

Your child may have been exposed to:

CMV	CMV (cytomegalovirus) is a common virus that infects most people, but rarely causes illness.
------------	--

If you think your child has CMV:

- Tell your childcare provider or call the school.
- **Need to stay home?**

Childcare and School:

No.

Symptoms

Most people have no symptoms. Very rarely, a person may develop symptoms. These symptoms include fever, sore throat, tiredness, and swollen glands.

Spread

By touching saliva or urine.

Contagious Period

Virus may be in urine or saliva for long periods of time.

Call your Healthcare Provider

- ◆ If anyone in your home has symptoms of CMV.

Prevention

- Wash hands after using the toilet, changing diapers, touching secretions from the nose or mouth, and before preparing food or eating. Your child may need help with handwashing.
- Clean and disinfect objects that come in contact with urine or saliva. Use a product that kills germs.
- Minimize contact with children’s saliva. Avoid kissing their lips or hands.
- DO NOT have mouth contact with items contaminated with saliva.

FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY
 Kentucky Regional Poison Center Louisville, KY
 Lake Cumberland District Health Department Somerset, KY
 The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>
 EMERGENCY: 1-800-222-1222
www.lcdhd.org (606) 678-4761
 Toll free: 1-800-311-3435 www.cdc.gov