



MAY 2020



COMMUNITY HEALTH ASSESSMENT

A Healthy **Today** for

a Brighter **Tomorrow**.



VISION STATEMENT

The Lake Cumberland District Health Department will be a progressive leader providing innovative solutions to achieve optimal health status for our communities.

MISSION STATEMENT

The Lake Cumberland District Health Department prevents illness and injury, promotes good health practices, and assures a safe environment to protect and improve the health of our communities.

A Healthy **Today** for a Brighter **Tomorrow**.

Lake Cumberland District Health Department

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www.LCDHD.org



LAKE CUMBERLAND DISTRICT COMMUNITY HEALTH ASSESSMENT 2020

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2020 LAKE CUMBERLAND DISTRICT COMMUNITY HEALTH ASSESSMENT

This Lake Cumberland District Health Department (LCDHD) 2019 Community Assessment Booklet is a tool to assist individuals and agencies across the Lake Cumberland District with data from various sources.

The Health Promotion and Policy team and members of ten health coalitions across the District collect data and create a community assessment booklet every five years. This assessment booklet assists in the creation of ten community health improvement plans to address priority health issues. LCDHD maintains various data which is updated annually and may be found at: https://www.lcdhd.org/info-tools/health-assessments-and-statistics/.

The primary goal of the 2019 Lake Cumberland District Health Department Community Health Assessment booklet is to provide a comprehensive compilation of valid and reliable information about the health of Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties.

The Lake Cumberland District Health Department is required to continually assess the health of the population across the Lake Cumberland Area. To be compliant with our Public Health Accreditation Board (PHAB), we are required to complete an in-depth needs assessment every five years.

To complete this detailed community assessment, we utilize our ten local health coalitions, which are made up of members of the local public health system. The Health Policy and Promotion branch facilitated the strategic collaborative process utilizing Mobilizing for Action Planning and Partnership toolkit, to complete the 2019 Lake Cumberland District Community Health Assessment (LCDCHA). The process ensures a systematic approach to data collection, analysis and dissemination of data, as well as the development of a shared comprehensive health assessment, its health challenges, and resources. The LCDCHA is a valuable tool community partners and stakeholders utilize for data awareness, as well as making informed decisions regarding public health policies, processes, and interventions. Continued initiatives from this community assessment booklet will be the creation of ten community health improvement plans, addressing priority health issues.

A special thank you to the following health coalitions that assisted in this strategic collaborative process:



Adair County (Working Actively Toward Community



McCreary County Health and Wellness Coalition



Casey County Community Health Empowerment
Coalition (CHEC)



Pulaski County (Working on Wellness) WOW Coalition



Clinton County Health Coalition



Russell County Health and



Cumberland County Health Coalition



Green County Health and

TAYLOR COUNTY
WELLNESS
COALITION

Taylor County Wellness



Wayne County Health
Council







DEMOGRAPHICS



GEOGRAPHY

The Lake Cumberland District Health Department is located in south-central Kentucky. We are comprised of ten counties: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne.

The area covered by the LCDHD is around 3,719 square miles. According to the 2019 Quick Facts our population is approximately 209,159. Pulaski County is the largest county in the 10-county area with a population of approximately 64,449, while Cumberland County is the smallest county with a population estimate of 6,706. Across the ten counties there are ten public school districts and three independent schools districts. All counties are rural, with nine of the ten counties being part of the Appalachian Region.

County	Area	County seat	City name(s)
Adair	407 square miles	Columbia	Columbia City
Casey	446 square miles	Liberty	Liberty City
Clinton	198 square miles	Albany	Albany City
Cumberland	306 square miles	Burkesville	Burkesville City, Marrowbone CDP
Green	289 square miles	Greensburg	Greensburg City, Summerville CDP
McCreary	428 square miles	Whitley City	Pine Knot CDP, Stearns CDP, Whitley City CDP
Pulaski	662 square miles	Somerset	Burnside City, Eubank City (partial), Ferguson City, Science Hill City, Somerset City
Russell	254 square miles	Jamestown	Jamestown City, Russell Springs City
Taylor	270 square miles	Campbellsville	Campbellsville City
Wayne	459 square miles	Monticello	Monticello City

Source: US Quick Facts, 2017





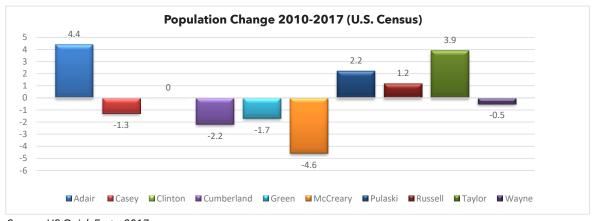
POPULATION

According to the 2010 US Quick Facts, the total population of Kentucky is 4,339,367, up 7.4 percent from the 2000 census 4,041,769. Kentucky's population has grown 2.6 percent from 2010 to 2017. Across the Lake Cumberland Area's (LCA) ten counties population has fluctuated. Casey (-1.3%), Cumberland (-2.2%), Green (-1.7%), McCreary (-4.6%) and Wayne (-0.5%) counties have decreased in population; Clinton has remained the same, while Adair (4.4%), Pulaski (2.2%), Russell (1.2%) and Taylor (3.9%) have increased.

Population

	Total Population (2010 Census)	Population Estimate (July 1, 2017)	Percent Change
United States	308,745,538	325,719,178	5.5%
Kentucky	4,339,367	4,454,189	2.6%
Adair	18,656	19,485	4.4%
Casey	15,955	15,750	-1.3%
Clinton	10,272	10,276	0.0%
Cumberland	6,856	6,706	-2.2%
Green	11,258	11,065	-1.7%
McCreary	18,306	17,465	-4.6%
Pulaski	63,063	64,449	2.2%
Russell	17,565	17,775	1.2%
Taylor	24,512	25,472	3.9%
Wayne	20,813	20,716	-0.5%

Source: US Quick Facts, 2017



Source: US Quick Facts, 2017



LAKE CUMBERLAND DISTRICT AREA SCHOOLS

Lake Cumberland District Health Department (LCDHD) has 13 school districts across the Lake Cumberland Area.

Adair County School District	
Adair County Primary (P-02)	579
Adair Elementary (3-5)	593
Adair Middle (6-8)	591
Adair High (9-12)	772
Total Enrollment	2,535
Campbellsville Independent School District	
Campbellsville Elementary (PS-03)	390
Campbellsville Middle (4-8)	392
Campbellsville High (9-12)	295
Total Enrollment	1,077
Casey County School District	
Jones Park Elementary (K-06)	351
Liberty Elementary (K-06)	381
Walnut Hill Elementary (K-06)	510
Casey Middle (7-8)	344
Casey High (9-12)	658
Total Enrollment	2,244
Clinton County School District	
Early Childhood Center (PS-K)	138
Albany Elementary (1-4)	549
Clinton Middle (5-8)	473
Clinton High (9-12)	504
Total Enrollment	1,664
Cumberland County School District	
Cumberland Elementary (K-5)	448
Cumberland Middle (6-8)	199
Cumberland High (9-12)	274
Total Enrollment	921
Green County School District	
Green County Primary (K-2)	402
Green County Intermediate (3-5)	367
Green County Middle (6-8)	363
Green County High (9-12)	472
Total Enrollment	1,604
McCreary County School District	
Whitley City Elementary (PS-3)	612
Pine Knot Primary (K-03)	538
Pine Knot Intermediate (4-6)	387
McCreary Middle (7-8)	414
McCreary High (9-12)	716
Total Enrollment	2,667

SOURCE: Kentucky Department for Education, Schools and District Enrollment; May 16, 2018

Pulaski County School District	
Northern Elementary (PS-05)	407
Burnside Elementary (PS-05)	429
Eubank Elementary (PS-05)	320
Nancy Elementary (PS-05)	374
Oakhill Elementary (PS-05)	537
Pulaski Elementary (PS-05)	642
Shopville Elementary (PS-05)	353
Southern Elementary (PS-05)	701
Northern Middle (6-8)	892
Southern Middle (6-8)	1,020
Pulaski High (9-12)	1,177
Southwestern High (9-12)	1,239
Total Enrollment	8,091
Russell County School District	
Jamestown Elementary (PS-05)	488
Russell Springs Elementary (PS-05)	696
Salem Elementary (PS-05)	312
Russell County Middle (6-8)	631
Russell County High (9-12)	835
Total Enrollment	2,962
Science Hill Independent School District	
Science Hill Elementary (PS-08)	520
Somerset Independent School District	
Hopkins Elementary (PS-05)	598
Meece Middle (5-8)	496
Somerset High (9-12)	506
Total Enrollment	1,600
Taylor County School District	
Taylor County Primary	539
Taylor County Elementary (PS-05)	572
Taylor County Middle (6-8)	630
Taylor County High (9-12)	843
Total Enrollment	2,584
Wayne County School District	
Walker Early Learning Center (PS-K)	211
Bell Elementary (1-2)	426
Monticello Elementary (3-5)	724
Wayne County Middle (6-8)	728
Wayne County High (9-12)	963



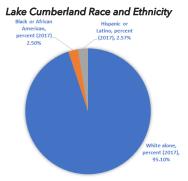
GENDER AND RACE

RACIAL AND ETHNIC CHARACTERISTICS

In the United States, the estimated population is 76.4% white, 13/4% black/ African American, 5.8% Asian and 2.7% identified with two or more races. In Kentucky (2017 US Census), it is estimated that nearly nine of our ten residents

are White, 87.8%, 8.4% are Black/African American, 1.9% as having two more races, and 1.6% are Asians

Across the Lake Cumberland Area, the population is predominately White ranging from 91.4% to 97.2% with an average of 95.10% for the ten counties: Black/ African American ranges from 0.6% to 5.7%, with an average of 2.50% for the ten counties. Hispanic/Latino population ranges from 1.3% to 3.7% with an average of 2.57% for the ten counties.



Source: 2017 US Census

GENDER AND AGE

The United States male population is approximately 49.2% and 50.8% female, according to the 2017 US Census. Kentucky and the Lake Cumberland Area is very similar to the United States, with the exception of McCreary County where the male population is 54.7%.

The median age in Kentucky is 38.6 years, compared to the US of 37.8 years. The median age in 9 of our counties is higher than Kentucky.

	Female	Male	Median age (years
United States	50.80%	49.20%	37.8
Kentucky	50.70%	49.30%	38.6
Adair	50.20%	49.80%	40.8
Casey	51.40%	48.60%	43.1
Clinton	50.60%	49.40%	41.7
Cumberland	51.10%	48.90%	45.1
Green	50.60%	49.40%	44.4
McCreary	45.50%	54.50%	39.2
Pulaski	51.10%	48.90%	42
Russell	50.90%	49.10%	43.4
Taylor	51.10%	48.90%	38.6
Wayne	50.30%	49.70%	42
District	50.28%	49.72%	42

Gender - Lake Cumberland Area

50.28%

49.72%

Source: 2017 US Census







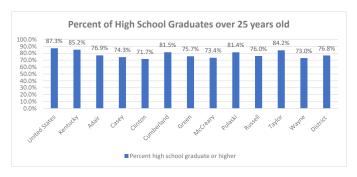
SOCIOECONOMIC STATUS

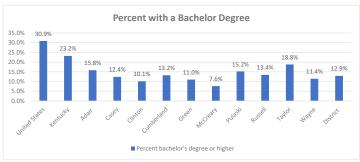


EDUCATION

EDUCATION

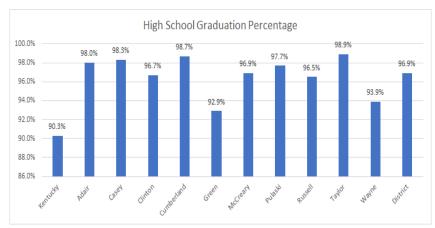
The adult population over age 25 that are high school graduates in the United States is 87.3% and for Kentucky 85.2%. In LCA, the adult population over age 25 with a high school degree or higher ranges from 71.7% to 84.2%. In the United States 30.9% of the adult population has a bachelor's degree or higher; in Kentucky, 23.2% of the adult population has a bachelor's degree or higher; across the LCA the percentages range from 7.6% to 18.8%.





GRADUATION RATES

In Kentucky 90.3% of students entering as 9th graders graduated from high school within four years. In the LCA, all ten county graduation rates were higher than the state. Taylor County had the highest graduation rate at 98.9%, while Green County had the lowest graduation rate of 92.9%.



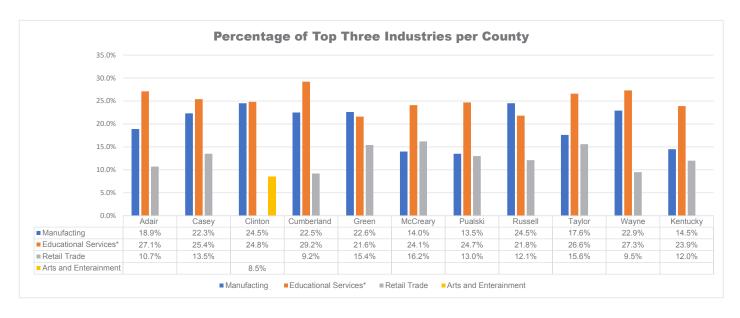
Graduation rates is the percentage of students completing the requirements for a Kentucky diploma compared to a cohort of students beginning in the ninth grade.

Source: Kentucky Department of Education – State and District Graduation Rates 2017-18



WORKFORCE

According to the 2013-2017 American Community Survey, the most common jobs across the Kentucky and the Lake Cumberland Area are: 1) Educational Services, Healthcare and Social Assistance, 2) Manufacturing and 3) Retail Trade/Service. Each of the ten counties top three jobs are noted below.



Source: ACS 5-year, 2017

^{*} Educational Service includes healthcare and Social assistance





MEDIAN HOUSEHOLD INCOME

The United States median household income is \$57,652, which is higher than Kentucky's median household income of \$46,535. The LCA median income ranges from \$19,264 (McCreary County) to \$37,388 (Green County). The median family income in the United States is \$70,850 and Kentucky's median family income is \$59,003. The LCA median family income ranges from \$25,401 (McCreary County) to \$48,765 (Green County).

	Median household income	Median family income	Per capita income
United States	\$57,652	\$70,850	\$31,177
Kentucky	\$46,535	\$59,003	\$25,888
Adair	\$36,575	\$44,876	\$18,408
Casey	\$33,031	\$42,740	\$18,319
Clinton	\$31,123	\$37,261	\$19,325
Cumberland	\$35,449	\$43,041	\$18,669
Green	\$37,388	\$48,765	\$23,448
McCreary	\$19,264	\$25,401	\$11,492
Pulaski	\$35,022	\$47,785	\$21,036
Russell	\$34,660	\$43,333	\$18,857
Taylor	\$36,455	\$45,787	\$19,885
Wayne	\$33,715	\$42,399	\$17,627
District	\$33,268	\$42,139	\$18,707

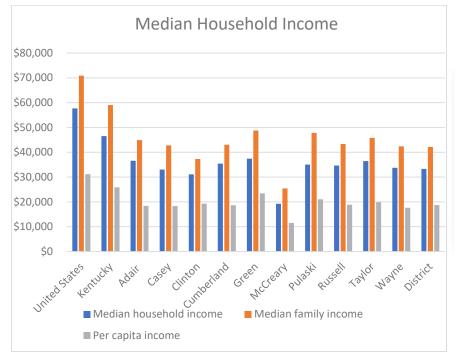
Median income is the amount which divides the income distribution into two equal groups, half having income above that amount, and half having income below that amount.

Family income consists of two or more people (one of whom is the householder) related by birth, marriage, or adoption residing in the same housing unit.

Household income consists of all people who occupy a housing unit regardless of relationship. A household may consist of a person living alone or multiple unrelated individuals or families living together.

Per capita income (PCI) or average income measures the average income earned per person in a given area (city, region, country, etc.) in a specified year. It is calculated by dividing the area's total income by its total population.

Source: 2017 ACS 5-year



Source: 2017 ACS 5-year



HOUSEHOLD

In the United States and Kentucky, approximately two out of three households are family households (65.9%). In the Lake Cumberland Area family households range between 65.1% and 73%, with McCreary County reporting the highest proportion of family households (73%).

	Total Households	Family Households		Non family Households	
United States	118,825,921	78,298,703	65.9%	40,527,218	34.1%
Kentucky	1,724,514	1,136,917	65.9%	587,597	34.1%
Adair	7,101	4,866	68.5%	2,235	31.5%
Casey	6,398	4,331	67.7%	2,067	32.3%
Clinton	4,025	2,679	66.6%	1,346	33.4%
Cumberland	2,709	1,806	66.7%	1,346	33.3%
Green	4,467	3,046	68.2%	903	31.8%
McCreary	6,332	4,625	73.0%	1,421	27.0%
Pulaski	25,810	16,800	65.1%	1,707	34.9%
Russell	7,204	4,690	65.1%	2,514	34.9%
Taylor	9,669	6,407	66.3%	3,262	33.7%
Wayne	8,011	5,075	63.4%	2,936	36.6%
District	81,726	54,325	67.1%	19,737	32.9%

A family is a group of two people or more (one of whom is the householder) related by birth, marriage, or adoption and residing together; all such people (including related subfamily members) are considered as members of one family. However, the count of family members differs from the count of family household members because family household members include any non-relatives living in the household.

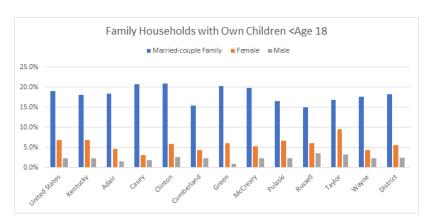
A family household is a household maintained by a householder who is in a family (as defined above), and includes any unrelated people (unrelated subfamily members and/or secondary individuals) who may be residing there. The number of family households is equal to the number of families. The count of family household members differs from the count of family members, however, in that the family household members include all people living in the household, whereas family members include only the householder and his/her relatives. See the definition of family.

Source: 2017 ACS 5-year

FAMILY HOUSEHOLDS WITH OWN CHILDREN <AGE 18

In Kentucky, 18.1% of households are married with children under age 18, 2.3% are single male households with children under age 18, and 6.8% are single female households with children under 18. Russell (3.6%) and Taylor (3.2%) Counties report the highest proportion of total households that are single male households with children under the age of 18. Taylor County reports the highest proportion of total households that are single female households with children under age 18 (9.5%).

	Married- couple Family	Female	Male
United States	19.1%	6.8%	2.3%
Kentucky	18.1%	6.8%	2.3%
Adair	18.5%	4.6%	1.6%
Casey	20.8%	3.1%	1.8%
Clinton	21.0%	5.9%	2.6%
Cumberland	15.5%	4.3%	2.4%
Green	20.3%	6.1%	.09%
McCreary	19.9%	5.3%	2.3%
Pulaski	16.6%	6.7%	2.3%
Russell	15.0%	6.0%	3.6%
Taylor	16.8%	9.5%	3.2%
Wayne	17.7%	4.4%	2.3%
District	18.2%	5.6%	2.5%



Source: 2017 ACS 5-year

Source: 2017 ACS 5-year



LIVING WAGE

The living wage shown is the hourly rate that an individual in a household must earn to support his or herself and their family. The assumption is the sole provider is working full-time (2080 hours per year). The tool provides information for individuals, and households with one or two working adults and zero to three children. In the case of households with two working adults, all values are per working adult, single or in a family unless otherwise noted.

The state minimum wage is the same for all individuals, regardless of how many dependents they may have. State minimum wages are determined based on the posted value of the minimum wage as of January one of the coming year (National Conference of State Legislatures, 2019). The poverty rate reflects a person's gross annual income. We have converted it to an hourly wage for the sake of comparison.

In Kentucky the minimum hourly living wage for a household with two adults with two children is \$15.39. The hourly wage for the same household \$7.25 and the poverty wage is \$6.03. The federal poverty level for a family of four is \$25,100.

Kentucky's living wage is:

	1 Adult Working			
	0 Children	1 Child	2 Children	3 Children
Living Wage	\$10.82	\$22.68	\$28.10	\$35.84
Poverty Wage	\$5.84	\$7.91	\$9.99	\$12.07
Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25

Source: 2017 ACS 5-year

	2 Adults - 1Working			
	0 Children	1 Child	2 Children	3 Children
Living Wage	\$17.52	\$21.35	\$23.92	\$26.54
Poverty Wage	\$7.91	\$9.99	\$12.07	\$14.14
Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25

Source: 2017 ACS 5-year

	2 Adult Working			
	0 Children	1 Child	2 Children	3 Children
Living Wage	\$8.76	\$12.48	\$15.39	\$18.32
Poverty Wage	\$3.96	\$5.00	\$6.03	\$7.07
Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25

Source: 2017 ACS 5-year

Basic needs budget =

Food Cost
+
Childcare Cost
+
(Insurance Premiums + Healthcare Cost)
+
Housing cost
+
Transportation cost
+
Other Necessities cost

Living wage =

Basic Needs budget + (Basic Needs budget + tax rate)



POVERTY

In 2018, the United States Department of Health and Human Services, Federal Poverty Guidelines for a family of four is \$25,100. The poverty guidelines measure the family's annual gross income. The Federal Poverty Guidelines were originally developed in the 1960's based on the amount of money spent by a family on food. Over the past 50 years food expenses have increased, as well as childcare, transportation and health care costs.

In 2018, the United States rate for persons in poverty was 13.4% and Kentucky's persons in poverty rates were 18.5% (US Quick Facts August, 2018). A household includes all the persons who occupy a housing unit as their usual place of residence. Across the LCA the percentages range from 39.3 % (McCreary County) to 18.9% (Pulaski County). The majority of the counties have double the national poverty rates.

	Persons in Poverty
United States	13.4%
Kentucky	18.5%
Adair	26.1%
Casey	27.8%
Clinton	25.3%
Cumberland	25.3%
Green	20.4%
McCreary	39.3%
Pulaski	18.9%
Russell	25.0%
Taylor	21.3%
Wayne	26.9%
District	25.6%

While federal poverty levels determine eligibility for certain types of health coverage, thereby determining an individual's ability to seek health treatment, poverty itself is a social determinant of health that can increase people's vulnerability to poorer health.

Source: US Census, Quick Facts, Aug 2018

Children in Poverty (age 0-17) rates across the LCA is troublesome. Kentucky's rate of 24% is higher than the national rate of 18.4%. All ten counties exceed the state rate, with one county (McCreary) almost double at 47%.

2018 Federal Poverty Guidelines		
Persons in Household/ Family Size	Poverty Guidelines	
1	\$12,140	
2	\$16,460	
3	\$20,780	
4	\$25,100	
5	\$29,420	
6	\$33,740	
7	\$38,060	
8	\$42,380	
9	\$46,700	
10	\$51,020	
11	\$55,340	
12	\$59,660	

Source: 2018 Federal Poverty Guidelines

\$63,980

\$68,300

13

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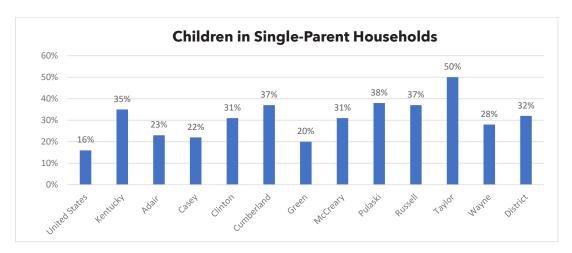
	Poverty % Age 0-17
United States	18.4%
Kentucky	24%
Adair	37%
Casey	37%
Clinton	37%
Cumberland	38%
Green	29%
McCreary	47%
Pulaski	27%
Russell	37%
Taylor	29%
Wayne	38%
District	36%

Source: CHR, 2018



CHILDREN IN SINGLE-PARENT HOMES

In the United States 16% of children live in a single parent home. Kentucky's rate is more than double at 35% of children living in a single parent home. Lake Cumberland Area rates range from 20% (Green County) to 50% (Taylor County). Adults and children living in single-parent homes are at risk for poor health outcomes and unhealthy behaviors.



Source: County Health Ranking 2018

Children in Single-Parent households is the percentage of children (less than 18 years of age) living in family households that are headed by a single parent.

Adults and children in single-parent households are at risk for adverse health outcomes, including mental illness (e.g. substance abuse, depression, suicide) and unhealthy behaviors (e.g. smoking, excessive alcohol use). Self-reported health has been shown to be worse among lone mothers than for mothers living as couples, even when controlling for socioeconomic characteristics. Mortality risk is also higher among lone parents. Children in Single-Parent households are at greater risk of severe morbidity and all-cause mortality than their peers in two-parent households.



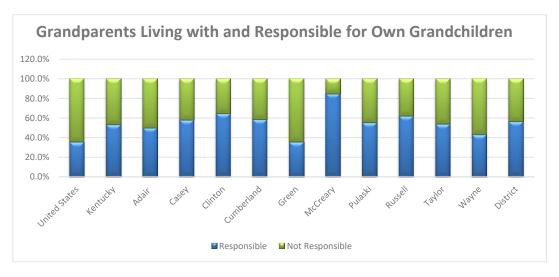


GRANDPARENTS AND GRANDCHILDREN

Nationally, over 7.3 million grandparents live with their grandchildren, under the age of 18. In Kentucky, more than 104,000 grandparents live with their grandchildren under age 18. Of those 53.3% are responsible for the basic needs of their grandchildren. Across the Lake Cumberland Area, more than 5,500 grandchildren under age 18, live with their grandparents and 56.6% are responsible for their basic needs.

	Number of Grandparents Living with own Grandchildren Under 18 years		Responsible for hildren
United States	7,269,685	2,582,410	35.5%
Kentucky	104,124	55,525	53.3%
Adair	335	168	50.1%
Casey	346	201	58.1%
Clinton	349	226	64.8%
Cumberland	214	125	58.4%
Green	90	32	35.6%
McCreary	501	424	84.6%
Pulaski	1,830	1,014	55.4%
Russell	568	351	61.8%
Taylor	776	420	54.1%
Wayne	512	220	43%
District	5,521	3,181	56.6%

Source: 2017 ACS 5-yr Estimates



Source: 2017 ACS 5-yr Estimates



FOSTER CARE

Across the United States, Kentucky and the Lake Cumberland Area children entering foster care is rising dramatically. In a single day, nearly 443,000 children are placed in foster care in the United States. In 2018, 9,654 children were in foster care in Kentucky of which 1,678 children were in the Lake Cumberland Area. There are many speculations as to why the numbers of children in foster care continue to rise. But the most probable culprit is the drug epidemic that is ravishing the nation, Kentucky, and the Lake Cumberland Area.

Foster Care Facts		State
Total number of children in Out of Home Care with Active Placements	1,090	9,654
Placed in PCP Foster Homes	294	3,768
Placed in PCC Residential	96	1,033
Placed in Relative or Fictive Kin Placement	191	960
Average Age of Entry in Foster Care	7	7

Source: Kentucky Foster Care Facts, 2018

PCP - Private Child Placing

PCC - Private Child Caring agencies









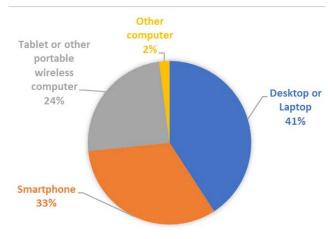
COMMUNICATION AND TRANSPORTATION



ACCESS TO COMPUTER

From 2013-2017, 82.4% of households in Kentucky had a computer and 72.9% had a broadband internet subscription. Approximately, 71.5% of households had a desktop or laptop, 65.8% had a smartphone, 49.6% had a tablet or other portable wireless computer, and 4.1% had some other computer.

Across all households, 46.4% had a cellular data plan; 60.7% had a broadband subscription such as cable, fiber optic, or DSL; 5.9% had a satellite internet subscription; 0.7% had dial-up alone; and 0.2% had some other service alone.



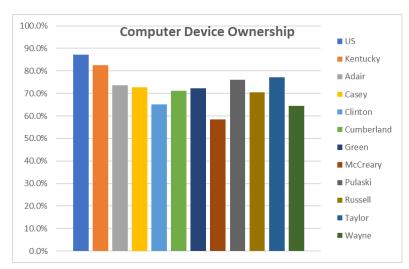
DEVICE OWNERSHIP TYPE



In the Lake Cumberland Area, household computer/device ownership ranges from 76.1% in Pulaski County to 58.4 % in McCreary County.

Computer Device Ownership		
United States	87.2%	
Kentucky	82.4%	
Adair	73.7%	
Casey	72.8%	
Clinton	65.2%	
Cumberland	71.1%	
Green	72.2%	
McCreary	58.4%	
Pulaski	76.1%	
Russell	70.5%	
Taylor	77.1%	
Wayne	64.4%	

Source: 2017 ACS 5-year Estimates



Source: 2017 ACS 5-year Estimates



ACCESS TO INTERNET

Internet

According to Broadbandnow, there are a total of 178 internet providers in Kentucky. Kentucky is the 27th most connected State in the Nation. Roughly 91% of the people in Kentucky have access to broadband coverage. In Kentucky 19% of the people have access to less than two wired providers. There are 695,000 people in Kentucky that have access to only one wired provider, leaving them without other options. While another 146,000 people in Kentucky don't have any wired internet providers available where they live.

Coverage by county 25mbps



The darker red on the map shows a higher proportion of counties that have access to $25+\ \mbox{mbps}$ coverage

Source: American Community Survey (US Census Bureau) 2017

The access to wired broadband 25mbps or faster varies across the Lake Cumberland Area. All of McCreary County residents (100%) have access to wireless broadband connection of 25mbps or faster. While only 69.6% of Cumberland County residents have access to wireless broadband connection of 25mbps or faster.

Wired broadband access in Lake Cumberland		
Adair	78.9%	
Casey	95.2%	
Clinton	94.1%	
Cumberland	69.6%	
Green	87.8%	
McCreary	100%	
Pulaski	98.4%	
Russell	87.8%	
Taylor	92.9%	
Wayne	87.9%	



TRANSPORTATION

In the United States, approximately 9% of households do not have access to a vehicle. In Kentucky approximately 8% of individuals do not have access to a vehicle. Across the Lake Cumberland Area, the range is between 6% in Casey County to 12.9% in McCreary County.

In the Lake Cumberland Area, Rural Transit Enterprise Coordinated, INC (RTEC) is a Public Transportation company that provides services such as demand response trips to medical appointments, shopping and employment. RTEC provides services to nine counties in the Lake Cumberland Area. (Adair, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties).

		Vehicle Ownership	
	No Vehicle	1 Vehicle	2 Vehicles
United States	8.8%	33.2%	37.4%
Kentucky	8.8%	33.3%	35.5%
Adair	6.2%	33.9%	32.8%
Casey	6.0%	32.3%	35.5%
Clinton	6.6%	32.7%	41.9%
Cumberland	8.7%	28.5%	40.0%
Green	7.1%	29.0%	35.4%
McCreary	12.9%	34.7%	38.8%
Pulaski	7.4%	37.1%	34.0%
Russell	7.4%	30.7%	37.4%
Taylor	8.8%	35.8%	37.1%
Wayne	10.7%	28.9%	36.1%

Source: Vehicle Ownership (2017 ACS 5-year Estimates)







HEALTHCARE



HEALTHCARE PROVIDERS

Health Professionals Shortage Area (HPSA)

A Health Professional Shortage Area (HPSA) is a geographic area, population, or facility with a shortage of primary care, dental, or mental health providers and services. The Health Resources and Services Administration (HRSA) and State Primary Care Offices (PCOs) work together using public, private, and state-provided data to determine when such a shortage qualifies for designation as a HPSA.

In Kentucky only 10 out of 120 counties are HPSA covered. In the Lake Cumberland Area, eight out of ten counties qualify as HPSA. (Russell and Taylor are not).

	Primary Care Physician	Dentist	Mental Health Providers
Kentucky	1,510:1	1,560:1	520:1
Adair	3,810:1	6,430:1	550:1
Casey	15,810:1	7,910:1	1,440:1
Clinton	2,540:1	5,090:1	570:1
Cumberland	1,690:1	2,250:1	610:1
Green	Not Reported	2,770:1	690:1
McCreary	3,580:1	17,510:1	1,250:1
Pulaski	1,330:1	1,390:1	350:1
Russell	2,520:1	3,540:1	1,110:1
Taylor	1,500:1	3,170:1	630:1
Wayne	1,510:1	1,560:1	520:1

Source: CHR, 2018

HPSA Designation ratios are as followed:

Primary Care Physician, the population to provider ratio must be at least 3,500 to 1 (3,000 to 1 if there are unusually high needs in the community).

Dental population to dentist ratio of at least 5,000:1 or a ratio of at least 4,000:1 with unusually high needs for dental services, or an insufficient capacity of existing dental providers.

Mental Health, the population to provider ratio must be at least 30,000 to 1 (20,000 to 1 if there are unusually high needs in the community). The number of mental health care HPSA designations includes HPSAs that are proposed for withdrawal and HPSAs that have no data.

Medically Underserved Areas/Populations (MUA/P)

MUA/P are areas or populations designated by HRSA as having too few primary care providers, high infant mortality, high poverty or a high elderly population.

All ten counties in the Lake Cumberland Area are MUA/P designees.



HOSPITALS AND LONG TERM CARE

Hospitals

In the Lake Cumberland Area, there is a hospital in every county with the exception of McCreary County. Three hospitals are rural/county operated hospitals, four are critical access hospitals and two are regional hospitals.

Hospitals in Lake Cumberland Area				
County	Facility	Acute beds		
Adair	T J Health Columbia (formerly Westlake Regional Hospital)	49		
Casey	Casey County Hospital **(CAH)	24		
Clinton	The Medical Center at Albany (formerly Clinton County Hospital)	42		
Cumberland	Cumberland County Hospital (CAH)**	25		
Green	Jane Todd Crawford Memorial Hospital** (CAH)	25		
Pulaski	Lake Cumberland Regional Hospital	223		
Russell	Russell County Hospital** (CAH)	25		
Taylor	Taylor Regional Hospital	90		
Wayne	Wayne County Hospital** (CAH)	25		

Source: Cabinet for Health & Family Services, Certificate of Need, 2018





Long-Term Care Facilities (Nursing Homes)

There are 22 Long Term Care (Nursing Home) facilities across the Lake Cumberland Area. Eleven of these facilitates include rehabilitation centers.







HEALTH LITERACY

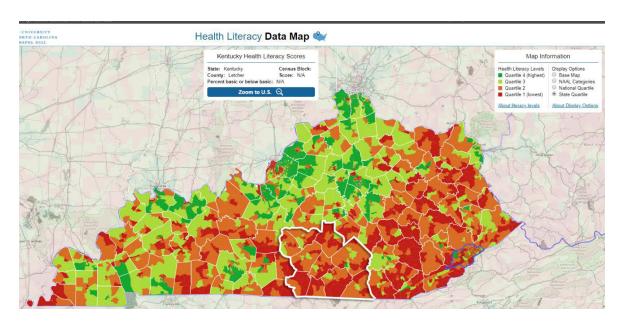
Health Literacy is the ability to obtain, process, and understand information needed to make health decisions. Millions of Americans lack adequate literacy skills. According to the 2003 National Assessment of Adult Literacy (NAAL) 93 million American adults (43% of the adult population) have basic or low basic literacy. Lack of adequate health literacy can have a negative impact on health outcomes, as well as healthcare cost.

The University of North Carolina (Chapel Hill) created a website illustrating and reporting the health literacy of all states and counties in the United States, broken down by census blocks. The census blocks are made up of 600 to 3,000 people living within the block. The health literacy estimates range from 177 to 280. Census blocks with low literacy estimates may be more likely to have problems reading and understanding basic health information, such as a pamphlet. Those within census blocks with higher literacy estimates maybe able to understand basic health information, but may have some difficulty with understanding medication side effects or insurance coverage.

As we look at the National Quartile for Kentucky, the majority of the state falls in Quartile 2, with the exception of a few pockets in the central, northwest and western Kentucky. As you look specifically at the Lake Cumberland Area, the majority of the counties are in Quartile 2, which indicate lower health literacy.

Research indicates that low health literacy contributes to a number of health and health care problems. Low health literacy is associated with:

- Lack of knowledge and understanding about health conditions and services
- Inability to implement appropriate self-care activities
- Difficulty understanding medication instructions and adhering to treatment
- Lower utilization of preventive care and services
- Increased hospitalizations and health care costs
- Worse health outcomes and increased mortality



Source: The Health Literacy of America's Adults: Results from the 2003 National Assessment of Adult Literacy https://nces.ed.gov







HEALTH AND WELLNESS



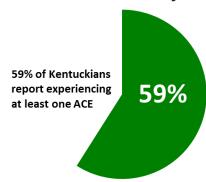
ADVERSE CHILDHOOD EXPERIENCES (ACES)

Adverse childhood experiences (ACEs) are potentially traumatic events that can have negative, lasting effects on health and wellbeing including early death¹. These experiences range from physical, emotional, or sexual abuse to parental divorce or the incarceration of a parent or guardian. The original ACE Study was a research study conducted by Kaiser Permanente and the Centers for Disease Control and Prevention. Participants were recruited to the study between 1995 and 1997 and have been in long-term follow up for health outcomes. The study has demonstrated that ACEs are common, often occur together, and are associated with health and social problems as an adult²,³.



¹Child Trends; Research Brief; Adverse Childhood Experiences; Year 2014

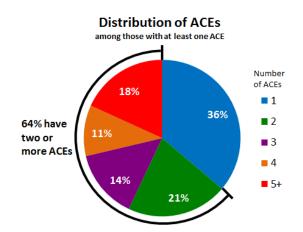
Prevalence of ACEs in Kentucky



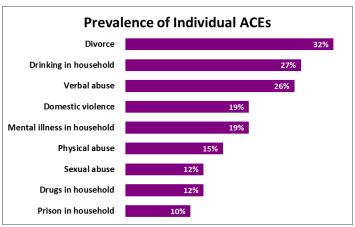
More than half (59%) of Kentucky residents have experienced at least one ACE. Of those that have experienced at least one ACE, 64% have experienced two or more ACEs.

Common ACEs in Kentucky

Data from the Kentucky Behavioral Risk Factor Surveillance (KyBRFS) indicates that several Kentucky adults experienced various types of ACEs. Of those experiencing at least one ACE, 32% experienced divorce in the household, 27% experienced drinking (problem drinker or alcoholism) in the household, and 26% experienced verbal abuse. This data suggests that ACEs are very common in Kentucky and should be addressed during routine health care visits.



Data Source: Kentucky Behavioral Risk Factor Surveillance (KyBRFS); Year 2015

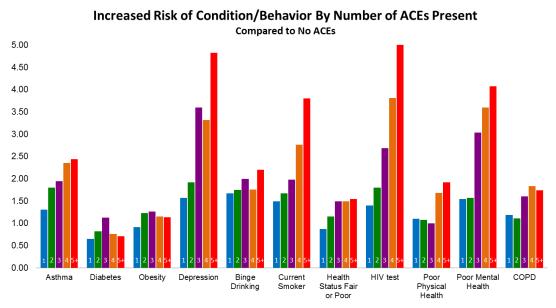


Source: Kentucky Behavioral Risk Factor Surveillance (KyBRFS); Year 2015



²The Adverse Childhood Experiences (ACE) Study; Centers for Disease Control and Prevention. Retrieved Nov. 4, 2016
³Adverse Childhood Experiences; Substance Abuse and Mental Health Services Administration, Rockville, MD; Retrieved Nov. 4, 2016

COMMON ACES IN KENTUCKY



Data Source: Kentucky Behavioral Risk Factor Surveillance (KyBRFS); Year 2015

HIV test=Human Immunodeficiency Virus test

COPD=Chronic Obstructive Pulmonary Disease

In assessing select chronic conditions and health risk behaviors in relation to ACEs, there appears to be an increase among certain behaviors/chronic conditions for those experiencing four or more ACEs compared to those experiencing no ACEs. Individuals who report having experienced five or more ACEs are at a much higher risk of having select risk behaviors and chronic conditions.

Among those Kentuckians experiencing five or more ACEs compared to those with no ACEs, they are:

- five times as likely to have a positive HIV test;
- almost five times as likely to have depression;
- over four times as likely to have poor mental health;
- almost four times as likely to be a current smoker; and
- almost two and a half times as likely to have asthma.

This data supports addressing ACEs in the health care setting as well as in communities. A better understanding of the adverse events experienced by an individual during childhood could provide insight into their physical and mental health status as an adult. All families experience times of stress, and research demonstrates that children grow and learn best in families who have the supports and skills to deal with those times. One program in Kentucky addressing ACEs is Kentucky Strengthening Families (KYSF). KYSF strengthens families by enhancing protective factors that reduce the impact of adversity and increase the well-being of children and families through family, community, and state partnerships building resiliency.

References:

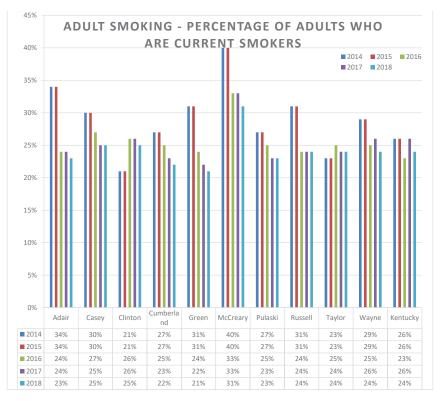
Child Trends; Research Brief; Adverse Childhood Experiences; Year 2014
The Adverse Childhood Experiences (ACE) Study; Centers for Disease Control and Prevention. Retrieved Nov. 4, 2016
Adverse Childhood Experiences; Substance Abuse and Mental Health Services Administration, Rockville, MD; Retrieved Nov. 4, 2016



ADULT TOBACCO USE

Tobacco use is the leading cause of preventable disease, disability, and death in the United States. The most common form of tobacco use for adults is cigarettes, followed by smokeless tobacco and vaping or electronic cigarette. Nationally, 15.5% of adults smoke. In Kentucky as well as Lake Cumberland Area, 24% of adults smoke.

Across the Lake Cumberland Area smoking rates have decreased from 2014 - 2018 in in the majority of the counties. Clinton and Taylor counties adult smoking rates increased. Adair (23%), Cumberland (22%) and Green (21%) and Pulaski (23%) counties rates are below Kentucky rate. McCreary County has the largest percentage of adult smokers (31%), while Green County has the lowest percentage of adult smokers (21%). Unfortunately, McCreary County usage doubles the national percentage.



CHR, 2018



DIABETES IN KENTUCKY

A Public Health Epidemic - 2020

Diabetes

1 in 7 or 474,500 (13.7%) adults have diagnosed diabetes

158,200 adults are estimated to have diabetes but are undiagnosed

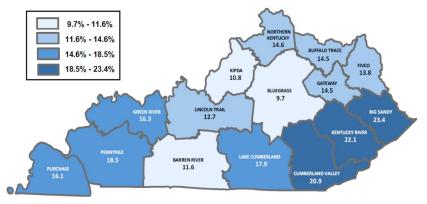


632,700 with diagnosed and undiagnosed diabetes

1 of 4 don't know it

Prevalence of Diagnosed Diabetes by Kentucky Regions

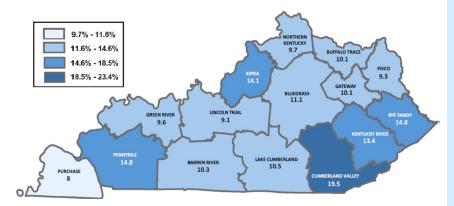
2018 Kentucky Behavioral Risk Factor Surveillance Survey



Statewide Prevalence: 13.7% Nationwide Median: 10.9%

Prevalence of Diagnosed Prediabetes by Kentucky Regions

2018 Kentucky Behavioral Risk Factor Surveillance Survey



Statewide Prevalence: 11.8%

Prediabetes

1 in 9 or 331,335 (11.8%) adults have diagnosed prediabetes

812,000 adults are estimated to have prediabetes but are undiagnosed



1.1 million (1 in 3) with diagnosed and undiagnosed prediabetes

7 of 10 don't know it

Cost



\$5.16 BILLION

Total medical costs and lost work and wages for people with diagnosed diabetes in Kentucky

Higher risk of serious and costly complications







Stroke



Loss of Toes, Feet or Legs



Kidney Disease



Blindness



Risk Factors for Type 2 Diabetes











Overweight

45 and Older

Physically Inactive

Prediabetes

Family History

What Can You Do?

You can **PREVENT** or **DELAY** type 2 diabetes



Find out if you have prediabetes – See your health care provider to get your blood sugar tested



Attend a National Diabetes Prevention Program (DPP)



Make healthy food choices



Be more active



Lose weight if needed

Learn more at <u>www.cdc.gov/diabetes/prevention</u> or speak with your doctor

You can **MANAGE** diabetes and reduce risk for complications



Attend a selfmanagement education and support program



Plan meals and make healthy food choices



Stay active



Take your medications



Monitor your blood sugar and other recommended care



Quit smoking

Learn more at

https://www.cdc.gov/diabetes/ndep or speak

To find diabetes prevention or self-management education and support programs in your area, look on the Kentucky Diabetes Resource Directory at https://prdweb.chfs.ky.gov/KYDiabetesResources/



REFERENCES

Kentucky Department for Public Health. Kentucky Behavioral Risk Factor Surveillance Survey Data 2018. Centers for Disease Control and Prevention (CDC). <u>National Diabetes Statistics Report, 2017</u>. American Diabetes Association. <u>Economic Costs of Diabetes in the U.S. in 2017</u>. Diabetes Care 2018; 41: 917-928.



