is a
good place
to raise
children

90.1%
are
satisfied
with the
health care
in Adair
County

65.3%
agree that
Adair County
is
somewhat
healthy or
very healthy

Casey County

Community Health Assessment Overview

Top Strengths of the Community:

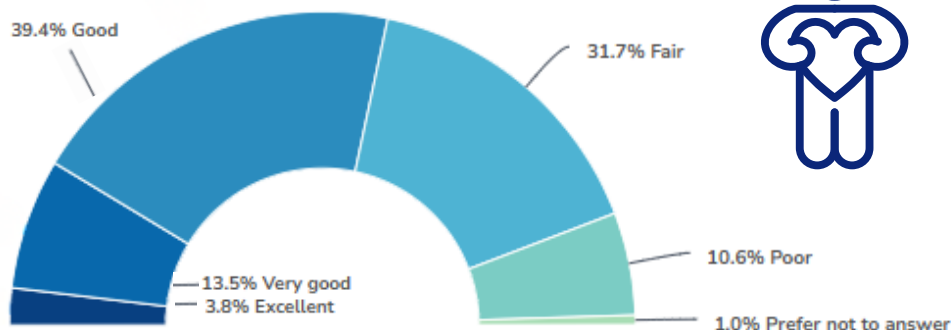
1. Religious/Spiritual Values (35.6%)
2. Access to health care (31.7%)
3. Strong family life (27.9%)
4. Good place to raise children (26.0%)
5. Good schools (24.0%)



Top Risk Factors in Casey County:

1. Substance misuse (45.2%)
2. Lack of a livable wage (39.4%)
3. Housing Insecurity (31.7%)
4. Inadequate health insurance (30.8%)
5. Poor eating habits (29.8%)

Personal health ratings:



58.6%

were satisfied that the health department has made a positive impact

37.4% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (42.3%)
2. Out of pocket costs (29.8%)
3. Lack of providers/specialists (23.1%)
4. Unable to afford transportation (6.4%)
5. Lack of information about where to obtain services (4.6%)

80.6%
agree that Casey County is a good place to raise children

51.0%
are satisfied with the health care in Casey County

36.5%
agree that Casey County is somewhat healthy or very healthy

Clinton County Community Health Assessment Overview

Top Strengths of the Community:

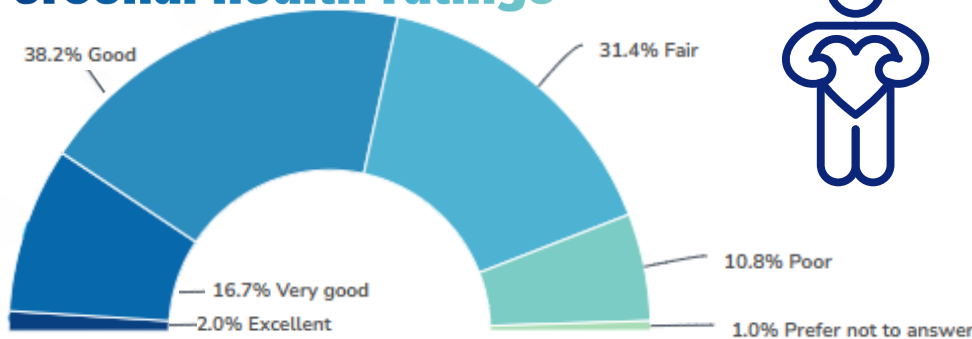
1. Good place to raise children (34.3%)
2. Religious/Spiritual Values (34.3%)
3. Low crime (32.4%)
4. Access to health care (27.5%)
5. Good schools (22.5%)



Top Risk Factors in Clinton County:

1. Substance misuse (34.3%)
2. Lack of a livable wage (28.4%)
3. Inadequate health insurance (24.5%)
4. E-cigarette use (20.6%)
5. Access to health care (19.6%)

Personal health ratings:



