



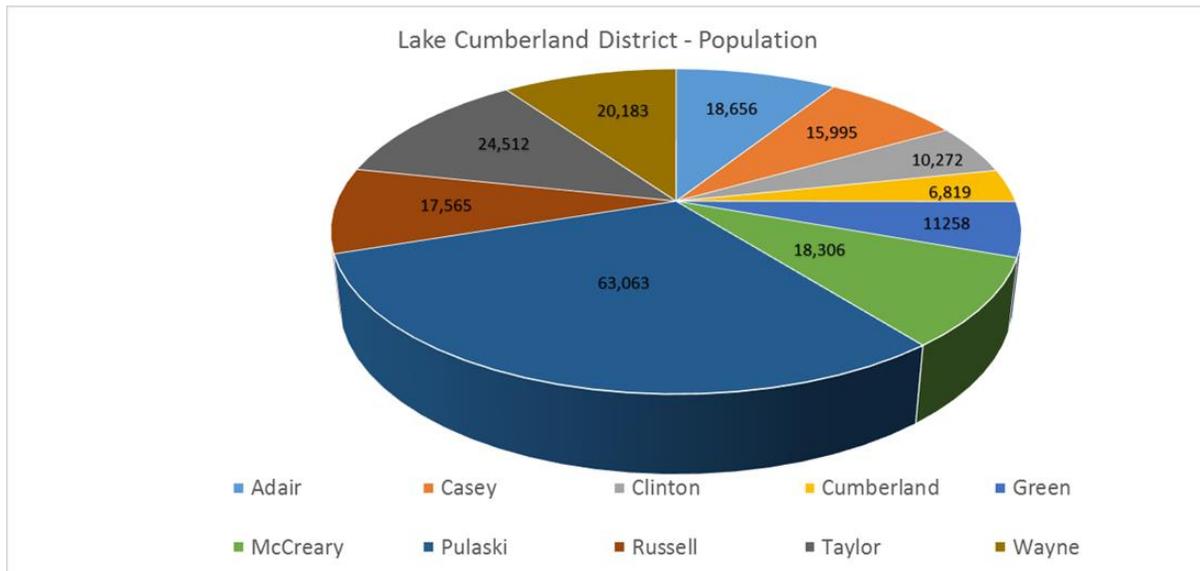
Snapshot of Access to Healthcare in Lake Cumberland

February 8, 2017

As one looks across Lake Cumberland, they see much beauty in the landscape. However, when looking at healthcare resources we are limited. These limitation to resources have a great impact on the health outcomes of our ten counties.

Population

White alone, not Hispanic or Latino accounts for 94% of Lake Cumberland Residents. There are various races categories across the ten counties such as white, black, Asian, Hispanic/Latin.



Source: US Census Bureau 2014

Rural and Urban Counties

The majority of our ten counties are designated as rural counties. Six counties are designated as 100% rural counties. Urban areas are identified using population density, county and size thresholds. Urban areas also include territory with a high degree of impervious surface (development). Rural areas are all areas that are not urban. The chart helps to provide a quick view of each county’s status.

Percent of County Urban and Rural		
COUNTY	Urban	Rural
Adair	24.54%	75.46%
Casey	0.00%	100.00%
Clinton	0.00%	100.00%
Cumberland	0.00%	100.00%
Green	0.00%	100.00%
McCreary	0.00%	100.00%
Pulaski	40.05%	59.95%
Russell	0.00%	100.00%
Taylor	47.81%	52.19%
Wayne	32.27%	67.73%

Source: Community Commons 2014

Medically Underserved Area and Healthcare Professional Shortage Area

According to Health Resources and Services Administration (HRSA), nine counties in Lake Cumberland are Medically Underserved Areas (MUA), Medically Underserved Population (MUP) and Healthcare Professional Shortage Areas (HPSA). The two titles assigned unfortunately, define that healthcare access and poor health is inevitable in the majority of our counties. Nonetheless, these titles do provide assistance to improve healthcare access to the populations.

Medically Underserved Area (MUA), Medically Underserved Population (MUP) and Health Professional Shortage Area (HPSA) are federal designations that allow the government to prioritize communities for certain programs.

MUA is based on geographic locations, while a MUP pertains to certain population groups within a geographic location. Geographic areas can be multi-county, full county or partial county locations. Populations eligible for this designation are: low-income and/or Medicaid eligible populations, migrant workers, homeless, linguistically isolated groups, or residents of public housing.

