

Your child may have been exposed to:

Respiratory Syncytial Virus

Respiratory Syncytial Virus (RSV) is a common viral infection.

If you think your child has RSV:

- Tell your childcare provider.
- **Need to stay home?**

Childcare:

Yes, until fever is gone and the child is healthy enough for routine activities.

DO NOT give aspirin or salicylate-containing medicines to anyone under 18 years of age.

Symptoms

Your child may have a cough, watery eyes, runny nose or stuffiness, or sneezing. Symptoms may last for 7 days.

People with severe RSV may wheeze and/or have lung congestion. RSV can be serious for premature babies and people with heart, lung, or immune system problems.

If your child is infected, it may take 2 to 8 days for symptoms to start.

Spread

- By sneezing or coughing.
- By touching contaminated hands, surfaces, or objects.

Contagious Period

For 3 to 8 days. Some infants can spread RSV for up to 4 weeks.

Call your Healthcare Provider

- ◆ If anyone in your home has symptoms. Your doctor may want to test for the virus. Infants who are hospitalized may be treated with a special medication called an antiviral drug.

Prevention

- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with the secretions from the mouth or nose. Your child may need help with handwashing.
- **DO NOT** share drink containers and cups or silverware. Wash all dishes with hot soapy water between uses.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.
- Some babies, including infants who were born prematurely, can be given a medication to prevent infection. Talk to your healthcare provider.

FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY
 Kentucky Regional Poison Center Louisville, KY
 Lake Cumberland District Health Department Somerset, KY
 The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>
 EMERGENCY: 1-800-222-1222
www.lcdhd.org (606) 678-4761
 Toll free: 1-800-311-3435 www.cdc.gov