73.0%

were satisfied that the health department has made a positive impact

22.0% were neutral

Barriers That Prevent Receiving of Health Services:

1. Out of pocket costs (34.3%)
2. None (26.5%)
3. Lack of providers/specialists (14.7%)
4. Unable to afford transportation (11.8%)
5. Unable to take time off work (9.8%)

87.0%
agree that Clinton County is a good place to raise children

63.4%
are satisfied with the health care in Clinton County

30.4%
agree that Clinton County is somewhat healthy or very healthy

Cumberland County

Community Health Assessment Overview

Top Strengths of the Community:

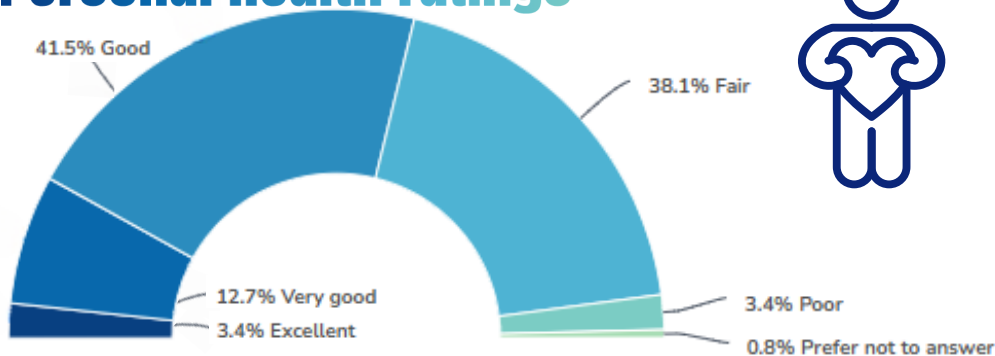
1. Low crime (42.4%)
2. Good place to raise children (36.4%)
3. Religious/Spiritual Values (35.6%)
4. Strong family life (24.6%)
5. Access to health care (23.7%)



Top Risk Factors in Cumberland County:

1. Lack of a livable wage (41.5%)
2. Substance misuse (33.9%)
3. Inadequate health insurance (30.6%)
4. Poor eating habits (24.6%)
5. E-cigarette use (22.9%)

Personal health ratings:



60.0%

were satisfied that the health department has made a positive impact

34.5% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (36.4%)
2. Out of pocket costs (26.3%)
3. Lack of providers/specialists (11.9%)
4. Fear of judgement/discrimination (8.5%)
5. Lack of convenient appointment times (9.8%)

91.2%
agree that Cumberland County is a good place to raise children

60.7%
are satisfied with the health care in Cumberland County

40.6%
agree that Cumberland County is somewhat healthy or very healthy

Green County

Community Health Assessment Overview

Top Strengths of the Community:

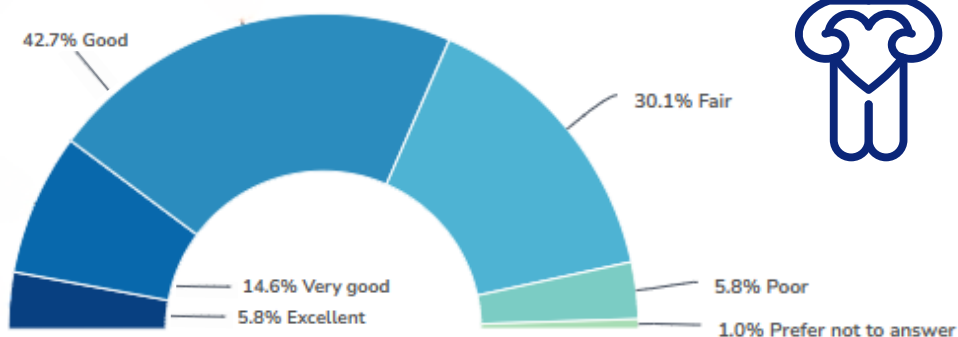
1. Good schools (49.5%)
2. Good place to raise children (38.8%)
3. Low crime (36.9%)
4. Religious/Spiritual Values (29.1%)
5. Access to health care (27.2%)