HPSA designations can be for Primary Care, Dental or Mental Health professionals. These designations can be for urban or rural areas, population groups or medical or other public facilities such as a prisons. MUA's have shortages in primary care health services for residents within a geographic area such as a whole county or neighboring county or counties.

MUA/P designations are based on the Index of Medical Underservice (IMU). IMU is calculated based on four criteria: the population to provider ratio; the percent of the population below the federal poverty level; the percent of the population over age 65; and the infant mortality rate. IMU can range from 0 to 100, where zero represents the completely underserved. Areas or populations with IMUs of 62.0 or less qualify for designation as an MUA/P.

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MUA/P and HPSA		
COUNTY	HPSA	MUA/P
Casey	x	53.50
Clinton	x	38.30
Cumberland	x	41.60
Green	x	49.40
McCreary	x	58.90
Pulaski	x	58.00
Russell	x	58.70
Taylor Mansville/Saloma	x	55.90
Taylor	x	55.9
Wayne	x	61.50

Source: Health Service and Resource Administration (HRSA) Data Resource, January 2017

Federally Qualified Healthcare Agency

Nine of our ten counties have Family Medical Center INC., a federally qualified healthcare agency. The health services of this company are based on the individual income and may be provided at a lower cost.

Federally Qualified Health Centers must be located in or plan to serve a MUA/P area. HPSA designations qualify organizations and institutions help with recruitment and retention of key health professionals to their communities.

FEDERALLY QUALIFIED HEALTH CENTER				
County	Provider Name	Address	City, State, ZIP	Telephone
Adair	ADAIR FAMILY MEDICAL CENTER/ CUMBERLAND FAMILY MEDICAL CENTER INC	937 Campbellsville Road	COLUMBIA, KY 42728	270-384-2777
Casey	CASEY FAMILY MEDICAL/CUMBERLAND FAMILY MEDICAL CENTER INC	376 Randolph Street	LIBERTY, KY 42539	606-787-6246
Clinton	CLINTON FAMILY MEDICAL/ CUMBERLAND FAMILY MEDICAL CENTER INC	606 Burkesville Road	ALBANY, KY 42602	606-387-4251
Cumberland	CUMBERLAND FAMILY MEDICAL/ CUMBERLAND FAMILY MEDICAL CENTER INC	360 Keen Street	Burkesville, KY 42717	270-864-2889
Green	GREENSBURG HEALTHCARE/ CUMBERLAND FAMILY MEDICAL CENTER INC	2680 Campbellsville Road	GREENSBURG, KY 42743	270-299-2222
McCreary	MCCREARY FAMILY MEDICAL/CUMBERLAND FAMILY MEDICAL CENTER INC	69 S. Main Street	WHITLEY CITY, KY 42653	606-376-7399
McCreary	WHITLEY CITY FAMILY MEDICAL/CUMBERLAND FAMILY MEDICAL CENTER INC	19 Medical Loop Suite 3	WHITLEY CITY, KY 42653	606-376-5391
Russell	JAMESTOWN FAMILY MEDICAL/CUMBERLAND FAMILY MEDICAL CENTER INC	1417 N Main Street	JAMESTOWN, KY 42629	270-343-2597
Russell	RUSSELL FAMILY MEDICAL/ CUMBERLAND FAMILY MEDICAL CENTER INC	404 Steve Drive	RUSSELL SPRINGS, KY 42642	270-866-3161

Source: Cumberland Family Medical Center INC., December 2016

Rural Health Clinics

Eight of our ten counties have Rural Health Clinics. These clinics assist in access to primary care services for Medicaid and Medicare patients in rural communities.