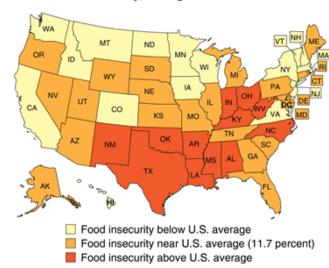


FOOD INSECURITIES

The U.S. Department of Agriculture (USDA) defines food insecurity as a lack of consistent access to enough food for an active, healthy life. It is important to know that even though hunger and food insecurity are closely related, they are distinct concepts. Hunger refers to a personal, physical sensation of discomfort, while food insecurity refers to a lack of available financial resources for food at the household level.

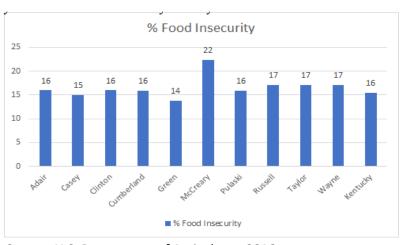
In 2018, 88.9% of U.S. households were food secure throughout the year. The remaining 11.1% of households were food insecure, including 4.3% (5.6 million households) that had very low food security.

Prevalence of food insecurity, average 2016-18



Source: USDA, Economic Research Service using Current Population Survey Food Security Supplement data, U.S. Census Bureau.

Kentucky's prevalence of food insecurity is above the US average at 16%. In the Lake Cumberland Area, the percentage of food insecure remains between 14-22%.



Source: U.S. Department of Agriculture, 2016



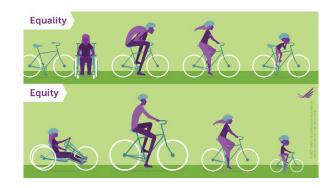
HEALTH EQUITY

Health equity is defined as everyone having the opportunity to attain their highest level of health. The impacts of a person's health start where he/she lives, learns, works and plays.

When looking across the nation, Kentuckians experience higher rates of cancer, cardiovascular disease, substance use, diabetes, obesity, adult smoking and teen births than other states in the nation. These health outcomes are the result of health inequities, which occur in rural, under served and socially disadvantaged counties across the state. Kentucky is made up of 120 counties. Thirty-five counties are classified as urban and the other 85 counties are classified as rural.

In the Lake Cumberland Area:

- All ten of our counties are classified as rural counties.
- Nine counties (Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell and Wayne) are part of the Appalachian region.
- All ten counties are medically underserved area/ populations.
- All ten counties have lower median household incomes compared to Kentucky and the nation.
- There are higher poverty rates (household and family) and higher rates of children living in single parent homes compared to Kentucky and the nation.
- Negative health outcomes, such as heart disease, cancer, obesity, diabetes, adult tobacco use, youth smokeless tobacco, electronic cigarette, teen birth rates and substance use/abuse occur at a higher rate than the Kentucky and nation.





Together, through our health coalitions (made up of representatives from the community as well as the public health system) are working together to create an opportunity for the people in the Lake Cumberland Area to live a healthier life.

Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.

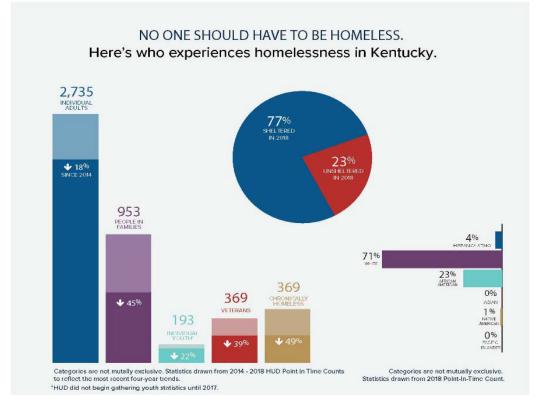




HOMELESSNESS

Based on the 2018 Point-In-Time count, homelessness declined in 31 states. In Kentucky, the January 2018 Point-in-Time count of the homeless population was 3,688. This demonstrates a drop of 337 individuals from the 2017 count of 4,025, reflecting an 8.4 percent decrease.







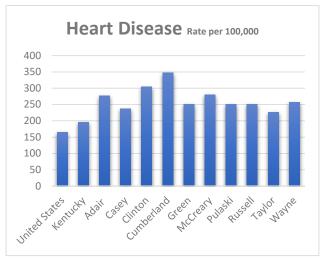
LEADING CAUSES OF DEATH

KY Leading Causes of Death, 2017	Deaths	Rate***	U.S. Rate**
1. Heart Disease	10,343	195.9	165.0
2. Cancer	10,145	185.7	152.5
3. Chronic Lower Respiratory Disease	3,480	64.5	40.9
4. Accidents	3,264	72.9	49.4
5. Stroke	2,050	39.4	37.6
6. Alzheimer's disease	1,765	35.0	31.0
7. Diabetes	1,474	27.7	21.5
8. Kidney Disease	1,024	19.4	13.0
9. Septicemia	979	18.5	10.6
10. Flu/Pneumonia	932	18.1	14.3

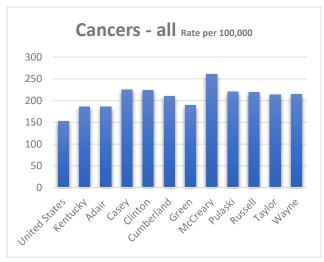
Source: CDC, 2017

Leading Causes of Death

In 2017, according to Centers for Disease Control and Prevention, the leading causes of death in the United States are heart disease, cancer, accidents, chronic lower respiratory and stroke; the leading causes of death in Kentucky are heart disease, cancer, lung disease, accidents and stroke. In the Lake Cumberland Area the leading causes of death are Cancer and Heart Disease.







Source: CDC, 2017

^{**} Rates for the U.S. include the District of Columbia and (for births) U.S. territories.

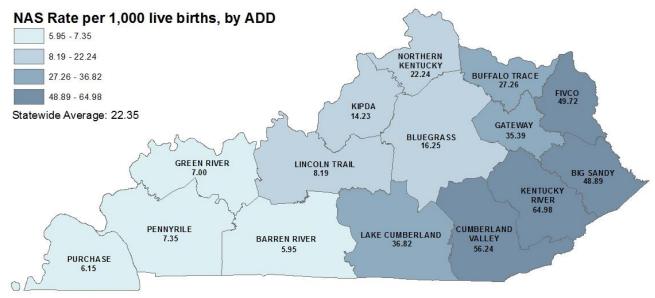
^{***} Death rates are age-adjusted.

MATERNAL OPIOID USE DISORDER AND NEONATAL ABSTINENCE SYNDROME

According to the Public Health Neonatal Abstinence Syndrome (NAS) Reporting Registry, there were 1,114 babies with signs and symptoms of NAS in Kentucky in 2017; this accounts for 22.35 of every 1,000 live births. The rate has declined very slightly every year since 2015, although that may be due to underreporting, and is still much higher in Kentucky than most of the nation. Nearly all of Kentucky has elevated rates of NAS. However, there are large variations within the Area Development Districts across Kentucky. These rates range from 6.0 to 65.0 cases per 1,000 live births. The rate of NAS in rural counties is more than twice as high as the rate in semi-rural or urban counties, and the Appalachian region in particular has very high rates of NAS. Mothers of NAS cases (compared to mothers of infants without NAS) were significantly more likely to be Non-Hispanic White, consistent with the demographics of the Appalachian region of Kentucky where NAS is most common. Mothers of infants with NAS tend to have less education, be unmarried, and have more children, which may suggest lower socioeconomic status, a lack of social support, or reduced access to services.¹

In the Lake Cumberland Area, NAS impacts 36.82 cases per 1,000 live births. Nine of the ten counties that make up the Lake Cumberland Area are Appalachian counties. The LCA rate is higher than Kentucky's rate of 22.35 cases per 1,000 live births.

¹Neonatal Abstinence Syndrome in Kentucky Annual Report on 2017 Public Health Neonatal Abstinence Syndrome (NAS) Reporting Registry. Kentucky Department for Public Health Division of Maternal and Child Health January 2019.



November 16, 2018

Data Source: Public Health Neonatal Abstinence Syndrome Reporting Registry; Kentucky Certificate of Live Birth, 2017

Shapefiles from Kentucky Geography Network





AMERICA'S OPIOID CRISIS: THE UNSEEN IMPACT ON KENTUCKY CHILDREN

AS KENTUCKY FAMILIES STRUGGLE WITH ADDICTION, CHILDREN ARE CAUGHT IN THE FRAY.

A GROWING CRISIS



28% MORE

opioid-related deaths nationwide since 2015.



81.9% of people in Kentucky suffering from drug dependence or abuse go untreated.



nationwide have a parent who suffers from a substance use disorder.

A NEED FOR FAMILY-CENTERED

KEEPING FAMILIES TOGETHER IMPROVES OUTCOMES AND LOWERS COSTS



39

THAN HALF

of children placed in foster care go home to their families. Keeping families together from the start helps prevent further trauma and improves outcomes.

MEDICAID PAID 81% OF THE \$1.5 BILLION

that hospitals billed for treating babies suffering from opioid withdrawal in 2012.

Sources for this document are available at www.aap.org/OpioidFactsheets.

A DEVASTATING TOLL ON CHILDREN

FOSTER CARE PLACEMENTS ON THE RISE

5,686 KENTUCKY CHILDREN

were placed in foster care in 2016.



In 31% of these placements, parental substance use was a factor. **MORE BABIES BORN EXPOSED** TO OPIOIDS



Every **25 minutes** in America, a baby is born suffering from opioid withdrawal, which can mean:

- LOWER BIRTHWEIGHTS
- RESPIRATORY CONDITIONS
- **FEEDING DIFFICULTIES**
- SEIZURES
- **(5)** LONGER HOSPITAL STAYS

A LIFELONG IMPACT

Children dealing with traumatic experiences can face social, emotional, physical, and mental health challenges that last into adulthood.

Left unaddressed, early childhood adversity can lead to school failure, risky behaviors like alcohol and drug use, and increased chance of health conditions like obesity and heart disease.















WHAT YOU CAN DO

RETHINK OUR APPROACH: SUPPORT CHILDREN AND FAMILIES IN HEALING TOGETHER



Create policies that prioritize prevention and allow children to remain safely with their families during treatment.

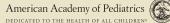


Give providers tools to recognize, treat, and support children and their parents affected by trauma to lessen the lifelong impact and promote healthy families.



Ensure families have real and timely access to services through Medicaid and other prevention and treatment programs.





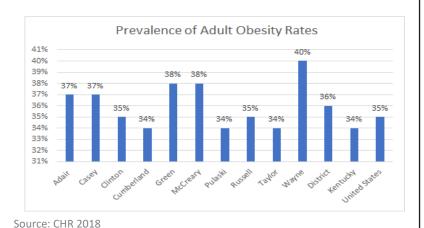




OBESITY

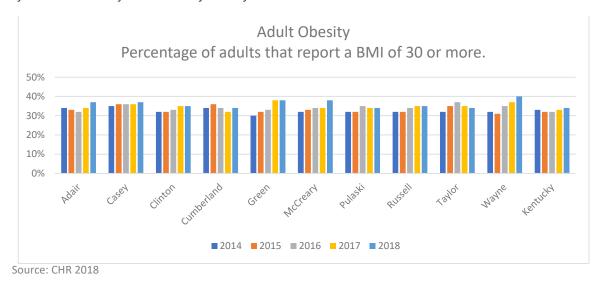
Obesity continues to be a health problem in the United States (US): nearly 35% of Americans are obese. Obesity is now considered a chronic disease by the American Medical Association, the American Association of Clinical Endocrinologists, the American College of Endocrinology, the Endocrine Society, the Obesity Society, the American Society of Bariatric Physicians, and the National Institutes of Health (NIH).

Kentucky ranks 8th in adult obesity across the nation, with 34.3% of adults being obese (CHR 2018). Obesity rates across the LCA range from 34% to 40%. Eight of the ten counties have a higher prevalence than Kentucky. Wayne County's obesity rate is 40%, while Cumberland and Taylor have a rate of 34%.



Overweight and obesity are defined by the body mass index (BMI), which is calculated by dividing the weight (in kilograms) by the square of the height (in meters). A BMI of 25 to 29.9 kg/m indicates that an individual is overweight; a BMI of 30 kg/m2, or more indicates that a person has obesity. People with a BMI greater than 40 kg/m2 are considered to have stage 3 obesity, and at one time were said to have "morbid obesity". However, BMI is not a perfect measurement; it does not distinguish lean mass from fat mass, nor does it take into account racial or ethnic differences.

When you look at adult obesity rates from 2014 - 2018, Kentucky rates have risen slightly since 2015. Across the Lake Cumberland Area, all counties have risen with the exception of Pulaski and Taylor counties. Taylor is the only county where the rates have decreased.



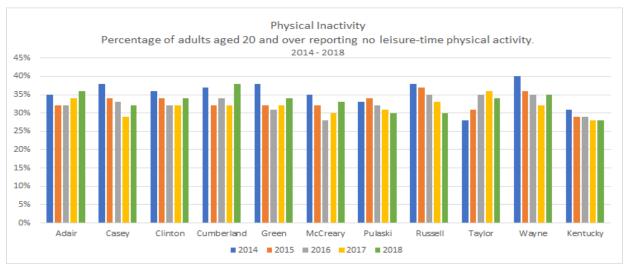
In adults, overweight and obesity are linked to increased risk of heart disease, type 2 diabetes, high blood pressure, certain cancers, and other chronic conditions.



PHYSICAL INACTIVITY

Regular physical activity is a vital element of a healthy lifestyle. Many adults spend a large portion of their time sitting. Regular physical activity (150 minutes a week) will decrease one's risk from cardiovascular disease, hypertension, and type 2 diabetes. Physical inactivity is a term used to identify people who do not get the recommended level of regular physical activity.

According to County Health Ranking 2018, physical inactivity levels in Kentucky are at 28%. From 2014 - 2018, Kentucky's physical inactivity rates have declined from 31% to 28%. In the Lake Cumberland Area, physical inactivity levels are higher than Kentucky's. Physical inactivity levels in 8 counties mimic a roller coaster, going up and down over the a five year period, with the exception of Pulaski and Russell counties, where physical inactivity levels are decreasing.



Source: CHR, 2014 - 2018



PREVALENCE SUBSTANCE/DRUG ABUSE

The Kentucky Injury Prevention and Research Center (KIPRC) is a partnership between the Kentucky Department for Public Health and the University of Kentucky's College of Public Health that combines academic investigation with practical public health initiatives. KIPRC works to reduce injury through education, policy initiatives, public health programming, surveillance, risk factor analysis, direct interventions, and evaluation. They are one of the essential hubs that collect data on various health topics by county so that local health departments as well as other agencies and organization.

Acute drug po	oisoning (overdose)	2014	2015	2016	2017
Adair County	Any Substance	43	65	46	48
	Opioid (0ther than heroin)	6	7	*	6
	Heroin	0	*	0	*
Casey County	Any Substance	67	92	73	57
	Opioid (other than heroin)	*	11	12	8
	Heroin	0	0	*	*
Clinton County	Any Substance	31	23	20	18
	Opioid (other than heroin)	10	5	8	*
	Heroin	0	0	0	0
Cumberland County	Any Substance	42	36	32	13
	Opioid (other than heroin)	9	10	*	0
	Heroin	0	0	0	0
Green County	Any Substance	22	35	30	23
	Opioid (other than heroin)	*	6	7	*
	Heroin	0	0	*	*
McCreary County	Any Substance	35	47	64	56
	Opioid (other than heroin)	6	10	19	13
	Heroin	0	*	*	*
Pulaski County	Any Substance	156	201	182	203
	Opioid (other than heroin)	14	31	43	45
	Heroin	8	11	17	25
Russell County	Any Substance	66	80	58	58
	Opioid (other than heroin)	16	15	11	6
	Heroin	*	*	*	*
Taylor County	Any Substance	78	117	109	93
	Opioid (other than heroin)	11	17	17	7
	Heroin	*	9	21	18
Wayne County	Any Substance	58	50	41	55
	Opioid (other than heroin)	9	*	9	7
	Heroin	*	*	*	*
Kentucky	Any Substance	1,3934	16,428	18,841	19,960
	Opioid (other than heroin)	1,916	2,225	2,813	2,897
	Heroin	1,934	3,138	5,086	5,869

Substance use/drug abuse is an epidemic across the United States, as well as Kentucky and the Lake Cumberland Area. KIPRC maintains data on drug related inpatient hospitalizations and emergency departments visits. The table/chart below (Acute Drug Poisoning) show the number of overdoses in Kentucky and the Lake Cumberland Area from 2014-2017

For Kentucky, all acute drug poisonings (any substance) has rose over the past three years. In the Lake Cumberland Area, eight counties have decreased in acute drug poisonings, but Adair and Pulaski have slightly increased. Heroin overdoses has rose in Kentucky, but in the LCA, Pulaski and Taylor Counties are the only two counties that have Heroin overdoses.

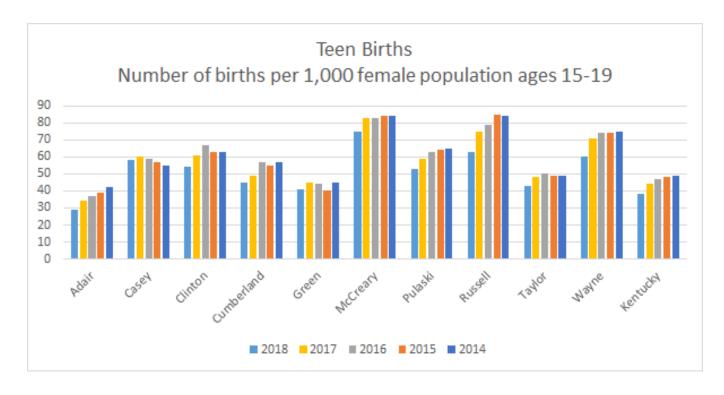




TEEN BIRTH RATES

Teen birth rates continue to drop nationally, as well as, in Kentucky. From 2014-2018 Kentucky teen birth rates dropped from 48 to 36 per 1,000, females age 15 - 19. This was a significant drop over the four-year period. Across the Lake Cumberland Area in 2018, all counties experienced a decrease in then birth rates.

When we look across the Lake Cumberland Area, nine of our ten counties are Appalachian counties. Of those nine counties, poverty, unemployment rates, percentage of children living in single parent homes, and substance use among adults and youth is high. When you look at these particular factors you notice the correlation.



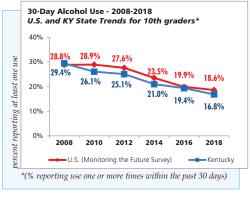
Source: CHR 2018





YOUTH ALCOHOL USE

Student use of alcohol has declined steadily since the 2004 KIP Survey. It remains, however, the second most commonly used substance among young people in Kentucky. In 2018, 16.8% of 10th graders in Kentucky reported drinking alcohol in the 30-day period prior to the survey. This percentage is slightly less than the national average and down 2.6 percentage points from Kentucky's average of 19.4% in 2016. In 2018, 16.5% of the 10th graders in the Adanta/LCA reported drinking alcohol in the past 30 days, which is lower than for Kentucky and the nation.

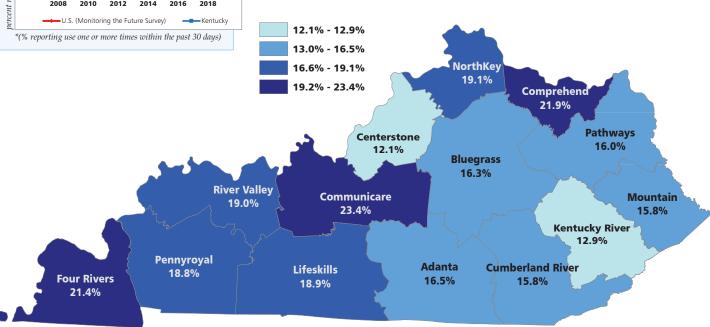


Grade 10 - Alcohol (more than just a few sips) 30-Day Use, 2018

(% responding that they had used the substance one or more times within the past 30 days)

PERCENTAGE OF 10TH GRADERS, 2018

Min: 12.1% (CENTERSTONE); Max: 23.4% (COMMUNICARE)



NON-PARTICIPATING DISTRICTS BY REGION: PENNYROYAL (Dawson Springs Independent, Hopkins County), COMMUNICARE (Hardin County), CENTERSTONE (Anchorage Independent), NORTHKEY (Beechwood Independent, Fort Thomas Independent, Kenton County), BLUEGRASS (Fayette County, Berea Independent), PATHWAYS (Raceland-Worthington Independent), MOUNTAIN (Paintsville Independent), KENTUCKY RIVER (Lee County), CUMBERLAND RIVER (Barbourville Independent, East Bernstadt Independent, Laurel County, Rockcastle County), ADANTA (Science Hill Independent), LIFESKILLS (Warren County, Bowling Green Independent, Glasgow Independent, Logan County, Russellville Independent.)

Data are classified using Natural Breaks. Natural Breaks minimize each class's average deviation from the class mean, while maximizing each class's deviation from the means of the other groups.

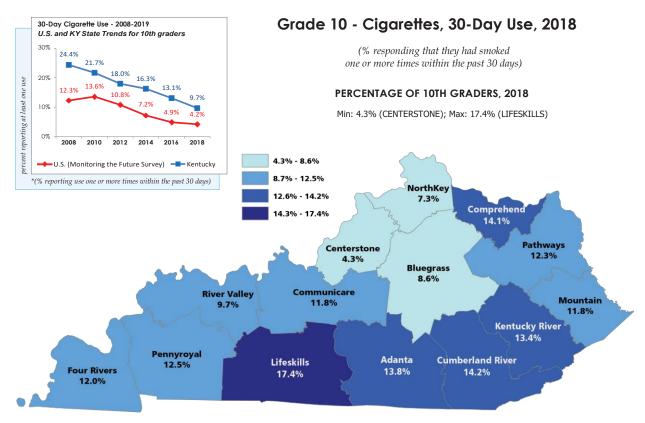
DISTRICTS BY REGION: ADANTA region and Lake Cumberland Area includes the same counties: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne.



YOUTH CIGARETTE USE

Although rates are steadily declining, 10th graders in Kentucky continue to demonstrate higher rates of smoking traditional combustible cigarettes than 10th graders at the national level. In 2018, 9.7% of 10th graders in Kentucky reported smoking one or more times in the 30 days prior to taking the survey. Nationally, 4.2% of 10th graders are reporting the same smoking use.

Youth reporting smoking one or more times in the past 30 days in the Adanta reigon (which is Lake Cumberland Area) is 13.8%. Youth reporting smoking one or more times in the past 30 days in the Adanta region/LCA is higher that Kentucky and is more than triple the nation's rate.



NON-PARTICIPATING DISTRICTS BY REGION: PENNYROYAL (Dawson Springs Independent, Hopkins County), COMMUNICARE (Hardin County), CENTERSTONE (Anchorage Independent), NORTHIKEY (Beechwood Independent, Fort Thomas Independent, Kenton County), BLUEGRASS (Fayette County, Berea Independent), PATHWAYS (Raceland-Worthington Independent), MOUNTAIN (Paintsville Independent), KENTUCKYRIVER (Lee County), CUMBERLAND RIVER (Barbourville Independent, East Bernstadt Independent, Laurel County, Rockcastle County), ADANTA (Science Hill Independent), LIFESKILLS (Warren County, Bowling Green Independent, Glasgow Independent, Logan County, Russellville Independent.)

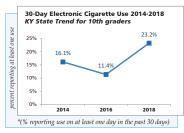
DISTRICTS BY REGION: ADANTA region and Lake Cumberland Area includes the same counties: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne.



YOUTH ELECTRONIC CIGARETTES

In the 2018 report, the authors of the national Monitoring the Future (MTF) National Results on Adolescent Drug Use state that "the most important finding to emerge from the 2018 survey is the dramatic increase in vaping by adolescents. In 2018 vaping increased significantly and substantially, including some of the largest aclute increases ever recorded for any substance in the 44 years that MTF has tracked adolescent drug use. Given that nicotine is involved in most vaping and is a highly addictive substance, this presents a serious threat to all of the hard-won progress in reducing cigarette smoking among adolescents since the mid-1990s." 1,2,3

Kentucky's 2018 KIP Survey findings mirror these nationwide results. E-cigarettes have now surpassed alcohol as the most widely used substance among young people in Kentucky. Following a decrease in use from 2014 to 2016, reported rates of electronic cigarette use by Kentucky 10th graders shot up 11.4 percentage points to 23.2% in 2018. Statewide, the percentage of 10th graders responding that they had used an e-cigarette on at least one day in the past 30 days jumped from 11.4% in 2016 to 23.2% in 2018. To assess youth perception of risk associated with e-cigarette use, the question, "How much do you think people risk harming themselves if they vape/use e-cigarettes some days but not every day?" was added to the 2018 KIP Survey instrument. Response rates indicate that students perceive little risk of harm with e-cigarette use. Across all grades, levels of perceived risk for vaping are the lowest of all substances addressed on the KIP Survey. Electronic Cigarette use by youth in the Adanta/LCA is 24.1%. Youth usage of e-cigarettes is higher than Kentucky's rate of 23.2%. 1, 2, 3.



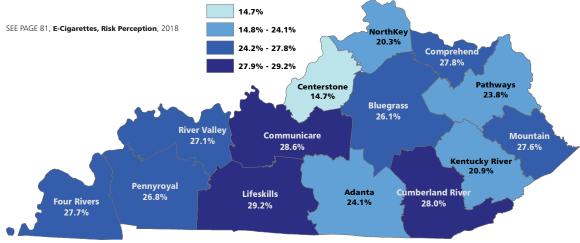
Grade 10 - Electronic Cigarettes or E-cigarettes,* 30-Day Use, 2018

*for ex. NJOY, V2, Bull Smoke, Halo

(% responding that they had used the substance on at least one day in the past 30 days)

PERCENTAGE OF 10TH GRADERS, 2018

Min: 14.7% (CENTERSTONE); Max: 29.2% (LIFESKILLS)



NON-PARTICIPATING DISTRICTS BY REGION: PENNYROYAL (Dawson Springs Independent, Hopkins County), COMMUNICARE (Hardin County), CENTERSTONE (Anchorage Independent), NORTHKEY (Beechwood Independent, Fort Thomas Independent, Kenton County), BLUEGRASS (Fayette County), Berea Independent), PaTHWAYS (Raceland-Worthington Independent), MOUNTAIN (Paintsville Independent), EASTUTUCK PIXTRE (Lee County), CUMBERLAND RIVER (Barbourville Independent, East Bernstadt Independent, Laurel County, Rockcastle County), ADANTA (Science Hill Independent), LIFESKILLS (Warren County, Bowling Green Independent, Glasgow Independent, Logan County, Russellville Independent.)

Data are classified using Natural Breaks. Natural Breaks minimize each class's average deviation from the class mean, while maximizing each class's deviation from the means of the other groups.

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^{3.} Kentucky Cabinet for Health and Family Services, Department for Behavioral Health, Developmental and intellectual Disabilities, Division of Behavioral Health . Patti Clark, Manager, Prevention and Promotion Branch. Kentucky Incentives for Prevention, Statewide Trends (2010-2018) Related to Youth Substance Use., Mental Health and School Safety.

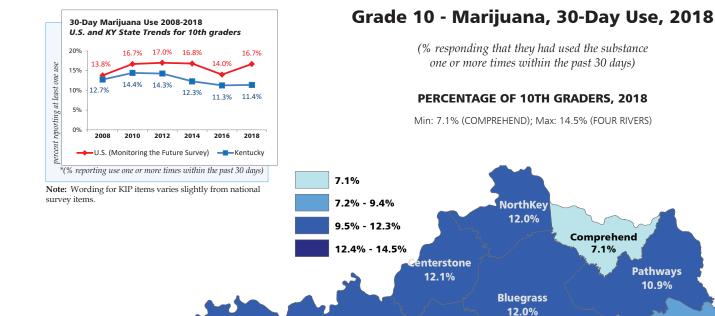


¹ Johnston, L. D., Miech, R. A., O'Malley, P. M., Bachman, J. G., Schulenberg, J. E., Patrick, M. E. (2019). Monitoring the Future national survey results on drug use 1975-2018: Overview, key findings on adolescent drug use. Ann Arbor: Institute for Social Research, University of Michigan.

² U.S. Department of Health and Human Services Substance Abuse Prevention and Treatment Block Grant Substance Abuse and Mental Health Services Administration Center for Substance Abuse Prevention State and Regional Data Report –10th Graders–KIP Survey 2018.

YOUTH MARIJUANA USE

Marijuana remains the most widely used illegal substance by young people in Kentucky. In 2018, the rate of 10th graders in Kentucky reporting the use of marijuana in the 30 days prior to taking the survey was 11.4%, nearly identical to 2016 at 11.3%. Prior to 2018, the rate of 10th grade marijuana use in Kentucky had been on the decline. In the Adanta/LCA, 9.0% of 10th graders reported using Marijuana (one or more times in the past 30 days), which is lower than Kentucky and nation's rates.



River Valley

11.3%

Pennyroyal

12.0%

Four Rivers

14.5%

NON-PARTICIPATING DISTRICTS BY REGION: PENNYROYAL (Dawson Springs Independent, Hopkins County), COMMUNICARE (Hardin County), CENTERSTONE (Anchorage Independent), NORTHKEY (Beechwood Independent, Fort Thomas Independent, Kenton County), BLUEGRASS (Fayette County, Berea Independent), PATHWAYS (Raceland-Worthington Independent), MOUNTAIN (Paintsville Independent), KENTUCKY RIVER (Lee County), CUMBERLAND RIVER (Barbourville Independent, East Bernstadt Independent, Laurel County, Rockcastle County), ADANTA (Science Hill Independent), LIFESKILLS (Warren County, Bowling Green Independent, Glasgow Independent, Logan County, Russellville Independent.)

Communicare

12.3%

Lifeskills

11.7%

Adanta

9.0%

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Pathways

10.9%

Kentucky River 8.3%

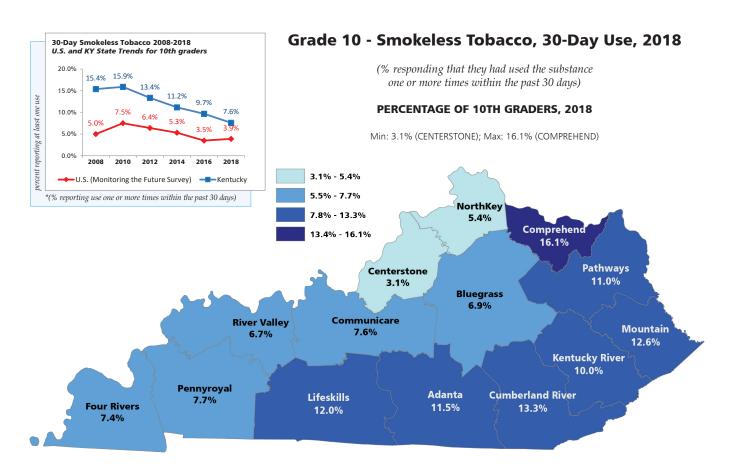
Cumberland River

Mountain

8.5%

YOUTH SMOKELESS TOBACCO

In 2018, 7.6% of Kentucky's 10th graders reported the use of smokeless tobacco in the 30 days prior to taking the survey. This is nearly double the national rate for 10th graders at 3.9%: In the Adanta/LCA 11.5% of 10th graders reported the use of smokeless tobacco in the 30 days prior to taking the survey. This is higher than Kentucky's rate and almost triple the nation's rate.



NON-PARTICIPATING DISTRICTS BY REGION: PENNYROYAL (Dawson Springs Independent, Hopkins County), COMMUNICARE (Hardin County), CENTERSTONE (Anchorage Independent), NORTHKEY (Beechwood Independent, Fort Thomas Independent, Kenton County), BLUEGRASS (Fayette County, Berea Independent), PATHWAYS (Raceland-Worthington Independent), MOUNTAIN (Paintsville Independent, East Berstatel Independent, Laurel County), COMMERILAND RIVER (Barbourle) Independent, East Berstatel Independent, Laurel County, Rockcastle County), ADANTA (Science Hill Independent), LIFESKILLS (Warren County, Bowling Green Independent, Glasgow Independent, Logan County, Russellville Independent.)

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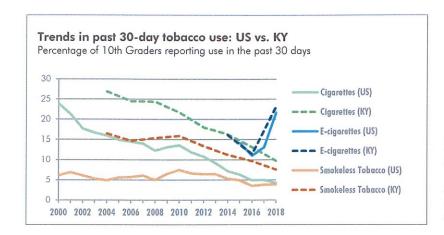
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YOUTH SUBSTANCE USE

The Kentucky Incentives for Prevention (KIP) Survey has been administered in Kentucky for a number of years by individual school districts across the state through agreements with the Substance Abuse Prevention Program. The intent of the survey is to anonymously assess student use of alcohol, tobacco and other drugs, as well as a number of factors related to potential substance abuse (for example, peer influences, perception of risk, family factors, and school safety). School district and individual student participation has always been on a voluntary basis. The KIP Survey is administered in the 6th, 8th, 10th, and 12th grades.

According to the KIP Survey, 2010-2018 Statewide Trends Report, cigarette use among 10th graders dropped more than 80% between 2000 and 2018, and smokeless tobacco use has dropped 45% since 2010. However, the use of electronic cigarettes is on the rise. Across the nation, 10th graders who use electronic cigarettes (e-cigarettes, vape pens, JUULs, and electronic nicotine devices) rose 66% from 2017 to 2018. Kentucky mirrors these national trends. Kentucky's and Lake Cumberland's 10th graders have a higher rate of cigarettes and smokeless tobacco than the US, but both of these rates have declined over the past years. Electronic cigarette use in Kentucky has drastically increased by 200% from 2016 to 2018. (KIP 2018, Related to Youth Substance Use 2010-2018)



Kentucky data source: 2004-2018 KIP survey. National data source: 2000-2018 Monitoring the Future survey

NOTE: The wording for the e-cigarette survey items varies slightly between the national data source and the KIP survey.











CRIMES

According to the Crimes in Kentucky Report, 2017 (Kentucky State Police) there were approximately 282,360 crimes committed in Kentucky, with 2,240 in the Lake Cumberland Area. The largest crimes in Kentucky are larceny/theft offenses, in the LCA, drug/narcotics offenses are the largest crimes. The table/chart below depicts the crimes by county and shows the crimes ranging from animal cruelty to weapon laws violations.

	Kentucky	Adair	Casey	Clinton	Cumberland	Green	McCreary	Pulaski	Russell	Taylor	Wayne
Animal Cruelty	853	0	0	0	0	0	0	1	1	1	0
Arson	518	0	0	1	1	0	0	1	0	3	0
Assault Offenses	41,724	33	18	32	3	26	50	150	68	146	27
Bribery	72	1	0	0	0	0	0	0	1	0	0
Burglary/Breaking and Entering	20,469	6	2	12	0	5	6	25	7	34	12
Counterfeiting/Forgery	8,051	5	3	0	1	0	41	6	32	19	2
Destruction/Damage/Vandalism of Property	23,637	10	3	16	0	6	8	21	8	15	4
Drug/Narcotic Offenses	66,157	129	18	123	40	50	116	271	166	267	44
Extortion/Blackmail	54	0	0	0	0	0	0	0	0	0	0
Fraud Offenses	11,824	7	0	2	1	1	5	26	0	14	0
Gambling Offenses	34	0	0	0	0	0	0	0	0	0	0
Homicide Offenses	459	2	0	0	0	0	3	0	0	1	1
Human Trafficking	44	1	0	0	0	0	0	0	0	0	0
Kidnapping/Abduction	983	0	0	0	0	0	0	4	0	2	2
Larceny/Theft Offenses	75,518	10	4	16	3	3	43	53	60	132	8
Motor Vehicle Theft	10,845	6	2	5	0	0	0	8	1	8	4
Pornography/Obscene Material	2,187	2	3	0	0	4	20	160	1	4	2
Prostitution Offenses	340	0	0	0	0	0	0	1	0	0	0
Robbery	3,010	0	0	1	0	0	0	5	1	3	1
Sex Offenses, Forcible	5,021	10	6	3	8	4	5	23	2	9	4
Sex Offenses, Nonforcible	508	0	0	1	0	0	2	2	0	2	0
Stolen Property Offenses (Receiving, etc.)	5,207	4	2	9	2	2	4	16	11	14	1
Weapon Law Violations	4,845	9	0	8	1	7	10	35	3	23	6
Total	282,360	235	61	229	60	108	313	808	362	697	118

Source: Crimes in Kentucky Report, 2017



BEHAVIOR RISK FACTOR SURVEY (BRFS)

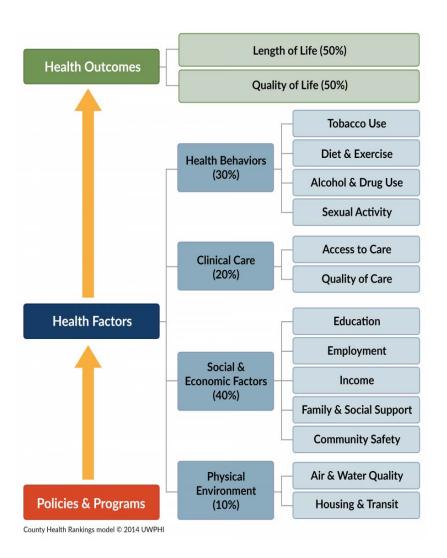
The Behavioral Risk Factor Surveillance System (BRFSS) is the nation's premier system of health-related telephone surveys that collect state data about U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services.

	Lake C	umberland	Kentucky		
Lake Cumberland ADD	%	95% CI	%	95% CI	
Alcohol Consumption					
Adults who reported heavy drinking	N/A		6.2	5.4 - 7.0	
Adults who reported binge drinking	11.4	6.7 - 16.1	14.6	13.4 - 15.8	
Arthritis					
Adults who have arthritis	42.7	37.3 - 48.0	33.5	32.1 - 34.9	
Cardiovascular Disease					
Adults who have ever had a heart attack	8.6	5.8 - 11.4	7.2	6.4 - 8.0	
Adults who have coronary heart disease	6.6	4.2 - 9.1	6.7	5.9 - 7.5	
Adults who have ever had a stroke	6.5	4.0 - 9.0	4.5	3.9 - 5.1	
Colorectal Cancer Screening					
Adults aged 50+ who have ever had a sigmoidoscopy or colonoscopy	61.8	55.6 - 68.1	71.7	70.0 - 73.5	
Adults aged 50+ who have fully met the USPSTF recommendation	56.6	49.6 - 63.6	70.1	68.2 - 72.0	
Depression					
Adults who have been diagnosed with a depressive disorder	27.7	22.4 - 33.0	23.3	22.1 - 14.1	
Diabetes					
Adults who have diabetes	12.2	9.1 - 15.3	13.1	12.1 - 14.1	
Disability					
Adults with limited activity due to physical, mental, or emotional problems	31.2	25.8 - 36.6	25.7	24.5 - 26.9	
Adults with health problem(s) that requires the use of special equipment	11	8.0 - 14.1	10.1	9.1 - 11.1	
General Health Status					
Adults who reported good or better health	69.8	65.1 - 74.5	77.5	76.3 - 78.7	
Health Care Access/Coverage					
Adults who have health care coverage	90.8	85.8 - 95.9	94.3	93.5 - 95.1	
Adults aged 18 - 64 who have health care coverage	88.4	81.9 - 94.9	93.2	92.2 - 94.2	
HIV Screening Test					
Adults who have ever been tested for HIV	25.0	19.5 - 30.6	32.7	31.1 - 34.3	
Immunization					
Adults aged 65+ who had a flu shot in the past year	56.2	47.7 - 65.3	59.4	56.9 - 61.9	
Adults aged 65+ who had a pneumococcal vaccination	70.0	61.7 - 78.1	72.6	70.2 - 75.0	
Oral Health					
Adults aged 65+ who had all their natural teeth extracted	30.8	22.5 - 39.1	22.0	19.8 - 24.2	
Adults aged 65+ who visited dentist or dental clinics in the past year	54.6	49.1 - 60.0	61.8	60.2 - 63.4	
Overweight and Obesity (BMI)					
Adults who are overweight (BMI = 25.0 - 29.9)	32.6	27.5 - 37.8	34.9	33.4 - 35.6	
Adults who are obese (BMI ≥ 30 .0)	37.0	31.7 - 42.3	34.2	32.7 - 35.6	
Physical Activity					
Adults who participate in any physical activity	65.4	60.0 - 70.8	70.2	68.8 - 71.6	
Prostate Cancer					
Men aged 40+ who had a PSA test within the past two years	39.7	31.2 - 48.3	41.1	38.4 - 43.8	
Respiratory Disease	\$ 1.11	7.2 .5.5		2377 1372	
Adults who currently have asthma	13.2	8.6 - 17.8	11.6	10.6 - 12.6	
Adults who have COPD, emphysema, or chronic bronchitis	17.5	12.3 - 22.7	11.4	10.6 - 12.2	
Tobacco Use		12.2 22.7		1	
Adults who are current smokers	29.7	24.3 - 35.1	24.5	23.1 - 25.9	
Women Health					
Women aged 21 - 65 who had a Pap test within the past three years	71.0	57.8 - 91.2	80.2	77.8 - 82.6	
Women aged 40+ who had a mammogram within the past two years	71.0	65.7 - 78.5	72.9	70.9 - 74.9	

Source: Kentucky Behavior Risk Factor Survey 2016



The County Health Rankings & Roadmaps program is a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute that measures the health of nearly all counties in the nation and ranks them within states. The Rankings are compiled using county-level measures from a variety of national and state data sources. The annual Rankings provide a revealing snapshot of how health is influenced by where we live, learn, work and play. The County Health Rankings are based on a model of community health that emphasizes the many factors that influence how long and how well we live. The Rankings use more than 30 measures that help communities understand how healthy their residents are today (health outcomes) and what will impact their health in the future (health factors).



Health Outcomes

Health Outcomes represent how healthy a county is right now. They reflect the physical and mental well-being of residents within a community through measures representing not only the length of life but quality of life as well.

Health Factors

There are many things that influence how well and how long we live. Everything from our education to our environments impact our health. Health Factors represent those things we can modify to improve the length and quality of life for residents. They are predictors of how healthy our communities can be in the future.

Policies and Programs

The County Health Rankings model illustrates the many factors that, if improved, can help make communities healthier places to live, learn, work, and play. Policies and programs at the local, state, and federal levels play an important role in influencing these factors. By implementing strategies that target the specific health challenges of a community, there is an opportunity to influence how long and how well people live.

Health Behaviors

Health behaviors are actions individuals take that affect their health.

Clinical Care

Access to affordable, quality, and timely health care can help prevent diseases and detect issues sooner, enabling individuals to live longer, healthier lives. While part of a larger context, looking at clinical care helps us understand why some communities can be healthier than others.

Social and Emotional

Social and economic factors, such as income, education, employment, community safety, and social supports can significantly affect how well and how long we live. These factors affect our ability to make healthy choices, afford medical care and housing, manage stress, and more.

Physical Environment

The physical environment is where individuals live, learn, work, and play. People interact with their physical environment through the air they breathe, water they drink, houses they live in, and the transportation they access to travel to work and school. Poor physical environment can affect our ability and that of our families and neighbors to live long and healthy lives.



