Cumberland County Community Resources

SERVICES	
Adult Education – GED prep, ESL classes, reading help	. 270-864-1262
Cumberland County Public Library – 114 Hill Street, Burkesville KY	
Appalachian Research & Defense of KY – free legal help	
Community Action Agency –help with food, shelter, heating	
Cumberland Co. Public Library - 114 Hill St.	
KY Career Center - open Wednesdays	
Extension Office-	
KY Farm Worker Program – support for farmworkers & farmers	
LC Area Development District – job training, aging services, etc	
Low Income Home Energy Assistance	
Kentucky office of Vocational Rehab	
Senior Citizen Center	
Social Security Office	
Regional Victims Service program – for victims of abuse	
Veterans Crisis Line – help for veterans and their families Dial 98	
veterans ensis zare meig ter veterans and their tammes ministrans.	50 then press 1
FAMILY SUPPORT	
Transitional Services (Adoption Hotline)	. 800-432-9346
Adult Abuse Hotline	
Bethany House	800-755-2017
Child Abuse Hotline	. 877-597-2331
Child Care Council of KY – child care assistance	. 859-254-9176
Child Support Enforcement	. 859-254-9176
Commission for Children with Special Healthcare Needs	
Department for Community Based Services	
Division of Protection & Permanency – Child & family safety	. 877-597-2331
First Steps – services for disabilities in children up to 3	. 877-417-8377
Lake Cumberland Children's Advocacy Center 270-343-6922 or	
National Domestic Violence hotline	
National Runaway Safeline – text 66008 or call	. 800-786-2929
Just Family Adult Day Health Care -325 Keen St	. 270-864-3481
Family Resource and Youth Service Center (FRYSC)	. 270-864-1262
United Methodist Opportunity Store	. 270-864-3826
RTEC transportation - call at least 3 days in advance	. 800-321-7832
God's Little Transportation - schedule in advance	. 651-470-0497
Little Panthers Daycare	
Burkesville Head Start	. 270-864-2524
Busy Bee Daycare	. 270-864-9212
Sugar N' Spice Daycare	

HEALTH SUPPORT SERVICES
Cumberland County Hospital
Adanta – counseling services
American Cancer Society – support, resources, treatment info 859-276-3223
American Red Cross
Cumberland Family Medical 270-864-2889
BF Taylor Medical Arts Clinic
Flowers Rural Health Clinic 270-864-3371
Eating Disorder Hotline
Health Department
HIV Help Line
Human Trafficking Hotline
KY Health Provider Directorydbhdid.ky.gov/ProviderDirectory/
Regional Poison Control Center
LCCAA Prescription Assistance
National Sexual Assault Hotline
Rape Crisis Center
$Somerset\ Mental\ Health-the rapy\ services\606-787-0530\ or\ 877-301-1106$
Suicide Prevention hotlineDial 988
Love is Respect - Teen Dating Abuse Hotline
VA Medical Clinic – medical provider for veterans 606-676-0786
SUBSTANCE ABUSE SUPPORT
Adanta
Adanta 833-550-5100 Alcoholics Anonymous www.aa.org Find Help Now - search for treatment facilities findhelpnowky.org Get Help Lex - find treatment facilities gethelplex.org Quit Now KY - help to quit tobacco/vape 800-784-8669 SAMHSA - substance abuse mental health info 800-662-4357 SKYHope - recovery for women 606-679-4782 SPARC Recovery 859-396-0260 Stop Overdose: Naloxone locations odcp.ky.gov/stop-overdoses FOOD SUPPORT
Adanta
Adanta
Adanta
Adanta 833-550-5100 Alcoholics Anonymous
Adanta 833-550-5100 Alcoholics Anonymous www.aa.org Find Help Now - search for treatment facilities findhelpnowky.org Get Help Lex - find treatment facilities gethelplex.org Quit Now KY - help to quit tobacco/vape 800-784-8669 SAMHSA - substance abuse mental health info 800-662-4357 SKYHope - recovery for women 606-679-4782 SPARC Recovery 859-396-0260 Stop Overdose: Naloxone locations odcp.ky.gov/stop-overdoses FOOD SUPPORT Ministerial Association 270-864-4175 Feed My Sheep Food Pantry 270-459-2240 USDA Commodity Food Distribution 270-864-3444
Adanta
Adanta
Adanta 833-550-5100 Alcoholics Anonymous
Adanta

Cumberland County Community Resources

<u>Adult Education</u> 353 N. Main Street, Burkesville, KY. Adult Education provides services such as adult education classes, GED preparation, family literacy instruction, English as a second language classes, workforce education and reading instruction for eligible Kentuckians.

Adanta Group Behavioral Services 101 Adanta Circle, Albany, KY 42602 Provides individual and/or group family therapy, substance abuse counseling, marital counseling and psychiatric evaluation. The Appalachian Research and Defense Fund of Kentucky, Inc (AppalReD) 301 Greensburg Street Columbia, KY provides free legal help for people and groups who cannot afford a private attorney. Services include: fight foreclosure and unfair home loans, social security and SSI, unemployment compensation, tenant-landlord disputes, fight evictions, public housing, KTAP/food stamps, Medicare/Medicaid, disability rights, bankruptcy, consumer protection, family law, employment discrimination, school/education, senior citizens' rights, civil rights and tax problems.

