

Your child may have been exposed to:

Campylobacteriosis

Campylobacteriosis is a bacterial infection of the intestines.

If you think your child has Campylobacteriosis:

- Tell your childcare provider or call the school.
- **Need to stay home?**

Childcare:

Yes, until diarrhea has stopped.

School:

No, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently.

In addition, anyone with campylobacteriosis should not use swimming beaches, pools, water parks, spas, or hot tubs until 2 weeks after diarrhea has stopped.

Symptoms

Your child may have diarrhea, vomiting, or a fever. Your child's stomach may hurt. These symptoms may last up to 5 days.

If your child is infected, it may take 2 to 5 days for symptoms to start.

Spread

- By eating or drinking contaminated beverages or food, including undercooked chicken.
- By touching contaminated hands, surfaces, or objects.
- By handling pets and farm animals.

Contagious Period

The illness can spread as long as *Campylobacter* bacteria are in the stool.

Call your Healthcare Provider

- ◆ If anyone in your home has symptoms. Your doctor can test for *Campylobacter* and may decide you need to be treated with an antibiotic.
- ◆ Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

Prevention

- Wash hands after using the toilet and changing diapers and before preparing food or eating. Your child may need help with handwashing.
- Clean and disinfect any objects that come in contact with stool. This includes toilets (potty chairs), sinks, toys, and diaper changing areas. Use a product that kills germs.
- Puppies, kittens, or farm animals can cause *Campylobacter* infection. Wash your hands after touching pets and farm animals.
- Cook foods thoroughly and do not drink unpasteurized milk or unpasteurized juice. Always disinfect cooking surfaces, especially after handling or cutting raw chicken.

FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY

Kentucky Regional Poison Center Louisville, KY

Lake Cumberland District Health Department Somerset, KY

The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>

EMERGENCY: 1-800-222-1222

www.lcdhd.org (606) 678-4761

Toll free: 1-800-311-3435 www.cdc.gov

Prepared by Hennepin County Human Services and Public Health Department (HSPHD)