2018 County Health Rankings for Kentucky: Measures and National/State Results

Measure	Description	US	КҮ	KY Minimum	KY Maximum
HEALTH OUTCOMES					
Premature death	Years of potential life lost before age 75 per 100,000 population	6,700	9,000	4,900	17,500
Poor or fair health	% of adults reporting fair or poor health	16%	21%	13%	35%
Poor physical health days	Average # of physically unhealthy days reported in past 30 days	3.7	4.8	3.6	6.4
Poor mental health days	Average # of mentally unhealthy days reported in past 30 days	3.8	4.8	3.6	5.5
Low birthweight	% of live births with low birthweight (< 2500 grams)	8%	9%	6%	12%
HEALTH FACTORS					
HEALTH BEHAVIORS					
Adult smoking	% of adults who are current smokers	17%	24%	16%	31%
Adult obesity	% of adults that report a BMI ≥ 30	28%	34%	28%	43%
Food environment index	Index of factors that contribute to a healthy food environment, (0-10)	7.7	7.0	4.8	8.6
Physical inactivity	% of adults aged 20 and over reporting no leisure-time physical activity	23%	28%	20%	40%
Access to exercise opportunities	% of population with adequate access to locations for physical activity	83%	72%	1%	100%
Excessive drinking	% of adults reporting binge or heavy drinking	18%	16%	11%	20%
Alcohol-impaired driving deaths	% of driving deaths with alcohol involvement	29%	28%	0%	100%
Sexually transmitted infections	# of newly diagnosed chlamydia cases per 100,000 population	478.8	395.2	38.7	1,041.9
Teen births	# of births per 1,000 female population ages 15-19	27	38	10	75
CLINICAL CARE	, , , , , , , , , , , , , , , , , , , ,				
Uninsured	% of population under age 65 without health insurance	11%	7%	4%	10%
Primary care physicians	Ratio of population to primary care physicians	1,320:1	1,510:1	15,810:1	800:1
Dentists	Ratio of population to dentists	1,480:1	1,560:1	2,160:0	630:1
Mental health providers	Ratio of population to mental health providers	470:1	520:1	14,260:1	80:1
Preventable hospital stays	# of hospital stays for ambulatory-care sensitive conditions per 1,000	49	77	34	210
	Medicare enrollees	hig Tedin	regular (II)	1 and The Ly	210
Diabetes monitoring	% of diabetic Medicare enrollees ages 65-75 that receive HbA1c monitoring	85%	86%	70%	94%
Mammography screening	% of female Medicare enrollees ages 67-69 that receive mammography screening	63%	59%	36%	73%
SOCIAL AND ECONOMIC FACTORS					
High school graduation	% of ninth-grade cohort that graduates in four years	83%	89%	71%	100%
Some college	% of adults ages 25-44 with some post-secondary education	65%	60%	35%	75%
Unemployment	% of population aged 16 and older unemployed but seeking work	4.9%	5.0%	3.2%	18.8%
Children in poverty	% of children under age 18 in poverty	20%	24%	6%	56%
Income inequality	Ratio of household income at the 80th percentile to income at the 20th percentile	5	5.1	3.7	7.8
Children in single-parent households	% of children that live in a household headed by a single parent	34%	35%	17%	50%
Social associations	# of membership associations per 10,000 population	9.3	10.7	1.2	23.4
Violent crime	# of reported violent crime offenses per 100,000 population	380	215	0	562
Injury deaths	# of deaths due to injury per 100,000 population	65	88	46	171
PHYSICAL ENVIRONMENT	,,,,				
Air pollution – particulate matter	Average daily density of fine particulate matter in micrograms per cubic meter (PM2.5)	8.7	10.0	9.1	11.6
Drinking water violations	Indicator of the presence of health-related drinking water violations. Yes - indicates the presence of a violation, No - indicates no violation.	NA	NA	No	Yes
Severe housing problems	% of households with overcrowding, high housing costs, or lack of kitchen or plumbing facilities	19%	14%	5%	23%
Driving alone to work	% of workforce that drives alone to work	76%	82%	75%	89%
Long commute – driving alone	Among workers who commute in their car alone, % commuting > 30 minutes	35%	29%	13%	63%



2018 County Health Rankings: Ranked Measure Sources and Years of Data

	Measure	Source	Years of Data
HEALTH OUTCOMES			
Length of Life	Premature death	National Center for Health Statistics – Mortality files	2013-2015
QualityofLife	Poor or fair health	Behavioral Risk Factor Surveillance System	2016
	Poor physical health days	Behavioral Risk Factor Surveillance System	2016
	Poor mental health days	Behavioral Risk Factor Surveillance System	2016
2	Low birthweight	National Center for Health Statistics – Natality files	2010-2016
HEALTH FACTORS			
HEALTHBEHAVIORS			
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2016
Diet and Exercise	Adult obesity	CDCDiabetesInteractiveAtlas	2014
	Food environment index	USDA Food Environment Atlas, Map the Meal Gap	2015
	Physical inactivity	CDCDiabetesInteractiveAtlas	2014
	Access to exercise opportunities	Business Analyst, Delorme map data, ESRI, & USCensus Files	2010 & 2016
AlcoholandDrugUse	Excessive drinking	Behavioral Risk Factor Surveillance System	2016
	Alcohol-impaired driving deaths	Fatality Analysis Reporting System	2012-2016
SexualActivity	Sexually transmitted infections	NationalCenterforHIV/AIDS,ViralHepatitis,STD, andTBPrevention	2015
	Teen births	National Center for Health Statistics – Natality files	2010-2016
CLINICAL CARE			
AccesstoCare Uninsured		Small Area Health Insurance Estimates	2015
	Primary care physicians	AreaHealthResourceFile/AmericanMedicalAssociation	2015
	Dentists	AreaHealthResourceFile/NationalProviderIdentificationfile	2016
	Mental health providers	CMS,NationalProviderIdentificationfile	2017
QualityofCare	Preventable hospital stays	DartmouthAtlasofHealthCare	2015
	Diabetes monitoring	DartmouthAtlasofHealthCare	2014
	Mammography screening	DartmouthAtlasofHealthCare	2014
SOCIAL AND ECONOMIC	FACTORS	GUIS ERROL GERAVON CONTRACTOR SERVING	
Education	High school graduation	EDFacts	2014-2015
	Some college	American Community Survey	2012-2016
Employment	Unemployment	Bureau of Labor Statistics (3)	2016
Income	Children in poverty	Small Area Income and Poverty Estimates	2016
	Income inequality	American Community Survey	2012-2016
Family and Social Support	Children in single-parent households	American Community Survey	2012-2016
	Social associations	CountyBusinessPatterns	2015
Community Safety	Violent crime	UniformCrimeReporting—FBI	2012-2014
	Injury deaths	CDC WONDER mortality data	2012-2016
PHYSICAL ENVIRONME	NT		
AirandWaterQuality	Air pollution – particulate matter*	Environmental Public Health Tracking Network	2012
	Drinking water violations	Safe Drinking Water Information System	2016
Housing and Transit	Severe housing problems	Comprehensive Housing Affordability Strategy (CHAS) data	2010-2014
2000 000 000 000 000 000 000 000 000 00	Driving alone to work	American Community Survey	2012-2016
	Long commute – driving alone	American Community Survey	2012-2016



	Kentucky	Adair (AD),KY	Casey (CS),KY	Clinton (CN),KY	Cumberland (CM),KY	Green (GE),KY	McCreary (MR),KY	Pulaski (PU),KY	Russell (RS),KY	Taylor (TA),KY	Wayne (WY),KY
Health Outcomes		41	96	94	72	36	113	61	86	68	77
Length of Life		24	95	99	80	51	104	74	87	47	58
Premature Death	9,000	8,300	11,400	11,900	10,300	9,400	12,400	10,100	10,800	9,200	9,500
Quality of Life		63	95	80	61	26	120	49	86	76	89
Poor or fair Health	21%	23%	26%	23%	23%	19%	35%	22%	25%	24%	27%
Poor Physical Health Days	4.8	4.9	5.5	5.0	5.0	4.5	6.4	5.1	5.3	5.0	5.7
Poor Mental Health Days	4.8	4.7	5.0	4.6	4.6	4.3	5.5	4.3	4.6	4.7	5.1
Low Birthweight	9%	8%	9%	10%	8%	8%	11%	8%	9%	9%	8%
Health Factors		73	97	95	87	50	116	60	90	39	88
Health Behaviors		74	95	78	70	60	118	59	75	67	96
Adult Smoking	24%	23%	25%	25%	22%	21%	31%	23%	24%	24%	24%
Adult Obesity**	34%	37%	37%	35%	34%	38%	3.8%	34%	35%	34%	40%
Food Environment Index**	7.0	7.4	7.8	7.8	7.6	7.6	6.6	7.1	7.3	6.9	6.8
Physical Inactivity**	28%	36%	32%	34%	38%	34%	33%	30%	30%	34%	35%
Access to Exercise Opportunities	72%	63%	26%	41%	11%	37%	100%	72%	85%	82%	67%
Excessive Drinking	16%	15%	13%	13%	13%	14%	12%	13%	13%	14%	13%
Alcohol-Impaired Driving Deaths	28%	23%	43%	27%	80%	18%	30%	25%	30%	23%	19%
Sexually Transmitted Infections**	395.2	249.9	169.9	127.9	118.6	289.8	313.5	217.8	213.8	273.2	170.8
Teen Births	38	29	58	54	45	41	75	53	63	43	60
Clinical Care		83	118	117	115	85	109	33	89	24	71
Uninsured	7%	8%	9%	9%	8%	8%	9%	8%	9%	7%	8%
Primary Care Physicians	1,510:1	3,810:1	15,810:1	2,540:1	1,690:1		3,580:1	1,330:1	2,520:1	1,500:1	1,570:1
Dentists	1,560:1	6,430:1	7,910:1	5,090:1	2,250:1	2,770:1	17,510:1	1,390:1	3,540:1	3,170:1	3,410:1
Mental Health Providers	520:1	550:1	1,440:1	570:1	610:1	690:1	1,250:1	350:1	1,110:1	630:1	1,200:1
Preventable Hospital Stays	77	80	145	161	173	129	93	65	64	59	95
Diabetes Monitoring	86%	88%	85%	81%	76%	87%	83%	86%	83%	88%	86%
Mammography Screening	59%	44%	43%	50%	48%	59%	44%	62%	52%	62%	51%
Social & Economic Factors		76	71	92	83	31	105	72	95	54	94
High School Graduation**	89%	98%	93%	93%	93%	93	88%	94%	90%	99%	93%
Some College	60%	47%	46%	42%	57%	46%	40%	50%	55%	52%	37%
Unemployment	5.0%	6.6%	4.6%	7.3%	5.5%	4.4%	7.7%	5.3%	8.3%	5.1%	7.3%
Children in Poverty	24%	37%	37%	37%	38%	29%	47%	27%	37%	29%	38%
Income Inequality	5.1	5.4	5.2	4.5	5.3	5.0	5.4	6.0	4.9	5.0	5.2
Children in Single-Parent Households	35%	23%	22%	31%	37%	20%	31%	38%	37%	50%	28%
Social Associations	10.7	4.2	5.7	7.9	8.9	18.2	3.4	9.6	10.2	16.5	8.8
Violent Crime**	215	66	44	24	49	47	52	124	59	209	64
Injury Deaths	88	82	100	132	124	99	96	92	123	92	99
Physical Environment		4	73	7	42	16	70	108	82	9	13
Air Pollution - Particulate Matter	10.0	9.7	9.8	9.4	9.4	9.8	9.5	9.9	9.7	9.7	9.5
Drinking Water Violations		No	Yes	No	Yes	No	No	Yes	Yes	No	No
Severe Housing Problems	14%	10%	11%	13%	10%	13%	23%	18%	14%	14%	13%
Driving Alone to Work	82%	83%	82%	85%	85%	80%	82%	85%	84%	81%	83%
Long Commute - Driving Alone	29%	25%	42%	18%	28%	41%	32%	20%	26%	20%	29%

Source: CHR, 2018





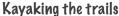


COMMUNITY HEALTH DATA



Adair County is made up of 405 square miles of land located in South-Central Kentucky. It is nestled between four of Kentucky's best fishing and recreation areas: Green River Reservoir, Dale Hollow Lake State Park, Barren River State Park, and Lake Cumberland State Park. Columbia is a KY Trail Town with water trails on Russell Creek and Green River Lake. Columbia is the seat for Adair County, located off a major highway – the Cumberland Parkway.







People

The population of Adair County is 19,485 with a median age of 40.8. The population has increased 4.4% since 2010. 93.2% of the population are White, 3.0% are Black and 1.9% are Hispanic. 1.9% of people speak a non-English language. 18% are 65 or older and 26% are under the age of 18.



Homes

The median income is \$36,575. The median property value is \$85,900 and the homeownership rate is 76%. 23% of children live in single parent homes. 37% of children live in poverty.



Jobs

The most common employment sectors are: Manufacturing, Educational Services and Retail Sales. 83% of Adair County drives alone to work and 25% drive further than 30 minutes to work.



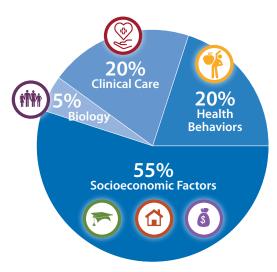
Health

Adair County has one hospital: TJ Health Columbia, a nonprofit hospital. The hospital provides laboratory services, rehabilitation, respiratory services, cardiology services, a medical surgical unit, and an emergency department. Health care provider ratios are: Primary Care Physicians 3,801:1; Dentist 6,430:1; Mental Health Provider 550:1. 8% of people under the age of 65 are uninsured.

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.

- World Health Organization







MEDIAN HOUSEHOLD INCOME \$36,575

District \$33,268 KY \$46,535





POPULATION 19,485

4.40% increase
District 209,159
KY 4,454,189
USA 325,719,178



ADULT SMOKING 23%

District 24% KY 24%



PHYSICAL INACTIVITY

36%

District 34% KY 28%



ADULT OBESITY

37%

District 36% KY 34%



PERSONS IN POVERTY 26%

District 26% KY 19%



CHILDREN IN POVERTY 37%

District 36% KY 24%

Adair County W.A.T.C.H. Coalition Vision Statement:

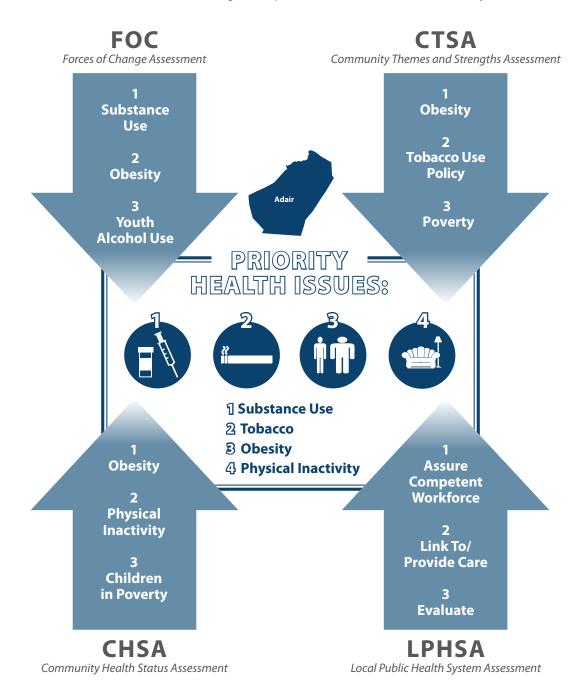
Adair County is an educated, productive community united and empowered to create and access opportunities and resources to achieve a healthy and active lifestyle.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The W.A.T.C.H Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Adair County residents.





Adair County Health Department 801 Westlake Drive Columbia, KY 42728 p (270) 384-2286 • f (270) 384-4800 www.LCDHD.org





ADAIR COUNTY: RESOURCES OR ASSETS INVENTORY



Adair County (Working Actively Toward Community Health) W.A.T.C.H. Coalition

The priority health issues selected are Obesity/Physical Inactivity, Substance Use and Tobacco Use. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Adair County residents.

Obesity/Physical Inactivity

- Jim Blair Community Center outside walking track with story walk playground, ball field
- Adair County School System open campus for walkers/runners with lighting
- Columbia City Park basketball court, tennis court, handicap accessible playground
- Holloway Health and Wellness Center membership required
- Flex Appeal Fitness paid membership
- Healthy Kids Clinic
- Adair County Cooperative Extension Service health and wellness focused classes
- Little League Park-after school leagues with fees
- Adair Farmers Market Kids Bucks, Hungry Kids Café, weekly educational programs
- Adair County WATCH Coalition support community efforts
- Diabetes Education -gentle chair exercise
- Food Pantry
- KY Trail Town
- Family Resource/YSC/21st Century After School grants

Substance Use

- Health Department community training on ACEs
- Victim Advocate
- Lake Cumberland Community Action Agency
- HANDS
- ADANTA
- Adair County ASAP Programs
- Celebrate Recovery
- Lindsey Wilson College Counseling Program
- LCDHD RHOP, Syringe Exchange, Ryan White Program
- Joy Ministries

Tobacco

- LCDHD Tobacco grant working with youth
- LCDHD Quit line promotion
- Adair County ASAP
- Middle and High School Youth Coalitions
- Adair County Schools Sources of Strength
- ADANTA RPC
- Family Resource Center/YSC



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Adair	District	Kentucky	USA
Population, 2017 Estimate ¹	19,485	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	4.40%	0.20%	2.60%	5.50%
Person Under 5, percent (2017)1	5.50%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	20.40%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017)1	17.90%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	50.20%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	49.80%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	94.00%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	3.00%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.30%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.40%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017)1	1.90%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017)1	93.20%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	1,197	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	8,604	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	76.00%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-161	\$855	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$266	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$499	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.51	2.00	2.49	2.63
Median Household Income ¹	\$36,575	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$85,900	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018





Community Health Assessment DATA

HEALTH FACTORS

ILALITIACIONS				
	Adair	District	Kentucky	USA
Premature Death ²	8,300	10,330	9,000	-
Poor or Fair Health ²	23%	25%	21%	-
Poor Physical Health Days ²	4.90	5.24	4.80	-
Poor Mental Health Days ²	4.70	4.74	4.80	-
Low Birthweight ²	8%	9%	9%	-
Adult Smoking ²	23%	24%	24%	-
Adult Obesity ²	37%	36%	34%	-
Diabetes Prevalence ²	16%	15%	13%	-
Teen Birth Rate ²	29	52	38	-
Food Environment Index ²	7.40	7.29	7.00	-
Food Insecurity ²	16%	17%	16%	-
Physical Inactivity ²	36%	34%	28%	-
Access to Exercise Opportunities ²	63%	58%	72%	-
Excessive Drinking ²	15%	13%	16%	-
Alcohol Impaired Driving Deaths ²	23%	32%	28%	-
Uninsured ²	8%	8%	7%	-
Primary Care Physicians ²	3,810:1	3,817:1	1,510:1	-
Dentists ²	6,430:1	5,347:1	1,560:1	-
Mental Health Providers ²	550:1	-	520:1	-
Other Primary Care Providers ²	1,607:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	80.0	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	48	624	19,960	-
Drug Arrest Rate⁴	1,574	1,868	1,707	-
Motor Vehicle Death Rate⁵	21.93	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	87.8	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	49	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) ⁷	85	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	104	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Adair	District	Kentucky
High School Graduation ²	98.0%	96.9%	90.3%
Some College ²	47%	47%	60%
Unemployment ²	6.60%	6.21%	5.00%
Children in Poverty ²	37%	36%	24%
Person in Poverty ¹	26.10%	25.63%	18.50%
Income Inequality ²	5.40	5.19	5.10
Children in Single-Parent Households ²	23%	32%	35%
Social Associations ²	4.20	9.34	10.70
Violent Crime, rate ²	66.0	73.8	215.0
Injury Deaths, rate ²	82.0	103.9	88.0
Air Pollution-Particulate Matter ²	9.70	9.64	10.00
Drinking Water Violations ²	No	Yes	Yes
Severe Housing Problems ²	10%	14%	14%
Driving Alone to Work ²	83%	83%	82%
Long Commute-Driving Alone ²	25%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ²County Health Ranking, 2018

ADAIR COUNTY SCHOOL DISTRICT ENROLLMENT

Adair County Primary (PS-2)	579	Adair Middle (6-8)		591
Adair Elementary (3-5)	593	Adair High (9-12)		772
Source: Kentucky Department of Education, May 16, 2018			TOTAL ENROLLMENT	2,535

ADAIR COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in February 2018. There were 466 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the guestions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

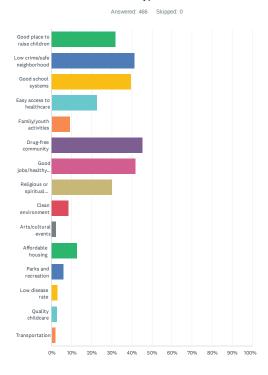
Answers Top Three	% of Respondents
Drug-free community	45.49%
Good jobs/healthy economy	42.06%
Low crime/safe neighborhood	41.42%

What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Low-income families	31.28%
Elderly	23.57%
Middle Class	19.38%



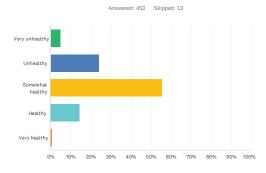
Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community) Check THREE:



1/25

Adair County Community Health Survey

Q2 How would you rate Adair County as a "Healthy Community?"



ANSWER CHOICES	RESPONSES	
Very unhealthy	4.86%	22
Unhealthy	24.06%	109
Somewhat healthy	55.63%	252
Healthy	14.57%	66
Very healthy	0.88%	4
TOTAL		453

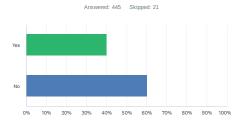
Adair County Community Health Survey

ANSWER CHOICES	RESPONSES	
Good place to raise children	31.97%	149
Low crime/safe neighborhood	41.42%	193
Good school systems	39.70%	185
Easy access to healthcare	22.53%	105
Family/youth activities	9.23%	43
Drug-free community	45.49%	212
Good jobs/healthy economy	42.06%	196
Religious or spiritual values	30.04%	140
Clean environment	8.58%	40
Arts/cultural events	2.36%	11
Affordable housing	12.88%	60
Parks and recreation	6.01%	28
Low disease rate	3.00%	14
Quality childcare	2.79%	13
Transportation	1.93%	9
Total Respondents: 466		

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Adair County Community Health Survey

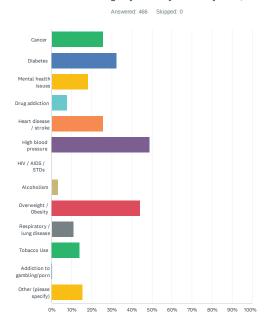
Q3 Are you satisfied with the healthcare system in your county?



ANSWER CHOICES	RESPONSES	
Yes	39.78%	177
No	60.22%	268
TOTAL		445

Adair County Community Health Survey

Q4 Select the health challenges you and your family face; Check only 3

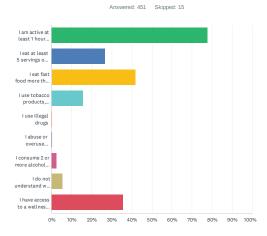


RESPONSES ANSWER CHOICES 25.54% 119 Cancer 32.40% 151 18.03% 84 Mental health issues 36 Drug addiction 25.54% 119 Heart disease / stroke 48.93% 228 0.00% HIV / AIDS / STDs 3.22% 15 Alcoholism 44.21% 206 Overweight / Obesity Respiratory / lung disease 10.94% 51 14.16% 66 Tobacco Use 0.21% Addiction to gambling/porn 15.67% 73 Other (please specify) Total Respondents: 466

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Adair County Community Health Survey

Q5 Choose all statements that apply to you

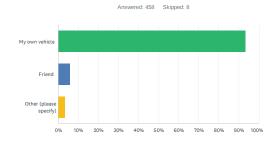


ANSWER CHOICES	RESPON	SES
I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work)	77.83%	351
I eat at least 5 servings of fruit and vegetables each day	26.61%	120
I eat fast food more than two times per week	41.69%	188
I use tobacco products, cigarettes, dip, chew, etc.	15.74%	71
I use illegal drugs	0.22%	1
I abuse or overuse prescription drugs	0.22%	1
I consume 2 or more alcoholic drinks per day	2.66%	12
I do not understand when health care providers speak to me using medical terms	5.54%	25
I have access to a wellness program through my employer	35.70%	161
Total Respondents: 451		

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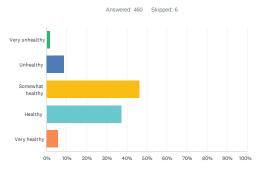
Adair County Community Health Survey

Q6 Which of the following forms of transportation do you use?



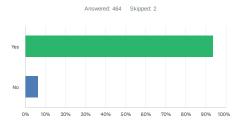
ANSWER CHOICES	RESPONSES	
My own vehicle	93.45%	428
Friend	5.68%	26
Other (please specify)	3.49%	16
Total Respondents: 458		

Q7 How would you rate your own personal health?



Very unhealthy 1.74% 8 Unhealthy 8.70% 40 Somewhat healthy 46.52% 214 Healthy 37.39% 172 Very healthy 5.65% 26 TOTAL 460	ANSWER CHOICES	RESPONSES
Somewhat healthy 46.52% 214 Healthy 37.39% 172 Very healthy 5.65% 26	Very unhealthy	1.74% 8
Healthy 37.39% 172 Very healthy 5.65% 26	Unhealthy	8.70% 40
Very healthy 5.65% 26	Somewhat healthy	46.52% 214
very meaniny	Healthy	37.39% 172
TOTAL 460	Very healthy	5.65% 26
	TOTAL	460

Q8 Are you able to visit a doctor when needed?



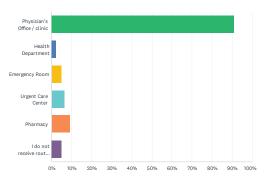
ANSWER CHOICES	RESPONSES	
Yes	93.53%	434
No	6.47%	30
TOTAL		464

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Adair County Community Health Survey

Q9 Where do you go for healthcare?

Answered: 463 Skipped: 3

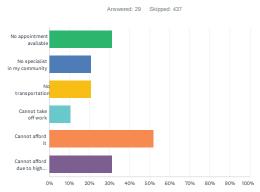


ANSWER CHOICES	RESPONSES	
Physician's Office / clinic	91.14%	422
Health Department	2.38%	11
Emergency Room	4.97%	23
Urgent Care Center	6.48%	30
Pharmacy	9.07%	42
I do not receive routine healthcare	5.18%	24
Total Respondents: 463		

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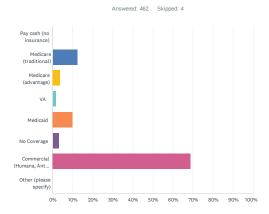
Adair County Community Health Survey

Q10 If you answered "No" to number 8, please choose ALL reasons why below.



ANSWER CHOICES	RESPONSES	
No appointment available	31.03%	9
No specialist in my community	20.69%	6
No transportation	20.69%	6
Cannot take off work	10.34%	3
Cannot afford it	51.72%	15
Cannot afford due to high deductible	31.03%	9
Total Respondents: 29		

Q11 What type of healthcare insurance coverage do you have?



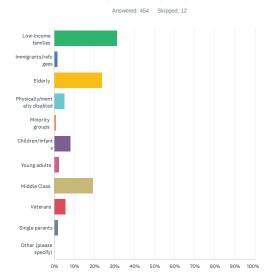
ANSWER CHOICES	RESPONSES	
Pay cash (no insurance)	0.00%	0
Medicare (traditional)	12.34%	57
Medicare (advantage)	3.90%	18
VA	1.73%	8
Medicaid	9.96%	46
No Coverage	3.25%	15
Commercial (Humana, Anthem Blue Cross, etc)	68.83%	318
Other (please specify)	0.00%	0
TOTAL		462

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Adair County Community Health Survey

ANSWER CHOICES	RESPONSES	
Low-income families	31.28%	142
Immigrants/refugees	1.76%	8
Elderly	23.57%	107
Physically/mentally disabled	5.07%	23
Minority groups	0.88%	4
Children/infants	8.15%	37
Young adults	2.42%	11
Middle Class	19.38%	88
Veterans	5.51%	25
Single parents	1.98%	9
Other (please specify)	0.00%	0
TOTAL		454

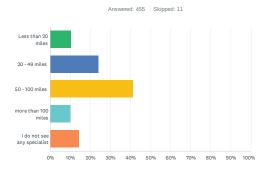
Q12 What group needs the most help with access to health care? (Choose only one)



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Adair County Community Health Survey

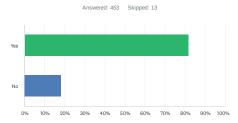
Q13 How far do you travel to see a specialist?



ANSWER CHOICES	RESPONSES	
Less than 20 miles	10.33%	47
20 - 49 miles	24.18%	110
50 - 100 miles	41.10%	187
more than 100 miles	10.11%	46
I do not see any specialist	14.29%	65
TOTAL		455

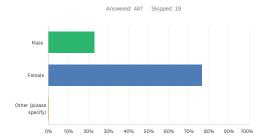
67 _{15/25} _{16/25}

Q14 Would you be in favor of a smoke free ordinance for your community (no smoking in indoor public places?)



ANSWER CHOICES	RESPONSES	
Yes	81.68%	370
No	18.32%	83
TOTAL		453

Q15 Gender

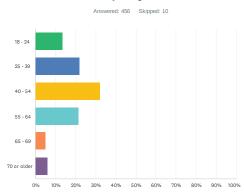


ANSWER CHOICES	RESPONSES	
Male	23.04%	103
Female	76.51%	342
Other (please specify)	0.45%	2
TOTAL		447

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Adair County Community Health Survey

Q16 Age

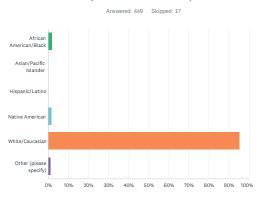


ANSWER CHOICES	RESPONSES	
18 - 24	13.38%	61
25 - 39	21.93%	100
40 - 54	32.24%	147
55 - 64	21.49%	98
65 - 69	5.04%	23
70 or older	5.92%	27
TOTAL		456

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Adair County Community Health Survey

Q17 Race/Ethnic Group



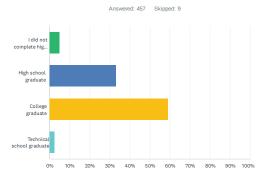
ANSWER CHOICES	RESPONSES
African American/Black	2.00% 9
Asian/Pacific Islander	0.00%
Hispanic/Latino	0.00% 0
Native American	1.56% 7
White/Caucasian	95.32% 428
Other (please specify)	1.11% 5
TOTAL	449

Q19 Household Income

Answered: 441 Skipped: 25

Less than \$24,999

Q18 Highest level of education you completed?



ANSWER CHOICES	RESPONSES	
I did not complete high school	5.03%	23
High school graduate	33.26%	152
College graduate	59.08%	270
Technical school graduate	2.63%	12
TOTAL		457

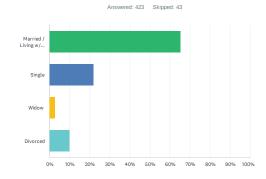
\$25,000 -\$49,999 \$50,000 -\$74,999 \$75,000 -\$99,000

ANSWER CHOICES Less than \$24,999 22.45% 99 \$25,000 - \$49,999 93 21.09% \$50,000 - \$74,999 66 14.97% \$75,000 - \$99,000 44 \$100,000 or more 44 9.98% Prefer not to answer TOTAL 441

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Adair County Community Health Survey

Q20 Marital Status

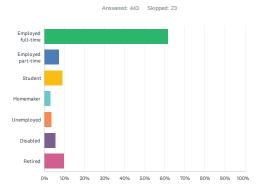


ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	65.25%	276
Single	21.99%	93
Widow	2.84%	12
Divorced	9.93%	42
TOTAL		423

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Adair County Community Health Survey

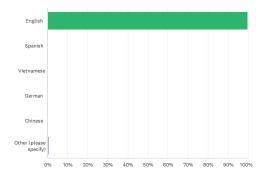
Q21 What is your current employment status?



ANSWER CHOICES	RESPONSES	
Employed full-time	61.63%	273
Employed part-time	7.22%	32
Student	9.26%	41
Homemaker	2.93%	13
Unemployed	3.61%	16
Disabled	5.64%	25
Retired	9.71%	43
TOTAL		443

Q22 Primary language

Answered: 430 Skipped: 36



ANSWER CHOICES	RESPONSES
English	99.53% 428
Spanish	0.00% 0
Vietnamese	0.00% 0
German	0.00% 0
Chinese	0.00% 0
Other (please specify)	0.47% 2
TOTAL	430

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CASEY COUNTY

Casey County is part of the Appalachian region of Kentucky. Casey County is home to the annual 'Casey County Apple Festival' and The Central KY AG Center which has several miles of hiking trails and a water crossing that connects directly to downtown Liberty. Green River flows through Casey County and is a popular attraction for kayaking and canoeing.



Casey County Judicial Center



People

The population of Casey County is 15,750. 97.2% of the population are White, 0.9% are Black and 3% are Hispanic. 19.9% are 65 or older and 28.9% are under the age of 18.



Homes

The median property value is \$77,800. The homeownership rate is 79%. 22% of the children are living in single parent homes. 37% of the children are living in poverty.



Jobs

The most common employment sectors are Manufacturing, Healthcare & Social Assistance and Retail Sales. 82% of Casey County's population drives alone to work and 42% drives further than 30 minutes.



Health

The Casey County Hospital is located in Liberty. It is a 24 bed, acute care, Critical Access Hospital (CAH) that is Joint Commission accredited. Health care provider ratios are: Primary Care Physicians 15,810:1; Dentist 7,910:1, and Mental Health Provider 1,440:1. 9% of the people under 65 are uninsured. Casey County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.









MEDIAN HOUSEHOLD INCOME \$33,031

District \$33,268 KY \$46,535



POPULATION 15,750

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

25%

District 24% KY 24%



37%

District 36% KY 34%



ADULT OBESITY PHYSICAL INACTIVITY

32%

District 34% KY 28%



CHILDREN IN POVERTY TEEN BIRTH RATE

37%

District 36% KY 24%



58

District 52 **KY 38**



PERSONS IN POVERTY

27%

District 26% KY 19%

Casey Health Empowerment Coalition (CHEC) Vision Statement:

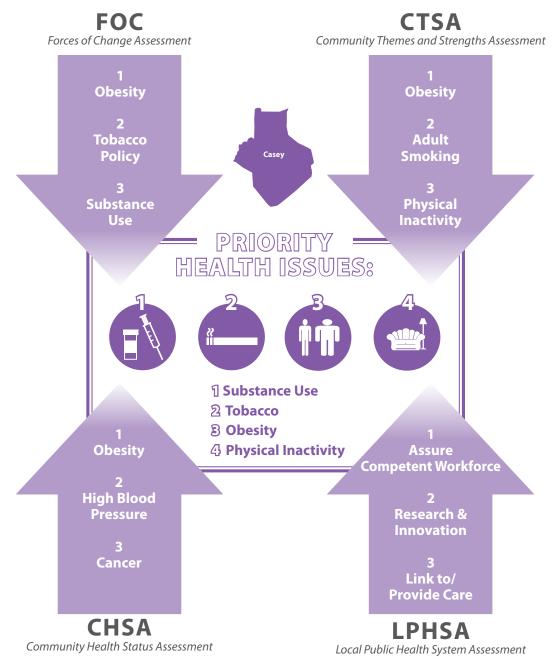
Casey County will be a united community focusing on active, healthy lifestyles free of drugs, violence and tobacco.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Casey Health Empowerment Coalition (CHEC) completed the Mobilizing for Action Through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Casey County residents.





Casey County Health Department 199 Adams Street Liberty, KY 42539 p (606) 787-6911 • f (606) 787-2507 www.LCDHD.org





CASEY COUNTY: RESOURCES OR ASSETS INVENTORY



Casey County Community Health Empowerment Coalition (CHEC)

The priority health issues selected are Substance/Tobacco Use and Physical Inactivity/Obesity. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Casey County residents.

Substance Use/Tobacco

- ADANTA
- Casey County Health Empowerment Coalition
- Casey County ASAP
- Drug Free Community Grant
- LCDHD Quitline Promotion
- LCDHD Freedom From Smoking Classes
- Healthy Kids Clinic
- Family Resource /YSC
- LCDHD RHOP / Ryan White
- Health Department community training on ACEs
- LCDHD Teen Pregnancy Prevention Grant
- Liberty Ranch: Alcohol and Drug Recovery Home

Physical Inactivity/Obesity

- Casey Health Empowerment Coalition
- UK Extension Programs / 4-H
- Casey County School System multiple grants
- Healthy Kids Clinic
- Family Resource / YSC / 21st Century Grants afterschool
- Farmers Market
- Liberty Crossing
- Veterans Park
- Central KY AG/Expo Center
- Gateway Park
- Little League Programs -paid
- Mission Fit Gym membership
- Casey County Explorers walking club



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Casey	District	Kentucky	USA
Population, 2017 Estimate ¹	15,750	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	-1.30%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	6.30%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	22.60%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017)1	19.90%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	51.40%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	48.60%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	97.20%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	0.90%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.40%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.10%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	3.00%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	94.60%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	892	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	7,510	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	79.00%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-16 ¹	\$798	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$263	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$481	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.42	2.00	2.49	2.63
Median Household Income ¹	\$33,031	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$77,800	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018



Community Health Assessment DATA

HEALTH FACTORS

	Casey	District	Kentucky	USA
Premature Death ²	11,400	10,330	9,000	-
Poor or Fair Health ²	26%	25%	21%	-
Poor Physical Health Days ²	5.5	5.24	4.80	-
Poor Mental Health Days ²	5	4.74	4.80	-
Low Birthweight ²	9%	9%	9%	-
Adult Smoking ²	25%	24%	24%	-
Adult Obesity ²	37%	36%	34%	-
Diabetes Prevalence ²	15%	15%	13%	-
Teen Birth Rate ²	58	52	38	-
Food Environment Index ²	7.8	7.29	7.00%	-
Food Insecurity ²	15%	17%	16%	-
Physical Inactivity ²	32%	34%	28%	-
Access to Exercise Opportunities ²	26%	58%	72%	-
Excessive Drinking ²	13%	13%	16%	-
Alcohol Impaired Driving Deaths ²	43%	32%	28%	-
Uninsured ²	9%	8%	7%	-
Primary Care Physicians ²	15,810:1	3,817:1	1,510:1	-
Dentists ²	7,910:1	5,347:1	1,560:1	-
Mental Health Providers ²	1,440:1	-	520:1	-
Other Primary Care Providers ²	1,582:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	145	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	57	624	19,960	-
Drug Arrest Rate⁴	2,297	1,868	1,707	-
Motor Vehicle Death Rate⁵	24.21	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	120.8	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	59	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) 7	112	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	115	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Casey	District	Kentucky
High School Graduation ²	98.3%	96.9%	90.3%
Some College ²	46%	47%	60%
Unemployment ²	4.60%	6.21%	5.00%
Children in Poverty ²	37%	36%	24%
Person in Poverty ¹	27.80%	25.63%	18.50%
Income Inequality ²	5.20	5.19	5.10
Children in Single-Parent Households ²	22%	32%	35%
Social Associations ²	5.70	9.34	10.70
Violent Crime, rate ²	44	73.8	215.0
Injury Deaths, rate ²	100	103.9	88.0
Air Pollution-Particulate Matter ²	9.80	9.64	10.00
Drinking Water Violations ²	Yes	Yes	Yes
Severe Housing Problems ²	11%	14%	14%
Driving Alone to Work ²	82%	83%	82%
Long Commute-Driving Alone ²	42%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ²County Health Ranking, 2018.

CASEY COUNTY SCHOOL DISTRICT ENROLLMENT

Jones Park Elementary (K-6)	351	Casey Middle (7-8)	344
Liberty Elementary (K-6)	381	Casey High (9-12)	658
Walnut Hill Elementary (K-6)	510	TOTAL ENROLLMENT	2,244

Source: Kentucky Department of Education, May 16, 2018

CASEY COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in February 2018. There were 426 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

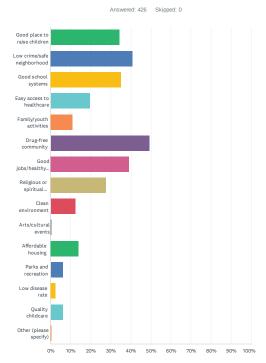
Answers Top Three	% of Respondents
Drug-free community	49.30%
Low crime/safe neighborhood	40.85%
Good jobs/healthy economy	39.20%

What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Elderly	29.93%
Low-income families	28.50%
Middle Class	8.70%



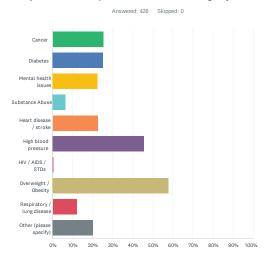
Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community) Check THREE:



1/25

Casey County Community Health Survey

Q2 Select the top THREE health challenges you face



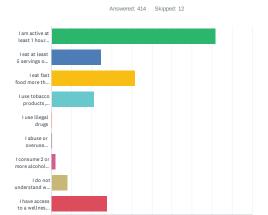
ANSWER CHOICES	RESPONSES	
Good place to raise children	34.27%	146
Low crime/safe neighborhood	40.85%	174
Good school systems	35.21%	150
Easy access to healthcare	19.72%	84
Family/youth activities	11.03%	47
Drug-free community	49.30%	210
Good jobs/healthy economy	39.20%	167
Religious or spiritual values	27.70%	118
Clean environment	12.44%	53
Arts/cultural events	0.70%	3
Affordable housing	14.08%	60
Parks and recreation	6.10%	26
Low disease rate	2.58%	11
Quality childcare	6.10%	26
Other (please specify)	0.70%	3
Total Respondents: 426		

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Casey County Community Health Survey

ANSWER CHOICES	RESPONSES	
Cancer	25.35%	108
Diabetes	25.12%	107
Mental health issues	22.30%	95
Substance Abuse	6.57%	28
Heart disease / stroke	22.54%	96
High blood pressure	45.54%	194
HIV / AIDS / STDs	0.70%	3
Overweight / Obesity	57.75%	246
Respiratory / lung disease	12.21%	52
Other (please specify)	20.19%	86
Total Respondents: 426		

Q3 Choose all statements that apply to you

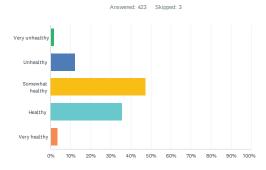


ANSWER CHOICES	RESPON	SES
I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work)	81.64%	338
I eat at least 5 servings of fruit and vegetables each day	24.64%	102
I eat fast food more than two times per week	41.55%	172
I use tobacco products, cigarettes, dip, chew, etc.	21.01%	87
I use illegal drugs	0.24%	1
I abuse or overuse prescription drugs	0.24%	1
I consume 2 or more alcoholic drinks per day	2.17%	9
I do not understand when health care providers speak to me using medical terms	7.97%	33
I have access to a wellness program through my employer	27.78%	115
Total Respondents: 414		

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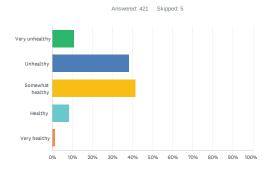
Casey County Community Health Survey

Q5 How would you rate your own personal health?



ANSWER CHOICES	RESPONSES	
Very unhealthy	1.65%	7
Unhealthy	12.06%	51
Somewhat healthy	47.28%	200
Healthy	35.70%	151
Very healthy	3.31%	14
TOTAL		423

Q4 How would you rate Casey County as a "Healthy Community?"

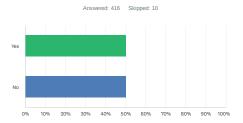


ANSWER CHOICES	RESPONSES	
Very unhealthy	10.93%	46
Unhealthy	38.24%	161
Somewhat healthy	41.33%	174
Healthy	8.31%	35
Very healthy	1.19%	5
TOTAL		421
TOTAL		421

6/25

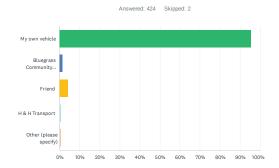
Casey County Community Health Survey

Q6 Are you satisfied with the healthcare system in your county?



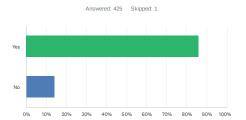
ANSWER CHOICES	RESPONSES	
Yes	50.00%	208
No	50.00%	208
TOTAL		416

Q7 Which of the following forms of transportation do you use?



ANSWER CHOICES	RESPONSES
My own vehicle	95.52% 405
Bluegrass Community Action	1.42% 6
Friend	4.25% 18
H & H Transport	0.47% 2
Other (please specify)	0.47% 2
Total Respondents: 424	

Q8 Are you able to visit a doctor when needed?

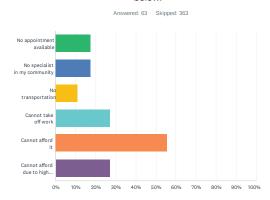


ANSWER CHOICES	RESPONSES	
Yes	85.88%	365
No	14.12%	60
TOTAL		425

9 / 25

Casey County Community Health Survey

Q9 If you answered "No" to number 8, please choose ALL reasons why below.



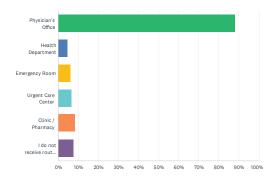
ANSWER CHOICES	RESPONSES	
No appointment available	17.46%	11
No specialist in my community	17.46%	11
No transportation	11.11%	7
Cannot take off work	26.98%	17
Cannot afford it	55.56%	35
Cannot afford due to high deductible	26.98%	17
Total Respondents: 63		

10 / 25

Casey County Community Health Survey

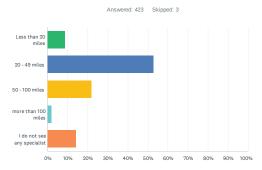
Q10 Where do you go for healthcare?

Answered: 424 Skipped: 2



ANSWER CHOICES	RESPONSES	
Physician's Office	87.97%	373
Health Department	4.72%	20
Emergency Room	5.90%	25
Urgent Care Center	6.60%	28
Clinic / Pharmacy	8.25%	35
I do not receive routine healthcare	7.55%	32
Total Respondents: 424		

Q11 How far do you travel to see a specialist?

