

Your child may have been exposed to:

Warts

Warts are skin growths caused by a virus. Common and flat warts are seen most often in younger children and plantar warts in school-aged children.

If you think your child has Warts:

- Tell your childcare provider or call the school.
- **Need to stay home?**

Childcare and School:

No.

Symptoms

Common - Dome-shaped and have a rough appearance. Check the fingers, on the backs of the hands, and around the nails. They may be more common where a child has bitten fingernails or picked hangnails.

Plantar (foot) - Usually seen on the bottoms of the feet. Most of these warts flatten because the pressure of walking pushes them back into the skin. They can be very painful.

Flat - Smaller and smoother than other warts. They tend to grow in large numbers (20 to 100) at a time. They can grow anywhere on the body.

If your child is infected, it may take several months to years before symptoms start.

Spread

- From person to person.
- By touching contaminated objects, such as locker room floors, showers, or pool decks.

Contagious Period

Probably as long as the wart is present.

Call your Healthcare Provider

- ◆ Your doctor will decide if treatment is needed.

Prevention

- Avoid biting your nails or picking your hangnails. Keep nails trimmed.
- Take care to keep feet and hands clean and dry. Do basic first aid when an injury (cut, scrape, etc.) occurs.
- Wear shoes like flip-flops or water sandals in locker rooms and showers or on pool decks.
- Avoid sharing personal items such as razors.
- Clean and disinfect contaminated areas. Use a product that kills germs.

FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY
 Kentucky Regional Poison Center Louisville, KY
 Lake Cumberland District Health Department Somerset, KY
 The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>
 EMERGENCY: 1-800-222-1222
www.lcdhd.org (606) 678-4761
 Toll free: 1-800-311-3435 www.cdc.gov