Top Risk Factors in Green County:

1. Lack of a livable wage (37.9%)
2. Substance misuse (27.2%)
3. Inadequate health insurance (25.2%)
4. Lack of exercise (24.3%)
5. Housing insecurity (22.3%)

Personal health ratings:



70.9%

were satisfied that the health department has made a positive impact

28.2% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (47.6%)
2. Out of pocket costs (20.4%)
3. Unable to take time off work (7.8%)
4. Lack of providers/specialists (7.8%)
5. Disability (physical/mental) (6.8%)

89.3%

agree that Green County is a good place to raise children

72.5%

are satisfied with the health care in Green County

33.0%

agree that Green County is somewhat healthy or very healthy

McCreary County

Community Health Assessment Overview

Top Strengths of the Community:

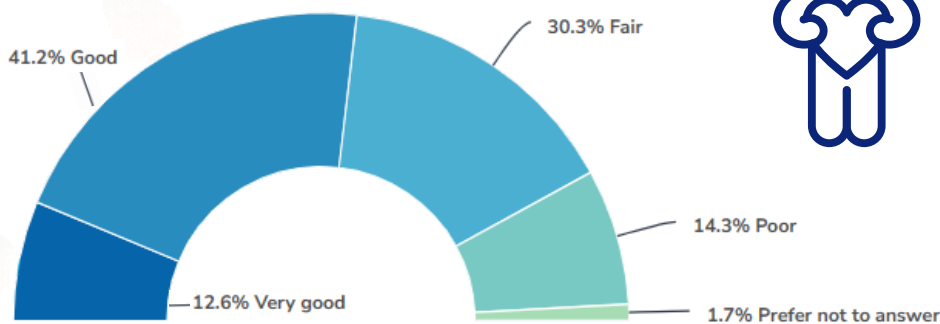
1. Religious/Spiritual Values (40.3%)
2. Good place to raise children (26.1%)
3. Strong family life (26.1%)
4. Good schools (23.5%)
5. Low crime (20.2%)



Top Risk Factors in McCreary County:

1. Lack of a livable wage (44.5%)
2. Substance misuse (35.3%)
3. Housing insecurity (24.4%)
4. Inadequate health insurance (24.4%)
5. Access to healthcare (16.8%)

Personal health ratings:



68.1%

were satisfied that the health department has made a positive impact

29.3% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (46.2%)
2. Out of pocket costs (23.5%)
3. Unable to afford transportation (9.2%)
4. Lack of providers/specialists (9.2%)
5. Lack of information about where to obtain services (7.6%)

74.8%

agree that McCreary County is a good place to raise children

64.6%

are satisfied with the health care in McCreary County

29.5%

agree that McCreary County is somewhat healthy or very healthy

Pulaski County Community Health Assessment Overview

Top Strengths of the Community:

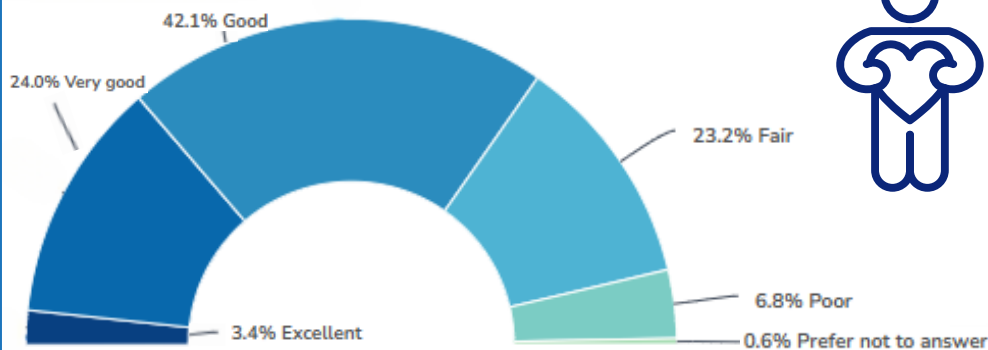
1. Good place to raise children (36.7%)
2. Religious/Spiritual values (35.3%)
3. Good schools (32.5%)
4. Low crime (31.1%)
5. Parks and recreation (25.1%)