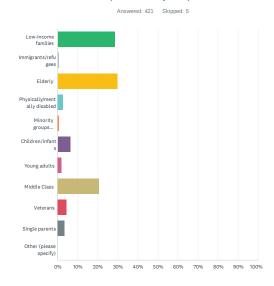


ANSWER CHOICES	RESPONSES	
Less than 20 miles	8.75%	37
20 - 49 miles	52.96%	224
50 - 100 miles	21.99%	93
more than 100 miles	2.13%	9
I do not see any specialist	14.18%	60
TOTAL	4	423

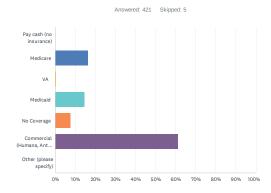
13 / 25

Casey County Community Health Survey

Q13 What group needs the most help with access to health care? (Choose only one)



Q12 What type of healthcare insurance coverage do you have?



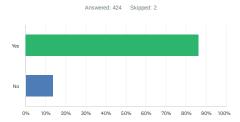
ANSWER CHOICES	RESPONSES	
Pay cash (no insurance)	0.00%	0
Medicare	16.15%	68
VA	0.48%	2
Medicaid	14.49%	61
No Coverage	7.60%	32
Commercial (Humana, Anthem Blue Cross)	61.28%	258
Other (please specify)	0.00%	0
TOTAL		421

14 / 25

Casey County Community Health Survey

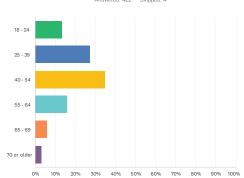
ANSWER CHOICES	RESPONSES	
Low-income families	28.50%	120
Immigrants/refugees	0.48%	2
Elderly	29.93%	126
Physically/mentally disabled	2.85%	12
Minority groups (Hispanic, African Americans)	0.95%	4
Children/infants	6.41%	27
Young adults	2.14%	9
Middle Class	20.67%	87
Veterans	4.51%	19
Single parents	3.56%	15
Other (please specify)	0.00%	0
TOTAL		421

Q14 Would you be in favor of a smoke free ordinance for your community (no smoking in indoor public places?)



ANSWER CHOICES	RESPONSES	
Yes	86.32%	366
No	13.68%	58
TOTAL		424

Q15 Age Answered: 422 Skipped: 4



ANSWER CHOICES	RESPONSES	
18 - 24	13.27%	56
25 - 39	27.25%	115
40 - 54	34.83%	147
55 - 64	15.88%	67
65 - 69	5.69%	24
70 or older	3.08%	13
TOTAL		422

17 / 25

Casey County Community Health Survey

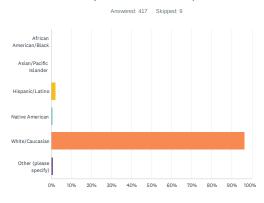


ANSWER CHOICES	RESPONSES	
Male	19.32%	80
Female	80.68%	334
TOTAL		414

18 / 25

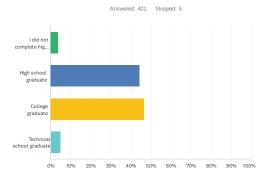
Casey County Community Health Survey

Q17 Race/Ethnic Group



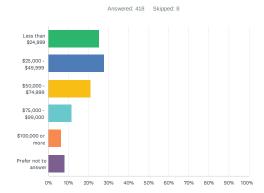
ANSWER CHOICES	RESPONSES	
African American/Black	0.00%	0
Asian/Pacific Islander	0.00%	0
Hispanic/Latino	2.16%	9
Native American	0.72%	3
White/Caucasian	96.16%	401
Other (please specify)	0.96%	4
TOTAL		417

Q18 Highest level of education you completed?



ANSWER CHOICES	RESPONSES	
I did not complete high school	3.80%	16
High school graduate	44.42%	187
College graduate	46.79%	197
Technical school graduate	4.99%	21
TOTAL	4	421

Q19 Household Income

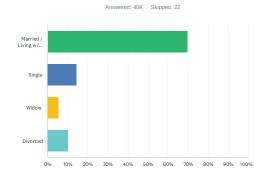


ANSWER CHOICES	RESPONSES	
Less than \$24,999	25.12%	105
\$25,000 - \$49,999	27.75%	116
\$50,000 - \$74,999	21.05%	88
\$75,000 - \$99,000	11.48%	48
\$100,000 or more	6.46%	27
Prefer not to answer	8.13%	34
TOTAL		418

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Casey County Community Health Survey

Q20 Marital Status



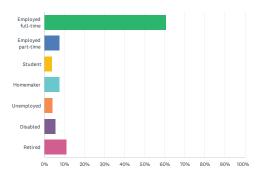
ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	69.80%	282
Single	14.60%	59
Widow	5.45%	22
Divorced	10.15%	41
TOTAL		404

22 / 25

Casey County Community Health Survey

Q21 What is your current employment status?

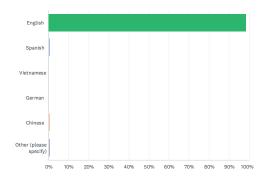
Answered: 415 Skipped: 11



ANSWER CHOICES	RESPONSES	
Employed full-time	60.48%	251
Employed part-time	7.47%	31
Student	3.86%	16
Homemaker	7.47%	31
Unemployed	4.10%	17
Disabled	5.54%	23
Retired	11.08%	46
TOTAL		415

Q22 Primary language

Answered: 416 Skipped: 10



ANSWER CHOICES	RESPONSES	
English	98.56%	410
Spanish	0.48%	2
Vietnamese	0.00%	0
German	0.00%	0
Chinese	0.48%	2
Other (please specify)	0.48%	2
TOTAL		416

25 / 25

Clinton County is made up of 474 square miles and is located in southern Kentucky on the Tennessee State Line. Albany is the County seat. Clinton County is a farming community with a few industries scattered throughout the county. Lake Cumberland and Dale Hollow Lake surrounds portions of Clinton County. There are two main transportation routes (Highway 127 and Highway 90) that run through Clinton County.





People

The population is 10,276, with a median age of 40.9, and is 95% White, 2.90% Hispanic/Latino, and .60% Black. 4.3% of the people in Clinton County speak a non-English language. 19% of the population is 65 or older and 28.8% of the population is under the age of 18.



Homes

The median household income is \$43,112. The median property value is \$66,100 and the homeownership rate is 72%. 31% of the children are living in single parent homes. 37% of the children are living in poverty.



Jobs

The most common employment sectors are Manufacturing, Healthcare & Social Assistance and Retail Sales. 85% of Clinton County's population drives alone to work and 18% drives further than 30 minutes.



Health

The Medical Center at Albany is a 42 bed hospital that serves as a Critical Care Hospital. It is a general medical and surgery center. Health care provider ratios are: Primary Care Physicians 2,540:1; Dentist 5,090:1, and Mental Health Provider 540:1. 9% of the people the under age of 65 are uninsured. Clinton County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.







MEDIAN HOUSEHOLD INCOME

\$31,123

District \$33,268 KY \$46,535



POPULATION

10,276

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

25%

District 24% KY 24%



ADULT OBESITY

35%

District 36% KY 34%



PHYSICAL INACTIVITY

34%

District 34% KY 28%



CHILD w/SINGLE PARENT

31%

District 32% KY 35%



TEEN BIRTH RATE

54

District 52 KY 38



CHILD/PERSONS POVERTY

37%/25%

District 36%/26% KY 24%/19%

Clinton County Health Coalition:

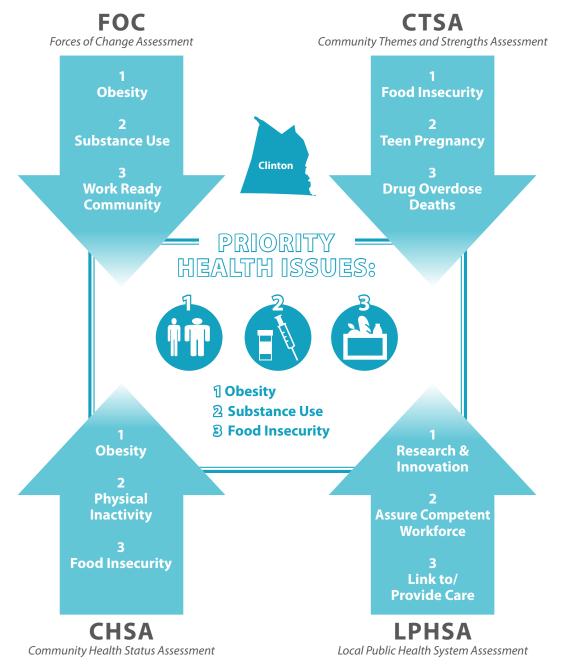
Improving the overall health and quality of life of the Clinton County population by teaching individual's responsibility, providing education, wellness opportunities, and allocating resources throughout the community.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Clinton County Health Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Clinton County residents.





Clinton County Health Department 131 Foothills Avenue Albany, KY 42602 p (606) 387-5711 • f (606) 387-7212 www.LCDHD.org





CLINTON COUNTY: RESOURCES OR ASSETS INVENTORY

Clinton County Health Coalition

The priority health issues selected are Obesity, Substance Abuse and Food Insecurity. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Clinton County residents.

Obesity

- Mountain View Park walking trail, basketball goals, play equipment
- Clinton County Public Library health and wellness focused classes, walking club
- Clinton County Schools-Family Resource Center exercise programs
- Clinton County Cooperative Extension Service health and wellness focused classes
- Twin Lakes Family Wellness Center exercise equipment, exercise classes, swimming
- Clinton County Senior Center fitness program for elderly
- Medical Center of Albany health Care
- Clearfork Baptist Church walking trail
- Albany Elementary School walking trail for students
- Health Department WIC, nutrition education

Substance Abuse

- ADANTA programs counseling, prevention, treatment
- Clinton County ASAP programs prevention and treatment, raise awareness,
- Health Department Freedom From Smoking classes
- Clinton County Resource Directory various treatment options
- AA and NA Substance Use Support programs
- Community Based Interventions counseling, prevention, treatment
- Passages of Kentucky drug treatment (outpatient)

Food Insecurity

- Farmers Market local produce
- Days of Grace Food Pantry food pantry (free food weekly)
- Home Health Agencies elderly meal support
- Migrant Program provide food
- Ministerial Program food Pantry and help with food when needed
- LCCA emergency food when needed



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Clinton	District	Kentucky	USA
Population, 2017 Estimate ¹	10,276	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	0.10%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	6.20%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	22.60%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017)1	19.00%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	50.60%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	49.40%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	97.10%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	0.60%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.20%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.40%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	2.90%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017)1	95.00%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	560	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	5,302	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	72.00%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-161	\$824	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$255	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$534	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.59	2.00	2.49	2.63
Median Household Income ¹	\$31,123	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$66,100	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018



Community Health Assessment DATA

HEALTH FACTORS

	Clinton	District	Kentucky	USA
Premature Death ²	11,900	10,330	9,000	-
Poor or Fair Health ²	23%	25%	21%	-
Poor Physical Health Days ²	5	5.24	4.80	-
Poor Mental Health Days ²	4.6	4.74	4.80	-
Low Birthweight ²	10%	9%	9%	-
Adult Smoking ²	25%	24%	24%	-
Adult Obesity ²	35%	36%	34%	-
Diabetes Prevalence ²	15%	15%	13%	-
Teen Birth Rate ²	54	52	38	-
Food Environment Index ²	7.8	7.29	7.00%	-
Food Insecurity ²	17%	17%	16%	-
Physical Inactivity ²	34%	34%	28%	-
Access to Exercise Opportunities ²	41%	58%	72%	-
Excessive Drinking ²	13%	13%	16%	-
Alcohol Impaired Driving Deaths ²	27%	32%	28%	-
Uninsured ²	9%	8%	7%	-
Primary Care Physicians ²	2,540:1	3,817:1	1,510:1	-
Dentists ²	5,090:1	5,347:1	1,560:1	-
Mental Health Providers ²	570:1	-	520:1	-
Other Primary Care Providers ²	2,035:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	161	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	18	624	19,960	-
Drug Arrest Rate⁴	1,898	1,868	1,707	-
Motor Vehicle Death Rate ⁵	26.6	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	153.7	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	50*	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) 7	108	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	112	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Clinton	District	Kentucky
High School Graduation ²	96.7%	96.9%	90.3%
Some College ²	42%	47%	60%
Unemployment ²	7.30%	6.21%	5.00%
Children in Poverty ²	37%	36%	24%
Person in Poverty ¹	25.30%	25.63%	18.50%
Income Inequality ²	4.5	5.19	5.10
Children in Single-Parent Households ²	31%	32%	35%
Social Associations ²	7.9	9.34	10.70
Violent Crime, rate ²	24	73.8	215.0
Injury Deaths, rate ²	132	103.9	88.0
Air Pollution-Particulate Matter ²	9.4	9.64	10.00
Drinking Water Violations ²	No	Yes	Yes
Severe Housing Problems ²	13%	14%	14%
Driving Alone to Work ²	85%	83%	82%
Long Commute-Driving Alone ²	18%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018

CLINTON COUNTY SCHOOL DISTRICT ENROLLMENT

Early Childhood Center (PS-K)	138	Clinton High (9-12)	504
Albany Elementary (1-5)	549	TOTAL ENROLLMENT	1,664
Clinton Middle (6-8)	473		

Source: Kentucky Department of Education, May 16, 2018

CLINTON COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in March 2018. There were 447 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

Answers Top Three	% of Respondents
Low crime/safe neighborhood	52.50%
Good school system	51.05%
Good place to raise children	49.32%

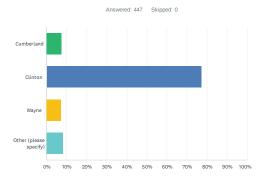
What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Low-income families	34.41%
Elderly	30.95%
Young Adults	11.78%



²County Health Ranking, 2018.

Q1 What County do you live in?



ANSWER CHOICES	RESPONSES	
Cumberland	7.38%	33
Clinton	77.18%	345
Wayne	7.16%	32
Other (please specify)	8.28%	37
TOTAL		447

Q2 What county do you work in? Answered: 447 Skipped: 0

Clinton

Cumberland

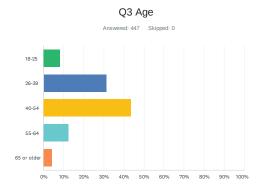
Wayne

Other (please specify)

ANSWER CHOICES	RESPONSES	
Clinton	96.64%	432
Cumberland	0.22%	1
Wayne	0.22%	1
Other (please specify)	2.91%	13
TOTAL		447

1/32

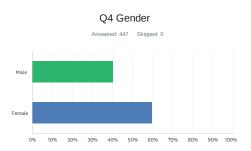
Clinton County Community Health Assessment



ANSWER CHOICES	RESPONSES	
18-25	8.28%	37
26-39	31.32%	140
40-54	43.62%	195
55-64	12.53%	56
65 or older	4.25%	19
TOTAL		447

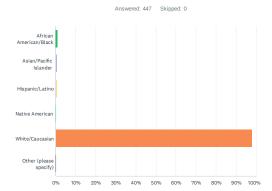
2/32

Clinton County Community Health Assessment



ANSWER CHOICES	RESPONSES	
Male	40.27%	180
Female	59.73%	267
TOTAL		447

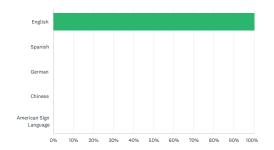
Q5 Ethnic Group



ANSWER CHOICES	RESPONSES	
African American/Black	1.12%	5
Asian/Pacific Islander	0.45%	2
Hispanic/Latino	0.45%	2
Native American	0.22%	1
White/Caucasian	97.76%	437
Other (please specify)	0.22%	1
Total Respondents: 447		

Q6 Language you use to communicate at home

Answered: 447 Skipped: 0

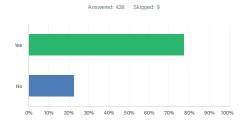


ANSWER CHOICES	RESPONSES	
English	100.00%	447
Spanish	0.00%	0
German	0.00%	0
Chinese	0.00%	0
American Sign Language	0.00%	0
Total Respondents: 447		

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Clinton County Community Health Assessment

Q7 Are you satisfied with the quality of life in Clinton County?

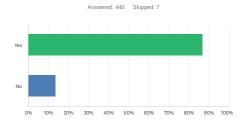


ANSWER CHOICES	RESPONSES	
Yes	77.40%	339
No	22.60%	99
TOTAL		438

6 / 32

Clinton County Community Health Assessment

Q8 Is Clinton County a good place to raise children?



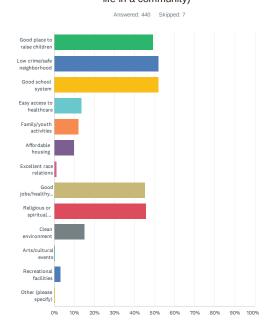
ANSWER CHOICES	RESPONSES	
Yes	86.82%	382
No	13.41%	59
Total Respondents: 440		

Q9 Is Clinton County a good community to grow old?



ANSWER CHOICES	RESPONSES	
Yes	85.23%	375
No	14.77%	65
TOTAL		440

Q10 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)



9 / 32

Clinton County Community Health Assessment

ANSWER CHOICES	RESPONSES	
Good place to raise children	49.32%	217
Low crime/safe neighborhood	52.05%	229
Good school system	52.05%	229
Easy access to healthcare	13.41%	59
Family/youth activities	12.05%	53
Affordable housing	9.77%	43
Excellent race relations	1.14%	5
Good jobs/healthy economy	45.23%	199
Religious or spiritual values	45.68%	201
Clean environment	15.23%	67
Arts/cultural events	0.45%	2
Recreational facilities	3.18%	14
Other (please specify)	0.45%	2
Total Respondents: 440		

10 / 32

Clinton County Community Health Assessment

Q11 What do you think are the THREE most important "health problems" in Clinton County?

Aging problems
(e.g...

Cancers

High blood
pressure

Alcohol/drugs

Rape/sexual
assault
assault
Tobacco Use

Dental problems

Diabetes

Environmental
issues

HIV/AIDS

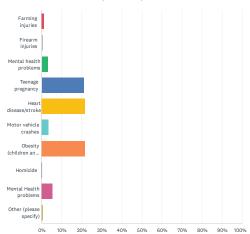
Homicide

Infant death

Respiratory/tun
g disease
Sexualty
Transmitted...

Domestic
Violence
Infectious
diseases
Suicide

Clinton County Community Health Assessment

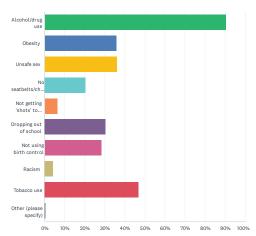


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Clinton County Community Health Assessment

Q12 What are the THREE most "risky behaviors" in Clinton County?

Answered: 440 Skipped: 7



Clinton County Community Health Assessment

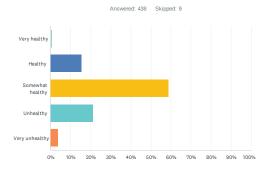
ANSWER CHOICES	RESPONSES	
Aging problems (e.g. arthritis, hearing/vision loss, etc.)	7.50%	33
Cancers	75.68%	333
High blood pressure	9.55%	42
Alcohol/drugs	67.50%	297
Rape/sexual assault	0.45%	2
Child abuse/neglect	10.68%	47
Tobacco Use	20.68%	91
Dental problems	2.50%	11
Diabetes	10.68%	47
Environmental issues	2.05%	9
HIV/AIDS	0.68%	3
Homicide	0.45%	2
Infant death	0.23%	1
Respiratory/lung disease	3.41%	15
Sexually Transmitted Diseases/Infections (STD's or STI's)	2.27%	10
Domestic Violence	2.73%	12
Infectious diseases	1.36%	6
Suicide	1.59%	7
Farming injuries	1.36%	6
Firearm injuries	0.45%	2
Mental health problems	3.18%	14
Teenage pregnancy	21.14%	93
Heart disease/stroke	21.82%	96
Motor vehicle crashes	3.64%	16
Obesity (children and adults)	21.82%	96
Homicide	0.23%	1
Mental Health problems	5.45%	24
Other (please specify)	0.91%	4
Total Respondents: 440		

14/32

Clinton County Community Health Assessment

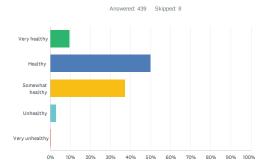
ANSWER CHOICES	RESPONSES	
Alcohol/drug use	90.45%	398
Obesity	35.91%	158
Unsafe sex	36.14%	159
No seatbelts/child safety seats	20.45%	90
Not getting 'shots' to prevent disease	6.36%	28
Dropping out of school	30.45%	134
Not using birth control	28.41%	125
Racism	4.32%	19
Tobacco use	46.82%	206
Other (please specify)	0.68%	3
Total Respondents: 440		

Q13 How would you rate Clinton County as a "Healthy Community?"



0.46% 2
15.53% 68
58.90% 258
21.23% 93
3.88% 17
438

Q14 How would you rate your personal health?

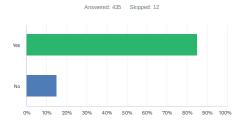


ANSWER CHOICES	RESPONSES	
Very healthy	9.57%	42
Healthy	49.89%	219
Somewhat healthy	37.36%	164
Unhealthy	2.73%	12
Very unhealthy	0.46%	2
TOTAL		439

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Clinton County Community Health Assessment

Q15 Have you seen a primary care doctor in the last 12 months?

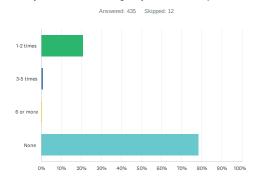


ANSWER CHOICES	RESPONSES	
Yes	85.06%	370
No	14.94%	65
TOTAL		435

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Clinton County Community Health Assessment

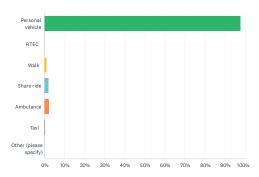
Q16 Have you used the Emergency Room in the past 12 months?



ANSWER CHOICES	RESPONSES
1-2 times	20.69% 90
3-5 times	0.92% 4
6 or more	0.23% 1
None	78.16% 340
TOTAL	435

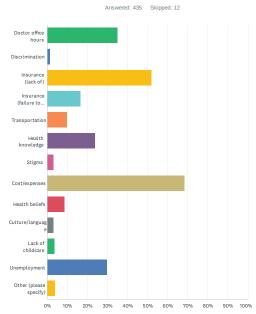
Q17 When you need health services, how do you get there? (Choose all that apply)

Answered: 435 Skipped: 12



ANSWER CHOICES	RESPONSES	
Personal vehicle	97.70%	425
RTEC	0.00%	0
Walk	1.15%	5
Share ride	2.07%	9
Ambulance	2.30%	10
Taxi	0.23%	1
Other (please specify)	0.00%	0
Total Respondents: 435		

Q18 Check the items below that you feel are a barrier to health care in Clinton County. (choose all that apply)



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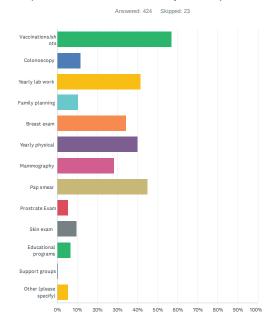
Clinton County Community Health Assessment

ANSWER CHOICES	RESPONSES	
Doctor office hours	34.94%	152
Discrimination	1.38%	6
Insurance (lack of)	51.72%	225
Insurance (failure to accept)	16.55%	72
Transportation	9.89%	43
Health knowledge	23.91%	104
Stigma	3.22%	14
Cost/expenses	68.51%	298
Health beliefs	8.51%	37
Culture/language	2.99%	13
Lack of childcare	3.68%	16
Unemployment	29.89%	130
Other (please specify)	3.91%	17
Total Respondents: 435		

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Clinton County Community Health Assessment

Q19 What preventative health services do you use? (choose all that apply)



97

23 / 32

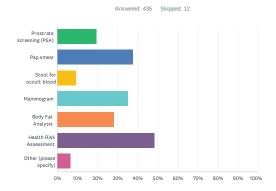
24 / 32

Clinton County Community Health Assessment

ANSWER CHOICES	RESPONSES	
Vaccinations/shots	56.84%	241
Colonoscopy	11.56%	49
Yearly lab work	41.51%	176
Family planning	10.14%	43
Breast exam	34.20%	145
Yearly physical	39.86%	169
Mammography	28.07%	119
Pap smear	45.05%	191
Prostrate Exam	5.42%	23
Skin exam	9.67%	41
Educational programs	6.60%	28
Support groups	0.47%	2
Other (please specify)	5.42%	23
Total Respondents: 424		

Clinton County Community Health Assessment

Q20 If the following screenings were available which ones would you be interested in doing? (choose all that apply)

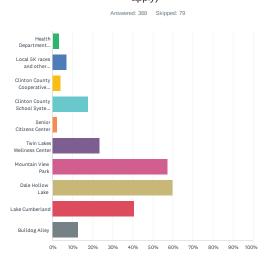


ANSWER CHOICES	RESPONSES	
Prostrate screening (PSA)	19.54%	85
Pap smear	37.70%	164
Stool for occult blood	9.43%	41
Mammogram	35.17%	153
Body Fat Analysis	28.05%	122
Health Risk Assessment	48.51%	211
Other (please specify)	6.67%	29
Total Respondents: 435		

25 / 32

Clinton County Community Health Assessment

Q21 Which of the following do you use for recreation? (choose all that apply)



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Clinton County Community Health Assessment

ANSWER CHOICES	RESPONSES	
Health Department classes	3.26%	12
Local 5K races and other competitive events	7.07%	26
Clinton County Cooperative Extension Service classes	4.08%	15
Clinton County School System Programs	17.66%	65
Senior Citizens Center	2.45%	9
Twin Lakes Wellness Center	23.37%	86
Mountain View Park	57.34%	211
Dale Hollow Lake	59.78%	220
Lake Cumberland	40.76%	150
Bulldog Alley	12.77%	47
Total Respondents: 368		

98 27/32 28/32

Clinton County Community Health Assessment

ANSWER CHOICES

More exercise options

Nutrition education

More dentist

TOTAL

Other (please specify)

Access to healthy foods

More primary care doctors

Mental /emotional health care access

More specialized doctors (e.g. oncologist, dermatologist, gynecologist, etc)

RESPONSES

69

17 47

48

35

57

87

17

15

431

16.01%

3.94%

10.90%

8.12%

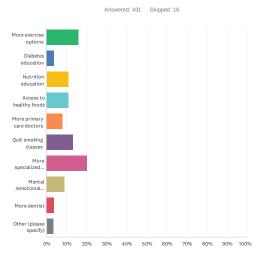
13.23%

20.19%

3.94%

3.48%

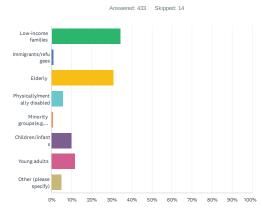
Q22 In your opinion, what is the best way to address the health needs of people in Clinton County?(choose all that apply)



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Clinton County Community Health Assessment

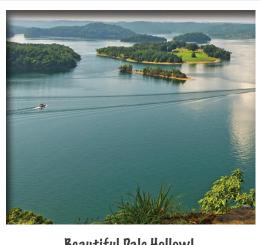
Q23 What group needs the most help with access to health care in Clinton County? (Choose one only)



ANSWER CHOICES	RESPONSES	
Low-income families	34.41%	149
Immigrants/refugees	1.15%	5
Elderly	30.95%	134
Physically/mentally disabled	5.77%	25
Minority groups(e.g. African American, Hispanic, etc)	0.92%	4
Children/infants	9.93%	43
Young adults	11.78%	51
Other (please specify)	5.08%	22
TOTAL		433

30 / 32

Cumberland County is located in southern Kentucky on the Tennessee state line. Burkesville is the county seat. Cumberland County has a population of 6,706 which has dropped 2.2% since 2010. Cumberland County is home to Dale Hollow Lake State Park, which is known for its beautiful lake and 18-hole hilly terrain golf course, breathtaking landscapes, unimaginable fishing experiences, camping, and most importantly, welcoming and neighborly folks.







People

The population of Cumberland County is 95% White, 2.80% Black, and 1.30% Hispanic/Latino. The population median age is 45.2. 21.4% of the population is 65 or older and 28% of the population is under the age of 18.



Homes

The median household income is \$35,449. The median property value is \$82,100 and the homeownership rate is 72%. 37% of the children are living in single parent homes. 38% of the children are living in poverty.



Jobs

The most common employment sectors are Production, Administrative, and Manufacturing. 85% of Cumberland County's population drives alone to work and 28% drives further than 30 minutes.



Health

Cumberland County Hospital is a 25-bed hospital that serves as a Critical Access Hospital (CAH). Health care provider ratios are: Primary Care Physicians 1,690:1; Dentists 2,250:1 and Mental Health Providers 610:1. 8% of the people under 65 are uninsured. Cumberland County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.







MEDIAN HOUSEHOLD INCOME

\$35,449 **District \$33,268 KY \$46,535**





POPULATION

6,706

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

22%

District 24% KY 24%



ADULT OBESITY

34%

District 36% KY 34%



PHYSICAL INACTIVITY

38%

District 34% KY 28%



CHILDREN w/SINGLE PARENT TEEN BIRTH RATE

37%

District 32% KY 35%



45

District 52 **KY 38**



CHILD/PERSONS POVERTY

38%/25%

District 36%/26% KY 24%/19%

Cumberland County Health Coalition Vision Statement:

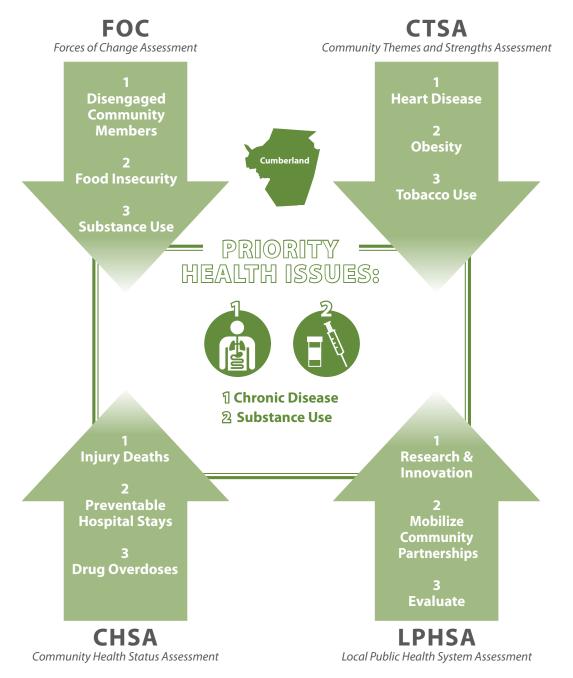
To enhance the physical, emotional, and spiritual health of all those who live, work and play in Cumberland County now and for generations to come.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Cumberland County Health Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Cumberland County residents.





Cumberland County Health Department

226 Copper Lane Burkesville, KY 42717 p (270) 864-2206 • f (270) 864-1232 www.LCDHD.org





CUMBERLAND COUNTY: RESOURCES OR ASSETS INVENTORY



Cumberland County Health Coalition

The priority health issues selected are Chronic Disease and Substance Use and Abuse. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Cumberland County residents.

Chronic Disease

- Tobacco Free School campus
- Veterans Center exercise facility
- Cumberland County Cooperative Extension Service
- (2) Farmers' Markets
- Cumberland County Health Department-Health Promotion and Policy, Wellness and Outreach, WIC
- Cumberland County Hospital
- Feed My Sheep Pantry
- The Mighty Cumberland River Run
- Southern KY Softball Tournament
- Mayor's goal of establishing a wellness center
- Dr. Joseph Schickel Veterans Memorial Park
- Hill Top Park
- Lake Cumberland Community Action Agency

- City of Burkesville walkability
- Dale Hollow Lake State Park
- Salem Park
- Marrowbone Park
- Dog House Gym
- Cumberland Family Medical

Substance Use and Abuse

- Tobacco Free School campus
- Cumberland County Agency for Substance Abuse Policy Board
- ADANTA
- ADANTA Regional Prevention Center
- Family Resource Youth Service Center
- Public forums
- Burkesville City Police
- Cumberland County EMS
- AA Meetings
- Celebrate Recovery Centerpoint Nazarene Church
- CBI- Community Based Interventions



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Cumberland	District	Kentucky	USA
Population, 2017 Estimate ¹	6,706	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	-2.20%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	6.30%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	21.70%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017) ¹	21.40%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	51.10%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	48.90%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	95.00%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	2.80%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.20%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.90%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	1.30%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	93.80%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	433	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	3,676	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	72.00%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-161	\$852	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$302	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$386	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.41	2.00	2.49	2.63
Median Household Income ¹	\$35,449	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$82,100	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018





Community Health Assessment DATA

HEALTH FACTORS

	Cumberland	District	Kentucky	USA
Premature Death ²	10,300	10,330	9,000	-
Poor or Fair Health ²	23%	25%	21%	-
Poor Physical Health Days ²	5	5.24	4.80	-
Poor Mental Health Days ²	4.6	4.74	4.80	-
ow Birthweight ²	8%	9%	9%	-
Adult Smoking²	22%	24%	24%	-
Adult Obesity²	34%	36%	34%	-
Diabetes Prevalence ²	15%	15%	13%	-
een Birth Rate²	45	52	38	-
ood Environment Index ²	7.6	7.29	7.00%	-
ood Insecurity ²	17%	17%	16%	-
Physical Inactivity ²	38%	34%	28%	-
Access to Exercise Opportunities ²	11%	58%	72%	-
excessive Drinking ²	13%	13%	16%	-
Alcohol Impaired Driving Deaths ²	80%	32%	28%	-
Jninsured ²	8%	8%	7%	-
Primary Care Physicians ²	1,690:1	3,817:1	1,510:1	-
Dentists ²	2,250:1	5,347:1	1,560:1	-
Mental Health Providers ²	610:1	-	520:1	-
Other Primary Care Providers ²	749:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	173	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	13	624	19,960	-
Drug Arrest Rate⁴	2,435	1,868	1,707	-
Aotor Vehicle Death Rate⁵	52.59	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	162.2	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	48*	54	50	40
ung Cancer (avg. 5-year cancer incidence rate) 7	107	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	ND	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Cumberland	District	Kentucky
High School Graduation ²	98.7%	96.9%	90.3%
Some College ²	57%	47%	60%
Unemployment ²	5.50%	6.21%	5.00%
Children in Poverty ²	38%	36%	24%
Person in Poverty ¹	25.30%	25.63%	18.50%
Income Inequality ²	5.3	5.19	5.10
Children in Single-Parent Households ²	37%	32%	35%
Social Associations ²	8.9	9.34	10.70
Violent Crime, rate ²	49	73.8	215.0
Injury Deaths, rate ²	124	103.9	88.0
Air Pollution-Particulate Matter ²	9.4	9.64	10.00
Drinking Water Violations ²	Yes	Yes	Yes
Severe Housing Problems ²	10%	14%	14%
Driving Alone to Work ²	85%	83%	82%
Long Commute-Driving Alone ²	28%	28%	29%

¹ Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ² County Health Ranking, 2018.

CUMBERLAND COUNTY SCHOOL DISTRICT ENROLLMENT

Cumberland Elementary (K-5)	448	Cumberland High (9-12)	274
Cumberland Middle (6-8)	199	TOTAL ENROLLMENT	921

Source: Kentucky Department of Education, May 16, 2018

CUMBERLAND COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in November 2018. There were 307 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

What do you think are the THREE groups the needs the most help with access to health care?

Answers Top Three	% of Respondents
Good place to raise children	57.00%
Low crime/safe neighborhood	49.51%
Good jobs/healthy economy	42.35%

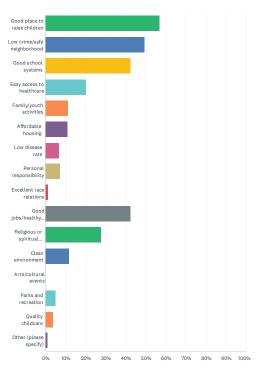
Top Three Answers	% of Respondents
Low-income families	36.36%
Elderly	23.23%
Young Adults	16.84%



Cumberland County Community Health Survey

Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

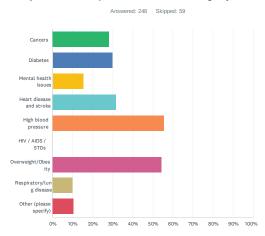




1/40

Cumberland County Community Health Survey

Q2 Select the top THREE health challenges you face



ANSWER CHOICES	RESPONSES	
Cancers	28.23%	70
Diabetes	29.84%	74
Mental health issues	15.32%	38
Heart disease and stroke	31.85%	79
High blood pressure	55.65% 1	.38
HIV / AIDS / STDs	0.00%	0
Overweight/Obesity	54.44% 1	.35
Respiratory/lung disease	10.08%	25
Other (please specify)	10.48%	26
Total Respondents: 248		

OTHER (PLEASE SPECIFY) DATE
1 Endocrine System disfunction 11/29/2018 3:00 PM

ANSWER CHOICES	RESPONSES	
Good place to raise children	57.00%	175
Low crime/safe neighborhood	49.51%	152
Good school systems	42.35%	130
Easy access to healthcare	20.20%	62
Family/youth activities	11.40%	35
Affordable housing	11.07%	34
Low disease rate	6.84%	21
Personal responsibility	7.17%	22
Excellent race relations	1.30%	4
Good jobs/healthy economy	42.35%	130
Religious or spiritual values	27.69%	85
Clean environment	11.73%	36
Arts/cultural events	0.00%	0
Parks and recreation	5.21%	16
Quality childcare	3.91%	12
Other (please specify)	0.98%	3
Total Respondents: 307		

#	OTHER (PLEASE SPECIFY)	DATE
1	Fix our bridges so we don't die if it comes down	11/29/2018 11:40 AM
2	trustworthy teachers & aides	11/2/2018 12:50 PM
3	Drug free community	10/11/2018 8:01 PM

2 / 40

Cumberland County Community Health Survey

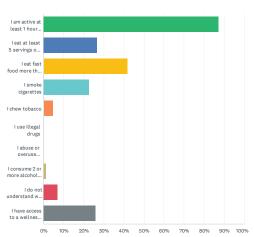
2	none	11/27/2018 2:08 PM
3	Asthma	11/27/2018 11:31 AM
4	lupus	11/7/2018 1:58 PM
5	Thyroid problems	11/7/2018 1:52 PM
6	ex wife	11/7/2018 11:11 AM
7	back pain	11/2/2018 2:52 PM
8	leg cramps	11/2/2018 12:46 PM
9	arthritis	11/2/2018 12:21 PM
10	auto-immune	11/2/2018 12:15 PM
11	stress	11/1/2018 4:00 PM
12	****	11/1/2018 1:22 PM
13	prediabetes	10/30/2018 11:19 AM
14	Autism	10/19/2018 1:58 PM
15	Pre-Diabetes	10/18/2018 11:01 AM
16	Cholesterol	10/13/2018 7:56 AM
17	High cholesterol	10/11/2018 8:01 PM
18	NA	10/11/2018 4:48 PM
19	None	10/11/2018 4:28 PM
20	allergies	10/11/2018 2:57 PM
21	out of shape, no energy	9/26/2018 12:23 PM
22	Thyroid disease (Hashimoto)	9/24/2018 11:16 AM
23	Neurology	9/24/2018 9:48 AM
24	Glaucoma	9/24/2018 9:30 AM
25	None of the above	9/24/2018 9:14 AM
26	I dont have any of these but my family has them	9/21/2018 10:05 AM

107

Cumberland County Community Health Survey

Q3 Choose all statements that apply to you

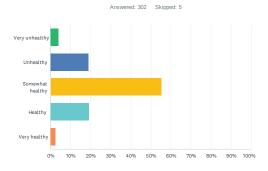
Answered: 299 Skipped: 8



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Cumberland County Community Health Survey

Q4 How would you rate Cumberland County as a "Healthy Community?"



ANSWER CHOICES	RESPONSES	
Very unhealthy	3.97%	12
Unhealthy	18.87%	57
Somewhat healthy	55.30%	167
Healthy	19.21%	58
Very healthy	2.65%	8
TOTAL		302

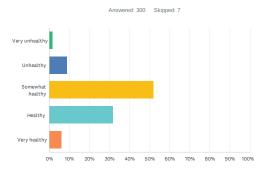
Cumberland County Community Health Survey

ANSWER CHOICES	RESPON	SES
I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work)	87.29%	261
I eat at least 5 servings of fruit and vegetables each day	26.76%	80
I eat fast food more than two times per week	41.81%	125
I smoke cigarettes	22.74%	68
I chew tobacco	4.68%	14
I use illegal drugs	0.00%	0
I abuse or overuse prescription drugs	0.00%	0
I consume 2 or more alcoholic drinks (if female) or 3 or more (if male) per day	1.34%	4
I do not understand when health care providers speak to me using medical terms	7.02%	21
I have access to a wellness program through my employer	26.09%	78
Total Respondents: 299		

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Cumberland County Community Health Survey

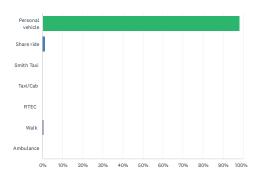
Q5 How would you rate your own personal health?



ANSWER CHOICES	RESPONSES	
Very unhealthy	1.67%	5
Unhealthy	8.67%	26
Somewhat healthy	52.00%	156
Healthy	31.67%	95
Very healthy	6.00%	18
TOTAL		300

Q6 What means do you use for transportation?

Answered: 297 Skipped: 10



ANSWER CHOICES	RESPONSES	
Personal vehicle	97.98%	291
Share ride	1.35%	4
Smith Taxi	0.00%	0
Taxi/Cab	0.00%	0
RTEC	0.00%	0
Walk	0.67%	2
Ambulance	0.00%	0
TOTAL		297

#	OTHER (PLEASE SPECIFY)	DATE
1	newspaper, facebook	11/1/2018 3:13 PM

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34	radio or newspaper	11/27/2018 2:45 PM
35	Internet	11/27/2018 2:43 PM
36	Radio	11/27/2018 2:40 PM
37	radio or newspaper school	11/27/2018 2:38 PM
38	word of mouth	11/27/2018 2:19 PM
39	facebook or flyer	11/27/2018 2:14 PM
40	Social Media	11/27/2018 2:08 PM
41	Newspaper and word of mouth, radio	11/27/2018 2:06 PM
42	Social Media/Word of Mouth	11/27/2018 2:01 PM
43	facebook	11/27/2018 1:58 PM
44	Social Media/Word of Mouth, newspaper	11/27/2018 1:55 PM
45	radio or newspaper	11/27/2018 1:51 PM
46	Social Media/Word of Mouth	11/27/2018 1:47 PM
47	Word of mouth	11/27/2018 12:34 PM
48	Social Media/Word of Mouth	11/27/2018 11:31 AM
49	Newspaper and word of mouth	11/27/2018 11:27 AM
50	radio or newspaper	11/20/2018 3:15 PM
51	Radio	11/20/2018 3:13 PM
52	Newspaper	11/20/2018 3:11 PM
53	radio or newspaper	11/20/2018 3:07 PM
54	Center	11/20/2018 3:04 PM
55	Radio	11/20/2018 2:47 PM
56	WKYK - Newspaper	11/20/2018 2:45 PM
57	Small town, we all know what goes on	11/20/2018 1:34 PM
58	co-workers	11/20/2018 1:32 PM
59	newsletters	11/20/2018 1:30 PM
60	online	11/20/2018 1:29 PM
61	Word of mouth	11/20/2018 1:12 PM
62	Newspaper	11/20/2018 1:09 PM
63	Facebook or word of mouth	11/20/2018 1:00 PM
64	Internet	11/20/2018 12:51 PM
65	internet	11/7/2018 2:01 PM
66	facebook, newspaper,radio	11/7/2018 2:00 PM
67	radio	11/7/2018 1:58 PM
68	bullitin board, radio, word of muth	11/7/2018 1:56 PM
69	word of mouth	11/7/2018 1:54 PM
70	radio, newspaper	11/7/2018 1:52 PM
71	word of mouth	11/7/2018 1:50 PM

Q7 How do you find out about community events, classes or programs?

