## **Salmonellosis**

Salmonellosis is a bacterial infection of the intestines.

# If you think your child has Salmonellosis:

- Tell your childcare provider or call the school.
- Need to stay home?

#### **Childcare**:

**Yes,** until diarrhea has stopped.

#### School:

No, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently.

In addition, anyone with salmonellosis should not use swimming beaches, pools, water parks, spas, or hot tubs until 2 weeks after diarrhea has stopped.

## **Symptoms**

Your child may have diarrhea, cramps, headache, vomiting, or fever. Illness may last up to 7 days.

If your child is infected, it may take 6 to 72 hours for symptoms to start.

## **Spread**

- By eating or drinking contaminated food or beverages.
- By touching contaminated hands, surfaces, or objects.
- By handling chicks, ducklings, reptiles, and amphibians.

## **Contagious Period**

The illness can spread as long as *Salmonella* bacteria are in the stool. This could be for several weeks.

### Call your Healthcare Provider

- If anyone in your home has symptoms. There is a medical test to detect the bacteria.
- Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

#### **Prevention**

- Wash hands after using the toilet or changing diapers and before preparing food or eating. Your child may need help with handwashing.
- Clean and disinfect any objects that come in contact with stool. This includes toilets (potty chairs), sinks, toys, and diaper changing areas. Use a product that kills germs.
- Chicks, ducklings, reptiles (e.g., pet turtles, iguanas, snakes), and amphibians can carry *Salmonella*. Wash your hands after touching these pets.
- Cook foods thoroughly and do not drink unpasteurized milk or unpasteurized juice.
  Always disinfect cooking surfaces.

#### FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY Kentucky Regional Poison Center Louisville, KY Lake Cumberland District Health Department Somerset, KY The Centers for Disease Control and Prevention (CDC) Atlanta, GA http://chfs.ky.gov/dph/ EMERGENCY: 1-800-222-1222 www.lcdhd.org (606) 678-4761 Toll free: 1-800-311-3435 www.cdc.gov

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