<u>Bethany House</u> PO Box 864 Somerset, KY Emergency housing for Spousal abuse. Serves the Lake Cumberland Area Development District

<u>Commission for Children with Special Healthcare Needs</u> 401 Bogle Street Somerset, KY chfs.ky.gov/ccshcn/About.htm The Commission for Children with Special Healthcare Needs provides medical services, to eligible children, through a variety of specialty clinics offered throughout the state.

<u>Community Action Agency</u> Cumberland County Courthouse, Burkesville, KY www.lc-caa.org Lake Cumberland Community Action Agency serves the ten counties in the Lake Cumberland region providing heating, cooling, emergency food and shelter assistance to qualified individuals and families.

<u>Department for Community Based Services</u> 232 Keen Street, Burkesville, KY - The Department for Community Based Services provides family support; childcare; child and adult protection; eligibility determinations for Medicaid and food benefits; and administration of an energy cost assistance program.

<u>Division of Protection & Permanency</u> 232 Keen Street, Burkesville, KY The Division branches include: Child Safety, Out of Home Care, Adoption Services, Adult Safety and Family Violence Prevention. The Division of Protection and Permanency provides adoption counseling, foster care services, and emergency

shelter care, family counseling and protective service investigations of adults and children. <u>Extension Office</u> 90 Smith Grove Rd. Burkesville, KY The Extension Office provides community programs such as 4-H youth development club, farmers market, homemakers club, and agricultural education programs and services.

<u>First Steps</u> 259 Parkers Mill Road Somerset, KY First Steps is a statewide early intervention system that provides services to children with developmental disabilities from birth to age 3 and their families.

<u>Lake Cumberland Area Development District</u>- 2384 Lakeway Dr. Russell Springs, KY www.lcadd.com Economic Development, revolving loan fund, job training & partnership act, Aging Services, arc grant, school to work program.

Cumberland County Health Department 226 Copper Lane, Burkesville, KY - Your local Health Department provides community-based health initiatives and preventive health care services to the residents of your county. Adult health services include family planning (birth control), WIC (Women, Infants & Children food program), medical nutrition therapy, grief counseling, tuberculosis screenings, STD and HIV screenings, diabetes screening and counseling, immunizations and breast and cervical cancer screenings. Children's health services include newborn screening, Well Child exams, fluoride varnishing, tuberculosis screenings, immunizations and lead screenings. Lake Cumberland Children's Advocacy Center 472 West Main Street Jamestown, KY The Lake Cumberland Children's Advocacy Center provides a comfortable, private, child-friendly setting that is both physically and psychologically safe for sexually abused children. The Center's services include: forensic interviews, mental health evaluations, comprehensive sexual abuse medical examinations, counseling referrals and victim's advocate referrals.

<u>LCCAA Prescription Assistance</u> 601 Courthouse Square, Burkesville, KY These programs provide assistance for those who want to get their medications through patient assistance programs. All are free or charge a small amount www.needymeds.org/local_programs.taf?_function=list&state=ky <u>Kentucky Office of Vocational Rehabilitation</u> is a program funded by the Rehabilitation Services Administration to expand vocational rehabilitation services into the migrant and seasonal farmworkers community.

<u>Senior Citizen Center</u> 124 Upper River St, Burkesville, KY The Senior Citizen Center offers a wide variety of activities and programs in a friendly, lively atmosphere where you can hang out with longtime friends, meet new people, pursue a favorite hobby or interest or try a new one. Activities include: arts, crafts, music, structured exercise, day trips, recreation, modified health support and nutrition services.

<u>Social Security Office</u> 1010 Hiestand Farm Road Campbellsville, KY www.ssa.gov The Social Security Office provides Medicare, Retirement, Survivors and Death Insurance, Social Security and Disability and Supplemental Security Income Benefits.

SKYHope Recovery for Women Somerset, KY https://www.facebook.com/skyhoperecovery SKYHope is a peer-driven model of recovery. The focus is to help women change their behavior, skills, and attitudes related to their addictive lifestyles. SKYHope Recovery Program takes a long term, holistic approach to recovery that is comprised of four distinct modules of progression and ultimately connected to an array of SKYHope Recovery services.

<u>VA Medical Clinic</u> 308 Medpark Drive Somerset, KY The VA Medical Center provides primary care services for veterans in the Somerset area. Personal Care: Highly qualified primary care providers, specialty care referrals to the Lexington VA Medical Center. Prescriptions: Routine prescriptions processed through the mail or MyHealthVet.

<u>Veterans Crisis Line</u> Confidential help for Veterans and their families.

Blessing Box Locations: Cumberland County Elementary, Burkesville manor Apartments, Marrowbone United Methodist Church, Burkesville Christian Church, Chestnut Grove church, Bow School House Church, Grace Union Baptist Church, Cumberland County middle School, Marrowbone Baptist Church, Rose of Sharon Church, Lawson Bottom Church, Keeneland Apartment, Burkesville Baptist Church, Dutch Creek United Methodist Church