Answered: 269 Skipped: 38

#	RESPONSES	DATE
1	Newspaper and word of mouth, radio	11/29/2018 3:00 PM
2	facebook	11/29/2018 2:57 PM
3	radio or newspaper	11/29/2018 1:34 PM
4	facebook	11/29/2018 1:33 PM
5	radio or newspaper	11/29/2018 1:31 PM
6	School	11/29/2018 1:29 PM
7	School	11/29/2018 12:07 PM
8	Social Media, School, newspaper, radio	11/29/2018 12:03 PM
9	Flier, newspaper	11/29/2018 11:58 AM
10	facebook	11/29/2018 11:55 AM
11	School reminders	11/29/2018 11:53 AM
12	My kids tell me	11/29/2018 11:51 AM
13	Internet	11/29/2018 11:44 AM
14	Social Media/Word of Mouth, newspaper	11/29/2018 11:42 AM
15	Radio and School notices	11/29/2018 11:40 AM
16	Newspaper	11/29/2018 11:38 AM
17	radio or newspaper	11/29/2018 11:37 AM
18	facebook	11/29/2018 9:27 AM
19	facebook	11/29/2018 9:24 AM
20	online, newspaper	11/29/2018 9:22 AM
21	online	11/29/2018 9:21 AM
22	I don't attend any	11/29/2018 9:19 AM
23	Radio	11/29/2018 8:41 AM
24	facebook,news paper, radio	11/27/2018 3:18 PM
25	Social Media	11/27/2018 3:15 PM
26	facebook	11/27/2018 3:11 PM
27	Social Media, newspaper	11/27/2018 3:07 PM
28	radio or newspaper	11/27/2018 3:03 PM
29	Newspaper and word of mouth, radio	11/27/2018 3:02 PM
30	facebook	11/27/2018 2:58 PM
31	Newspaper and word of mouth	11/27/2018 2:56 PM
32	Radio	11/27/2018 2:53 PM
33	facebook	11/27/2018 2:51 PM

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72	facebook	11/7/2018 1:49 PM
73	newspaper, facebook, word of mouth	11/7/2018 1:47 PM
74	newspaper, facebook	11/7/2018 1:45 PM
75	newspaper, radio, word of mouth	11/7/2018 1:43 PM
76	radio, newspaper	11/7/2018 1:41 PM
77	radio, facebook, newspaper, people	11/7/2018 1:39 PM
78	paper, facebook	11/7/2018 1:38 PM
79	school	11/7/2018 1:34 PM
80	friends, facebook, newspaper	11/7/2018 1:32 PM
81	newspaper, social media	11/7/2018 1:28 PM
82	newspaper	11/7/2018 11:39 AM
83	newspaper	11/7/2018 11:38 AM
84	radio	11/7/2018 11:36 AM
85	senior center	11/7/2018 11:34 AM
86	newspaper, radio	11/7/2018 11:32 AM
87	paper, word of mouth	11/7/2018 11:26 AM
88	radio, newspaper	11/7/2018 11:24 AM
89	facebook, newspaper	11/7/2018 11:22 AM
90	facebook	11/7/2018 11:18 AM
91	newspaper	11/7/2018 11:17 AM
92	radio	11/7/2018 11:14 AM
93	radio	11/7/2018 11:11 AM
94	radio	11/7/2018 11:05 AM
95	radio, paper	11/7/2018 11:02 AM
96	radio, newspaper	11/7/2018 11:00 AM
97	newspaper	11/7/2018 10:58 AM
98	email	11/7/2018 10:56 AM
99	newspaper	11/7/2018 10:55 AM
100	paper	11/7/2018 10:52 AM
101	FRYSC	11/7/2018 10:49 AM
102	internet	11/7/2018 10:45 AM
103	facebook, coworkers	11/7/2018 10:42 AM
104	radio	11/7/2018 10:38 AM
105	radio	11/7/2018 10:36 AM
106	facebook	11/7/2018 10:15 AM
107	Internet	11/2/2018 2:59 PM
108	I dont	11/2/2018 2:57 PM
109	newspaper, internet	11/2/2018 2:56 PM

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	The state of	441010040 0 54 54:
110	facebook	11/2/2018 2:54 PM
111	newspaper, facebook	11/2/2018 2:52 PM
112	facebook, paper, radio	11/2/2018 2:50 PM
113	paper, other parents	11/2/2018 2:49 PM
114	radio newspaper	11/2/2018 2:47 PM
115	internet	11/2/2018 2:43 PM
116	social media	11/2/2018 2:40 PM
117	school	11/2/2018 2:38 PM
118	i contact school	11/2/2018 2:35 PM
119	through the school	11/2/2018 2:23 PM
120	radio, newspaper	11/2/2018 2:21 PM
121	school note, web	11/2/2018 2:20 PM
122	online	11/2/2018 2:18 PM
123	facebook, radio	11/2/2018 2:16 PM
124	facebook	11/2/2018 2:14 PM
125	radio newspaper	11/2/2018 2:10 PM
126	newspaper facebook	11/2/2018 2:09 PM
127	facebook or school	11/2/2018 1:55 PM
128	news paper, school	11/2/2018 1:54 PM
129	newspaper or facebook	11/2/2018 1:52 PM
130	facebook	11/2/2018 1:51 PM
131	facebook	11/2/2018 1:49 PM
132	internet	11/2/2018 1:48 PM
133	school note, web	11/2/2018 1:46 PM
134	newspaper, radio	11/2/2018 1:44 PM
135	facebook, school	11/2/2018 1:42 PM
136	internet	11/2/2018 1:40 PM
137	radio	11/2/2018 1:39 PM
138	facebook and newspaper	11/2/2018 1:37 PM
139	facebook	11/2/2018 1:35 PM
140	facebook, newspapers	11/2/2018 1:31 PM
141	school letters, facebook	11/2/2018 1:29 PM
142	facebook, paper, school papers	11/2/2018 1:27 PM
143	newspaper	11/2/2018 1:24 PM
144	social media, radio newspaper	11/2/2018 1:22 PM
145	radio	11/2/2018 12:59 PM
	radio	11/2/2018 12:57 PM
146		

148	posters and flyers	11/2/2018 12:52 PM
149	school notes, social media	11/2/2018 12:50 PM
150	word of mouth	11/2/2018 12:48 PM
151	radio	11/2/2018 12:46 PM
152	notes	11/2/2018 12:44 PM
153	radio	11/2/2018 12:43 PM
154	radio, newspaper, facebook	11/2/2018 12:41 PM
155	social media	11/2/2018 12:37 PM
156	school, social media	11/2/2018 12:35 PM
157	school	11/2/2018 12:33 PM
158	thers	11/2/2018 12:33 PM
159	facebook	11/2/2018 12:30 PM
160	facebook	11/2/2018 12:28 PM 11/2/2018 12:26 PM
162	newspaper	11/2/2018 12:26 PM 11/2/2018 12:25 PM
	facebook	
163	radio newspaper	11/2/2018 12:22 PM
164	online and newspaper	11/2/2018 12:21 PM
165	internet	11/2/2018 12:18 PM
166	facebook, newspaper, radio, friends	11/2/2018 12:15 PM
167	school, social media	11/2/2018 12:13 PM
168	radio, newspaper, facebook	11/2/2018 11:54 AM
169	facebook	11/2/2018 11:08 AM
170	internet	11/2/2018 11:06 AM
171	newspaper	11/2/2018 10:58 AM
172	social media	11/2/2018 10:54 AM
173	facebook paper	11/2/2018 10:52 AM
174	newspaper	11/2/2018 10:50 AM
175	word of mouth	11/2/2018 10:39 AM
176	newspaper	11/2/2018 10:27 AM
177	online	11/2/2018 10:24 AM
178	facebook	11/2/2018 10:23 AM
179	internet	11/2/2018 10:21 AM
180	social media	11/2/2018 10:19 AM
181	social media	11/2/2018 10:15 AM
182	school, facebook	11/2/2018 10:11 AM
183	newspaper	11/2/2018 10:01 AM
184	facebook	11/2/2018 9:58 AM
185	facebook	11/1/2018 4:11 PM

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186	news paper, facebook	11/1/2018 4:04 PM
187	classes	11/1/2018 4:02 PM
188	word of mouth, media	11/1/2018 4:00 PM
189	social media, newspaper	11/1/2018 3:57 PM
190	my kids tell me	11/1/2018 3:17 PM
191	radio, newspaper	11/1/2018 3:15 PM
192	schools	11/1/2018 3:11 PM
193	newspaper	11/1/2018 2:52 PM
194	facebook	11/1/2018 2:43 PM
195	social media	11/1/2018 2:41 PM
196	facebook, others, parents	11/1/2018 1:22 PM
197	Online, Word of Mouth	10/31/2018 9:33 AM
198	Radio, Newspaper	10/31/2018 9:31 AM
199	Radio, Newspaper	10/31/2018 9:30 AM
200	Radio	10/31/2018 9:28 AM
201	Radio, web, word of mouth	10/31/2018 9:12 AM
202	Facebook	10/31/2018 9:10 AM
203	word of mouth	10/31/2018 9:09 AM
204	Friends, Newspaper	10/31/2018 9:08 AM
205	Dylan Wright tells me	10/31/2018 9:07 AM
206	newspaper	10/30/2018 11:28 AM
207	Radio	10/30/2018 11:24 AM
208	Radio	10/30/2018 11:23 AM
209	Newspaper	10/30/2018 11:22 AM
210	Facebook, newspaper	10/30/2018 11:20 AM
211	Newspaper	10/30/2018 11:19 AM
212	Newspaper	10/30/2018 11:18 AM
213	newspaper, word of mouth, internet	10/30/2018 11:16 AM
214	Facebook	10/19/2018 2:08 PM
215	Facebook	10/19/2018 1:58 PM
216	Radio	10/19/2018 10:37 AM
217	Social media	10/18/2018 11:07 AM
218	Social media	10/18/2018 11:06 AM
219	Newspaper	10/18/2018 11:05 AM
220	Facebook	10/18/2018 11:03 AM
221	Radio	10/18/2018 11:02 AM
222	newspaper, social media	10/18/2018 11:01 AM
223	Social Media	10/18/2018 9:13 AM

224	word of mouth, newspaper, radio, online	10/15/2018 1:01 PM
225	Facebook	10/14/2018 8:34 PM
226	Facebook	10/13/2018 7:56 AM
227	facebook, newpaper	10/12/2018 3:58 PM
228	news	10/12/2018 8:58 AM
229	Facebook	10/12/2018 6:54 AM
230	Newspaper	10/11/2018 10:49 PM
231	Usually word of mouth or the newspaper.	10/11/2018 9:55 PM
232	Newspaper, Facebook, word of mouth	10/11/2018 8:01 PM
233	Facebook, email	10/11/2018 4:48 PM
234	Newspaper, Radio Station	10/11/2018 4:28 PM
235	radio and word of mouth	10/11/2018 4:14 PM
236	Facebook, Extension Office	10/11/2018 3:47 PM
237	Newspaper and radio	10/11/2018 3:43 PM
238	email or word of mouth, newspaper	10/11/2018 3:40 PM
239	Schools or FRYSC	10/11/2018 3:38 PM
240	Social Media, Radio	10/11/2018 3:32 PM
241	newspaper, radio	10/11/2018 3:08 PM
242	Library	10/11/2018 3:07 PM
243	I don't	10/11/2018 3:07 PM
244	newpaper	10/11/2018 3:02 PM
245	Facebook and newspaper	10/11/2018 3:01 PM
246	Facebook	10/11/2018 3:00 PM
247	facebook	10/11/2018 2:52 PM
248	Word of mouth, but can't attend most because they are held during the day and I work.	10/11/2018 2:52 PM
249	Facebook, Twitter	10/11/2018 2:50 PM
250	Facebook, newspaper	10/11/2018 2:49 PM
251	Radio, newspaper, facebook	10/11/2018 2:49 PM
252	social media	10/11/2018 2:47 PM
253	newspaper	9/26/2018 12:23 PM
254	Facebook	9/24/2018 8:39 PM
255	Facebook	9/24/2018 7:32 PM
256	Newspaper	9/24/2018 6:22 PM
257	Facebook, newspaper, word of mouth	9/24/2018 11:16 AM
258	Online	9/24/2018 10:12 AM
259	Social media	9/24/2018 9:53 AM
260	Facebook	9/24/2018 9:51 AM
261	Facebook	9/24/2018 9:48 AM

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262	After the fact	9/24/2018 9:30 AM
263	radio and newspaper	9/24/2018 9:24 AM
264	News paper and radio	9/24/2018 9:19 AM
265	WKYR, Newspaper	9/24/2018 9:14 AM
266	Facebook, newspaper	9/24/2018 9:01 AM
267	social media; newspaper; radio;	9/21/2018 10:05 AM
268	I don't	9/20/2018 4:19 PM
269	Facebook	9/20/2018 10:40 AM

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34	stop smoking	11/20/2018 1:30 PM
35	Lose weight	11/20/2018 1:29 PM
36	weight control	11/20/2018 1:12 PM
37	Get more sleep	11/20/2018 1:09 PM
38	Quit Smoking	11/20/2018 1:00 PM
39	Motivation to exercise	11/20/2018 12:51 PM
40	Quit Smoking	11/19/2018 2:55 PM
41	doctors not nurse practicioners	11/14/2018 6:52 AM
42	exercise	11/7/2018 2:01 PM
43	stop drinking soda	11/7/2018 2:00 PM
44	weight	11/7/2018 1:58 PM
45	diet	11/7/2018 1:54 PM
46	stop smoking	11/7/2018 1:50 PM
47	weight	11/7/2018 1:49 PM
48	access to doctors for office visits	11/7/2018 1:47 PM
49	Insurance	11/7/2018 1:45 PM
50	more will power	11/7/2018 1:43 PM
51	weight loss	11/7/2018 1:38 PM
52	cheaper health ins	11/7/2018 11:32 AM
53	healthy diet	11/7/2018 11:24 AM
54	stress relief	11/7/2018 11:22 AM
55	dental care	11/7/2018 11:17 AM
56	quit smoking	11/7/2018 11:14 AM
57	more rest	11/7/2018 11:11 AM
58	diet	11/7/2018 11:02 AM
59	more exercise	11/7/2018 11:00 AM
60	dieting	11/7/2018 10:58 AM
61	diet	11/7/2018 10:55 AM
62	Flyers	11/7/2018 10:45 AM
63	wellness center	11/7/2018 10:42 AM
64	time	11/7/2018 10:38 AM
65	financial status	11/7/2018 10:36 AM
66	weight	11/7/2018 10:15 AM
67	Stop smoking	11/2/2018 2:59 PM
68	stop smoking	11/2/2018 2:57 PM
69	lower copays - deductibles	11/2/2018 2:54 PM
70	lose weight	11/2/2018 2:52 PM
71	stop smoking	11/2/2018 2:43 PM

Q8 Name ONE thing you need help with to improve your health?

Answered: 183 Skipped: 124

# RESPONSES 1 Reduce Stress, lower Blood Pressure 2 blood pressure 3 blood pressure 4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco 21 Lower costs	11/29/2018 3:00 PM 11/29/2018 1:29 PM 11/29/2018 1:29 PM 11/29/2018 12:07 PM 11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:40 AM 11/29/2018 11:47 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
2 blood pressure 3 blood pressure 4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 1:29 PM 11/29/2018 12:07 PM 11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:40 AM 11/29/2018 11:47 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM
3 blood pressure 4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 12:07 PM 11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:42 AM 11/29/2018 11:47 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM
4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:42 AM 11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:42 AM 11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11-44 AM 11/29/2018 11-42 AM 11/29/2018 11-40 AM 11/29/2018 11-37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:42 AM 11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 9:27 AM 11/29/2018 9:21 AM
11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 9:21 AM
12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	
13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	4410010040 0 40 444
14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 9:19 AM
15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:18 PM
16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:15 PM
17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:11 PM
18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:07 PM
19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:02 PM
20 quit chewing tobacco	11/27/2018 2:58 PM
***************************************	11/27/2018 2:56 PM
21 Lower costs	11/27/2018 2:51 PM
	11/27/2018 2:19 PM
22 consistent	11/27/2018 2:14 PM
23 free excerise program	11/27/2018 2:06 PM
24 more healthy places to eat in town	11/27/2018 2:01 PM
25 money	11/27/2018 1:58 PM
26 dermatologist	11/27/2018 1:51 PM
27 Community Center Thats is available for the elderly to exercise.	11/27/2018 12:34 PM
28 weight	11/27/2018 11:31 AM
29 Exercise and lose weight	11/27/2018 11:27 AM
30 diet	11/20/2018 3:07 PM
31 Overweight	11/20/2018 2:45 PM
32 Mental issues/ depression anxiety	11/20/2018 1:34 PM
33 eating better	

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	, , , , , , , , , , , , , , , , , , , ,	
72	more time	11/2/2018 2:40 PM
73	quit smoking	11/2/2018 2:35 PM
74	quitting smoking	11/2/2018 2:23 PM
75	getting fit	11/2/2018 2:21 PM
76	quit smoking	11/2/2018 2:12 PM
77	to stop smoking	11/2/2018 1:55 PM
78	Lose weight	11/2/2018 1:54 PM
79	my weight	11/2/2018 1:52 PM
80	less copays and deductibles	11/2/2018 1:51 PM
81	quitting smoking cigarettes	11/2/2018 1:39 PM
82	daycare w a gym	11/2/2018 1:35 PM
83	Diet	11/2/2018 1:29 PM
84	exercise	11/2/2018 1:27 PM
85	Food	11/2/2018 1:24 PM
86	discipline	11/2/2018 12:57 PM
87	word of mouth	11/2/2018 12:52 PM
88	stop smoking	11/2/2018 12:48 PM
89	insurance	11/2/2018 12:46 PM
90	stress management	11/2/2018 12:44 PM
91	cheaper healthcare	11/2/2018 12:41 PM
92	Getting to the doctor	11/2/2018 12:37 PM
93	changing eating habits	11/2/2018 12:35 PM
94	exercise	11/2/2018 12:32 PM
95	cheaper options	11/2/2018 12:30 PM
96	weight	11/2/2018 12:28 PM
97	better access to affordable healthy foods	11/2/2018 12:25 PM
98	access to food	11/2/2018 12:21 PM
99	more affordable insurance	11/2/2018 12:15 PM
100	exercise	11/2/2018 12:13 PM
101	cheaper healthcare	11/2/2018 11:54 AM
102	weight loss	11/2/2018 11:06 AM
103	quit smoking	11/2/2018 10:54 AM
104	eat healthier	11/2/2018 10:52 AM
105	lower bp	11/2/2018 10:27 AM
106	stop smoking	11/2/2018 10:23 AM
107	less stress	11/2/2018 10:19 AM
108	exercise	11/2/2018 10:15 AM
109	diet and remind app.	11/2/2018 10:11 AM

111

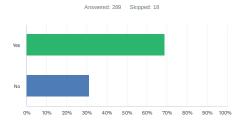
Cumberland County Community Health Survey

110	exercise	11/2/2018 10:01 AM
111	stop smoking	11/2/2018 9:58 AM
112	high blood pressure	11/1/2018 4:11 PM
113	cholesterol	11/1/2018 4:04 PM
114	eat healthier	11/1/2018 4:02 PM
115	healthier places to ear, more affordable healthy foods	11/1/2018 4:02 PM
116	Healthy places to eat	11/1/2018 3:15 PM
117	blood pressure	11/1/2018 3:13 PM
118	energy	11/1/2018 3:11 PM
119	more time for exercise	11/1/2018 2:43 PM
120	Quitting smoking	10/31/2018 9:33 AM
121	Supervised Diet	10/31/2018 9:31 AM
122	Access to better grocery stores	10/31/2018 9:30 AM
123	Quit Smoking	10/31/2018 9:28 AM
124	quit smoking	10/31/2018 9:12 AM
125	Quit smoking	10/31/2018 9:10 AM
126	smoking	10/31/2018 9:09 AM
127	Dental and vision	10/31/2018 9:08 AM
128	Sleep	10/31/2018 9:07 AM
129	cheaper insurance	10/30/2018 11:26 AM
130	Lower insurance rates	10/30/2018 11:24 AM
131	Weight	10/30/2018 11:22 AM
132	Quitting smoking	10/30/2018 11:20 AM
133	Food-natural or organic	10/30/2018 11:18 AM
134	meal planning	10/30/2018 11:16 AM
135	Better food choices in the local grocery stores	10/19/2018 2:08 PM
136	Weight, being able to afford healthy food	10/19/2018 1:58 PM
137	More time for fitness	10/19/2018 10:37 AM
138	Stop drinking coke/Pepsi	10/18/2018 11:07 AM
139	Quit tobacco products	10/18/2018 11:06 AM
140	Healthy diet	10/18/2018 11:05 AM
141	Stop tobacco products	10/18/2018 11:02 AM
142	affordable exercise areas	10/18/2018 11:01 AM
143	Exercise more	10/18/2018 9:13 AM
144	cheaper health care services	10/15/2018 1:01 PM
145	Diet.	10/14/2018 8:34 PM
146	Healthy food alternatives	10/13/2018 7:56 AM
147	better insurance	10/12/2018 3:58 PM

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Cumberland County Community Health Survey

Q9 Are you satisfied with the health care system in your county?



ANSWER CHOICES	RESPONSES	
Yes	68.86%	199
No	31.14%	90
TOTAL		289

Cumberland County Community Health Survey

148	less fast foods	10/12/2018 8:58 AM
149	Places to get healthy food on the go	10/12/2018 6:54 AM
150	More fruits and vegetables	10/11/2018 10:49 PM
151	Weight loss	10/11/2018 10:30 PM
152	Nutrition that is easy and affordable.	10/11/2018 9:55 PM
153	exercising regularly	10/11/2018 4:48 PM
154	Nothing	10/11/2018 4:28 PM
155	weight loss	10/11/2018 4:14 PM
156	Weight Management - Healthy Eating and Exercise	10/11/2018 3:47 PM
157	More information	10/11/2018 3:43 PM
158	weight loss and exercise	10/11/2018 3:32 PM
159	more exercise	10/11/2018 3:08 PM
160	Quit Smoking	10/11/2018 3:07 PM
161	Exercise	10/11/2018 3:07 PM
162	more affordable health foods	10/11/2018 3:02 PM
163	Organized exercise clubs	10/11/2018 3:01 PM
164	Cut carbs & portion size	10/11/2018 3:00 PM
165	Quit smoking	10/11/2018 2:52 PM
166	more time ;)	10/11/2018 2:50 PM
167	motivation	10/11/2018 2:49 PM
168	A personal elliptical	10/11/2018 2:47 PM
169	exercise equipment at home or office	9/26/2018 12:23 PM
170	Childcare	9/24/2018 8:39 PM
171	I don't know	9/24/2018 7:32 PM
172	Free gym access. Memberships are too high	9/24/2018 6:22 PM
173	Health Insurance	9/24/2018 11:16 AM
174	Weight losa	9/24/2018 10:12 AM
175	Self discipline	9/24/2018 9:53 AM
176	Exercise	9/24/2018 9:48 AM
177	Food prep	9/24/2018 9:30 AM
178	weight control program	9/24/2018 9:24 AM
179	Cheaper medicines	9/24/2018 9:19 AM
180	Personal responsibility/motivation	9/24/2018 9:14 AM
181	free exercise and nutrition programs provided by employer	9/24/2018 9:01 AM
182	Access to doctors.	9/20/2018 4:19 PM
183	Healthy Eating	9/20/2018 10:40 AM

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Cumberland County Community Health Survey

Q10 Where do you go for routine healthcare?

Answered: 299 Skipped: 8

Physician's Office

Health Department

Emergency Room

Urgent Care Center

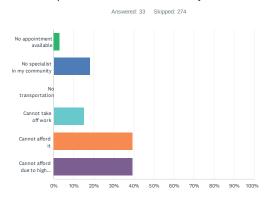
Clinic in a grocery or d...

I do not receive rout...

ANSWER CHOICES	RESPONSES	
Physician's Office	86.96%	260
Health Department	4.35%	13
Emergency Room	3.68%	11
Urgent Care Center	3.01%	9
Clinic in a grocery or drug store	1.00%	3
I do not receive routine healthcare	9.70%	29
Total Respondents: 299		

112 23/40 24/40

Q11 If you answered "I do not receive routine healthcare" to number 10, please choose ALL reasons why below.

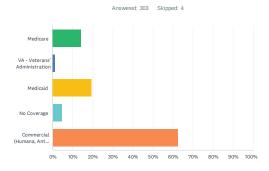


ANSWER CHOICES	RESPONSES	
No appointment available	3.03%	1
No specialist in my community	18.18%	6
No transportation	0.00%	0
Cannot take off work	15.15%	5
Cannot afford it	39.39%	13
Cannot afford due to high deductible	39.39%	13
Total Respondents: 33		

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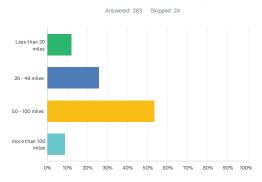
Cumberland County Community Health Survey

Q13 What type of healthcare coverage do you have?



ANSWE	R CHOICES	RESPONSES	
Medicare	e	14.19%	43
VA - Veterans' Administration		1.32%	4
Medicaid		19.47%	59
No Coverage		4.62%	14
Commercial (Humana, Anthem Blue Cross)		62.38%	189
Total Re	spondents: 303		
#	OTHER (PLEASE SPECIFY)	DATE	
	There are no responses.		

Q12 How far do you travel to see a specialist?

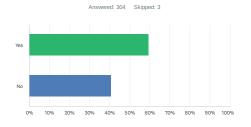


ANSWER CHOICES	RESPONSES	
Less than 20 miles	12.01%	34
20 - 49 miles	25.80%	73
50 - 100 miles	53.36%	151
more than 100 miles	8.83%	25
TOTAL		283

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Cumberland County Community Health Survey

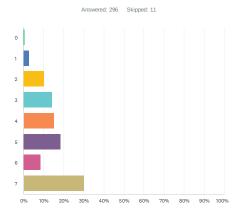
Q14 Do you use the Farmers Market for fresh fruits and vegetables?



ANSWER CHOICES	RESPONSES	
Yes	59.21%	180
No	40.79%	124
TOTAL		304

113 27/40 28/40

Q15 How many days a week do you eat fruits and vegetables?



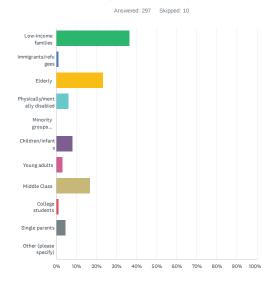
ANSWER CHOICES	RESPONSES	
0	0.68%	2
1	2.70%	8
2	10.14%	30
3	14.19%	42
4	15.20%	45
5	18.58%	55
6	8.45%	25
7	30.07%	89
TOTAL		296

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Cumberland County Community Health Survey

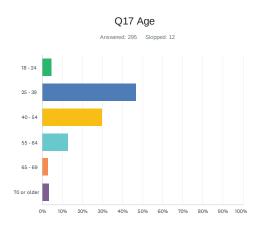
ANSWER C	HOICES	RESPO	NSES	
Low-income	families	36.36%		108
Immigrants/	refugees	1.01%		3
Elderly		23.23%		69
Physically/n	nentally disabled	6.06%		18
Minority gro	ups (Hispanic, African Americans)	0.00%		0
Children/infa	nts	8.08%		24
Young adults		3.03%		9
Middle Class		16.84%		50
College students		1.01%		3
Single parents		4.38%		13
Other (please specify)		0.00%		0
TOTAL				297
#	OTHER (DI EACE CRECITY)		DATE	
#	OTHER (PLEASE SPECIFY) There are no responses.		DATE	

Q16 What group needs the most help with access to health care? (Choose only one)



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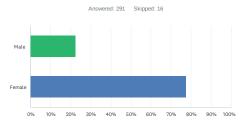
Cumberland County Community Health Survey



ANSWER CHOICES	RESPONSES
18 - 24	4.41% 13
25 - 39	46.78% 138
40 - 54	29.83% 88
55 - 64	12.88% 38
65 - 69	2.71% 8
70 or older	3.39% 10
TOTAL	295

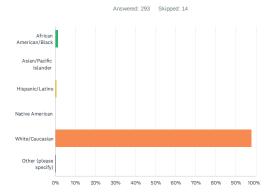
114 31/40 32/40

Q18 Gender



ANSWER CHOICES	RESPONSES	
Male	22.34%	65
Female	77.66%	226
TOTAL		291

Q19 Race/Ethnic Group:



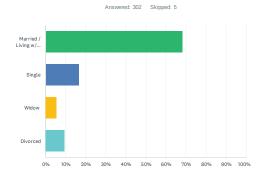
ANSWER CHOICES	RESPONSES	
African American/Black	1.37%	4
Asian/Pacific Islander	0.00%	0
Hispanic/Latino	0.68%	2
Native American	0.00%	0
White/Caucasian	97.61%	286
Other (please specify)	0.34%	1
TOTAL		293

#	OTHER (PLEASE SPECIFY)	DATE
1	all	10/12/2018 8:58 AM

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Cumberland County Community Health Survey

Q20 Marital Status

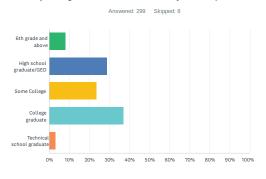


ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	68.21%	206
Single	16.56%	50
Widow	5.63%	17
Divorced	9.60%	29
TOTAL		302

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Cumberland County Community Health Survey

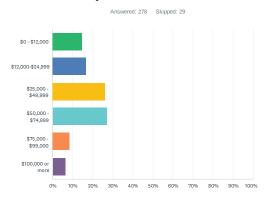
Q21 Highest level of education you completed?



ANSWER	CHOICES	RESPONSES	
6th grade and above		8.03%	24
High school	l graduate/GED	28.76%	86
Some Coll	ege	23.41%	70
College gra	duate	36.79%	110
Technical s	chool graduate	3.01%	9
TOTAL			299
#	OTHER (PLEASE SPECIFY)		DATE
	There are no responses.		

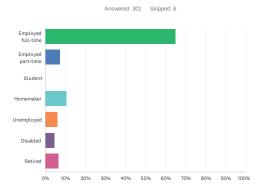
115 _{35/40} _{36/40}

Q22 Household Income



ANSWER CHOICES	RESPONSES	
\$0 - \$12,000	14.75%	41
\$12,000-\$24,999	16.91%	47
\$25,000 - \$49,999	26.26%	73
\$50,000 - \$74,999	26.98%	75
\$75,000 - \$99,000	8.63%	24
\$100,000 or more	6.47%	18
TOTAL		278

Q23 What is your current employment status?



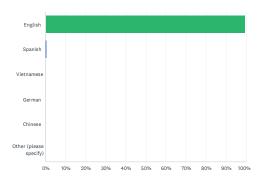
ANSWER CHOICES	RESPONSES	
Employed full-time	64.78%	195
Employed part-time	7.31%	22
Student	0.00%	0
Homemaker	10.63%	32
Unemployed	5.98%	18
Disabled	4.65%	14
Retired	6.64%	20
TOTAL		301

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Cumberland County Community Health Survey

Q24 Primary language

Answered: 300 Skipped: 7



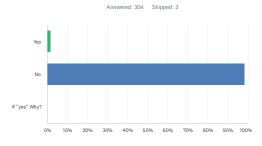
ANSWER	CHOICES	RESPONSES	
English		99.33%	298
Spanish		0.67%	2
Vietname	se	0.00%	0
German		0.00%	0
Chinese		0.00%	0
Other (ple	ease specify)	0.00%	0
TOTAL			300
#	OTHER (PLEASE SPECIEV)	DATE	

There are no responses.

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Cumberland County Community Health Survey

Q25 Is understanding the English language a problem for you?



ANSWER	CHOICES	RESPONSES	
Yes		1.64%	5
No		98.36%	299
If "yes" Wh	y?	0.00%	0
TOTAL			304
#	IF "YES" WHY?		DATE
	There are no responses.		

116 _{39/40}

Green County is located in south central Kentucky. Greensburg is the county seat. The county is named for Revolutionary War hero General Nathanael Greene, but the reason why the final E is missing is unknown. Green County has a population of 11,065 which has dropped nearly 2% since 2010. In 1804, a brick building replaced an earlier structure, and while no longer operational, it stands in the Downtown Greensburg Historic District as the oldest courthouse building in the commonwealth.



Oldest Courthouse in KY



People

The population of Green County is 11,065 with a median age of 44. The population is comprised of 95.70% White, 2.20% Black, and 1.80% Hispanic/Latino. 20.3% of the population is 65 or older and 26.3% of the population is under the age of 18.



Homes

The median income is \$37,388. The median property value is \$75,000 and the homeownership rate is 79%. 20% of the children are living in single parent homes. 29% of the children are living in poverty.



Jobs

The most common employment sectors are Production, Administrative, and Retail Sales. 80% of Green County's population drives alone to work and 41% drive further than 30 minutes to work.



Health

Jane Todd Crawford Memorial Hospital is a 25-bed hospital that serves as a Critical Access Hospital (CAH). Health care provider ratios are: Dentists 2,770:1 and Mental Health Providers 690:1. 8% of the people under 65 are uninsured.

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.







MEDIAN HOUSEHOLD INCOME

\$37,388

District \$33,268 KY \$46,535



POPULATION

11,065

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

21%

District 24% KY 24%



ADULT OBESITY

38%

District 36% KY 34%



PHYSICAL INACTIVITY

34%

District 34% KY 28%



PERSONS IN POVERTY 20%

District 26% KY 19%



CHILDREN IN POVERTY

29%

District 36% KY 24%

Green County Health & Wellness Coalition Vision Statement:

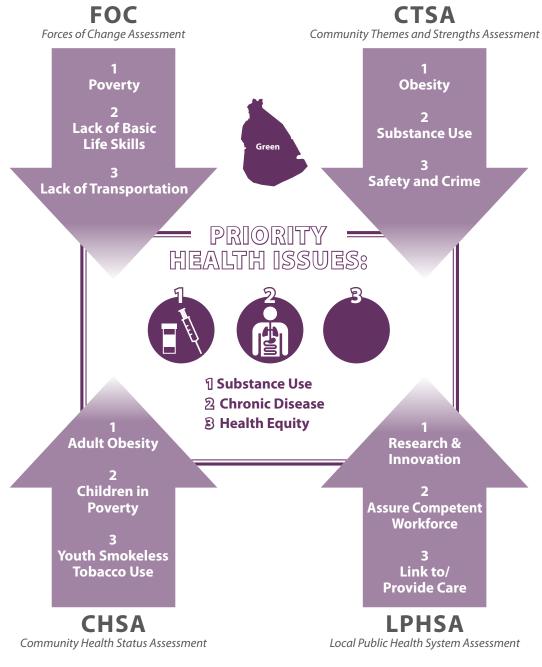
All citizens united to provide a healthier tomorrow by focusing on one another to promote better lifestyle choices, education, resources and a safe environment for all who live, work and play in Green County.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Green County Health and Wellness Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Green County residents.





Green County Health Department

220 Industrial Park Road Greensburg, KY 42743 p (270) 932-4341 • f (270) 932-6016 www.LCDHD.org





GREEN COUNTY: RESOURCES OR ASSETS INVENTORY



Green County Health & Wellness Coalition

The priority health issues selected are Obesity, Substance Use and Health Inequities. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Green County residents.

Obesity

- American Legion Park exercise facilities
- Green County Public Library health and wellness focused classes, walking club
- Find Your Fit exercise classes
- Wyatt Jeffries Woods hiking trail
- Green County Schools-Family Resource Center Lunch and Learn program, exercise programs
- Healthy Kids Clinic
- Green County Cooperative Extension Service health and wellness focused classes
- GoNoodle in the schools

Substance Use

- ADANTA programs
- Green County ASAP programs
- Freedom from Smoking classes
- Green County Resource Directory
- AA program

Health Inequities

- Health Department community training on ACEs
- Victim Advocate
- Lake Cumberland Community Action Agency
- HANDS



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Green	District	Kentucky	USA
Population, 2017 Estimate ¹	11,065	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	-1.70%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	5.20%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	21.10%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017) ¹	20.30%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	50.60%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	49.40%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	95.70%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	2.20%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.40%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.50%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	1.80%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017)1	94.20%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	668	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	5,309	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	78.90%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-161	\$812	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-161	\$293	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$531	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.43	2.00	2.49	2.63
Median Household Income ¹	\$37,388	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$75,000	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018



Community Health Assessment DATA

HEALTH FACTORS

	Green	District	Kentucky	USA
Premature Death ²	9,400	10,330	9,000	-
Poor or Fair Health ²	19%	25%	21%	-
Poor Physical Health Days ²	4.5	5.24	4.80	-
Poor Mental Health Days²	4.3	4.74	4.80	-
Low Birthweight ²	8%	9%	9%	-
Adult Smoking ²	21%	24%	24%	-
Adult Obesity ²	38%	36%	34%	-
Diabetes Prevalence ²	14%	15%	13%	-
Teen Birth Rate ²	41	52	38	-
Food Environment Index ²	7.6	7.29	7.00%	-
Food Insecurity ²	14%	17%	16%	-
Physical Inactivity ²	34%	34%	28%	-
Access to Exercise Opportunities ²	37%	58%	72%	-
Excessive Drinking ²	14%	13%	16%	-
Alcohol Impaired Driving Deaths ²	18%	32%	28%	-
Uninsured ²	8%	8%	7%	-
Primary Care Physicians ²	-	3,817:1	1,510:1	-
Dentists ²	2,770:1	5,347:1	1,560:1	-
Mental Health Providers ²	690:1	-	520:1	-
Other Primary Care Providers ²	1,229:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	129	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	23	624	19,960	-
Drug Arrest Rate ⁴	864	1,868	1,707	-
Motor Vehicle Death Rate⁵	29.45	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	138.4	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	53 [*]	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) 7	88	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	89*	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Green	District	Kentucky
High School Graduation ²	92.9%	96.9%	90.3%
Some College ²	46%	47%	60%
Unemployment ²	4.40%	6.21%	5.00%
Children in Poverty ²	29%	36%	24%
Person in Poverty ¹	20.40%	25.63%	18.50%
Income Inequality ²	5	5.19	5.10
Children in Single-Parent Households ²	20%	32%	35%
Social Associations ²	18.2	9.34	10.70
Violent Crime, rate ²	47	73.8	215.0
Injury Deaths, rate ²	99	103.9	88.0
Air Pollution-Particulate Matter ²	9.8	9.64	10.00
Drinking Water Violations ²	No	Yes	Yes
Severe Housing Problems ²	13%	14%	14%
Driving Alone to Work ²	80%	83%	82%
Long Commute-Driving Alone ²	41%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ²County Health Ranking, 2018.

GREEN COUNTY SCHOOL DISTRICT ENROLLMENT

Green County Primary (K-2)	402	Green County Middle (6-8)	363
Green County Intermediate (3-5)	367	Green County High (9-12)	472
Source: Kentucky Department of Education, May 16, 2018		TOTAL ENROLLMENT	1,604

GREEN COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in May 2018. There were 716 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

Answers Top Three	% of Respondents
Low crime/safe neighborhood	50.09%
Good school system	48.36%
Good place to raise children	45.42%

What do you think are the THREE groups the needs the most help with access to health care?

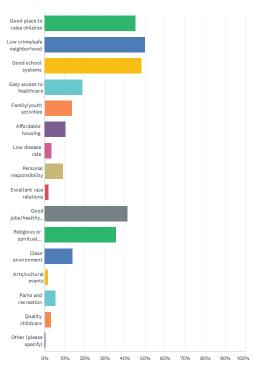
Top Three Answers	% of Respondents
Low-income families	26.97%
Elderly	26.62%
Middle Class	15.76%



Green County Community Health Survey

Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

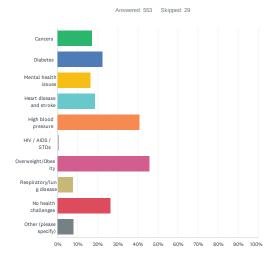




Green County Community Health Survey

Q2 Select the top THREE health challenges you face

1/28



ANSWER CHOICES	RESPONSES	
Good place to raise children	45.42%	263
Low crime/safe neighborhood	50.09%	290
Good school systems	48.36%	280
Easy access to healthcare	19.00%	110
Family/youth activities	13.64%	79
Affordable housing	10.36%	60
Low disease rate	3.63%	21
Personal responsibility	9.15%	53
Excellent race relations	1.90%	11
Good jobs/healthy economy	41.28%	239
Religious or spiritual values	35.58%	206
Clean environment	14.16%	82
Arts/cultural events	1.73%	10
Parks and recreation	5.53%	32
Quality childcare	3.28%	19
Other (please specify)	0.69%	4
Total Respondents: 579		

2/28

Green County Community Health Survey

ANSWER CHOICES	RESPONSES	
Cancers	17.36%	96
Diabetes	22.42%	124
Mental health issues	16.46%	91
Heart disease and stroke	18.81%	104
High blood pressure	40.87%	226
HIV / AIDS / STDs	0.36%	2
Overweight/Obesity	45.75%	253
Respiratory/lung disease	7.78%	43
No health challenges	26.40%	146
Other (please specify)	8.14%	45
Total Respondents: 553		

124

I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work)

RESPONSES

82.59% 465

26.82% 151

49.02% 276

19.54%

3.37%

0.18%

7.10%

32.86% 185

40

ANSWER CHOICES

I smoke cigarettes

Total Respondents: 563

I chew tobacco

I eat at least 5 servings of fruit and vegetables each day

I have access to a wellness program through my employer

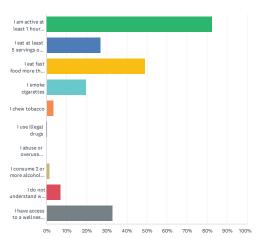
I consume 2 or more alcoholic drinks (if female) or 3 or more (if male) per day

I do not understand when health care providers speak to me using medical terms

I eat fast food more than two times per week

Q3 Choose all statements that apply to you



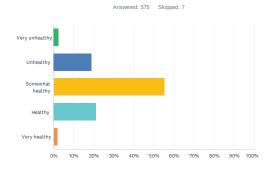


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Green County Community Health Survey

5 / 28

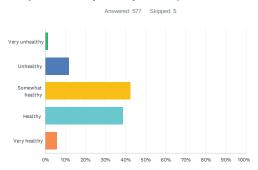
Q4 How would you rate Green County as a "Healthy Community?"



ANSWER CHOICES	RESPONSES	
Very unhealthy	2.61%	15
Unhealthy	18.96%	109
Somewhat healthy	55.13%	317
Healthy	21.39%	123
Very healthy	1.91%	11
TOTAL		575

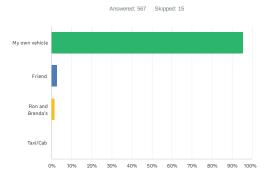
Green County Community Health Survey

Q5 How would you rate your own personal health?



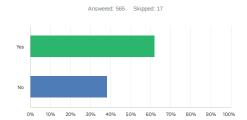
ANSWER CHOICES	RESPONSES	
Very unhealthy	1.21%	7
Unhealthy	11.79%	8
Somewhat healthy	42.46% 24	5
Healthy	38.82% 22	4
Very healthy	5.72%	13
TOTAL	57	7

Q6 What means do you use for transportation?



ANSWER CHOICES	RESPONSES
My own vehicle	95.59% 54
Friend	2.82%
Ron and Brenda's	1.59%
Taxi/Cab	0.00%
TOTAL	56

Q9 Are you satisfied with the health care system in your county?



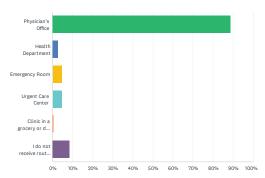
ANSWER CHOICES	RESPONSES	
Yes	61.77%	349
No	38.23%	216
TOTAL		565

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Green County Community Health Survey

Q10 Where do you go for routine healthcare?

Answered: 570 Skipped: 12

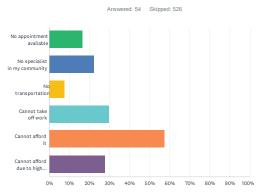


ANSWER CHOICES	RESPONSES	
Physician's Office	88.60%	505
Health Department	2.81%	16
Emergency Room	4.74%	27
Urgent Care Center	4.74%	27
Clinic in a grocery or drug store	0.70%	4
I do not receive routine healthcare	8.60%	49
Total Respondents: 570		

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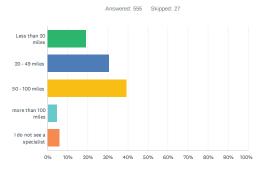
Green County Community Health Survey

Q11 If you answered "I do not receive routine healthcare" to number 10, please choose ALL reasons why below.



ANSWER CHOICES	RESPONSES	
No appointment available	16.67%	9
No specialist in my community	22.22%	12
No transportation	7.41%	4
Cannot take off work	29.63%	16
Cannot afford it	57.41%	31
Cannot afford due to high deductible	27.78%	15
Total Respondents: 54		

Q12 How far do you travel to see a specialist?

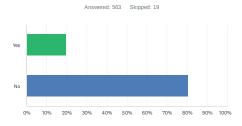


ANSWER CHOICES	RESPONSES	
Less than 20 miles	19.28%	107
20 - 49 miles	30.63%	170
50 - 100 miles	39.46%	219
more than 100 miles	4.68%	26
I do not see a specialist	5.95%	33
TOTAL		555
·		

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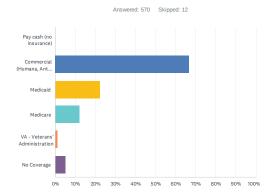
Green County Community Health Survey

Q14 Would you be interested in a support gourp for caregivers of the elderly and/or Alzheimer's patients?



ANSWER CHOICES	RESPONSES	
Yes	19.54%	110
No	80.46%	453
TOTAL		563

Q13 What type of healthcare coverage do you have?

