

Your child may have been exposed to:

## Yeast

Yeast is a fungus that can cause infection. It is common to have yeast infections of the mouth or throat (thrush) or the diaper area (diaper rash).

### If you think your child has a Yeast Infection:

- Tell your childcare provider or call the school.
- **Need to stay home?**

#### Childcare and School:

No.

### Symptoms

**Thrush** - White, slightly raised patches on the tongue or inside the cheek. Sucking on fingers or thumbs may cause children to develop the infection around the fingernails.

**Diaper Rash** - Smooth, shiny, red rash with a raised border.

### Spread

- Rarely, by touching skin lesions or secretions from the mouth.

### Contagious Period

The illness can spread as long as sores are present.

### Call your Healthcare Provider

- ◆ If anyone in your home has symptoms of thrush or diaper rash.

### Prevention

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth and after changing diapers. Your child may need help with handwashing.
- Clean and disinfect objects that come in contact with secretions from the mouth or nose and diaper area. Use a product that kills germs.
- Replace bottle nipples and pacifiers after treatment.

#### FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY  
 Kentucky Regional Poison Center Louisville, KY  
 Lake Cumberland District Health Department Somerset, KY  
 The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>  
 EMERGENCY: 1-800-222-1222  
[www.lcdhd.org](http://www.lcdhd.org) (606) 678-4761  
 Toll free: 1-800-311-3435 [www.cdc.gov](http://www.cdc.gov)