RURAL HEALTH CLINICS				
County	Provider Name	Address	City, State, ZIP	Telephone #
ADAIR	FAMILY FIRST HEALTH CARE, PLLC	363 OFFICE PARK DRIVE	COLUMBIA, KY 42728	(270) 384-3939
ADAIR	FAMILY MEDICAL CENTER	1463 CAMPBELLSVILLE ROAD	COLUMBIA, KY 42728	(270) 384-9934
ADAIR	T J HEALTH COLUMBIA CLINIC	902 WESTLAKE DRIVE, SUITE 101	COLUMBIA, KY 42728	(270) 384-0451
ADAIR	T J HEALTH COLUMBIA PRIMARY CARE	810 JAMESTOWN STREET	COLUMBIA, KY 42728	(270) 384-4764
ADAIR	TAYLOR RURAL HEALTH, LLC	805 BURKESVILLE STREET	COLUMBIA, KY 42728	(270) 384-1110
CASEY	BLUEGRASS CLINIC LIBERTY, PLLC	19 ABES PLAZA	LIBERTY, KY 42539	(606) 787-0014
CASEY	CASEY COUNTY FAMILY PRACTICE	112 LIBERTY SQUARE SHOPPING CENTER	LIBERTY, KY 42539	(606) 787-5044
CASEY	CASEY COUNTY PRIMARY CARE	187 WOLFORD AVENUE	LIBERTY, KY 42539	(606) 787-8348
CASEY	LIBERTY FAMILY MEDICAL CENTER	511 MIDDLEBURG STREET	LIBERTY, KY 42539	(606) 787-5963
CUMBERLAND	B F TAYLOR CLINIC	299-A GLASGOW ROAD	BURKESVILLE, KY 42717	(270) 864-2555
CUMBERLAND	FLOWERS RURAL HEALTH CLINIC	333 KEEN STREET	BURKESVILLE, KY 42717	(270) 864-3371
GREEN	GREEN COUNTY PRIMARY CARE	310 INDUSTRIAL PARK ROAD	GREENSBURG, KY 42743	(270) 299-2286
MCCREARY	CUMBERLAND FAMILY CLINIC, PLLC	57 HOGUE ROAD	PINE KNOT, KY 42635	(606) 354-9444
MCCREARY	MCCREARY PRIMARY CARE CENTER	65 CENTER AVENUE	WHITLEY CITY, KY 42653	(606) 376-2224
MCCREARY	SOUTH FORK MEDICAL CLINIC, PLLC	71 MEDICAL LANE	WHITLEY CITY, KY 42653	(606) 376-7212
MCCREARY	WHITLEY FAMILY MEDICAL	19 MEDICAL LOOP	WHITLEY CITY, KY 42653	(606) 376-5391
PULASKI	EASTERN PULASKI RURAL HEALTH CLINIC, PLLC	31 MARK SHOPVILLE ROAD	SOMERSET, KY 42503	(606) 485-4553
PULASKI	LAKE CUMBERLAND MEDICAL ASSOCIATES	350 HOSPITAL WAY, SUITE 100	SOMERSET, KY 42501	(606) 451-2600
RUSSELL	FAMILY PRACTICE ASSOCIATES	124 DOWELL ROAD	RUSSELL SPRINGS, KY 42642	(270) 866-2440
RUSSELL	T J HEALTH RUSSELL SPRINGS	2465 LAKEWAY DRIVE	RUSSELL SPRINGS, KY 42642	(270) 858-3636
WAYNE	MONTICELLO MEDICAL ASSOCIATES	ONE SOUTH CREEK DRIVE, SUITE 102	MONTICELLO, KY 42633	(606) 348-3365
WAYNE	WAYNE COUNTY HOSPITAL RURAL HEALTH CLINIC	166 HOSPITAL STREET	MONTICELLO, KY 42633	(606) 340-3251

Source: <http://chfc.ky.gov/oig/direct.>, January 2017

Hospital

All counties except McCreary County have a local hospital. Four hospitals are Critical Access Hospitals (CAH). CAH have no more than 25 inpatient beds; maintaining an annual average length of stay of no more than 96 hours for acute inpatient care; offering 24-hours, and 7 days a week emergency care. Acute care beds are beds accommodating patients where the principal clinical intent is to do one or more of the following: manage labor (obstetric), cure illness or provide definitive treatment of injury, perform surgery, - relieve symptoms of illness or injury (excluding palliative care), reduce severity of illness or injury, protect against exacerbation and/or complication of an illness and/or injury which could threaten life or normal functions, perform diagnostic or therapeutic procedures. Pulaski and Taylor County have Regional hospitals. Only two counties have infant delivery facilities, Pulaski and Taylor counties.

HOSPITALS				
COUNTY	ORGANIZATION NAME	ADDRESS	FAX	*24 HOUR SWITCHBOARD NUMBER:
Adair	TJ Health Columbia	901 Westlake Dr Columbia, KY 42728	270-384-0373	270-384-4753
Casey	Casey County Hospital *(CAH)	187 Wolford Ave. Liberty, KY 42539	606-787-0791	606-787-6275
Clinton	The Medical Center at Albany	723 Old Burkesville Rd Albany, KY 42602		606-387-6421
Cumberland	Cumberland County Hospital *(CAH)	299 Glasgow Road Burkesville, KY 42717	270-864-1305	270-864-2511
Green	Jane Todd Crawford Hospital	202-206 Milby Street Greensburg, KY 42743	270-932-3504 270-932-4211	270-932-4211
Pulaski	Lake Cumberland Regional Hospital	305 Langdon St Somerset, KY 42503	606-678-3377	606-679-7441
Russell	Russell County Hospital *(CAH)	153 Dowell Road Russell Springs, KY 42642	270-866-7148	270-866-4141
Taylor	Taylor Regional Hospital	1700 Old Lebanon Rd Campbellsville, KY 42718	270-789-3869	270-465-3561
Wayne	Wayne County Hospital *(CAH)	166 Hospital Street Monticello, KY 42633	606-340-3315	606-348-9343
Notes: * (CAH) Critical Access Hospitals				