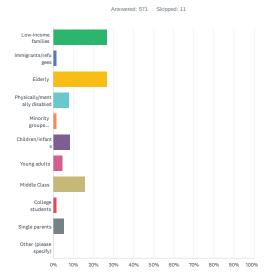


ANSWER CHOICES	RESPONSES	
Pay cash (no insurance)	0.00%	0
Commercial (Humana, Anthem Blue Cross)	66.84%	381
Medicaid	22.11%	126
Medicare	11.93%	68
VA - Veterans' Administration	1.05%	6
No Coverage	5.09%	29
Total Respondents: 570		

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Green County Community Health Survey

Q15 What group needs the most help with access to health care? (Choose only one)

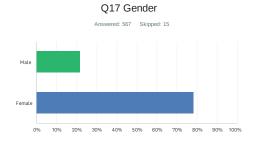


Green County Community Health Survey

ANSWER CHOICES	RESPONSES	
Low-income families	26.97%	154
Immigrants/refugees	1.75%	10
Elderly	26.62%	152
Physically/mentally disabled	7.88%	45
Minority groups (Hispanic, African Americans)	1.58%	9
Children/infants	8.41%	48
Young adults	4.38%	25
Middle Class	15.76%	90
College students	1.40%	8
Single parents	5.25%	30
Other (please specify)	0.00%	0
TOTAL		571

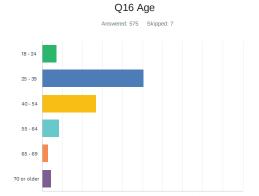
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Green County Community Health Survey



ANSWER CHOICES	RESPONSES	
Male	21.69%	123
Female	78.31%	444
TOTAL		567

Green County Community Health Survey

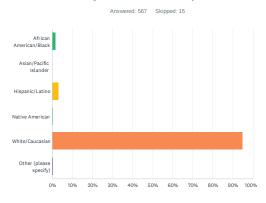


ANSWER CHOICES	RESPONSES	
18 - 24	7.13%	41
25 - 39	50.61%	291
40 - 54	26.78%	154
55 - 64	8.35%	48
65 - 69	2.78%	16
70 or older	4.35%	25
TOTAL		575

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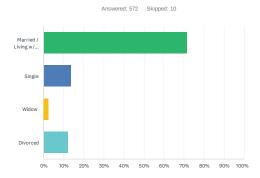
Green County Community Health Survey

Q18 Race/Ethnic Group:



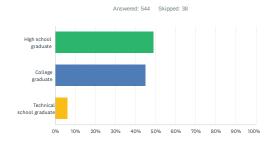
ANSWER CHOICES	RESPONSES
African American/Black	1.41% 8
Asian/Pacific Islander	0.00%
Hispanic/Latino	3.00% 17
Native American	0.35% 2
White/Caucasian	94.71% 537
Other (please specify)	0.53% 3
TOTAL	567

Q19 Marital Status



ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	71.50%	409
Single	13.64%	78
Widow	2.62%	15
Divorced	12.24%	70
TOTAL		572

Q20 Highest level of education you completed?

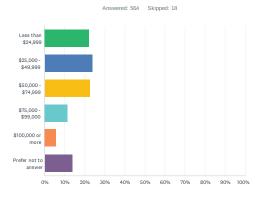


ANSWER CHOICES	RESPONSES	
High school graduate	49.08%	267
College graduate	45.04%	245
Technical school graduate	5.88%	32
TOTAL		544

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Green County Community Health Survey

Q21 Household Income



ANSWER CHOICES	RESPONSES	
Less than \$24,999	22.16%	125
\$25,000 - \$49,999	23.94%	135
\$50,000 - \$74,999	22.70%	128
\$75,000 - \$99,000	11.52%	65
\$100,000 or more	5.85%	33
Prefer not to answer	13.83%	78
TOTAL		564

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Green County Community Health Survey

Q22 What is your current employment status?

Answered: 563 Skipped: 19

Employed full-time
Employed part-time
Student

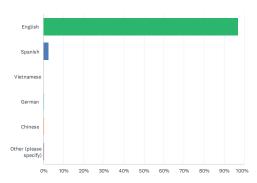
Homemaker
Unemployed
Retired

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

ANSWER CHOICES	RESPONSES	
Employed full-time	62.88%	354
Employed part-time	9.59%	54
Student	2.49%	14
Homemaker	7.46%	42
Unemployed	6.39%	36
Disabled	5.51%	31
Retired	5.68%	32
TOTAL		563

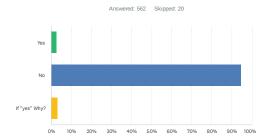
Q23 Primary language

Answered: 566 Skipped: 16



ANSWER CHOICES	RESPONSES
English	97.00% 549
Spanish	2.47% 14
Vietnamese	0.00% 0
German	0.18%
Chinese	0.18%
Other (please specify)	0.18%
TOTAL	566

Q24 Is understanding the English language a problem for you?



ANSWER CHOICES	RESPONSES
Yes	2.49%
No	94.48% 531
If "yes" Why?	3.02% 17
TOTAL	562

27/28 28/28

McCreary County is a county located in south-eastern Kentucky. Whitley City is the county seat for McCreary County. The county is named after James B. McCreary, a Confederate war hero and Governor of Kentucky from 1875 to 1879. It is the only Kentucky County to not have a single incorporated city. Because of this, county government is the sole local government agency for the entire county. McCreary County is home to the Big South Fork National River and Recreation Area, Cumberland Falls State Park, and the Big South Fork Scenic Railway, which tours several former coal camps. The majority of the county is owned by the federal government. 43% is owned and managed by the Daniel Boone National Forest and 18% owned and managed by the National Park Service as the Big South Fork National River and Recreation Area.



Big South Fork Scenic Railway!



People

The population of McCreary County is 17,465 with a median age of 38.9. The population is comprised of 91.7% White, 5.70% Black, and 2.70% Hispanic/Latino. 15.7% of the population is 65 or older and 27.6% of the population is under the age of 18.



Homes

The median income is \$19,264. The median property value is \$62,500 and the homeownership rate is 70.1%. 31% of children live in single parent homes. 47% of children live in poverty.



Jobs

The most common employment sectors are Sales, Administrative and Production. 82% of McCreary County's population drives alone to work and 32% drive further than 30 minutes to work.



Health

McCreary County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA). Health care provider ratios are: Primary Care Physicians 3,580:1; Dentists 17,510:1 and Mental Health Providers 1,250:1. 9% of people under 65 are uninsured.

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.





MEDIAN HOUSEHOLD INCOME

\$19,264

District \$33,268 KY \$46,535





POPULATION

17,465

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

31%

District 24% KY 24%



ADULT OBESITY

38%

District 36% KY 34%



PHYSICAL INACTIVITY

33%

District 34% KY 28%



CHILDREN w/SINGLE PARENT

31%

District 32% KY 35%



TEEN BIRTH RATE

75

District 52 KY 38



CHILD/PERSONS POVERTY

47%/39%

District 36%/26% KY 24%/19%

McCreary County Health Coalition Vision Statement:

All citizens empowered to build a safe, healthy and drug free community with education and leading by example.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The McCreary County Health Coalition completed the Mobilizing for Action for through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of McCreary County residents.





McCreary County Health Department

South Fork Center
119 Medical Lane Whitley City, KY 42653
p (606) 376-2412 • f (606) 492-2635
www.LCDHD.org





MCCREARY COUNTY: RESOURCES OR ASSETS INVENTORY

McCreary County Health and Wellness Coalition

The priority health issues selected are Substance Use, Tobacco Use, Obesity and Teen Pregnancy. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of McCreary County residents.

Substance Use

- ADANTA substance use counseling, outpatient treatment
- Operation UNITE educational programs, funds some treatments
- Celebrate Recovery support for addicts and families
- Kentucky Moms case management
- Champions educational programs
- ASAP education, some treatments
- Syringe exchange harm reduction
- Schools implementing evidence based educational programs

Tobacco Use

- Operation UNITE educational programs
- KY Quit Line outpatient cessation programs
- Health Department educational programs, cessation programs
- ASAP assist with NRT products
- Schools tobacco free, implementing evidence based educational programs
- Health Coalition advocates for smoke free initiatives and activities

Obesity

- Kristina's Kitchen cooking classes
- Extension Office cooking classes, 4H program
- Get Healthy McCreary County hiking and walking
- McCreary County Park walking trails, basketball courts, family fun activities, sporting activities
- The Lords Gym baseball fields, indoor basketball courts
- Certified Trail Town
- Dyna Body
- McCreary County Tumble & Cheer
- Fitness Edge by Thrive

Teen Pregnancy

- Schools Youth Service Centers, evidencebased education in the schools
- KY Moms
- Baby Steps church group
- Health Department pregnancy tests, HANDS



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	McCreary	District	Kentucky	USA
Population, 2017 Estimate ¹	17,465	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	-4.60%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	5.90%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	21.70%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017)1	15.70%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	45.50%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	54.50%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	91.70%	95.10	87.80%	76.60%
Black or African American, percent (2017) ¹	5.70%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.80%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.50%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	2.70%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	89.60%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	1,048	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	7,507	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	70.10%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-161	\$718	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$241	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$603	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.54	2.00	2.49	2.63
Median Household Income ¹	\$19,264	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$62,500	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018





Community Health Assessment DATA

HEALTH FACTORS

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	McCreary	District	Kentucky
High School Graduation ²	96.9%	96.9%	90.3%
Some College ²	40%	47%	60%
Unemployment ²	7.70%	6.21%	5.00%
Children in Poverty ²	47%	36%	24%
Person in Poverty ¹	39.30%	25.63%	18.50%
Income Inequality ²	5.4	5.19	5.10
Children in Single-Parent Households ²	31%	32%	35%
Social Associations ²	3.4	9.34	10.70
Violent Crime, rate ²	52	73.8	215.0
Injury Deaths, rate ²	96	103.9	88.0
Air Pollution-Particulate Matter ²	9.5	9.64	10.00
Drinking Water Violations ²	No	Yes	Yes
Severe Housing Problems ²	23%	14%	14%
Driving Alone to Work ²	82%	83%	82%
Long Commute-Driving Alone ²	32%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ²County Health Ranking, 2018.

McCREARY COUNTY SCHOOL DISTRICT ENROLLMENT

Whitley City Elementary (K-3)	612	McCreary Middle (7-8)	414
Pine Knot Primary (K-3)	538	McCreary High (9-12)	716
Pine Knot Intermediate (4-6)	387	TOTAL ENROLLMENT	2,667

Source: Kentucky Department of Education, May 16, 2018

MCCREARY COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in January 2018. There were 403 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

Answers Top Three	% of Respondents
Drug-free community	62.03%
Good jobs/healthy economy	40.69%
Affordable housing	31.02%

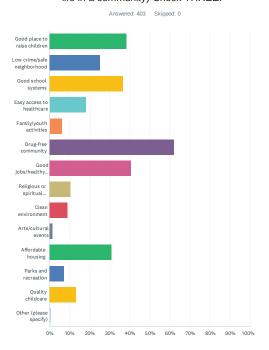
What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Elderly	38.89%
Low-income families	35.86%
Middle Class	9.09%



McCreary County Community Health Survey

Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community) Check THREE:

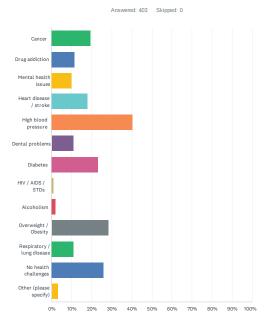


ANSWER CHOICES RESPONSES 38.46% 155 Good place to raise children 25.06% 101 Low crime/safe neighborhood 36.72% 148 Good school systems 73 Easy access to healthcare 6.20% 25 Family/youth activities 62.03% Drug-free community 250 40.69% 164 Good jobs/healthy economy 42 Religious or spiritual values 8.93% 36 Clean environment Arts/cultural events 1.49% 31.02% 125 Affordable housing 29 Parks and recreation 13.15% 53 Quality childcare Other (please specify) 0.50% Total Respondents: 403

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McCreary County Community Health Survey

Q2 Select the top THREE health challenges you face



2/28

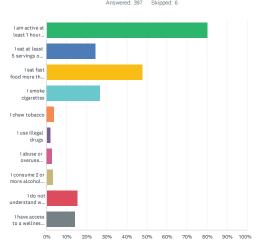
McCreary County Community Health Survey

ANSWER CHOICES	RESPONSES	
Cancer	19.35%	78
Drug addiction	11.41%	46
Mental health issues	9.93%	40
Heart disease / stroke	17.87%	72
High blood pressure	40.45%	163
Dental problems	10.92%	44
Diabetes	23.33%	94
HIV / AIDS / STDs	0.99%	4
Alcoholism	2.23%	9
Overweight / Obesity	28.29%	114
Respiratory / lung disease	11.17%	45
No health challenges	26.05%	105
Other (please specify)	3.23%	13
Total Respondents: 403		

138

McCreary County Community Health Survey

Q3 Choose all statements that apply to you Answered: 397 Skipped: 6



ANSWER CHOICES RESPONSES 80.10% 318 I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work) 24.43% 97 I eat at least 5 servings of fruit and vegetables each day 47.86% 190 I eat fast food more than two times per week 26.70% I smoke cigarettes 3.78% I chew tobacco 2.02% 2.77% 11 3.27% I consume 2 or more alcoholic drinks (if female) or 3 or more (if male) per day 15.37% 61 I do not understand when health care providers speak to me using medical terms I have access to a wellness program through my employer 14.36% 57 Total Respondents: 397

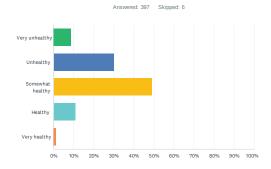
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McCreary County Community Health Survey

McCreary County Community Health Survey

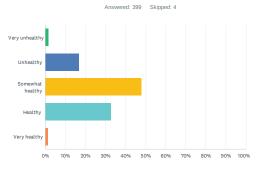
6/28

Q4 How would you rate McCreary County as a "Healthy Community?" Q5 How would you rate



ANSWER CHOICES	RESPONSES	
Very unhealthy	8.82%	35
Unhealthy	29.97%	119
Somewhat healthy	49.12%	195
Healthy	10.83%	43
Very healthy	1.26%	5
TOTAL		397

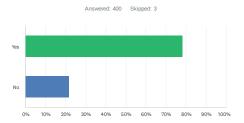
Q5 How would you rate your own personal health?



ANSWER CHOICES	RESPONSES	
Very unhealthy	1.50%	6
Unhealthy	16.79%	67
Somewhat healthy	47.87%	191
Healthy	32.58%	130
Very healthy	1.25%	5
TOTAL	3	399

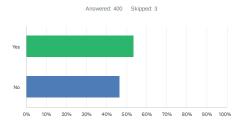
139 7/28 8/28

Q6 Are you in favor of a smoke free community?



ANSWER CHOICES	RESPONSES	
Yes	78.25%	313
No	21.75%	87
TOTAL		400

Q7 Are you satisfied with the health care system in McCreary County?

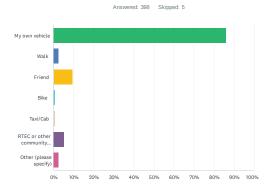


ANSWER CHOICES	RESPONSES	
Yes	53.50%	214
No	46.50%	186
TOTAL		400

9 / 28

McCreary County Community Health Survey

Q9 Which of the following forms of transportation do you use?

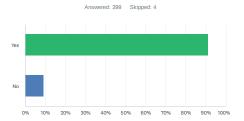


ANSWER CHOICES	RESPONSES	
My own vehicle	85.93%	342
Walk	2.51%	10
Friend	9.30%	37
Bike	0.75%	3
Taxi/Cab	0.50%	2
RTEC or other community assisted	5.28%	21
Other (please specify)	2.51%	10
Total Respondents: 398		

10/28

McCreary County Community Health Survey

Q10 Are you able to visit a doctor when needed?



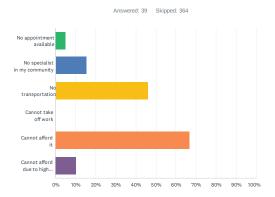
ANSWER CHOICES	RESPONSES	
Yes	90.98%	363
No	9.02%	36
TOTAL		200

Q12 Where do you go for routine healthcare?

Emergency Room

Urgent Care Center Answered: 400 Skipped: 3

Q11 If you answered "No" to number 10, please choose ALL reasons why below.



ANSWER CHOICES	RESPONSES	
No appointment available	5.13%	2
No specialist in my community	15.38%	6
No transportation	46.15%	18
Cannot take off work	0.00%	0
Cannot afford it	66.67%	26
Cannot afford due to high deductible	10.26%	4
Total Respondents: 39		

 ANSWER CHOICES
 RESPONSES

 Physician's Office
 87.25%
 349

 Emergency Room
 5.00%
 20

 Clinic in a grocery or drug store
 3.75%
 15

 Harrest Case Contest
 0.50%
 2

 Clinic in a grocery or drug store
 3.75%
 15

 Urgent Care Center
 0.50%
 2

 Health Department
 21.25%
 85

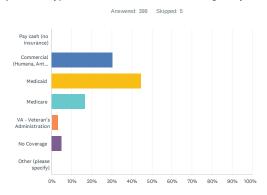
 I do not receive healthcare
 4.25%
 17

 Total Respondents: 400
 4.25%
 17

14/28

McCreary County Community Health Survey

Q13 What type of healthcare insurance coverage do you have?

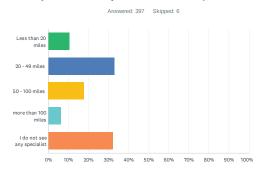


ANSWER CHOICES	RESPONSES	
Pay cash (no insurance)	0.00%	0
Commercial (Humana, Anthem Blue Cross)	30.40%	121
Medicaid	44.47%	177
Medicare	16.83%	67
VA - Veteran's Administration	3.27%	13
No Coverage	5.03%	20
Other (please specify)	0.00%	0
TOTAL		398

15 / 28

McCreary County Community Health Survey

Q14 How far do you travel to see a specialist?



ANSWER CHOICES	RESPONSES	
Less than 20 miles	10.58%	42
20 - 49 miles	33.00%	131
50 - 100 miles	17.88%	71
more than 100 miles	6.30%	25
I do not see any specialist	32.24%	128
TOTAL		397

141 16/28 17/28

McCreary County Community Health Survey

RESPONSES

142

2

154

12

0

23

20

0

35.86%

0.51%

38.89%

0.00%

5.81%

1.52% 9.09%

0.25%

5.05%

0.00%

ANSWER CHOICES

Low-income families

Immigrants/refugees

Physically/mentally disabled

Minority groups (Hispanic, African Americans)

Elderly

Middle Class

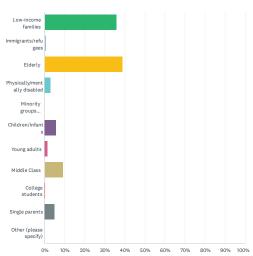
College students

Single parents

Other (please specify)

Q15 What group needs the most help with access to health care? (Choose only one)



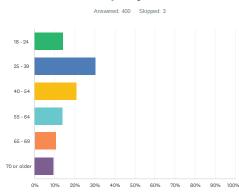


19 / 28

McCreary County Community Health Survey

18 / 28

Q16 Age

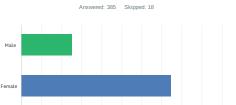


ANSWER CHOICES	RESPONSES
18 - 24	14.25% 57
25 - 39	30.50% 122
40 - 54	21.00% 84
55 - 64	14.00% 56
65 - 69	10.75% 43
70 or older	9.50% 38
TOTAL	400

15/2

McCreary County Community Health Survey

Q17 Gender



20% 30% 40% 50% 60% 70% 80% 90% 100%

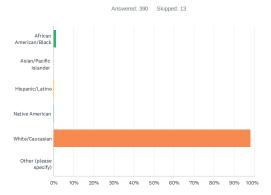
ANSWER CHOICES	RESPONSES	
Male	25.45%	98
Female	74.55%	287
TOTAL		385

142

Q19 Marital Status

Answered: 401 Skipped: 2

Q18 Race/Ethnic Group



ANSWER CHOICES	RESPONSES
African American/Black	1.28% 5
Asian/Pacific Islander	0.00%
Hispanic/Latino	0.26% 1
Native American	0.26% 1
White/Caucasian	98.21% 383
Other (please specify)	0.00%
TOTAL	390

26.43%

6.98% 8.73% 106

28

35

Married / Living w/ Partner

Single

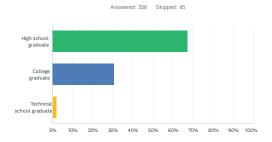
Widow

TOTAL

22 / 28

McCreary County Community Health Survey

Q20 Highest level of education you completed?



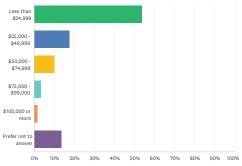
ANSWER CHOICES	RESPONSES	
High school graduate	67.32%	241
College graduate	30.73%	110
Technical school graduate	1.96%	7
TOTAL		358

23 / 28

McCreary County Community Health Survey

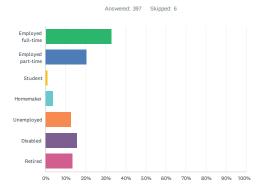
Q21 Household Income

Answered: 398 Skipped: 5



ANSWER CHOICES	RESPONSES
Less than \$24,999	53.77% 214
\$25,000 - \$49,999	17.59% 70
\$50,000 - \$74,999	10.05% 40
\$75,000 - \$99,000	3.52%
\$100,000 or more	1.51%
Prefer not to answer	13.57% 54
TOTAL	398

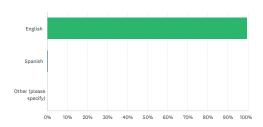
Q22 What is your current employment status?



ANSWER CHOICES	RESPONSES	
Employed full-time	32.75%	130
Employed part-time	20.40%	81
Student	1.01%	4
Homemaker	3.78%	15
Unemployed	12.85%	51
Disabled	15.87%	63
Retired	13.35%	53
TOTAL		397

Q23 Primary language

Answered: 400 Skipped: 3



ANSWER CHOICES	RESPONSES	
English	99.50%	398
Spanish	0.50%	2
Other (please specify)	0.00%	0
TOTAL		400

26/28 27/28

Pulaski County is located in south-central Kentucky. Somerset is the County Seat for Pulaski County. Pulaski County has five cities: Burnside, Eubank, Ferguson, Science Hill, and Somerset. It is the third largest county by area in Kentucky. Pulaski County is a tourist's county, which encompasses Beautiful Lake Cumberland. Somerset is home of Somernites Cruise, one of the largest monthly classic car events in the southeastern United States, making it the official Car Cruise City of Kentucky. Somerset Community College is located in Somerset and is currently transitioning into a 4-year college.



Somernites Cruise!



People



The county population is 64,449 which has increased by 2% since 2010. The median age is 41.8. The population is comprised of 96.4% White, 2.5% Hispanic/Latino, and 1.2% Black. In Pulaski County 2.56% of the people speak a non-English language. 18.6% of the population is 65 years of age or older and 28% of the population is under the age of 18.

Homes



The median household income is \$35,022. The median property value is \$109,100 and the homeownership rate is 69.6%. 38% of children are living in single parent homes. 27% of children are living in poverty.

Jobs



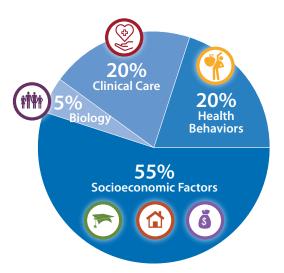
Jobs The most common employment sectors are Administrative, Sales and Production. 85% of Pulaski County's population drives alone to work and 20% drive further than 30 minutes to work

Health

Lake Cumberland Regional Hospital is a 223 bed hospital. Health care provider ratios are: Primary Care Physicians 1,330:1; Dentists 1,390:1 and Mental Health Providers 350:1. 8% of the people under 65 are uninsured. Pulaski County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.







MEDIAN HOUSEHOLD INCOME \$35,022

District \$33,268 KY \$46,535





POPULATION

64,449

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

23%

District 24% KY 24%



ADULT OBESITY

34%

District 36% KY 34%



PHYSICAL INACTIVITY

30%

District 34% KY 28%



CHILDREN w/SINGLE PARENT

38%

District 32% KY 35%



TEEN BIRTH RATE

53

District 52 KY 38



CHILDREN IN POVERTY

27%

District 36% KY 24%

Working on Wellness Coalition Vision Statement:

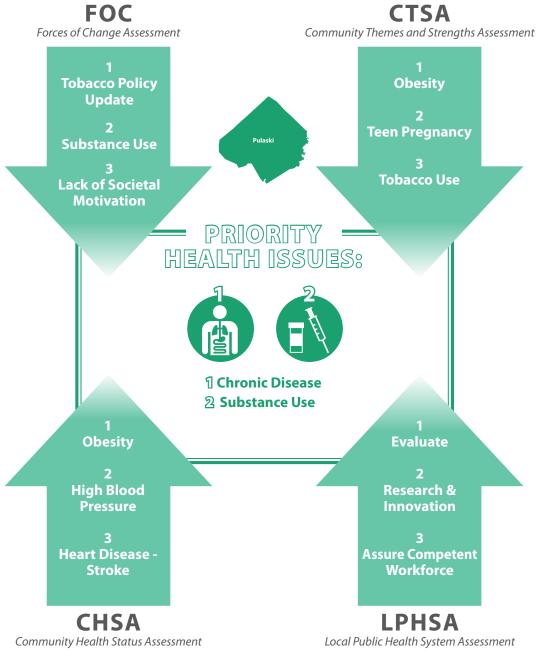
A more livable Pulaski County through both personal and shared responsibility, for the overall health and well-being of our community.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Pulaski County Working on Wellness (WOW) Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Pulaski County residents.





Pulaski County Health Department 45 Roberts Street Somerset, KY 42501 p (606) 679-4416 • f (606) 679-4419 www.LCDHD.org



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PULASKI COUNTY: RESOURCES OR ASSETS INVENTORY



Pulaski County (Working on Wellness) WOW Coalition

The priority health issues selected are Chronic Disease and Substance Use. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Pulaski County residents

Chronic Disease

- Center for Rural Development Health Fairs/Events
- Children's Botanical Garden
- Health Department nutrition events
- Farmers Markets
- Fishing Creek Recreational Area
- Health Department diabetes education classes
- Kentucky Cancer Program
- Pulaski County Cooperative Extension Service health and wellness focused classes
- Pulaski County Government Park & Recreation Areas
- Pulaski County Public Library health and wellness classes
- Pulaski County Working on Wellness (WOW) Coalition
- Pulaski County, Somerset Independent, and Science Hill Schools FRYSC health programs
- City of Somerset Recreational Facilities (Rocky Hollow Recreation Area, SomerSplash Water Park, SomerSport Park
- Sierra Club hiking
- Journey to Fitness walk/run series
- Phoenix Racing

Substance Use

- Adanta Community Health Center
- Celebrate Recovery
- UNITE Coalition
- Pulaski County ASAP programs
- Freedom from Smoking Classes
- Quit Now Hotline
- AA programs
- Bethany House Abuse Shelter
- Sky Hope Center
- Syringe Exchange



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Pulaski	District	Kentucky	USA
Population, 2017 Estimate ¹	64,449	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	2.20%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	5.80%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	22.40%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017) ¹	18.60%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	51.10%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	48.90%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	96.40%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	1.20%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.30%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.20%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	2.50%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	94.10%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	4,690	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	31,493	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	69.60%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-16 ¹	\$921	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$296	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$613	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.45	2.00	2.49	2.63
Median Household Income ¹	\$35,022	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$109,100	\$83,210	\$135,600	\$193,500

 $^{^{1}} Source: \textit{US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018}$



Community Health Assessment DATA

HEALTH FACTORS

ILALITIACIONS				
	Pulaski	District	Kentucky	USA
Premature Death ²	10,100	10,330	9,000	-
Poor or Fair Health ²	22%	25%	21%	-
Poor Physical Health Days ²	5.1	5.24	4.80	-
Poor Mental Health Days²	4.3	4.74	4.80	-
Low Birthweight ²	8%	9%	9%	-
Adult Smoking ²	23%	24%	24%	-
Adult Obesity ²	34%	36%	34%	-
Diabetes Prevalence ²	14%	15%	13%	-
Teen Birth Rate ²	53	52	38	-
Food Environment Index ²	7.1	7.29	7.00	-
Food Insecurity ²	17%	17%	16%	-
Physical Inactivity ²	30%	34%	28%	-
Access to Exercise Opportunities ²	72%	58%	72%	-
Excessive Drinking ²	13%	13%	16%	-
Alcohol Impaired Driving Deaths ²	25%	32%	28%	-
Uninsured ²	8%	8%	7%	-
Primary Care Physicians ²	1,330:1	3,817:1	1,510:1	-
Dentists ²	1,390:1	5,347:1	1,560:1	-
Mental Health Providers ²	350:1	-	520:1	-
Other Primary Care Providers ²	1,048:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	65	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	203	624	19,960	-
Drug Arrest Rate⁴	1,339	1,868	1,707	-
Motor Vehicle Death Rate⁵	18.39	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	172.3	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	54	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) 7	93	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	129	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS	Pulaski	District	Kentucky
High School Graduation ²	97.7%	96.9%	90.3%
Some College ²	50%	47%	60%
Unemployment ²	5.30%	6.21%	5.00%
Children in Poverty ²	27%	36%	24%
Person in Poverty ¹	18.90%	25.63%	18.50%
Income Inequality ²	6	5.19	5.10
Children in Single-Parent Households ²	38%	32%	35%
Social Associations ²	9.6	9.34	10.70
Violent Crime, rate ²	124	73.8	215.0
Injury Deaths, rate ²	92	103.9	88.0
Air Pollution-Particulate Matter ²	9.9	9.64	10.00
Drinking Water Violations ²	Yes	Yes	Yes
Severe Housing Problems ²	18%	14%	14%
Driving Alone to Work ²	85%	83%	82%
Long Commute-Driving Alone ²	20%	28%	29%

¹ Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ² County Health Ranking, 2018.

PULASKI COUNTY SCHOOL DISTRICT ENROLLMENT

Northern Elementary (PS-5)	407	Shopeville Elementary (PS-5)	353
Burnside Elementary (PS-5)	429	Southern Elementary (PS-5)	701
Eubank Elementary (PS-5)	320	Northern Middle (6-8)	892
Nancy Elementary (PS-5)	374	Southern Middle (6-8)	1,020
Oakhill Elementary (PS-5)	537	Pulaski High (9-12)	1,177
Pulaski Elementary (PS-5)	642	Southwestern High (9-12)	1,239
ource: Kentucky Department of Education	, May 16, 2018	TOTAL ENROLLMENT	8,091

SOMERSET INDEPENDENT

Hopkins Elementary (PS-5)	598	
Meece Middle (6-8)	496	
Somerset High (9-12)	506	
TOTAL ENROLLMENT	1,600	
SCIENCE HILL INDEPE	NDE	T
Science Hill Elementary (PS-5)	520	
TOTAL ENROLLMENT	520	

PULASKI COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in January 2018. There were 782 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

Answers Top Three	% of Respndents	
Low crime/safe neighborhood	46.55%	
Drug-free community	45.78%	
Good jobs/healthy economy	44.88%	

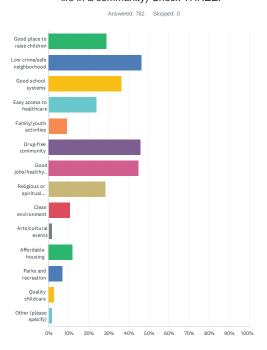
What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Elderly	30.18%
Low-income families	28.61%
Middle Class	19.03%



Pulaski County Community Health Survey

Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community) Check THREE:

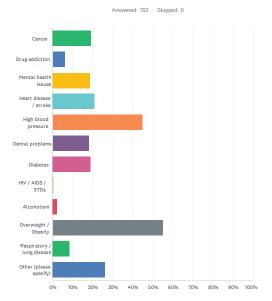


ANSWER CHOICES RESPONSES 29.03% 227 Good place to raise children 46.55% 364 Low crime/safe neighborhood 36.45% 285 Good school systems 187 Easy access to healthcare 9.08% 71 Family/youth activities 45.78% Drug-free community 358 44.88% 351 Good jobs/healthy economy Religious or spiritual values 10.61% 83 Clean environment Arts/cultural events 1.79% 14 11.89% 93 Affordable housing 7.03% 55 Parks and recreation 22 Quality childcare Other (please specify) 1.79% 14 Total Respondents: 782

1/30

Pulaski County Community Health Survey

Q2 Select the top THREE health challenges you face



2/30

Pulaski County Community Health Survey

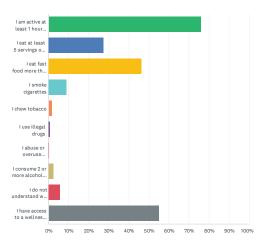
ANSWER CHOICES	RESPONSES	
Cancer	19.18%	150
Drug addiction	6.14%	48
Mental health issues	18.80%	147
Heart disease / stroke	20.97%	164
High blood pressure	44.76%	350
Dental problems	18.16%	142
Diabetes	18.93%	148
HIV / AIDS / STDs	0.64%	5
Alcoholism	2.43%	19
Overweight / Obesity	54.99%	430
Respiratory / lung disease	8.57%	67
Other (please specify)	26.21%	205
Total Respondents: 782		

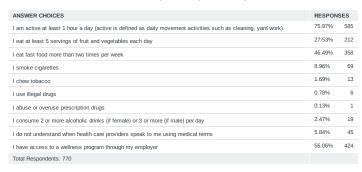
152

Pulaski County Community Health Survey

Q3 Choose all statements that apply to you

Answered: 770 Skipped: 12

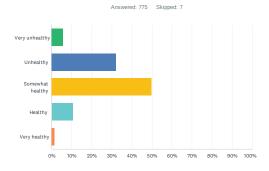




5/30

Pulaski County Community Health Survey

Q4 How would you rate Pulaski County as a "Healthy Community?"

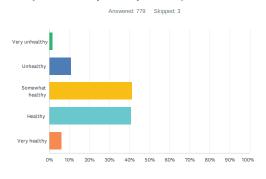


ANSWER CHOICES	RESPONSES	
Very unhealthy	5.81%	45
Unhealthy	32.26%	250
Somewhat healthy	49.81%	386
Healthy	10.58%	82
Very healthy	1.55%	12
TOTAL		775

6 / 30

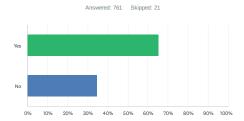
Pulaski County Community Health Survey

Q5 How would you rate your own personal health?



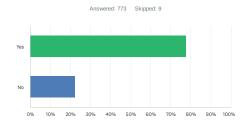
ANSWER CHOICES	RESPONSES	
Very unhealthy	1.41%	11
Unhealthy	10.91%	85
Somewhat healthy	41.08%	320
Healthy	40.69%	317
Very healthy	5.91%	46
TOTAL		779

Q6 Are you in favor of revising the Somerset smoking ordinance to include E-cigs?



ANSWER CHOICES	RESPONSES	
Yes	65.18%	496
No	34.82%	265
TOTAL		761

Q7 Are you in favor of a county-wide smoking ordinance?

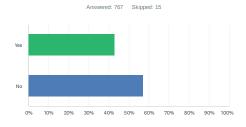


ANSWER CHOICES	RESPONSES	
Yes	77.62%	600
No	22.38%	173
TOTAL		773

9/30

Pulaski County Community Health Survey

Q8 Are you satisfied with the health care system in Pulaski County?



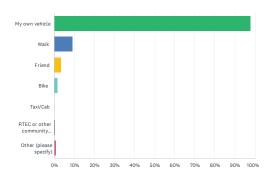
ANSWER CHOICES	RESPONSES	
Yes	42.76%	328
No	57.24%	439
TOTAL		767

10/30

Pulaski County Community Health Survey

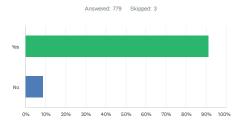
Q9 Which of the following forms of transportation do you use?

Answered: 778 Skipped: 4



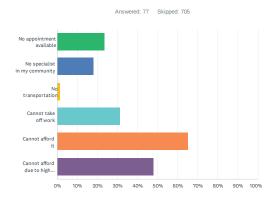
ANSWER CHOICES	RESPONSES	
My own vehicle	97.81%	761
Walk	9.13%	71
Friend	3.47%	27
Bike	1.54%	12
Taxi/Cab	0.00%	0
RTEC or other community assisted	0.39%	3
Other (please specify)	0.90%	7
Total Respondents: 778		

Q10 Are you able to visit a doctor when needed?



ANSWER CHOICES	RESPONSES	
Yes	91.27%	711
No	8.73%	68
TOTAL		779

Q11 If you answered "No" to number 10, please choose ALL reasons why below.



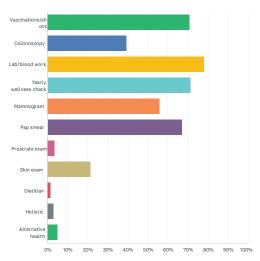
ANSWER CHOICES RESPONSES	
No appointment available 23.38%	18
No specialist in my community 18.18%	14
No transportation 1.30%	1
Cannot take off work 31.17%	24
Cannot afford it 64.94%	50
Cannot afford due to high deductible 48.05%	37
Total Respondents: 77	

13/30

Pulaski County Community Health Survey

Q12 What preventative health services do you use?

Answered: 745 Skipped: 37



14/30

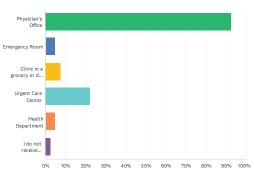
Pulaski County Community Health Survey

ANSWER CHOICES	RESPONSES	
Vaccinations/shots	70.74%	527
Colonoscopy	39.46%	294
Lab/blood work	77.99%	581
Yearly wellness check	71.14%	530
Mammogram	55.84%	416
Pap smear	66.85%	498
Prostrate exam	3.62%	27
Skin exam	21.48%	160
Dietitian	1.48%	11
Holistic	3.09%	23
Alternative health	5.10%	38
Total Respondents: 745		

155 _{15/30} _{16/30}

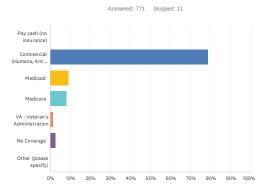
Q13 Where do you go for healthcare?





ANSWER CHOICES	RESPONSES	
Physician's Office	92.51%	716
Emergency Room	4.78%	37
Clinic in a grocery or drug store	7.36%	57
Urgent Care Center	22.22%	172
Health Department	4.65%	36
I do not receive healthcare	2.45%	19
Total Respondents: 774		

Q14 What type of healthcare insurance coverage do you have?

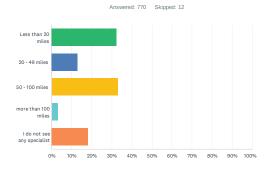


ANSWER CHOICES	RESPONSES	
Pay cash (no insurance)	0.00%	0
Commercial (Humana, Anthem Blue Cross)	78.73%	607
Medicaid	9.21%	71
Medicare	8.17%	63
VA - Veteran's Administration	1.30%	10
No Coverage	2.59%	20
Other (please specify)	0.00%	0
TOTAL		771

17/30

Pulaski County Community Health Survey

Q15 How far do you travel to see a specialist?

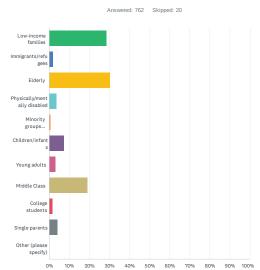


ANSWER CHOICES	RESPONSES	
Less than 20 miles	32.47%	250
20 - 49 miles	12.99%	100
50 - 100 miles	33.12%	255
more than 100 miles	3.12%	24
I do not see any specialist	18.31%	141
TOTAL		770

18 / 30

Pulaski County Community Health Survey

Q16 What group needs the most help with access to health care? (Choose only one)

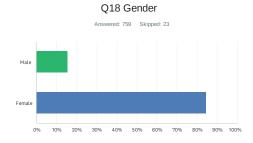


Pulaski County Community Health Survey

ANSWER CHOICES	RESPONSES	
Low-income families	28.61%	218
Immigrants/refugees	1.97%	15
Elderly	30.18%	230
Physically/mentally disabled	3.67%	28
Minority groups (Hispanic, African Americans)	0.66%	5
Children/infants	7.22%	55
Young adults	3.15%	24
Middle Class	19.03%	145
College students	1.44%	11
Single parents	4.07%	31
Other (please specify)	0.00%	0
TOTAL		762

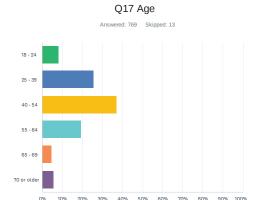
21/30

Pulaski County Community Health Survey



ANSWER CHOICES	RESPONSES	
Male	15.55%	118
Female	84.45%	641
TOTAL		759

Pulaski County Community Health Survey

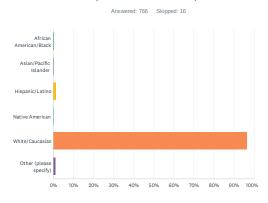


ANSWER CHOICES	RESPONSES	
18 - 24	8.06%	62
25 - 39	25.62% 1	197
40 - 54	36.80% 2	283
55 - 64	19.25% 1	48
65 - 69	4.68%	36
70 or older	5.59%	43
TOTAL	7	769

22 / 30

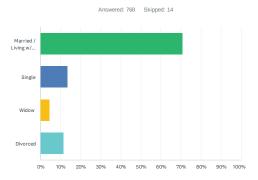
Pulaski County Community Health Survey

Q19 Race/Ethnic Group



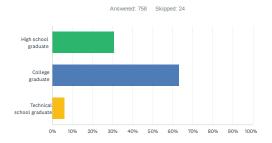
ANSWER CHOICES	RESPONSES
African American/Black	0.39% 3
Asian/Pacific Islander	0.26% 2
Hispanic/Latino	1.17% 9
Native American	0.52% 4
White/Caucasian	96.61% 740
Other (please specify)	1.04% 8
TOTAL	766

Q20 Marital Status



ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	70.70%	543
Single	13.41%	103
Widow	4.43%	34
Divorced	11.46%	88
TOTAL		768

Q21 Highest level of education you completed?

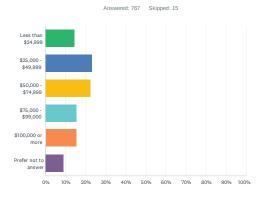


ANSWER CHOICES	RESPONSES	
High school graduate	30.74%	233
College graduate	63.19%	479
Technical school graduate	6.07%	46
TOTAL		758

25 / 30

Pulaski County Community Health Survey

Q22 Household Income



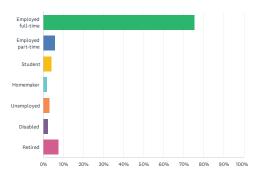
ANSWER CHOICES	RESPONSES	
Less than \$24,999	14.47%	111
\$25,000 - \$49,999	23.34%	179
\$50,000 - \$74,999	22.43%	172
\$75,000 - \$99,000	15.51%	119
\$100,000 or more	15.25%	117
Prefer not to answer	9.00%	69
TOTAL		767

26 / 30

Pulaski County Community Health Survey

Q23 What is your current employment status?

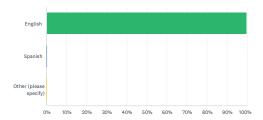
Answered: 770 Skipped: 12



ANSWER CHOICES	RESPONSES	
Employed full-time	75.19%	579
Employed part-time	5.71%	44
Student	4.03%	31
Homemaker	1.95%	15
Unemployed	3.12%	24
Disabled	2.34%	18
Retired	7.66%	59
TOTAL		770

Q24 Primary language

Answered: 775 Skipped: 7

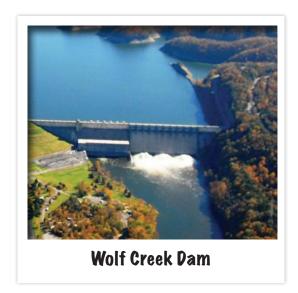


ANSWER CHOICES	RESPONSES	
English	99.61% 772	2
Spanish	0.13%	Ĺ
Other (please specify)	0.26%	2
TOTAL	775	5

29 / 30

Russell County is located in south-central Kentucky.

Jamestown is the county seat. Russell County is a tourist community - it encompasses the beautiful Lake Cumberland with over 1,225 miles of shoreline. Russell County is the home to a trout stream that's one of a kind and has the 22nd largest dam in the United States, with its primary purposes of flood control and production of hydro-electric power. It is also home to the finest Resort Park and Fish Hatchery which makes it a choice vacation spot for tourism as it hosts over 4 million per year. Russell has an employment rate of 8.2 percent with the opportunity of a new Technical Facility opening soon to assist in skilled training to provide residents of the county additional job qualifications to attract new business to the area. Currently Russell County has over 67 organized churches for worship opportunities and is considered a great place to work, play and live.





People



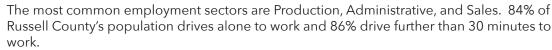
The population of Russell County is 17,775 with a median age of 43.4. 96.90% are White, 3.70% Hispanic/Latino, and 90% Black. 19.9% is 65 or older and 28% is under the age of 18.

Homes



The median household income is \$34,660. The median property value is \$88,600 and homeownership rate is 74.4%. 37% of children are living in single parent homes and 37% live in poverty.

