

Your child may have been exposed to:

Roseola

Roseola is a viral rash. It is the most common cause of rashes in children 6 months to 2 years of age.

If you think your child has Roseola:

- Tell your childcare provider.
- **Need to stay home?**

Childcare:

Yes, until the fever is gone and other rash illnesses, especially measles, have been ruled out.

Symptoms

Your child may have a high fever that starts suddenly and generally lasts for a few days. As the fever breaks, a rash appears on the child's belly, chest, back, and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel okay. Illness may last up to 7 days.

If your child is infected, it may take 9 to 10 days for symptoms to start.

Spread

- By touching the secretions from the nose or mouth.

Contagious Period

Most likely during the fever and before the rash appears.

Call your Healthcare Provider

- ◆ If your child has a fever and a rash.

Prevention

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.

FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY
 Kentucky Regional Poison Center Louisville, KY
 Lake Cumberland District Health Department Somerset, KY
 The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>
 EMERGENCY: 1-800-222-1222
www.lcdhd.org (606) 678-4761
 Toll free: 1-800-311-3435 www.cdc.gov