

Your child may have been exposed to:

Parapertussis

Parapertussis is a bacterial illness similar to pertussis (whooping cough) but it tends to be more mild.

If you think your child has Parapertussis:

- Tell your childcare provider or call the school.

- **Need to stay home?**

Childcare and School:

No, if the child is healthy enough for routine activities.

Symptoms

Your child may have a runny nose, sneezing, or mild coughing. Your child may cough in sudden, uncontrollable bursts. The cough may end with whooping sounds and/or vomiting.

If your child has been infected, it takes 6 to 21 days (usually 7 to 10 days) for symptoms to start.

Spread

By sneezing or coughing.

Contagious Period

Unknown, but likely to be most contagious at the time of early cold-like symptoms.

Call your Healthcare Provider

- ◆ If anyone in your home is coughing for more than 7 days. Your doctor may want to test for the bacteria. Antibiotics may be given.

Prevention

- Cover nose and mouth when coughing or sneezing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.

FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY
 Kentucky Regional Poison Center Louisville, KY
 Lake Cumberland District Health Department Somerset, KY
 The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>
 EMERGENCY: 1-800-222-1222
www.lcdhd.org (606) 678-4761
 Toll free: 1-800-311-3435 www.cdc.gov