Jobs



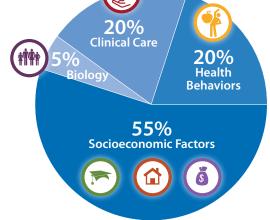


Health

Russell County Hospital is a 25-bed hospital that serves as a Critical Access Hospital (CAH). Health care provider ratios are: Primary Care Physicians 2,520:1; Dentists 3,540:1 and Mental Health Providers 1,110:1. 9% of the people under 65 are uninsured. Russell County is designated as a Medically Underserved Area/Populations (MHAVP) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.





MEDIAN HOUSEHOLD INCOME

\$34,660

District \$33,268 KY \$46,535



POPULATION

17,775

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

24%

District 24% KY 24%



ADULT OBESITY

35%

District 36% KY 34%



PHYSICAL INACTIVITY

30%

District 34% KY 28%



CHILDREN w/SINGLE PARENT

37%

District 32% KY 35%



TEEN BIRTH RATE

63

District 52 KY 38



CHILD/PERSONS POVERTY

37%/23%

District 36%/26% KY 24%/19%

Health and Wellness Coalition Vision Statement:

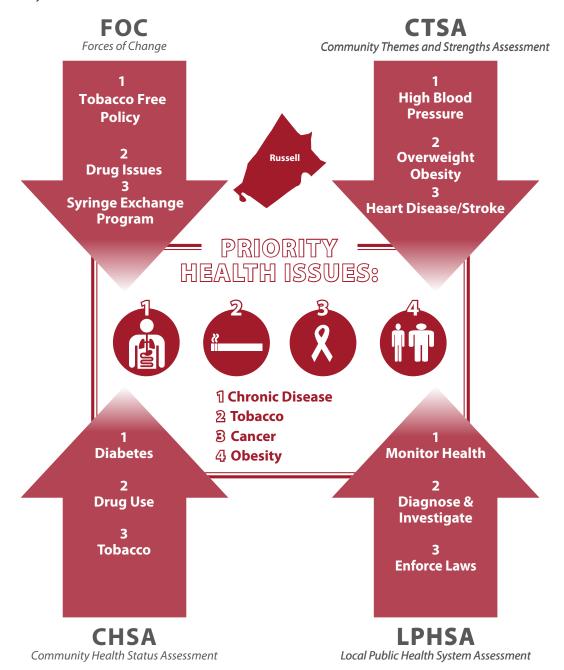
Russell County is a united community focusing on spiritual, emotional, mental, physical and economic health that empowers personal responsibility with the support of local partners and resources to make it a safe place to live, work, and play.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Russell County Health and Wellness Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Russell County residents.





Russell County Health Department

211 Fruit of the Loom Drive Jamestown, KY 42629 p (270) 343-2181 • f (270) 974-4084 www.LCDHD.org





RUSSELL COUNTY: RESOURCES OR ASSETS INVENTORY



Russell County Health and Wellness Coalition

The priority health issues selected are Substance Use, Diabetes, Teen Pregnancy. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Russell County residents.

Chronic Disease

- Russell County Public Library Preventive educational programs
- Russell County Law Enforcement drug prevention
- Aceta Better Health Educational Programs focusing on youth
- Partners in Prevention support of community tobacco prevention
- Russell County Hospital Freedom from Smoking- Drug Program
- Russell County Resource Directory
- Russell County ASAP program
- Russell County Health and Wellness Coalition
- Regional Prevention Center of ADANTA
- Celebrate Recovery/Breakaway Project

Diabetes

- LCDHD Diabetes program
- Friends of Wolf Creek National Fish Hatchery
- Russell County Hospital
- Russell County Extension
- Russell County Youth Service Center Longest Day of Play
- Health Education/Diabetes Education Development of Facebook Page

Teen Pregnancy

- ACE's Program
- United Methodist Church Youth program
- LCDHD RTR, TOPS
- Russell County Schools



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Russell	District	Kentucky	USA
Population, 2017 Estimate ¹	17,775	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	1.20%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	6.20%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	22.60%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017)1	19.90%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	50.90%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	49.10%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	96.90%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	0.90%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.60%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.10%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	3.70%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	93.70%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	932	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	10,106	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	74.40%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-16 ¹	\$889	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$274	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$519	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.47	2.00	2.49	2.63
Median Household Income ¹	\$35,022	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$88,600	\$83,210	\$135,600	\$193,500

 $^{^1} Source: \textit{US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018}$



Community Health Assessment DATA

HEALTH FACTORS

TEACHTIACTORS	Russell	District	Kentucky	USA
Premature Death ²	10,800	10,330	9,000	-
Poor or Fair Health ²	25%	25%	21%	-
Poor Physical Health Days ²	5.3	5.24	4.80	-
Poor Mental Health Days ²	4.6	4.74	4.80	-
Low Birthweight ²	9%	9%	9%	-
Adult Smoking ²	24%	24%	24%	-
Adult Obesity ²	35%	36%	34%	-
Diabetes Prevalence ²	13%	15%	13%	-
Teen Birth Rate ²	63	52	38	-
Food Environment Index ²	7.3	7.29	7.00%	-
Food Insecurity ²	19%	17%	16%	-
Physical Inactivity ²	30%	34%	28%	-
Access to Exercise Opportunities ²	85%	58%	72%	-
Excessive Drinking ²	13%	13%	16%	-
Alcohol Impaired Driving Deaths ²	30%	32%	28%	-
Uninsured ²	9%	8%	7%	-
Primary Care Physicians ²	2,520:1	3,817:1	1,510:1	-
Dentists ²	3,540:1	5,347:1	1,560:1	-
Mental Health Providers ²	1,110:1	-	520:1	-
Other Primary Care Providers ²	1,772:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	64	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	58	624	19,960	-
Drug Arrest Rate⁴	2,015	1,868	1,707	-
Motor Vehicle Death Rate ⁵	33.99	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	93.2	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	48	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) 7	104	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	110	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Russell	District	Kentucky
High School Graduation ²	96.5%	96.9%	90.3%
Some College ²	55%	47%	60%
Unemployment ²	8.30%	6.21%	5.00%
Children in Poverty ²	37%	36%	24%
Person in Poverty ¹	25%	25.63%	18.50%
Income Inequality ²	4.9	5.19	5.10
Children in Single-Parent Households ²	37%	32%	35%
Social Associations ²	10.2	9.34	10.70
Violent Crime, rate ²	59	73.8	215.0
Injury Deaths, rate ²	123	103.9	88.0
Air Pollution-Particulate Matter ²	9.7	9.64	10.00
Drinking Water Violations ²	Yes	Yes	Yes
Severe Housing Problems ²	14%	14%	14%
Driving Alone to Work ²	84%	83%	82%
Long Commute-Driving Alone ²	26%	28%	29%

¹ Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ² County Health Ranking, 2018.

RUSSELL COUNTY SCHOOL DISTRICT ENROLLMENT

Jamestown Elementary (PS-5)	488	Russell County Middle (6-8)	631
Russell Springs Elementary (PS-5)	696	Russell County High (9-12)	835
Salem Elementary (PS-5)	312	TOTAL ENROLLMENT	2,962

Source: Kentucky Department of Education, May 16, 2018

RUSSELL COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in December, 2017. There were 706 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

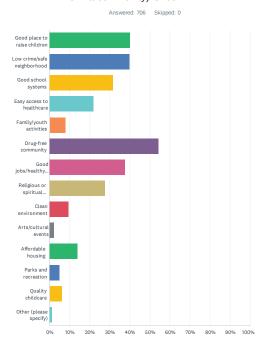
Answers Top Three	% of Respndents
Drug-free community	54.39%
Good place to raise children	40.08%
Low crime/safe neighborhood	39.80%

What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Elderly	36.87%
Low-income families	28.30%
Middle Class	11.90%



Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community) Check THREE:



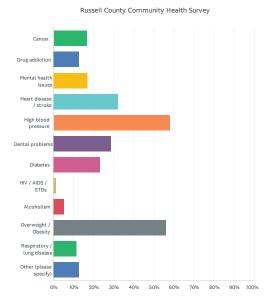
ANSWER CHOICES RESPONSES 40.08% 283 Good place to raise children 39.80% 281 Low crime/safe neighborhood 31.87% 225 Good school systems Easy access to healthcare 7.93% 56 Family/youth activities Drug-free community 54.39% 384 37.68% 266 Good jobs/healthy economy Religious or spiritual values 9.63% 68 Clean environment 16 Arts/cultural events 2.27% 14.02% 99 Affordable housing 5.10% 36 Parks and recreation 44 Quality childcare Other (please specify) 1.27% Total Respondents: 706

#	OTHER (PLEASE SPECIFY)	DATE
1	caner rates decreased	12/21/2017 9:52 AM
2	health cae that I can afford	12/20/2017 3:48 PM
3	Fair justice	12/20/2017 3:41 PM
4	cheaper healthcare	12/12/2017 5:30 PM
5	community values	12/4/2017 4:14 PM
6	Very little work ethic in our rural townwe need to stop giving those that can work but choose not to everything for free. It's just wrong.	11/20/2017 2:42 PM
7	parenting/child development	11/14/2017 1:58 PM
8	workforce willing to work	11/14/2017 1:35 PM
9	Access to affordable healthy food options	11/2/2017 11:37 AM

Q2 Select the top THREE health challenges you face

Answered: 706 Skipped: 0

1/42



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Russell County Community Health Survey

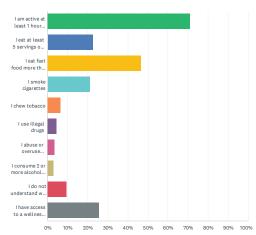
ANSWER CHOICES	RESPONSES	
Cancer	16.71%	118
Drug addiction	12.75%	90
Mental health issues	17.00%	120
Heart disease / stroke	32.29%	228
High blood pressure	58.07%	410
Dental problems	28.75%	203
Diabetes	23.23%	164
HIV / AIDS / STDs	1.27%	9
Alcoholism	5.38%	38
Overweight / Obesity	56.09%	396
Respiratory / lung disease	11.47%	81
Other (please specify)	12.89%	91
Total Respondents: 706		

#	OTHER (PLEASE SPECIFY)	DATE
1	joint pain	12/20/2017 4:49 PM
2	skin surgery	12/20/2017 3:07 PM
3	seizures	12/20/2017 12:26 PM
4	cholesterol high	12/19/2017 4:48 PM
5	migraines	12/19/2017 4:13 PM
6	Thyroid	12/19/2017 3:42 PM
7	do not want to say	12/19/2017 12:31 PM
8	joint pain	12/15/2017 4:35 PM
9	back problems	12/15/2017 3:52 PM
10	dont want to say	12/12/2017 5:34 PM
11	joint pain	12/12/2017 4:47 PM
12	dont want to say	12/12/2017 3:41 PM
13	Thyroid disease	12/11/2017 3:32 PM
14	Kidney Stones	12/7/2017 11:51 AM
15	none	12/6/2017 5:35 PM
16	Allergies	12/6/2017 4:47 PM
17	thyroid	12/6/2017 3:21 PM
18	Arthritis	12/4/2017 8:29 PM
19	hypoglycma	12/4/2017 4:58 PM
20	kidney problems	12/4/2017 4:51 PM
21	vision	12/4/2017 4:36 PM

00	and the	40/4/0047 4 00 044
22	smoking	12/4/2017 4:29 PM 12/4/2017 4:12 PM
24	hypothyrod	12/4/2017 4:12 PM 12/4/2017 4:07 PM
	Healthy Eathing	
25	Stress	12/1/2017 8:14 AM
26	Dysautonomia	11/25/2017 10:30 AM
27	Ptsd	11/22/2017 8:14 AM
28	Heart arrhythmia	11/21/2017 6:39 PM
29	Stress/anxiety	11/21/2017 9:18 AM
30	Back	11/21/2017 6:59 AM
31	I'm in good health because I travel out of the county for healthcare.	11/21/2017 5:58 AM
32	Arthritis	11/21/2017 5:55 AM
33	Heart issues	11/20/2017 5:21 PM
34	No health challenges myself, but in the community most of the above	11/20/2017 5:10 PM
35	over thinking	11/20/2017 4:53 PM
36	Epilepsy	11/20/2017 4:46 PM
37	Sinus/allergies	11/20/2017 4:44 PM
38	None of the above	11/20/2017 4:33 PM
39	Crohns Disease	11/20/2017 3:35 PM
40	stress	11/20/2017 2:42 PM
41	hearing issues	11/20/2017 1:50 PM
42	Smoking tobacco	11/20/2017 1:34 PM
43	none	11/20/2017 1:20 PM
44	No major health challenges	11/20/2017 1:14 PM
45	Depression	11/20/2017 1:06 PM
46	No health issues	11/20/2017 12:35 PM
47	Vision	11/13/2017 2:37 PM
48	do not want to say	11/13/2017 2:34 PM
49	do not want to give this infromation	11/13/2017 2:30 PM
50	Mobility	11/13/2017 2:14 PM
51	Allergies	11/13/2017 2:12 PM
52	low blood pressure	11/13/2017 1:16 PM
53	Crohns	11/13/2017 12:41 PM
54	Thyroid	11/13/2017 12:32 PM
55	none	11/13/2017 12:23 PM
56	Finding the time and motivation to exercise	11/3/2017 5:15 PM
57	never enough time in the day	11/3/2017 11:40 AM
58	Thyroid problems	11/2/2017 4:41 PM
59	Weight	11/2/2017 11:41 AM

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ANSWER CHOICES	RESPON	SES
I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work)	71.01%	480
I eat at least 5 servings of fruit and vegetables each day	22.63%	153
I eat fast food more than two times per week	46.75%	316
I smoke cigarettes	21.15%	143
I chew tobacco	6.66%	45
I use illegal drugs	4.44%	30
I abuse or overuse prescription drugs	3.55%	24
I consume 2 or more alcoholic drinks (if female) or 3 or more (if male) per day	2.96%	20
I do not understand when health care providers speak to me using medical terms	9.62%	65
I have access to a wellness program through my employer	25.74%	174
Total Respondents: 676		

Q4 How would you rate Russell County as a "Healthy Community?"

Answered: 696 Skipped: 10

Russell County Community Health Survey

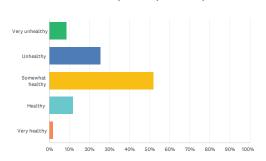
60	Lack of good exercise Regimen	11/2/2017 11:37 AM
61	food quality, environmental toxins (water, food, air), enough physical exercise	11/1/2017 5:29 PM
62	high college costs	11/1/2017 2:43 PM
63	IBS	11/1/2017 1:06 PM
64	triglycerides, cholesterol	11/1/2017 12:54 PM
65	High Cholesterol	11/1/2017 12:23 PM
66	aging	11/1/2017 11:47 AM
67	skin cancer	11/1/2017 10:56 AM
68	none of other selections apply to me	11/1/2017 10:32 AM
69	Anemia	11/1/2017 10:12 AM
70	high cholersterol	11/1/2017 9:59 AM
71	NONE	11/1/2017 9:58 AM
72	lupos	11/1/2017 9:58 AM
73	none	11/1/2017 9:57 AM
74	n/a	11/1/2017 9:57 AM
75	arthritis	11/1/2017 9:57 AM
76	none	11/1/2017 9:34 AM
77	underactive thyroid	11/1/2017 9:30 AM
78	Chronic illness	11/1/2017 9:16 AM
79	none of the above	11/1/2017 8:45 AM
80	Underactive Thyroid	11/1/2017 8:20 AM
81	High cholesterol	10/31/2017 8:15 PM
82	Parkinson's	10/31/2017 7:19 PM
83	currently no challenges that are listed	10/31/2017 5:39 PM
84	None	10/31/2017 4:09 PM
85	stiffness	10/31/2017 3:56 PM
86	stressors caused by family/friends drug/alcohol addiction	10/31/2017 3:51 PM
87	No others listed	10/31/2017 3:49 PM
88	None of the above	10/31/2017 3:47 PM
89	Stress, allergies	10/31/2017 3:25 PM
90	Prediabetes	10/31/2017 3:22 PM
91	old and tired	10/31/2017 3:17 PM

Q3 Choose all statements that apply to you

Answered: 676 Skipped: 30

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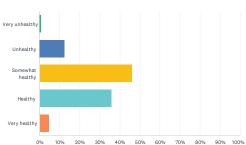
Russell County Community Health Survey



ANSWER CHOICES	RESPONSES
Very unhealthy	8.62% 60
Unhealthy	25.57% 178
Somewhat healthy	52.01% 362
Healthy	11.78% 82
Very healthy	2.01% 14
TOTAL	696

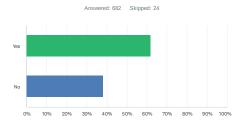
Q5 How would you rate your own personal health?

Answered: 696 Skipped: 10



ANSWER CHOICES	RESPONSES	
Very unhealthy	0.86%	6
Unhealthy	12.50%	87
Somewhat healthy	46.12%	321
Healthy	35.78%	249
Very healthy	4.74%	33
TOTAL		696

Q6 Are you satisfied with the health care system in Russell County?

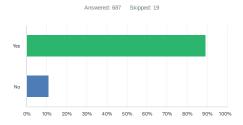


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Russell County Community Health Survey

8	family	12/12/2017 4:09 PM
9	family	12/4/2017 4:51 PM
10	family	11/20/2017 5:15 PM
11	family	11/20/2017 5:10 PM
12	my family	11/13/2017 2:37 PM
13	Journey Program Workers	11/13/2017 2:27 PM
14	my family	11/13/2017 1:18 PM
15	brother (family member)	11/13/2017 12:51 PM
16	Walking and biking	10/31/2017 3:25 PM

Q8 Are you able to visit a doctor when needed?



ANSWER CHOICES	RESPONSES	
Yes	89.23%	613
No	10.77%	74
TOTAL		687

Q9 If you answered "No" to number 8, please choose ALL reasons why below.

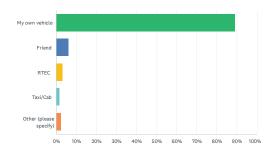
Answered: 78 Skipped: 628

Russell County Community Health Survey

ANSWER CHOICES	RESPONSES	
Yes	61.73%	421
No	38.27%	261
TOTAL		682

Q7 Which of the following forms of transportation do you use?

Answered: 697 Skipped: 9

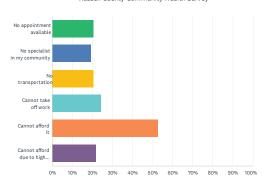


ANSWER CHOICES	RESPONSES	
My own vehicle	89.10%	621
Friend	6.17%	43
RTEC	3.01%	21
Taxi/Cab	1.58%	11
Other (please specify)	2.30%	16
Total Despondents: 607		

#	OTHER (PLEASE SPECIFY)	DATE
1	walk	12/20/2017 3:41 PM
2	family	12/20/2017 12:10 PM
3	family	12/19/2017 4:37 PM
4	I have none	12/19/2017 4:28 PM
5	family	12/12/2017 5:07 PM
6	family	12/12/2017 4:50 PM
7	family	12/12/2017 4:32 PM

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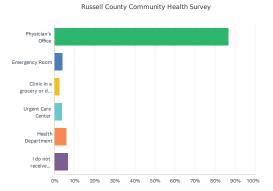
Russell County Community Health Survey



ANSWER CHOICES	RESPONSES	
No appointment available	20.51%	16
No specialist in my community	19.23%	15
No transportation	20.51%	16
Cannot take off work	24.36%	19
Cannot afford it	52.56%	41
Cannot afford due to high deductible	21.79%	17
Total Respondents: 78		

Q10 Where do you go for healthcare?

Answered: 698 Skipped: 8

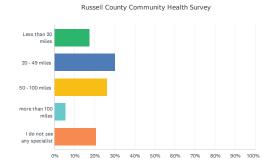


ANSWER CHOICES	RESPONSES	
Physician's Office	86.82%	606
Emergency Room	4.01%	28
Clinic in a grocery or drug store	2.58%	18
Urgent Care Center	3.87%	27
Health Department	6.02%	42
I do not receive healthcare	6.88%	48
Total Respondents: 698		

Q11 What type of healthcare insurance coverage do you have?

Answered: 690 Skipped: 16

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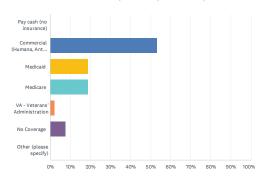


ANSWER CHOICES	RESPONSES	
Less than 20 miles	17.39%	121
20 - 49 miles	30.17%	210
50 - 100 miles	26.29%	183
more than 100 miles	5.46%	38
I do not see any specialist	20.69%	144
TOTAL		696

Q13 What group needs the most help with access to health care? (Choose only one)

Answered: 689 Skipped: 17

Russell County Community Health Survey

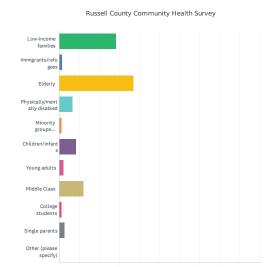


ANSWER	R CHOICES	RESPONSES	
Pay cash	h (no insurance)	0.00%	0
Commerc	cial (Humana, Anthem Blue Cross)	53.04%	366
Medicaid	1	18.84%	130
Medicare	•	18.70%	129
VA - Vete	erans' Administration	2.03%	14
No Cover	rage	7.39%	51
Other (ple	lease specify)	0.00%	0
TOTAL			690
#	OTHER (PLEASE SPECIFY)	DATE	
	There are no responses.		

Q12 How far do you travel to see a specialist?

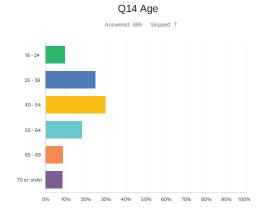
Answered: 696 Skipped: 10

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ANSWER CHOICES	RESPONSES	
Low-income families	28.30%	195
Immigrants/refugees	1.31%	9
Elderly	36.87%	254
Physically/mentally disabled	6.53%	45
Minority groups (Hispanic, African Americans)	1.02%	7
Children/infants	8.27%	57
Young adults	2.18%	15
Middle Class	11.90%	82
College students	1.16%	8
Single parents	2.47%	17
Other (please specify)	0.00%	0
TOTAL		689

OTHER (PLEASE SPECIFY)
There are no responses.



ANSWER CHOICES	RESPONSES	
18 - 24	9.87%	69
25 - 39	24.89%	174
40 - 54	29.90%	209
55 - 64	18.03%	126
65 - 69	8.73%	61
70 or older	8.58%	60
TOTAL		699

Q15 Gender

Answered: 678 Skipped: 28

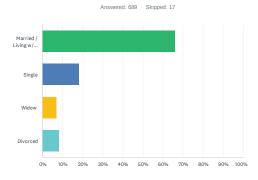
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Russell County Community Health Survey

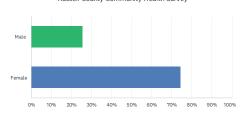
ANSWER CHOICES	RESPONSES
African American/Black	0.57%
Asian/Pacific Islander	0.00%
Hispanic/Latino	2.44% 17
Native American	0.86%
White/Caucasian	95.70% 668
Other (please specify)	0.43%
TOTAL	698

#	OTHER (PLEASE SPECIFY)	DATE
1	American	11/22/2017 8:14 AM
2	none of your bussiness	11/13/2017 2:12 PM
3	perfer not to answer	11/13/2017 12:48 PM

Q17 Marital Status

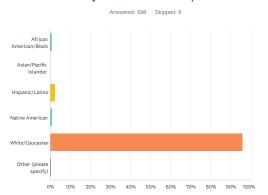


Russell County Community Health Survey



ANSWER CHOICES	RESPONSES	
Male	25.66%	174
Female	74.34%	504
TOTAL		678

Q16 Race/Ethnic Group



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Russell County Community Health Survey

ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	66.04%	455
Single	18.43%	127
Widow	7.11%	49
Divorced	8.42%	58
TOTAL		689

Q18 Highest level of education you completed?

Answered: 677 Skipped: 29

High school graduate

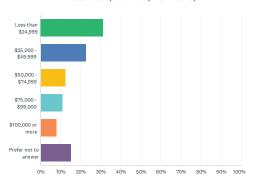
College graduate

Technical school graduate

ANSWER (CHOICES	RESPONSES		
High schoo	graduate	56.43%		382
College gra	duate	38.11%		258
Technical s	chool graduate	5.47%		37
TOTAL				677
#	OTHER (PLEASE SPECIFY)		DATE	
	There are no responses.			

Q19 Household Income

Answered: 695 Skipped: 11



ANSWER CHOICES	RESPONSES	
Less than \$24,999	31.22%	217
\$25,000 - \$49,999	22.59%	157
\$50,000 - \$74,999	12.37%	86
\$75,000 - \$99,000	10.79%	75
\$100,000 or more	7.91%	55
Prefer not to answer	15.11%	105
TOTAL		695

Q20 What is your current employment status?

Answered: 700 Skipped: 6

Employed fült-time Employed part-time Student Homemaker Unemployed Disabled

Russell County Community Health Survey

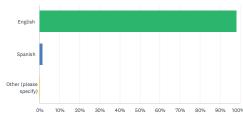
ANSWER CHOICES	RESPONSES	
Employed full-time	55.43%	388
Employed part-time	7.71%	54
Student	1.00%	7
Homemaker	3.29%	23
Unemployed	8.29%	58
Disabled	10.43%	73
Retired	13.86%	97
TOTAL		700

Q21 Primary language

Answered: 693 Skipped: 13

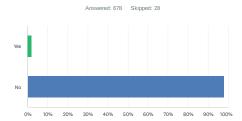
21/42





ANSWER CHOICES		RESPONSES	
English		98.27%	681
Spanish		1.59%	11
Other (please specify)		0.14%	1
TOTAL			693
#	OTHER (PLEASE SPECIFY)		DATE
1	Both Spanish and English		11/8/2017 1:38 AM

Q22 Is understanding the English language a problem for you?



ANSWER CHOICES	RESPONSES	
Yes	2.06%	14
No	97.94%	664
TOTAL		678

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Russell County Community Health Survey

#	IF "YES" WHY?	DATE
1	Dont speak good english	12/21/2017 4:04 PM
2	sometimes but I do ok	12/21/2017 10:03 AM
3	Do not speak english good	12/12/2017 5:23 PM
4	Dont speak good english	12/12/2017 5:11 PM

Q23 What zip code do you live in?

Answered: 696 Skipped: 10

#	RESPONSES	DATE
1	42629	12/21/2017 4:07 PM
2	42642	12/21/2017 4:05 PM
3	42642	12/21/2017 4:04 PM
4	42642	12/21/2017 4:02 PM
5	42642	12/21/2017 4:00 PM
6	42629	12/21/2017 3:59 PM
7	42642	12/21/2017 3:57 PM
8	42642	12/21/2017 3:56 PM
9	42642	12/21/2017 3:54 PM
10	42642	12/21/2017 3:52 PM
11	42642	12/21/2017 3:51 PM
12	42642	12/21/2017 3:49 PM
13	42642	12/21/2017 3:48 PM
14	42642	12/21/2017 3:46 PM
15	42629	12/21/2017 3:45 PM
16	42642	12/21/2017 3:43 PM
17	42642	12/21/2017 3:42 PM
18	42642	12/21/2017 3:40 PM
19	42642	12/21/2017 3:38 PM
20	42629	12/21/2017 3:36 PM
21	42642	12/21/2017 3:34 PM
22	42642	12/21/2017 3:32 PM
23	42629	12/21/2017 3:31 PM
24	42642	12/21/2017 3:30 PM
25	42629	12/21/2017 3:28 PM
26	42629	12/21/2017 3:26 PM
27	42642	12/21/2017 3:25 PM
28	42642	12/21/2017 3:23 PM

Russe	II County	Community	/ Health	Survey

29	42642	12/21/2017 3:21 PM
30	42642	12/21/2017 3:20 PM
31	42642	12/21/2017 3:18 PM
32	42629	12/21/2017 3:17 PM
13	42629	12/21/2017 3:15 PM
34	42629	12/21/2017 3:12 PM
35	42642	12/21/2017 3:10 PM
36	42642	12/21/2017 3:09 PM
37	42642	12/21/2017 3:07 PM
38	42642	12/21/2017 3:06 PM
39	42642	12/21/2017 12:07 PM
40	42629	12/21/2017 12:06 PM
41	42642	12/21/2017 12:04 PM
42	42629	12/21/2017 12:03 PM
13	42629	12/21/2017 12:00 PM
14	42642	12/21/2017 11:55 AM
45	42642	12/21/2017 11:36 AM
16	42642	12/21/2017 11:33 AM
17	42629	12/21/2017 11:30 AM
18	42642	12/21/2017 10:11 AM
19	42642	12/21/2017 10:09 AM
50	42642	12/21/2017 10:05 AM
51	42629	12/21/2017 10:03 AM
52	42629	12/21/2017 10:01 AM
53	42642	12/21/2017 9:59 AM
54	42629	12/21/2017 9:56 AM
55	42642	12/21/2017 9:54 AM
56	42642	12/21/2017 9:52 AM
57	42629	12/21/2017 9:49 AM
58	42642	12/20/2017 4:59 PM
59	42642	12/20/2017 4:57 PM
60	42629	12/20/2017 4:56 PM
61	42629	12/20/2017 4:55 PM
52	42642	12/20/2017 4:53 PM
63	42642	12/20/2017 4:49 PM
64	42642	12/20/2017 4:45 PM
65	42629	12/20/2017 4:41 PM
66	42642	12/20/2017 4:40 PM

	Russell County Community Health Survey	
67	42629	12/20/2017 4:36 PM
68	42629	12/20/2017 4:33 PM
69	42642	12/20/2017 4:18 PM
70	42629	12/20/2017 4:17 PM
71	42629	12/20/2017 4:15 PM
72	42642	12/20/2017 4:13 PM
73	42642	12/20/2017 4:12 PM
74	42629	12/20/2017 3:50 PM
75	42642	12/20/2017 3:48 PM
76	42642	12/20/2017 3:45 PM
77	42629	12/20/2017 3:43 PM
78	42642	12/20/2017 3:41 PM
79	42642	12/20/2017 3:39 PM
80	42629	12/20/2017 3:37 PM
81	42629	12/20/2017 3:35 PM
82	42642	12/20/2017 3:33 PM
83	42642	12/20/2017 3:30 PM
84	42629	12/20/2017 3:28 PM
85	42629	12/20/2017 3:25 PM
86	42642	12/20/2017 3:23 PM
87	42642	12/20/2017 3:21 PM
88	42629	12/20/2017 3:18 PM
89	42642	12/20/2017 3:17 PM
90	42642	12/20/2017 3:15 PM
91	42642	12/20/2017 3:14 PM
92	42642	12/20/2017 3:12 PM
93	42642	12/20/2017 3:10 PM
94	42642	12/20/2017 3:07 PM
95	42642	12/20/2017 3:04 PM
96	42642	12/20/2017 3:02 PM
97	42629	12/20/2017 3:00 PM
98	42629	12/20/2017 2:58 PM
99	42642	12/20/2017 2:57 PM
100	42642	12/20/2017 2:54 PM
101	42642	12/20/2017 2:52 PM
102	42642	12/20/2017 2:50 PM
103	42642	12/20/2017 2:48 PM
104	42642	12/20/2017 2:47 PM

25/42 26/42

Russell County Community Health Survey

Russell County Community Health Survey

42629 42642 42629 42629 42642 42642 42642 42642 42642 42642 42642 42642	12/20/2017 2-20 PM 12/20/2017 2-18 PM 12/20/2017 2-15 PM 12/20/2017 12-26 PM 12/20/2017 12-20 PM 12/20/2017 12-18 PM 12/20/2017 12-10 PM 12/20/2017 12-10 PM 12/20/2017 12-08 PM
42629 42629 42642 42642 42642 42642 42629	12/20/2017 2:15 PM 12/20/2017 12:26 PM 12/20/2017 12:20 PM 12/20/2017 12:18 PM 12/20/2017 12:14 PM 12/20/2017 12:10 PM
42629 42642 42642 42642 42629 42642	12/20/2017 12-26 PM 12/20/2017 12-20 PM 12/20/2017 12-18 PM 12/20/2017 12-14 PM 12/20/2017 12-10 PM
42642 42642 42642 42629 42642	12/20/2017 12:20 PM 12/20/2017 12:18 PM 12/20/2017 12:14 PM 12/20/2017 12:10 PM
42642 42642 42629 42642	12/20/2017 12:18 PM 12/20/2017 12:14 PM 12/20/2017 12:10 PM
42642 42629 42642	12/20/2017 12:14 PM 12/20/2017 12:10 PM
42629 42642	12/20/2017 12:10 PM
42642	
	12/20/2017 12:08 PM
42642	12/20/2017 12:00 F W
42042	12/20/2017 12:06 PM
42629	12/20/2017 11:55 AM
42629	12/20/2017 11:53 AM
42642	12/20/2017 11:49 AM
42642	12/20/2017 11:37 AM
42642	12/19/2017 4:52 PM
42629	12/19/2017 4:50 PM
42642	12/19/2017 4:48 PM
42629	12/19/2017 4:46 PM
42629	12/19/2017 4:45 PM
42642	12/19/2017 4:43 PM
42629	12/19/2017 4:42 PM
42642	12/19/2017 4:40 PM
42642	12/19/2017 4:39 PM
42642	12/19/2017 4:37 PM
42642	12/19/2017 4:36 PM
42642	12/19/2017 4:34 PM
42642	12/19/2017 4:33 PM
42642	12/19/2017 4:31 PM
42642	12/19/2017 4:30 PM
42642	12/19/2017 4:28 PM
42642	12/19/2017 4:26 PM
42629	12/19/2017 4:24 PM
42642	12/19/2017 4:23 PM
42642	12/19/2017 4:20 PM
42642	12/19/2017 4:19 PM
42642	12/19/2017 4:17 PM
42642	12/19/2017 4:16 PM

143	42642	12/19/2017 4:13 PM
144	42642	12/19/2017 4:11 PM
145	42629	12/19/2017 4:09 PM
146	42642	12/19/2017 4:08 PM
147	42642	12/19/2017 4:06 PM
148	42642	12/19/2017 4:05 PM
149	42629	12/19/2017 4:04 PM
150	42642	12/19/2017 4:02 PM
151	42642	12/19/2017 4:01 PM
152	42642	12/19/2017 3:59 PM
153	42629	12/19/2017 3:57 PM
154	42642	12/19/2017 3:55 PM
155	42642	12/19/2017 3:54 PM
156	42642	12/19/2017 3:52 PM
157	42642	12/19/2017 3:50 PM
158	42642	12/19/2017 3:48 PM
159	42642	12/19/2017 3:47 PM
160	42642	12/19/2017 3:45 PM
161	42642	12/19/2017 3:44 PM
162	42642	12/19/2017 3:42 PM
163	42629	12/19/2017 3:40 PM
164	42642	12/19/2017 3:38 PM
165	42629	12/19/2017 3:36 PM
166	42642	12/19/2017 3:35 PM
167	42642	12/19/2017 3:33 PM
168	42629	12/19/2017 3:32 PM
169	42642	12/19/2017 3:30 PM
170	42642	12/19/2017 1:30 PM
171	42642	12/19/2017 1:26 PM
172	42642	12/19/2017 1:23 PM
173	42642	12/19/2017 1:19 PM
174	42642	12/19/2017 1:18 PM
175	42642	12/19/2017 1:15 PM
176	42642	12/19/2017 1:13 PM
177	42629	12/19/2017 1:11 PM
178	42629	12/19/2017 1:06 PM
179	42629	12/19/2017 1:03 PM
180	42642	12/19/2017 1:02 PM

173 _{27/42} _{28/42}

Ruccall	County	Community	/ Health	Survey

101	42629	12/19/2017 1:00 PM	219	42629	12/15/2017 3:58 PM
181	42642	12/19/2017 1:00 PM 12/19/2017 12:58 PM	220	42629	12/15/2017 3:58 PM 12/15/2017 3:57 PM
183	42629	12/19/2017 12:56 PM	221	42642,	12/15/2017 3:55 PM
		12/19/2017 12:56 PM 12/19/2017 12:54 PM		42642	12/15/2017 3:55 PM 12/15/2017 3:53 PM
184	42629		222		
185	42629	12/19/2017 12:51 PM	223	42629	12/15/2017 3:52 PM
186	42629	12/19/2017 12:49 PM	224	42642	12/15/2017 3:50 PM
187	42629	12/19/2017 12:46 PM	225	42629	12/13/2017 11:58 AM
188	42642	12/19/2017 12:44 PM	226	42642	12/13/2017 11:56 AM
189	42642	12/19/2017 12:43 PM	227	42629	12/13/2017 11:47 AM
190	42629	12/19/2017 12:41 PM	228	42629	12/13/2017 11:16 AM
191	42629	12/19/2017 12:39 PM	229	42642	12/13/2017 10:55 AM
192	42629	12/19/2017 12:37 PM	230	42642	12/12/2017 5:49 PM
193	42629	12/19/2017 12:34 PM	231	42642	12/12/2017 5:46 PM
194	42629	12/19/2017 12:33 PM	232	42642	12/12/2017 5:44 PM
195	42629	12/19/2017 12:31 PM	233	42642	12/12/2017 5:43 PM
196	42642	12/19/2017 12:29 PM	234	42642	12/12/2017 5:41 PM
197	42642	12/15/2017 4:42 PM	235	42642	12/12/2017 5:40 PM
198	42642	12/15/2017 4:40 PM	236	42642	12/12/2017 5:38 PM
199	42629	12/15/2017 4:37 PM	237	42642	12/12/2017 5:37 PM
200	42642	12/15/2017 4:35 PM	238	42642	12/12/2017 5:35 PM
201	42642	12/15/2017 4:33 PM	239	42642	12/12/2017 5:34 PM
202	42642	12/15/2017 4:31 PM	240	42642	12/12/2017 5:31 PM
203	42629	12/15/2017 4:29 PM	241	42642	12/12/2017 5:30 PM
204	42642	12/15/2017 4:28 PM	242	42642	12/12/2017 5:28 PM
205	42642	12/15/2017 4:26 PM	243	42629	12/12/2017 5:27 PM
206	42642	12/15/2017 4:25 PM	244	42642	12/12/2017 5:25 PM
207	42642	12/15/2017 4:23 PM	245	42629	12/12/2017 5:23 PM
208	42642	12/15/2017 4:22 PM	246	42642	12/12/2017 5:21 PM
209	42642	12/15/2017 4:20 PM	247	42629	12/12/2017 5:20 PM
210	42642	12/15/2017 4:19 PM	248	42642	12/12/2017 5:12 PM
211	42642	12/15/2017 4:17 PM	249	42642	12/12/2017 5:11 PM
212	42642	12/15/2017 4:15 PM	250	42642	12/12/2017 5:08 PM
213	42642	12/15/2017 4:12 PM	251	42642	12/12/2017 5:07 PM
214	42642	12/15/2017 4:08 PM	252	42642	12/12/2017 5:02 PM
215	42629	12/15/2017 4:07 PM	253	42629	12/12/2017 5:00 PM
216	42642	12/15/2017 4:04 PM	254	42642	12/12/2017 3:00 PM
217	42629	12/15/2017 4:04 PM	255	42642	12/12/2017 4:58 PM 12/12/2017 4:57 PM
218	42642	12/15/2017 4:00 PM	256	42642	12/12/2017 4:55 PM

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Russell C	County	Community	Health	Survey
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Russell County Community Health Survey

		Russell County Community Health Survey			Russell County Community Health Survey	
257	42642	12/12/2017 4:53 PM	295	42642		12/6/2017 8:08 PM
258	42642	12/12/2017 4:52 PM	296	42642		12/6/2017 5:35 PM
259	42629	12/12/2017 4:50 PM	297	42642		12/6/2017 4:47 PM
260	42642	12/12/2017 4:48 PM	298	42728		12/6/2017 4:01 PM
261	42629	12/12/2017 4:47 PM	299	42642		12/6/2017 3:21 PM
262	42642	12/12/2017 4:44 PM	300	42501		12/6/2017 3:14 PM
263	42642	12/12/2017 4:42 PM	301	42642		12/6/2017 3:03 PM
264	42629	12/12/2017 4:41 PM	302	40422		12/6/2017 9:39 AM
265	42642	12/12/2017 4:39 PM	303	42642		12/6/2017 9:32 AM
266	42629	12/12/2017 4:37 PM	304	42629		12/6/2017 9:03 AM
267	42629	12/12/2017 4:35 PM	305	42629		12/5/2017 5:24 PM
268	42629	12/12/2017 4:32 PM	306	42642		12/5/2017 5:23 PM
269	42629	12/12/2017 4:09 PM	307	42642		12/5/2017 5:21 PM
270	42642	12/12/2017 3:51 PM	308	42642		12/5/2017 5:20 PM
271	42642	12/12/2017 3:49 PM	309	42629		12/5/2017 5:19 PM
272	42642	12/12/2017 3:47 PM	310	42629		12/5/2017 5:13 PM
273	42642	12/12/2017 3:45 PM	311	42642		12/5/2017 5:12 PM
274	42642	12/12/2017 3:44 PM	312	42629		12/5/2017 5:10 PM
275	42642	12/12/2017 3:41 PM	313	42642		12/5/2017 1:07 PM
276	42642	12/12/2017 3:39 PM	314	42642		12/4/2017 8:29 PM
277	42642	12/12/2017 3:37 PM	315	42642		12/4/2017 8:02 PM
278	42629	12/12/2017 3:31 PM	316	42642		12/4/2017 4:58 PM
279	42642	12/11/2017 3:32 PM	317	42642		12/4/2017 4:55 PM
280	42642	12/11/2017 11:12 AM	318	42629		12/4/2017 4:53 PM
281	42503	12/8/2017 10:55 AM	319	42642		12/4/2017 4:51 PM
282	42565	12/8/2017 10:24 AM	320	42642		12/4/2017 4:49 PM
283	42642	12/7/2017 11:51 AM	321	42642		12/4/2017 4:46 PM
284	42728	12/7/2017 11:50 AM	322	42642		12/4/2017 4:44 PM
285	42629	12/7/2017 11:46 AM	323	42642		12/4/2017 4:41 PM
286	42642	12/7/2017 11:43 AM	324	42629		12/4/2017 4:38 PM
287	42642	12/7/2017 11:39 AM	325	42629		12/4/2017 4:36 PM
288	42642	12/7/2017 11:31 AM	326	42642		12/4/2017 4:34 PM
289	42629	12/7/2017 11:26 AM	327	42642		12/4/2017 4:33 PM
290	42642	12/7/2017 11:10 AM	328	42642		12/4/2017 4:31 PM
291	42629	12/7/2017 10:01 AM	329	42629		12/4/2017 4:29 PM
292	42629	12/7/2017 9:47 AM	330	42629		12/4/2017 4:27 PM
293	42629	12/7/2017 9:35 AM	331	42629		12/4/2017 4:24 PM
294	42642	12/7/2017 9:22 AM	332	42642		12/4/2017 4:22 PM

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Ruccall	County	Community	/ Health	Survey

000	400.40	40/4/2017 4 40 704	074	10010	44/04/0047 4 40 044
333	42642	12/4/2017 4:19 PM	371	42642	11/21/2017 1:13 PM
334	42642	12/4/2017 4:17 PM	372	42642	11/21/2017 11:50 AM
335	42642	12/4/2017 4:14 PM	373	42728	11/21/2017 9:18 AM
336	42642	12/4/2017 4:12 PM	374	42728	11/21/2017 9:18 AM
337	42642	12/4/2017 4:09 PM	375	42642	11/21/2017 8:50 AM
338	42642	12/4/2017 4:07 PM	376	42629	11/21/2017 6:59 AM
339	42642	12/4/2017 3:37 PM	377	42642	11/21/2017 5:58 AM
340	42642	12/4/2017 3:34 PM	378	42642	11/21/2017 5:55 AM
341	42642	12/4/2017 3:29 PM	379	42642	11/21/2017 3:57 AM
342	42642	12/4/2017 3:27 PM	380	42642	11/21/2017 12:45 AM
343	42642	12/4/2017 3:25 PM	381	42629	11/20/2017 11:27 PM
344	42642	12/4/2017 3:22 PM	382	42642	11/20/2017 11:07 PM
345	42629	12/4/2017 3:20 PM	383	42642	11/20/2017 8:53 PM
346	42629	12/4/2017 3:17 PM	384	42629	11/20/2017 8:48 PM
347	42629	12/4/2017 3:14 PM	385	42642	11/20/2017 7:42 PM
348	42642	12/4/2017 3:11 PM	386	42642	11/20/2017 5:55 PM
349	42642	12/4/2017 3:02 PM	387	42629	11/20/2017 5:37 PM
350	42629	12/4/2017 3:00 PM	388	42642	11/20/2017 5:26 PM
351	42629	12/4/2017 2:58 PM	389	42629	11/20/2017 5:25 PM
352	42642	12/4/2017 2:55 PM	390	42629	11/20/2017 5:23 PM
353	42629	12/4/2017 2:53 PM	391	42642	11/20/2017 5:21 PM
354	42629	12/1/2017 8:14 AM	392	42629	11/20/2017 5:21 PM
355	42642	11/28/2017 4:31 PM	393	42642	11/20/2017 5:19 PM
356	42642	11/28/2017 1:29 PM	394	42642	11/20/2017 5:17 PM
357	42642	11/28/2017 1:11 PM	395	42642	11/20/2017 5:15 PM
358	42642	11/28/2017 1:10 PM	396	42642	11/20/2017 5:12 PM
359	42642	11/28/2017 1:07 PM	397	42642	11/20/2017 5:10 PM
360	42642	11/27/2017 5:22 PM	398	42642	11/20/2017 5:10 PM
361	42642	11/27/2017 5:21 PM	399	42629	11/20/2017 5:08 PM
362	42629	11/27/2017 5:19 PM	400	42629	11/20/2017 5:06 PM
363	42629	11/27/2017 5:10 PM	401	42642	11/20/2017 5:04 PM
364	42629	11/27/2017 5:08 PM	402	42642	11/20/2017 5:02 PM
365	42717	11/27/2017 2:06 PM	403	42629	11/20/2017 5:00 PM
366	42629	11/25/2017 10:30 AM	404	42642	11/20/2017 4:58 PM
367	42642	11/22/2017 2:10 PM	405	42642	11/20/2017 4:56 PM
368	42642	11/22/2017 8:14 AM	406	42642	11/20/2017 4:55 PM
369	42642	11/21/2017 6:39 PM	407	42642	11/20/2017 4:53 PM
370	42642	11/21/2017 2:00 PM	408	42629	11/20/2017 4:51 PM