Source: <http://chfc.ky.gov/oig/directories.htm>., January 2017

Home Health Agencies

There are three home health agencies (Intrepid, Lifeline, and Amedisys) that provide services across our ten counties.

Healthcare Specialist

Physician/Medical Specialist services vary across the ten counties. There are several healthcare specialist that are offer services across our ten counties. However, it is limited by date and county. The hospital serves as the hub for many of these healthcare specialist services. Unfortunately, most of the time individuals travel out of their county to receive specialized care. Many times someone travels more than 100 miles for special healthcare services.

MEDICAL SPECIALIST LAKE CUMBERLAND AREA DEVELOPMENT DISTRICT										
	Cardiology	Endocrinology	ENT	Gastrointestinal	GYN	OB	Hematology Oncology	Infectious Disease	Nephrology	Neurology
Adair	X	X								
Casey	X									
Clinton	X		X							
Cumberland	X				X					
Green										
McCreary										
Pulaski	X	X	X	X	X	X	X	X	X	X
Russell	X		X							
Taylor	X	X	X	X	X	X	X	X	X	X
Wayne	X	X								

	Ophthalmology	Orthodontist	Pain Mgmt.	Podiatry	Psychiatry	Pulmonary	Rheumatology	Urology	Wound Care
Adair		X		X		X			
Casey									
Clinton	X	X				X			
Cumberland		X				X			
Green									
McCreary		X				X			
Pulaski	X	X	X	X	X	X	X	X	X
Russell		X							
Taylor	X	X	X	X	X	X	X	X	X
Wayne		X			X	X			

Obtained by County Clerk Managers in July 2016

Uninsured Population

All ten counties uninsured population is higher than Kentucky uninsured population. Also, nine of the ten counties double the United States uninsured population. However, these rates will change due to the Affordable Care Act implementation.

Uninsured is the population under the age of 65 with no health insurance. Lacking insurance is a major barrier to accessing health care needs. Substantial changes are anticipated in the rate of uninsured as the provisions of the Affordable Care Act.

Percentage of Uninsured by County	
COUNTY	2014 Uninsured percentage
Adair	21%
Casey	22%
Clinton	20%
Cumberland	20%
Green	20%
McCreary	21%
Pulaski	18%
Russell	20%
Taylor	21%
Wayne	20%
Kentucky	17%
USA	10%

Source: County Health Ranking, 2014, US Census Bureau's Small Area Health Insurance Estimates (SAHIE) 2014

2014 Community Health Assessments Analysis

Each of the ten counties completed a community health needs assessment (CHNA) between January 2013 and January 2014. During the needs assessment opinions were collected on specific populations and groups of people who health and quality of life may be different from others.

Unserved/Underserved/Vulnerable Populations

Participants of the CHNA were asked to identify vulnerable populations in their county. Three groups were identified from across the 10 county CHNA results. Low income families ranked the highest in Adair, Casey, Clinton, Cumberland, Green, and Russell counties. The elderly population ranked highest in McCreary, Taylor and Wayne counties. The uninsured ranked the highest in Pulaski County. As discussion notes were reviewed, these populations groups are limited when it comes to access to healthcare and transportation. The elderly make many choices due to their limited incomes as to where they spend their money, whether it be on medicine, bills or food. The low income seem to be making these same choices. However, they do seem to visit the emergency rooms for their care. The uninsured struggle with going to a doctor for preventive or acute care.

Barriers to Healthcare

Some barriers to care identified were cost of healthcare, lack of insurance, unemployed and transportation. The cost of healthcare and lack of insurance stopped individuals from going to the doctor. Unemployed people across the ten counties directly impacts poverty rates, which have rose over the past two years.

Health Behavior/Problems and Quality of Life

Across the ten counties three issue rose to the top across all ten counties: alcohol/drug use, cancer and obesity. Many factors impacts an individual's health status. Lifestyle issues are the activities that many of the health coalitions chose to address and create community health improvement plans.