Top Risk Factors in Pulaski County:

1. Substance misuse (48.6%)
2. Housing insecurity (30.8%)
3. Lack of a livable wage (30.2%)
4. Poor eating habits (23.4%)
5. Inadequate health insurance (23.4%)

Personal health ratings:



65.1%

were satisfied that the health department has made a positive impact

29.4% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (43.5%)
2. Out of pocket costs (33.1%)
3. Lack of providers/specialists (18.1%)
4. Lack of convenient appointment times (9.6%)
5. Unable to take time off work (9.3%)

89.5%

agree that Pulaski County is a good place to raise children

51.4%

are satisfied with the health care in Pulaski County

35.6%

agree that Pulaski County is somewhat healthy or very healthy

Russell County Community Health Assessment Overview

Top Strengths of the Community:

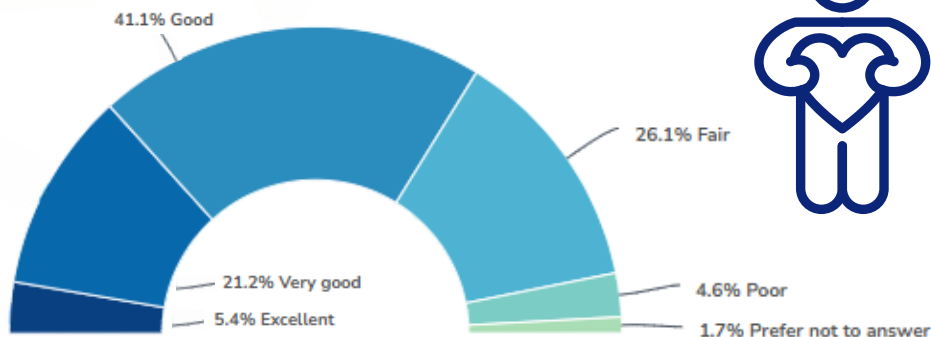
1. Religious/Spiritual Values (59.0%)
2. Good place to raise children (54.3%)
3. Good schools (46.2%)
4. Access to health care (34.7%)
5. Low crime/safe neighborhoods (26.0%)



Top Risk Factors in Russell County:

1. Substance misuse (46.9%)
2. Lack of a livable wage (32.0%)
3. Poor eating habits (23.2%)
4. E-cigarette use (18.3%)
5. Tobacco use (17.4%)

Personal health ratings:



70.0%

were satisfied that the health department has made a positive impact

27.0% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (51.0%)
2. Out of pocket costs (25.7%)
3. Lack of providers/specialists (11.2%)
4. Unable to take time off work (10.0%)
5. Lack of convenient appointment times (6.2%)

94.5%

agree that Russell County is a good place to raise children

75.5%

are satisfied with the health care in Russell County

41.5%

agree that Russell County is somewhat healthy or very healthy

Taylor County

Community Health Assessment Overview

Top Strengths of the Community:

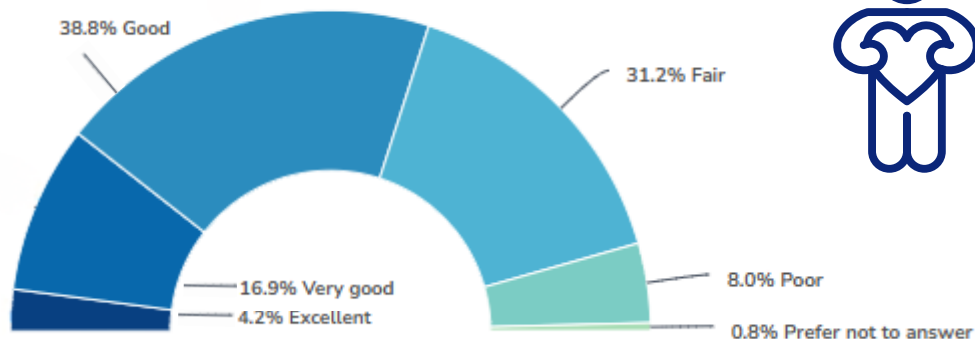
1. Religious/Spiritual Values (35.6%)
2. Access to health care (31.7%)
3. Strong family life (27.9%)
4. Good place to raise children (26.0%)
5. Good schools (24.0%)



Top Risk Factors in Taylor County:

1. Substance misuse (43.5%)
2. Lack of a livable wage (38.4%)
3. Housing insecurity (31.6%)
4. Poor eating habits (22.4%)
5. Inadequate health insurance (16.9%)

Personal health ratings:



61.2%

were satisfied that the health department has made a positive impact

36.6% were neutral

Barriers That Prevent Receiving of Health Services:

1. None (41.9%)
2. Out of pocket costs (25.4%)
3. Lack of providers/specialists (10.2%)
4. Unable to take time off work (8.5%)
5. Disability- physical/mental (8.1%)

89.8%

agree that Taylor County is a good place to raise children

66.9%

are satisfied with the health care in Taylor County

38.0%

agree that Taylor County is somewhat healthy or very healthy

Wayne County Community Health Assessment Overview

Top Strengths of the Community:

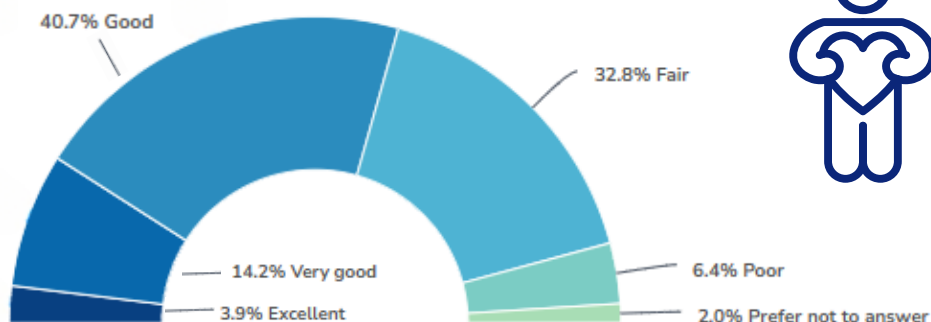
1. Access to health care (34.3%)
2. Religious/Spiritual Values (32.8%)
3. Good place to raise children (31.4%)
4. Low crime (27.9%)
5. Good schools (24.0%)



Top Risk Factors in Wayne County:

1. Lack of a livable wage (38.2%)
2. Substance misuse (37.3%)
3. Housing insecurity (23.0%)
4. Inadequate health insurance (22.5%)
5. Tobacco Use (21.1%)

Personal health ratings:



63.2%

were satisfied that the health department has made a positive impact

32.6% were neutral

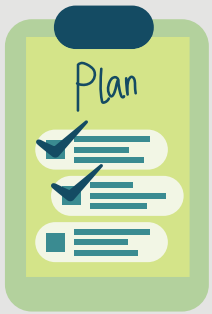
Barriers That Prevent Receiving of Health Services:

1. None (46.1%)
2. Out of pocket costs (24.5%)
3. Lack of providers/specialists (13.2%)
4. Unable to take time off work (9.8%)
5. Lack of convenient appointment times (5.4%)

87.4%
agree that Wayne County is a good place to raise children

69.7%
are satisfied with the health care in Wayne County

30.4%
agree that Wayne County is somewhat healthy or very healthy



Strategic Planning Committee



New Members:



