

Bronchitis

Bronchitis/bronchiolitis are respiratory illnesses caused by viruses or bacteria.

If you think your child has Bronchitis:

- Tell your childcare provider or call the school.
- **Need to stay home?**

Childcare and School:

Yes, until fever is gone and your child is healthy enough for routine activities.

DO NOT give aspirin or salicylate-containing medicines to anyone under 18 years of age.

Symptoms

Your child may have a runny nose and fever. Cough starts out dry and harsh. It becomes looser after the child has been sick for a while. Your child may have a sore throat. The cough can last 1 to 2 weeks.

Spread

- By touching secretions from the nose or mouth.
- By touching contaminated hands, objects or surfaces.

Contagious Period

Shortly before and while your child has symptoms.

Call your Healthcare Provider

- ◆ If your child has a fever. Also if your child has a sore throat or cough that won't go away.

Antibiotics do not work for illnesses caused by a virus, including some types of bronchitis.

Prevention

- Cover nose and mouth when coughing and sneezing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.
- **DO NOT** expose your child to second-hand tobacco smoke. Smoke increases the risk for serious respiratory infections and middle ear infections.

FOR MORE INFORMATION

Kentucky Department for Public Health Frankfort, KY
 Kentucky Regional Poison Center Louisville, KY
 Lake Cumberland District Health Department Somerset, KY
 The Centers for Disease Control and Prevention (CDC) Atlanta, GA

<http://chfs.ky.gov/dph/>
 EMERGENCY: 1-800-222-1222
 (606) 678-4761 www.lcdhd.org
 Toll free: 1-800-311-3435 www.cdc.gov