Laura Woodrum

Tiphani Baker

Karcyn Brummett

Jefferson Hickman

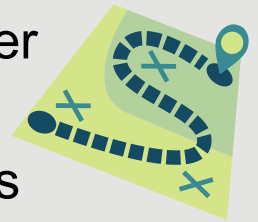
Carol Huckelby

Whitney Jones

Sabrina Prater

Lori Turner

Tara Watters



Focus:

- Develop and update the organization's *Strategic Plan*,
- analyze internal and external environments (e.g., strengths, weaknesses, market trends),
- align resources and initiatives with long-term objectives.

Benefits to the agency include:

- Providing clear direction for growth and sustainability,
- enhancing decision-making by setting priorities,
- encouraging proactive rather than reactive management,
- improving alignment across departments and stakeholders.

Activities Committee Members May Be Asked to Assist With:

- Conduct SWOT analyses,
- set and review strategic goals and performance metrics,
- engage with stakeholders for input and feedback and
- monitor progress annually.





New Members:



Jeff Neagle
Allison Brown
Kristen Casada
DeAnn Cross
Abby Ellis
Sabrina Merrick
Jarrod Simpson
Sue Taylor
Kelly Wilson



Focus:

- A committee that will plan our media campaigns across the district to better coordinate messaging.

Benefits to the agency include:

- Ensuring effective, clear and coordinated messaging both internally and externally.



Activities Committee Members May Be Asked to Assist With:

- Provides oversight so that all messaging is in line with agency's mission, values, and policies.
- Develops targeted communication strategies to influence positive health behavior.
- Promotes agency's work and public health successes, while also ensuring the agency's *Communications Plan* reflects these notions.
- Additionally, reviews messages for cultural sensitivity and inclusivity, especially based on language proficiency.



Data Analysis Committee



New Members:

Amanda England

Tracy Aaron

Natasha Bowmer

Karcyn Brummett

Janie Hamm

Stuart Spillman

Janae Tucker

Dr. Christine Weyman

Laura Woodrum



Focus:

- To analyze and address specific factors that contribute to populations at higher health risk and poorer health outcomes.

Benefits to the agency include:

- Sharing data with local health coalitions for education and exploration,
- building a foundation for health interventions,
- and providing an analytical approach for exploring health strategies.

Activities Committee Members May Be Asked to Assist With:

- Review health data annually to identify specific populations at higher risk for poor health outcomes and
- assist in identification of strategies to potentially improve the health of such.





Safety Committee



New Members:

Sam Price

Brandon Adkins

Jonathan Dye

Kim Kane

Bridgett Kean

Wilma Munsey

Kristy Parmley

Jenny Siler

Natasha Whitaker



Focus:

- Identifying and addressing workplace hazards,
- ensuring compliance with regulations like OSHA, and
- promoting safe work practices.

Benefits to the agency include:

- Reducing workplace injuries,
- improving safety culture, and
- increasing employee engagement in safety.

Activities Committee Members May Be Asked to Assist With:

- Conducting inspections,
- developing safety policies,
- providing safety training, and
- investigating incidents.





Workforce Development Committee



New Members:

Carol Huckelby
Jessica Arterburn
Heather Capps
Tanya Denney
Jonathan Gosser
Sue Irwin
Dawn Redman
Brian Simmons
Kim Tucker

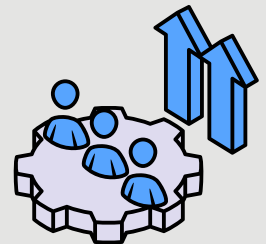


Focus:

- The Workforce Development Committee supports staff growth and recruitment.

Benefits to the agency include:

- Building a qualified and effective team that supports the agency's mission.



Activities Committee Members May Be Asked to Assist With:

- Assisting in skill gaps assessments and job analysis, and
- planning learning opportunities such as lunch-and-learns.
- The committee also discusses how to attract new staff and helps create or carry out recruitment strategies, such as, the "What is Public Health" videos.
- They also provide input on the agency's *Workforce Development Plan*.



Health
is wealth

Worksite Wellness Committee



New Members:

Natasha Bowmer

Susan Adams

Sammi Barber

Samantha Crabtree

Wanda Flowers

Brooke Garmon

Janson Hoskins

Steffani Miller

Melody Smith



Focus:

- Promotion of better physical and mental health of LCDHD employees.

Benefits to the agency include:

- Better health and wellbeing for LCDHD employees.

Activities Committee Members May Be Asked to Assist With:

- Creating wellness challenges for employees,
- distributing wellness information to staff,
- designing wellness bulletin boards for staff, etc.



WELLNESS



New Members:

Angela Simpson

Shirley Daniels

Tanya Denney

Candi Garner

Dorthy Gregory

Carol Huckelby

Shannon Matthews

Belinda McKnight

Cindy Melson

Dustin Smith



Focus:

- Maintain essential records for public health operational needs and minimize risk and ensure compliance with laws and regulations.
- Additionally is responsible for collecting, preserving, and maintaining the historical documents, records, and institutional memory of the health department.

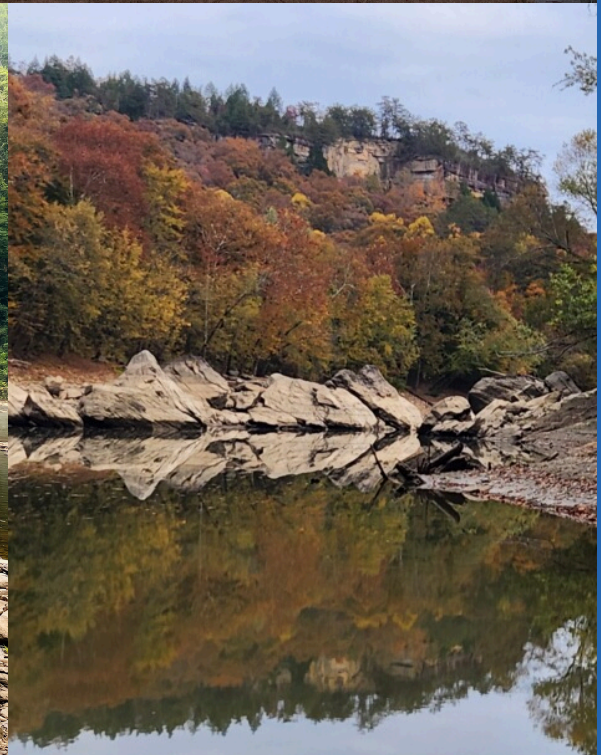
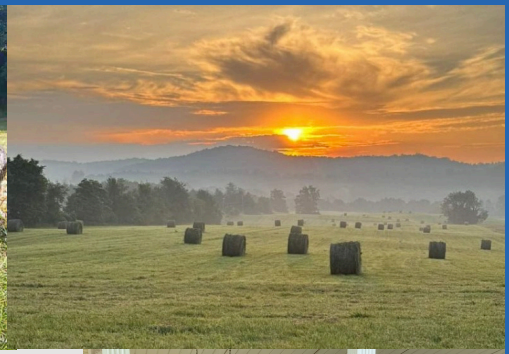
Benefits to the agency include:

- Ensuring the agency complies with federal, state and local laws regarding how long records must be kept,
- Establishing policies for the timely disposal of records and increasing retention efficiency which helps minimize costs for both digital and physical storage.

Activities Committee Members May Be Asked to Assist With:

- Assist with agency's record management policies and practices.
- Assess needs of departments related to record retention needs and storage.
- Create training opportunities for staff related to records retention and disposal requirements.
- The committee also updates the health department's website to reflect important historical developments and milestones, both past and present.







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