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Russell County Community Health Survey

Russell County Community Health Survey

	Russell County Community Hea	itii Survey
409	42642	11/20/2017 4:48 PM
410	42629	11/20/2017 4:47 PM
411	42642	11/20/2017 4:46 PM
412	42629	11/20/2017 4:45 PM
413	42642	11/20/2017 4:44 PM
414	42629	11/20/2017 4:43 PM
415	42642	11/20/2017 4:32 PM
416	42642	11/20/2017 4:29 PM
417	42642	11/20/2017 4:21 PM
418	42642	11/20/2017 4:19 PM
419	42642	11/20/2017 4:17 PM
420	42642	11/20/2017 4:15 PM
421	42642	11/20/2017 4:11 PM
422	42642	11/20/2017 3:57 PM
423	42629	11/20/2017 3:55 PM
424	42629	11/20/2017 3:54 PM
425	42629	11/20/2017 3:52 PM
426	42642	11/20/2017 3:44 PM
427	42642	11/20/2017 3:42 PM
428	42629	11/20/2017 3:40 PM
429	42642	11/20/2017 3:38 PM
430	42642	11/20/2017 3:35 PM
431	42642	11/20/2017 3:33 PM
432	42642	11/20/2017 3:31 PM
433	42642	11/20/2017 3:28 PM
434	42642	11/20/2017 3:25 PM
435	42642	11/20/2017 3:25 PM
436	42544	11/20/2017 3:21 PM
437	42629	11/20/2017 3:14 PM
438	42642	11/20/2017 3:09 PM
439	42728	11/20/2017 2:58 PM
440	42642	11/20/2017 2:55 PM
441	42642	11/20/2017 2:43 PM
442	42642	11/20/2017 2:42 PM
443	42642	11/20/2017 2:32 PM
444	42642	11/20/2017 2:13 PM
445	42629	11/20/2017 2:05 PM
446	42642	11/20/2017 1:54 PM

447	42642	11/20/2017 1:50 PM
448	42642	11/20/2017 1:49 PM
449	42642	11/20/2017 1:47 PM
450	42642	11/20/2017 1:45 PM
451	42642	11/20/2017 1:42 PM
452	42629	11/20/2017 1:41 PM
453	40324	11/20/2017 1:37 PM
454	42642	11/20/2017 1:34 PM
455	42629	11/20/2017 1:31 PM
456	42642	11/20/2017 1:20 PM
457	42629	11/20/2017 1:14 PM
458	42629	11/20/2017 1:12 PM
459	42642	11/20/2017 1:10 PM
460	42642	11/20/2017 1:06 PM
461	42602	11/20/2017 12:35 PM
462	42629	11/20/2017 12:29 PM
463	40422	11/20/2017 12:24 PM
464	42629	11/14/2017 2:09 PM
465	42642	11/14/2017 2:07 PM
466	42642	11/14/2017 2:05 PM
467	42642	11/14/2017 2:02 PM
468	42642	11/14/2017 2:00 PM
469	42642	11/14/2017 1:58 PM
470	42642	11/14/2017 1:52 PM
471	42642	11/14/2017 1:50 PM
472	42642	11/14/2017 1:47 PM
473	42629	11/14/2017 1:35 PM
474	42642	11/13/2017 3:39 PM
475	42642	11/13/2017 3:37 PM
476	42642	11/13/2017 3:35 PM
477	42642	11/13/2017 3:33 PM
478	42642	11/13/2017 3:02 PM
479	42642	11/13/2017 2:52 PM
480	42642	11/13/2017 2:46 PM
481	42642	11/13/2017 2:43 PM
482	42629	11/13/2017 2:41 PM
483	42629	11/13/2017 2:39 PM
484	42629	11/13/2017 2:37 PM

Russell County	Community	Health Survey
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100 100						
400 400 100	485	42642	11/13/2017 2:34 PM	523	42629	11/13/2017 11:31 AM
486 4862						
496						
486						
495 4964	489	42642	11/13/2017 2:24 PM		42642	11/9/2017 3:43 PM
4282 42829	490	42642	11/13/2017 2:14 PM	528	42629	11/8/2017 10:12 PM
488	491	42642	11/13/2017 2:12 PM	529	42642	11/8/2017 1:11 PM
484 42642	492	42629	11/13/2017 2:09 PM	530	42629	11/8/2017 12:41 PM
485 42642	493	42642	11/13/2017 2:07 PM	531	42629	11/8/2017 1:38 AM
486 4262 11/3/2017 120 PM	494	42642	11/13/2017 2:05 PM	532	42728	11/7/2017 9:05 PM
487 4262 11/3/2017 1:20 PM	495	42642	11/13/2017 2:03 PM	533	42642	11/7/2017 12:59 PM
488 42629 11/13/2017 1:18 PM 536 42642 11/13/2017 1:16 PM 537 42842 11/13/2017 1:15 PM 537 42842 11/13/2017 1:15 PM 538 42842 11/13/2017 1:15 PM 538 42842 11/13/2017 1:15 PM 538 42842 11/13/2017 1:10 PM 539 42629 11/13/2017 1:00 PM 540 42629 11/13/2017 1:00 PM 540 42629 11/13/2017 1:00 PM 541 42629 11/13/2017 1:00 PM 542 42728 11/13/2017 1:00 PM 543 42642 11/13/2017 1:00 PM 544 42728 11/13/2017 1:00 PM 542 42728 11/13/2017 1:00 PM 543 42642 11/13/2017 1:00 PM 544 42728 11/13/2017 1:00 PM 544 42728 11/13/2017 1:00 PM 544 42728 11/13/2017 1:00 PM 545 42642 11/13/2017 1:24 PM 546 42	496	42642	11/13/2017 2:01 PM	534	42629	11/7/2017 12:03 PM
489 42642	497	42642	11/13/2017 1:20 PM	535	42642	11/7/2017 11:24 AM
500 42642 11/13/2017 1:11 PM 538 42642 11/16/2017 1:11 PM 501 42642 11/13/2017 1:10 PM 599 42629 11/16/2017 1:00 PM 503 42629 11/13/2017 1:06 PM 540 42629 11/16/2017 9:07 AM 504 42629 11/13/2017 1:01 PM 541 42629 11/16/2017 9:07 AM 506 42629 11/13/2017 1:01 PM 542 42728 11/16/2017 1:03 PM 506 42629 11/13/2017 1:01 PM 543 42642 11/14/2017 1:03 PM 507 42629 11/13/2017 1:24 PM 543 42642 11/14/2017 1:03 PM 507 42642 11/13/2017 1:24 PM 544 42728 11/14/2017 1:03 PM 508 42642 11/13/2017 1:24 PM 546 42642 11/13/2017 1:25 PM 510 42629 11/13/2017 1:23 PM 546 42642 11/13/2017 1:25 PM 511 42629 11/13/2017 1:23 PM 546 42642 11/13/2017 1:24 PM 512 42629 11/13/2017	498	42629	11/13/2017 1:18 PM	536	42642	11/6/2017 9:47 PM
501 42642	499	42642	11/13/2017 1:16 PM	537	42642	11/6/2017 11:51 AM
502 42642 11/13/2017 1:06 PM 540 42629 11/6/2017 9:37 AM 503 42629 11/13/2017 1:06 PM 541 42629 11/6/2017 9:37 AM 504 42629 11/13/2017 1:03 PM 542 42728 11/6/2017 9:37 AM 506 42629 11/13/2017 1:05 PM 543 42642 11/13/2017 8:41 AM 507 42642 11/13/2017 1:24 PM 544 42728 11/13/2017 8:41 AM 508 42642 11/13/2017 1:24 PM 545 42642 11/3/2017 5:45 PM 509 42642 11/13/2017 1:24 PM 546 42642 11/3/2017 2:55 PM 500 42629 11/13/2017 1:23 PM 547 42642 11/3/2017 2:55 PM 510 42629 11/13/2017 1:23 PM 548 42629 11/3/2017 2:19 PM 511 42629 11/13/2017 1:23 PM 549 42642 11/3/2017 2:19 PM 512 42629 11/13/2017 1:23 PM 559 42642 11/3/2017 1:19 PM 513 42642 11/13/2017 1:22 PM<	500	42642	11/13/2017 1:13 PM	538	42642	11/6/2017 11:19 AM
503 42629 11/13/2017 1:06 PM 541 42629 11/6/2017 9:07 AM 504 42629 11/13/2017 1:03 PM 542 42728 11/6/2017 9:24 AM 505 42629 11/13/2017 1:25 PM 543 42642 11/4/2017 8:14 PM 507 42642 11/13/2017 1:24 PM 545 42642 11/4/2017 8:14 PM 508 42642 11/13/2017 1:24 PM 546 42642 11/3/2017 4:04 PM 509 42629 11/13/2017 1:24 PM 546 42642 11/3/2017 2:55 PM 510 42629 11/13/2017 1:23 PM 548 42629 11/3/2017 2:46 PM 511 42629 11/13/2017 1:23 PM 548 42629 11/3/2017 2:46 PM 512 42629 11/13/2017 1:23 PM 549 42629 11/3/2017 2:19 PM 512 42629 11/13/2017 1:23 PM 550 42642 11/3/2017 1:19 PM 513 42642 11/13/2017 1:23 PM 550 42642 11/3/2017 1:40 PM 514 42642 11/13/2017 1:22 PM 551 42642 11/3/2017 1:40 PM 516 4264	501	42642	11/13/2017 1:11 PM	539	42629	11/6/2017 10:06 AM
504 42629 11/13/2017 1:03 PM 542 42728 11/16/2017 8:24 AM 505 42629 11/13/2017 1:01 PM 543 42642 11/14/2017 10:08 PM 506 42629 11/13/2017 1:25 PM 544 42728 11/14/2017 8:41 AM 507 42642 11/13/2017 1:24 PM 545 42642 11/13/2017 6:14 PM 508 42642 11/13/2017 1:24 PM 546 42642 11/13/2017 6:04 PM 509 42629 11/13/2017 1:23 PM 546 42642 11/13/2017 2:55 PM 510 42629 11/13/2017 1:23 PM 548 42629 11/13/2017 2:19 PM 511 42629 11/13/2017 1:23 PM 549 42629 11/13/2017 2:19 PM 512 42629 11/13/2017 1:23 PM 550 42642 11/13/2017 2:19 PM 513 42642 11/13/2017 1:23 PM 550 42642 11/13/2017 1:40 AM 514 42642 11/13/2017 1:20 PM 551 42642 11/13/2017 1:13 AM 516 42642 11/13/201	502	42642	11/13/2017 1:08 PM	540	42629	11/6/2017 9:37 AM
505 42629 11/13/2017 1:01 PM 543 42642 11/4/2017 10:08 PM 506 42629 11/13/2017 12:51 PM 544 42728 11/4/2017 8:41 AM 507 42642 11/13/2017 12:48 PM 545 42642 11/3/2017 4:04 PM 508 42642 11/13/2017 12:44 PM 546 42642 11/3/2017 4:04 PM 509 42629 11/13/2017 12:41 PM 547 42642 11/3/2017 2:55 PM 510 42629 11/13/2017 12:38 PM 548 42629 11/3/2017 2:46 PM 511 42629 11/13/2017 12:35 PM 548 42629 11/3/2017 2:19 PM 512 42629 11/13/2017 12:35 PM 550 42629 11/3/2017 2:19 PM 513 42642 11/13/2017 12:23 PM 550 42642 11/3/2017 12:10 PM 514 42642 11/3/2017 12:23 PM 551 42642 11/3/2017 11:13 AM 515 42649 11/3/2017 12:20 PM 553 42728 11/3/2017 10:43 AM 516 42642 11/3/2017	503	42629	11/13/2017 1:06 PM	541	42629	11/6/2017 9:07 AM
506 42629 11/13/2017 12:51 PM 544 42728 11/4/2017 8:41 AM 507 42642 11/13/2017 12:48 PM 545 42642 11/3/2017 5:15 PM 508 42642 11/13/2017 12:44 PM 546 42642 11/3/2017 4:04 PM 509 42629 11/13/2017 12:31 PM 547 42642 11/3/2017 2:55 PM 510 42629 11/13/2017 12:32 PM 548 42629 11/3/2017 2:19 PM 511 42629 11/13/2017 12:32 PM 550 42629 11/3/2017 2:19 PM 512 42629 11/13/2017 12:23 PM 550 42642 11/3/2017 2:19 PM 513 42642 11/13/2017 12:23 PM 551 42642 11/3/2017 12:19 PM 514 42642 11/3/2017 12:23 PM 552 42642 11/3/2017 11:40 AM 515 42629 11/3/2017 12:13 PM 552 42642 11/3/2017 10:43 AM 516 42642 11/3/2017 12:13 PM 554 42642 11/3/2017 10:43 AM 517 42642 11/3/2017 12:31 PM 556 42642 11/3/2017 10:43 AM 518	504	42629	11/13/2017 1:03 PM	542	42728	11/6/2017 8:24 AM
507 42642 11/13/2017 12:48 PM 545 42642 11/3/2017 2:15 PM 508 42642 11/13/2017 12:44 PM 546 42642 11/3/2017 2:04 PM 509 42629 11/13/2017 12:38 PM 547 42642 11/3/2017 2:46 PM 510 42629 11/13/2017 12:38 PM 548 42629 11/3/2017 2:19 PM 511 42629 11/13/2017 12:32 PM 559 42642 11/3/2017 2:19 PM 512 42629 11/13/2017 12:23 PM 550 42642 11/3/2017 2:19 PM 513 42642 11/13/2017 12:23 PM 551 42642 11/3/2017 12:10 PM 514 42642 11/13/2017 12:23 PM 552 42642 11/3/2017 11:40 AM 515 42629 11/13/2017 12:20 PM 553 42728 11/3/2017 11:43 AM 516 42642 11/3/2017 12:13 PM 555 42642 11/3/2017 10:07 AM 517 42642 11/3/2017 12:13 PM 555 42642 11/3/2017 10:07 AM 518 42642 11/3/2017 12:10 PM 556 42642 11/3/2017 10:07 AM 519	505	42629	11/13/2017 1:01 PM	543	42642	11/4/2017 10:08 PM
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Russell	County	Community	Health	Survey
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Russell County Community Health Survey

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Russell County Community Health Survey

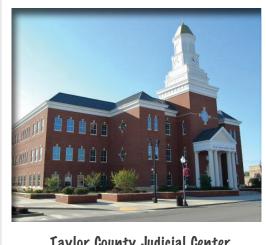
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TAYLOR COUNTY

Taylor County is located in central Kentucky. Campbellsville is the county seat for Taylor County. In 1848, Taylor County was named for Zachary Taylor. Taylor County is truly the "heart of Kentucky." In addition to being shaped like a heart, the county is near the geographical center of the state. Taylor County is home to Campbellsville University and Green River Lake State Park.







People

The population of Taylor County is 25,472 with a median age of 38.6. The population is comprised of 91.4% White, 5.2% Black, and 2.6 % Hispanic/Latino. 17.40% of the population is 65 or older and 28.8% of the population is under the age of 18.



Homes

The median household income is \$36,455. The median property value is \$104,300 and the homeownership rate is 63.7%. 50% of the children are living in single parent homes. 29% of the children are living in poverty.



Jobs

The most common employment sectors are Administrative, Sales and Production. 81% of Taylor County's population drives alone to work and 20% drive further than 30 minutes to work.



lealth

Taylor Regional Hospital is a 90-bed hospital. Health care provider ratios are: Primary Care Physicians 1,500:1; Dentists 3,170:1 and Mental Health Providers 630:1. 7 % of the people under 65 are uninsured. Mannsville in Taylor County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.





TAYLOR COUNTY



MEDIAN HOUSEHOLD INCOME

\$36,455

District \$33,268 KY \$46,535





POPULATION

25,472

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

24%

District 24% KY 24%



34%

District 36% KY 34%



ADULT OBESITY PHYSICAL INACTIVITY

34%

District 34% KY 28%



CHILDREN in POVERTY

29%

District 36% KY 24%



CHILDREN w/SINGLE PARENT

50%

District 32% KY 35%



PERSONS in POVERTY

21%

District 26% KY 19%

Taylor County Wellness Coalition Vision Statement:

The goal of the Taylor County Wellness Coalition is to promote and coordinate all available community resources in health related activities.

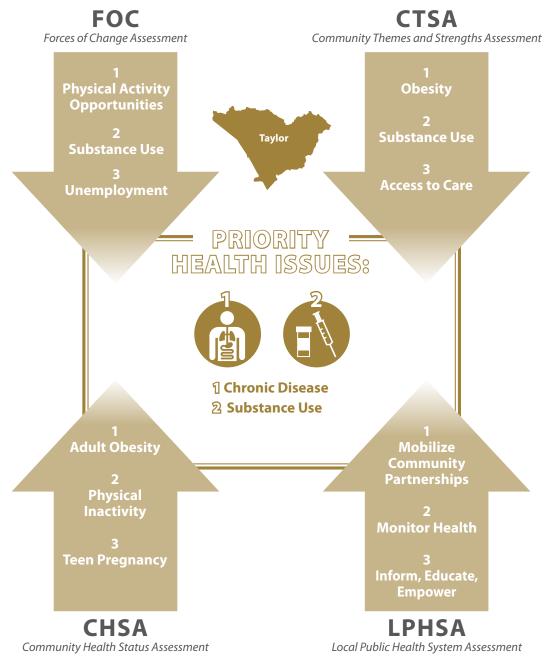


Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



TAYLOR COUNTY

The Taylor County Wellness Coalition completed the Mobilizing for Action through Partnership and Planning (MAPP), a community driven strategic planning tool in January 2019. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Taylor County residents.





Taylor County Health Department

1880 N. Bypass Road Campbellsville, KY 42718 p (270) 465-4191 • f (270) 789-3873 www.LCDHD.org





TAYLOR COUNTY: RESOURCES OR ASSETS INVENTORY

Taylor County Health and Wellness Coalition

The priority health issues selected are Health Disease and Stroke, Lack of Knowledge Regarding Preventive Health, Healthy Living, and Available Insurance/Financial Assistance Resources, Prevention of Chronic Disease and Recruitment and Retention of Physicians. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Taylor County residents.

Heart Disease and Stroke

- Taylor County Wellness Coalition
- Freedom from Smoking classes Taylor Regional Hospital and Taylor County Health Department
- Taylor County Farmers Market Association

Lack of Knowledge Regarding Preventive Health, Healthy Living, and Available Insurance/Financial Assistance Resources

- Kids Outdoor Day
- Taylor County Wellness Coalition
- Taylor Regional Hospital classes and programs
- Health Department diabetes education classes
- Taylor County Senior Center classes and programs
- Taylor County Public Library classes and programs
- Taylor County Cooperative Extension Service classes and programs
- Lake Cumberland Community Action Agency

Prevention of Chronic Disease

- Bicycle Friendly Campbellsville group rides and social media outlets
- Campbellsville Running Club group runs and social media outlets
- Green River Lake hiking/biking trails
- Taylor County Wellness Coalition
- Freedom from Smoking classes Taylor Regional Hospital and Taylor County Health Department
- Paz Yoga Studio
- · Various fitness facilities
- Miller Park walking track
- Campbellsville/Taylor County Master Pedestrian Plan
- Veterans Park
- Tebbs Bend Recreational Area hiking and biking trails
- Taylor County Farmers Market Association
- Campbellsville Baptist Church free exercise facilities and walking track

Recruitment and Retention of Physicians

 Taylor Regional Hospital committee focuses on recruitment and retention of physicians



TAYLOR COUNTY

Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Taylor	District	Kentucky	USA
Population, 2017 Estimate ¹	25,472	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	3.90%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	6.40%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	22.40%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017)1	17.40%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	51.10%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	48.90%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	91.40%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	5.20%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.20%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	2.00%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	2.60%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	89.20%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	1,257	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	11,001	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	63.70%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-16 ¹	\$897	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$282	\$273	\$343	\$474
Median Gross Rent, 2012-161	\$592	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.48	2.00	2.49	2.63
Median Household Income ¹	\$36,455	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$104,300	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018





TAYLOR COUNTY

Community Health Assessment DATA

HEALTH FACTORS

	Taylor	District	Kentucky	USA
Premature Death ²	9,200	10,330	9,000	-
Poor or Fair Health ²	24%	25%	21%	-
Poor Physical Health Days ²	5	5.24	4.80	-
Poor Mental Health Days ²	4.7	4.74	4.80	-
Low Birthweight ²	9%	9%	9%	-
Adult Smoking ²	24%	24%	24%	-
Adult Obesity ²	34%	36%	34%	-
Diabetes Prevalence ²	14%	15%	13%	-
Teen Birth Rate ²	43	52	38	-
Food Environment Index ²	6.9	7.29	7.00%	-
Food Insecurity ²	17%	17%	16%	-
Physical Inactivity ²	34%	34%	28%	-
Access to Exercise Opportunities ²	82%	58%	72%	-
Excessive Drinking ²	14%	13%	16%	-
Alcohol Impaired Driving Deaths ²	23%	32%	28%	-
Uninsured ²	7%	8%	7%	-
Primary Care Physicians ²	1,500:1	3,817:1	1,510:1	-
Dentists ²	3,170:1	5,347:1	1,560:1	-
Mental Health Providers ²	630:1	-	520:1	-
Other Primary Care Providers ²	1,209:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	59	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	93	624	19,960	-
Drug Arrest Rate ⁴	2,917	1,868	1,707	-
Motor Vehicle Death Rate⁵	20.04	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	131.1	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	61	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) 7	105	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	109	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



TAYLOR COUNTY

Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Taylor	District	Kentucky
High School Graduation ²	98.9%	96.9%	90.3%
Some College ²	52%	47%	60%
Unemployment ²	5.10%	6.21%	5.00%
Children in Poverty ²	29%	36%	24%
Person in Poverty ¹	21.30%	25.63%	18.50%
Income Inequality ²	5	5.19	5.10
Children in Single-Parent Households ²	50%	32%	35%
Social Associations ²	16.5	9.34	10.70
Violent Crime, rate ²	209	73.8	215.0
Injury Deaths, rate ²	92	103.9	88.0
Air Pollution-Particulate Matter ²	9.7	9.64	10.00
Drinking Water Violations ²	No	Yes	Yes
Severe Housing Problems ²	14%	14%	14%
Driving Alone to Work ²	81%	83%	82%
Long Commute-Driving Alone ²	20%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ²County Health Ranking, 2018.

TAYLOR COUNTY SCHOOL DISTRICT

Taylor County Primary (P-2)	539
Taylor County Intermediate (3-5)	572
Taylor County Middle (6-8)	630
Taylor County High (9-12)	843
TOTAL ENROLLMENT	2,584

Source: Kentucky Department of Education, May 16, 2018

CAMPBELLSVILLE IND. DISTRICT

Campbellsville Elementary (P-3)	390
Campbellsville Middle (4-8)	392
Campbellsville High School (9-12)	295
TOTAL ENROLLMENT	1,077

TAYLOR COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in October 2018. There were 758 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

Answers Top Three	% of Respndents
Good place to raise children	69.40%
Good jobs/healthy economy	51.00%
Religious or spiritual values	28.36%

What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Low-income families	32.02%
Elderly	30.18%
Middle Class	18.90%



42782

42539

42742

40033

42782

42642

40033

42748

40033

42104

10

11

12

13

14

15

16

17

18

7/23/2021 5:16 PM

7/23/2021 5:46 AM

7/22/2021 10:16 AM

7/22/2021 8:37 AM

7/21/2021 11:06 PM

7/20/2021 9:47 AM

7/12/2021 8:58 PM

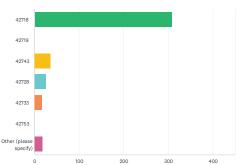
7/12/2021 1:04 PM

7/12/2021 11:19 AM

7/12/2021 10:49 AM

Q1 Zip code where you live

Answered: 405 Skipped: 1



ANSWER CHOICES	RESPONSES	
42718	76.05%	308
42719	0.00%	0
42743	8.89%	36
42728	6.42%	26
42733	4.20%	17
42753	0.00%	0
Other (please specify)	4.44%	18
TOTAL		405

#	OTHER (PLEASE SPECIFY)	DATE
1	42718	8/27/2021 3:30 PM
2	42565	8/25/2021 8:31 AM
3	42539	8/8/2021 11:57 PM
4	42758	8/6/2021 11:06 AM
5	42629	8/5/2021 2:47 PM
6	42539	8/2/2021 8:27 PM
7	42758	8/2/2021 11:06 AM
8	40033	7/24/2021 8:55 PM

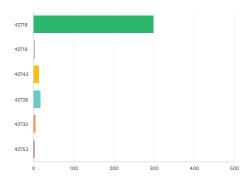
1/53

2/53

Taylor County Health Assessment 2021

Q2 Zip code where you work

Answered: 331 Skipped: 75



ANSWER CHOICES	RESPONSES	
42718	90.63%	300
42719	0.60%	2
42743	4.23%	14
42728	5.44%	18
42733	1.51%	5
42753	0.91%	3
Total Respondents: 331		

#	OTHER (PLEASE SPECIFY)	DATE
1	Retired	8/31/2021 2:09 PM
2	40033	8/27/2021 9:34 PM
3	Disabled	8/26/2021 9:31 PM
4	Retired	8/26/2021 8:34 PM
5	42539	8/25/2021 8:31 AM
6	42140	8/23/2021 7:04 AM
7	Not employeddisabled	8/21/2021 6:49 AM
8	42701	8/18/2021 12:50 PM

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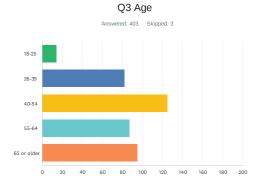
Taylor County Health Assessment 2021

9	Retired	8/17/2021 8:37 PM
10	Retired	8/17/2021 10:48 AM
11	Disable	8/17/2021 7:58 AM
12	Retired	8/15/2021 8:20 PM
13	42701	8/15/2021 3:29 PM
14	Retired	8/13/2021 2:16 PM
15	Retired	8/13/2021 9:00 AM
16	Diff areas	8/11/2021 10:15 PM
17	Retired	8/11/2021 3:08 PM
18	retired	8/11/2021 12:43 PM
19	Disabled	8/11/2021 11:29 AM
20	Retired	8/10/2021 5:54 PM
21	Na	8/9/2021 5:50 PM
22	42701	8/8/2021 6:20 PM
23	40222	8/7/2021 9:25 PM
24	I'm retired	8/7/2021 8:45 AM
25	Retired	8/7/2021 8:18 AM
26	40033	8/7/2021 8:00 AM
27	Retired	8/7/2021 6:25 AM
28	40033	8/7/2021 3:55 AM
29	None	8/7/2021 3:28 AM
30	Get disability	8/7/2021 12:35 AM
31	Retired	8/6/2021 9:52 PM
32	40033	8/6/2021 6:22 PM
33	42629	8/5/2021 2:47 PM
34	40222	7/29/2021 8:04 PM
35	Retired	7/29/2021 1:04 PM
36	Retired	7/29/2021 4:28 AM
37	47150	7/25/2021 2:24 PM
38	None	7/25/2021 7:20 AM
39	40033	7/24/2021 8:55 PM
40	Retired	7/24/2021 8:30 PM
41	Retired	7/23/2021 8:47 PM
42	Retired	7/23/2021 5:16 PM
43	40033	7/22/2021 8:37 AM
44	Retired	7/22/2021 3:28 AM
45	40220	7/21/2021 8:30 PM
46	Unemployed	7/20/2021 2:52 PM

185

47	Retired	7/19/2021 7:59 PM
48	Unemployed	7/19/2021 6:54 PM
49	Retired	7/12/2021 5:56 PM
50	I do not work	7/12/2021 12:19 PM
51	40033	7/12/2021 11:05 AM

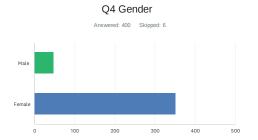
Taylor County Health Assessment 2021



ANSWER CHOICES	RESPONSES	
18-25	3.47%	14
26-39	20.35%	82
40-54	31.02%	125
55-64	21.59%	87
65 or older	23.57%	95
TOTAL		403

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Taylor County Health Assessment 2021

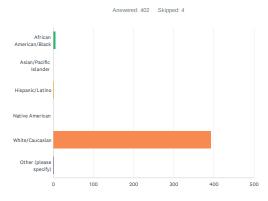


ANSWER CHOICES	RESPONSES	
Male	12.00%	48
Female	88.00%	352
TOTAL	4	00

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Taylor County Health Assessment 2021

Q5 Ethnic Group

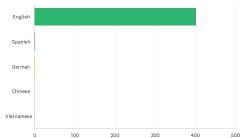


ANSWER CHOICES	RESPONSES	
African American/Black	1.24%	5
Asian/Pacific Islander	0.00%	0
Hispanic/Latino	0.50%	2
Native American	0.00%	0
White/Caucasian	97.76%	393
Other (please specify)	0.50%	2
Total Respondents: 402		

#	OTHER (PLEASE SPECIFY)	DATE
1	Prefer to not answer	8/21/2021 2:27 PM
2	I bleed red like everyone else	8/11/2021 3:44 AM

Q6 Language spoken at home

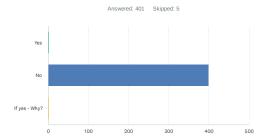




ANSWER CHOICES	RESPONSES
English	99.51% 403
Spanish	0.25% 1
German	0.25% 1
Chinese	0.00%
Vietnamese	0.00%
Total Respondents: 405	
# OTHER (PLEASE SPECIFY)	DATE

7/20/2021 2:19 AM

Q7 Is understanding the English language a problem for you?

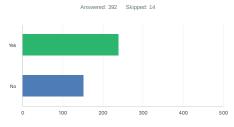


ANSWER CHOICES		RESPONS	SES
Yes		0.25%	1
No		99.50%	399
If yes - Why?		0.25%	1
Total Respondents: 401			
#	IF YES - WHY?		DATE
1	Hearing difficulty		7/19/2021 7:59 PM

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Taylor County Health Assessment 2021

Q8 Are you satisfied with the health care system in Taylor County?

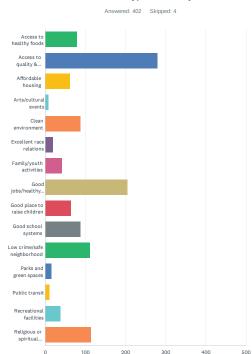


ANSWER CHOICES	RESPONSES	
Yes	61.22%	240
No	38.78%	152
TOTAL		392

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Taylor County Health Assessment 2021

Q9 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community) Check only three:



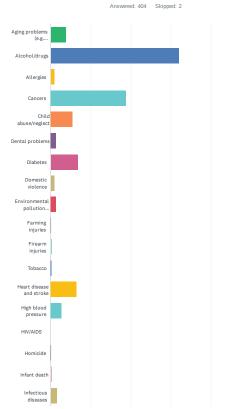
ANSWER CHOICES	RESPONSES	
Access to healthy foods	19.65%	79
Access to quality & affordable healthcare	69.40%	279
Affordable housing	15.42%	62
Arts/cultural events	1.74%	7
Clean environment	21.64%	87
Excellent race relations	4.73%	19
Family/youth activities	10.45%	42
Good jobs/healthy economy	51.00%	205
Good place to raise children	15.92%	64
Good school systems	21.64%	87
Low crime/safe neighborhood	27.86%	112
Parks and green spaces	3.98%	16
Public transit	2.74%	11
Recreational facilities	9.20%	37
Religious or spiritual values	28.36%	114
Total Respondents: 402		

#	OTHER (PLEASE SPECIFY)	DATE
1	We need a pool available to the public year round. For youths and senior citizens. We need a pool!!!!	9/9/2021 9:16 AM
2	Make sure there is no needles laying around and try and keep these drugies off the streets take all the drug dealers and lock them up	8/28/2021 2:39 AM
3	Staying healthy and safe	8/22/2021 11:49 PM
4	Mental health needs attention. You can't get help when you get depressed. You have to plan it and be able to know 3 months ahead that you're going to be depressed in order to find an appointment.	8/18/2021 12:50 PM
5	We need a Good ER	8/16/2021 6:39 PM
6	Better er	8/15/2021 8:20 PM
7	Being able to see my provider instead of a walk in clinic when I'm sick, non emergency	8/12/2021 7:12 PM
8	Most of this is important	8/11/2021 8:11 PM
9	Finding doctors that accept new patients	8/7/2021 4:42 PM
10	All the above	8/6/2021 9:52 PM
11	The right to choose	8/6/2021 5:38 PM
12	Not enough Dr.s to care for several needs. Sends to many 100 miles away.	7/25/2021 12:02 PM
13	Improved access to Emergency management transportation to and from other facilities	7/20/2021 9:47 AM
14	Knowledgeable physicians	7/14/2021 10:56 AM
15	DRUG FREE COMMUNITY	7/13/2021 7:02 AM

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Taylor County Health Assessment 2021

Q10 What do you think are the THREE most important "health problems" in Taylor County?

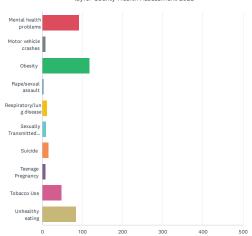


Taylor County Health Assessment 2021

16	Also having our healthcare providers not just hand out medications and tell individuals they have "sugar" teach and educate the public and not just put a bandage on things.	7/12/2021 6:59 PM
17	high COVID vaccination rate	7/12/2021 11:19 AM
18	Hard to pick only three	7/12/2021 10:49 AM

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Taylor County Health Assessment 2021



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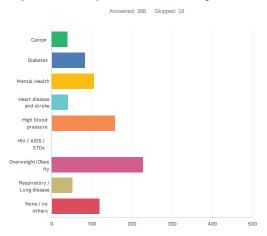
ANSWER CHOICES	RESPONSES	
Aging problems (e.g. arthritis, hearing/vision loss, etc.)	9.41%	38
Alcohol/drugs	79.21%	320
Allergies	2.48%	10
Cancers	46.78%	189
Child abuse/neglect	13.61%	55
Dental problems	3.47%	14
Diabetes	16.83%	68
Domestic violence	2.48%	10
Environmental pollution (air/water)	3.47%	14
Farming injuries	0.25%	1
Firearm injuries	0.50%	2
Tobacco	0.74%	3
Heart disease and stroke	16.09%	65
High blood pressure	6.93%	28
HIV/AIDS	0.00%	0
Homicide	0.25%	1
Infant death	0.50%	2
Infectious diseases	3.96%	16
Mental health problems	22.77%	92
Motor vehicle crashes	1.73%	7
Obesity	28.96%	117
Rape/sexual assault	0.74%	3
Respiratory/lung disease	2.97%	12
Sexually Transmitted Diseases (STD's)	2.48%	10
Suicide	3.71%	15
Teenage Pregnancy	1.98%	8
Tobacco Use	11.88%	48
Unhealthy eating	20.79%	84
Total Respondents: 404		
# OTHER (PLEASE SPECIFY)	DATE	
# OTHER (PLEASE SPECIFY) 1 COVID-19 currently	8/25/2021 12:	

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8/22/2021 11:49 PM

Taylor County Health Assessment 2021

Q11 Select the top THREE health challenges YOU face:



ANSWER CHOICES	RESPONSES	
Cancer	10.31%	40
Diabetes	21.39%	83
Mental Health	27.58%	107
Heart disease and stroke	10.82%	42
High blood pressure	40.72%	158
HIV / AIDS / STDs	0.00%	0
Overweight/Obesity	58.76%	228
Respiratory / Lung disease	13.40%	52
None / no others	30.67%	119
Total Respondents: 388		

#	OTHER (PLEASE SPECIFY)	DATE
1	Back, hip and joint pain	8/26/2021 9:31 PM
2	Asthma & failure of others to get COVID-19 vaccines	8/25/2021 12:56 PM

Taylor County Health Assessment 2021

3	This survey does not include caregivers. Why?	8/21/2021 2:27 PM
4	Currently Covid 19 and the delta variant	8/19/2021 9:07 PM
5	A lot of this is important	8/11/2021 8:11 PM
6	Covid	8/11/2021 3:08 PM
7	Covid	8/11/2021 11:07 AM
8	All the above	8/6/2021 9:52 PM
9	COVID	8/5/2021 4:46 PM
10	Too many sent elsewhere. Not enough medical experience to be treated for several things that every hospital ¹ Dr. should be able to address in this town. Offices everywhere but not equipped for every type of challenge.	7/25/2021 12:02 PM
11	Drug abuse	7/22/2021 3:19 PM
12	Not enough adequate doctors. Too many physicians assistants being doctors, abut we are billed as if we saw an actual doctor.	7/22/2021 9:07 AM
13	Taylor Regional Hospital is a poor excuse for a hospital as the cost compared to other hospitals is outragelous and the staff is rude and hateful from the doctors, nurses, and even those that sit up front!!	7/12/2021 1:19 PM
14	I could select most all of them	7/12/2021 11:06 AM

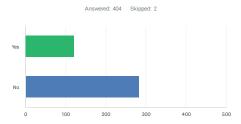
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Taylor County Health Assessment 2021

3	My health	8/22/2021 11:49 PM
4	CHD	8/22/2021 9:06 PM
5	Not enough regular exercise	8/18/2021 8:32 PM
6	Cirrhosis of the liver autoimmune	8/17/2021 7:55 PM
7	Allergies-environmental and food based	8/16/2021 10:30 PM
8	Back pain, spine surgery	8/12/2021 7:12 PM
9	Mctd	8/11/2021 11:29 AM
10	Bones not good osteoporosis	8/10/2021 5:54 PM
11	Joint pain(knee)	8/7/2021 10:24 AM
12	Being stuck at home during Covid hurt my mobility	8/7/2021 7:35 AM
13	Chronic pain	8/7/2021 12:58 AM
14	Immune Thrombocytopenia	8/6/2021 7:12 PM
15	Allergies	8/6/2021 3:49 PM
16	arthritis	8/6/2021 2:11 PM
17	Arthritis	8/5/2021 3:20 PM
18	Allergies	8/2/2021 10:57 PM
19	Other	7/26/2021 10:04 PM
20	Mental health in terms of depression, anxiety, & nerves.	7/25/2021 12:02 PM
21	Dental/Hearing Insurance for elderly	7/23/2021 7:37 PM
22	Autoimmune	7/23/2021 1:24 PM
23	Heart Failure	7/20/2021 10:19 AM
24	Autoimmune disorders	7/12/2021 6:59 PM
25	AUTOIMMUNE DISORDER	7/12/2021 12:04 PM
26	fatigue/stress	7/12/2021 11:19 AM
27	Arthritis	7/12/2021 11:06 AM
28	Lyme Disease	7/12/2021 11:02 AM
29	joint inflammation	7/12/2021 10:19 AM
30	Post COVID syndrome	7/9/2021 11:34 AM

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Q12 Do you have school age children?



ANSWER CHOICES	RESPONSES	
Yes	30.20%	122
No	69.80%	282
TOTAL		404

Q13 If yes, which grades? Answered: 123 Skipped: 283

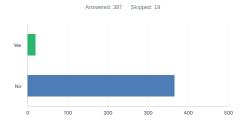
Middle
High

ANSWER CHOICES	RESPONSES	
Elementary	53.66%	66
Middle	43.90%	54
High	38.21%	47
Total Respondents: 123		

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Taylor County Health Assessment 2021

Q14 Are you raising children that are your grandchildren?



ANSWER CHOICES	RESPONSES	
Yes	5.17%	20
No	94.83%	367
TOTAL		387

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Taylor County Health Assessment 2021

Q15 What issues do your school age children face?

Answered: 100 Skipped: 306

#	RESPONSES	DATE
1	They need to close the schools down now before everyone of the elderly get this covid plus others	8/28/2021 2:39 AM
2	NA	8/25/2021 12:56 PM
3	Bully. Teachers don't take the time to teach. They are worthless. Favoritism	8/23/2021 5:37 PM
4	None currently.	8/23/2021 7:04 AM
5	Going to school with this covid going around and kids bullying and fun makers	8/22/2021 11:49 PM
6	None	8/20/2021 2:11 PM
7	When they attend school in they stay sick often. They aren't old enough to be vaccinated. They don't like the school meals and will choose not to eat over eating the food they serve.	8/19/2021 9:07 PM
8	Bullying, self confidence, separation anxiety, feeling safe at school due to covid-19	8/19/2021 12:37 PM
9	None	8/18/2021 10:19 PM
10	None yet	8/18/2021 9:52 PM
11	Finding activities to keep them active and moving	8/18/2021 12:50 PM
12	Wearing mask	8/18/2021 10:20 AM
13	None	8/17/2021 12:27 PM
14	Drugs	8/17/2021 7:58 AM
15	covid in the schools; bullying	8/17/2021 6:47 AM
16	Having a safe home environment	8/16/2021 6:04 AM
17	Peer pressure not healthy school lunches Lack of exercise in the schools	8/15/2021 8:20 PM
18	Too much screen time on electronics.	8/14/2021 8:25 PM
19	Peer pressure, Covid, and access to recreational facilities	8/14/2021 12:52 PM
20	Bullying, depression (treated at Kidspot, but not helping) from distancing and irregularities/unnormal daily activities and functions from friends, because of the covid-19 pandemic.	8/12/2021 12:10 PM
21	Bullying, peer pressure	8/12/2021 2:49 AM
22	Dumbass masks that are proven to NOT work	8/11/2021 10:15 PM
23	Drugs some are unable to understand their work not enough help for this	8/11/2021 8:11 PM
24	Being out of school and face mask ! In school	8/11/2021 4:19 PM
25	Obesity, living with caretakers who use drugs	8/11/2021 1:14 PM
26	They're so behind from last year that I worry they won't be able to catch up.	8/11/2021 7:26 AM
27	Peer pressure. Lack of self esteem.	8/10/2021 9:31 AM
28	The neighborhood we live in	8/8/2021 11:13 PM
29	Many Covid challenges ahead	8/7/2021 10:12 PM
30	Social anxiety, healthy eating, getting enough exercise	8/7/2021 12:50 PM

31	Currently just missing opportunities for play which is so crucial to brain development and emotional and social skills. Everything being canceled-VBS etc and isolation from peers may	8/7/2021 7:05 AM
	have mental effects that are long-reaching	
32	Lack of parents being involved he their lives!With Covid not being in school!	8/6/2021 11:00 PM
33	Communicable diseases , lack of sufficient staffing.	8/6/2021 9:52 PM
34	Not being able to go to school due to covid	8/6/2021 5:38 PM
35	N/A	8/6/2021 2:11 PM
36	Social media issues with bullying, sexual content, confusing about gender issues.	8/5/2021 4:46 PM
37	fitting in with peers	8/5/2021 3:38 PM
38	Education issues due to COVID-19.	8/5/2021 3:20 PM
39	bullies/bullying drugs and alcohol food selection is very poor and the food itself is no good according to my children	8/3/2021 7:46 AM
40	None	8/2/2021 10:57 PM
41	n/a	8/2/2021 5:18 PM
42	N/A	8/2/2021 3:28 PM
43	Inclusion	8/2/2021 11:06 AM
44	stunted social skills due to covid	7/31/2021 5:36 AM
45	stunted social skills due to covid	7/31/2021 5:36 AM
46	Peer pressure, drug abuse, split families, low income, inadequate housing	7/29/2021 1:04 PM
47	None that I can think of	7/28/2021 3:51 PM
48	No help with work at school Bad grades	7/25/2021 2:10 PM
49	2 schools when in reality this town is small enough to serve all school age children, race, religion, gender. (Rivals keep this place exciting for the educators in sports). Not all children feel treated equally due to what they vision between CIS opposed to TCS. State of the art school opposed to a regular school building effects a child more than one would think!!	7/25/2021 12:02 PM
50	It's hard for middle class to afford healthy foods	7/25/2021 8:07 AM
51	Drugs alcohol No good recreational facilities	7/24/2021 5:38 PM
52	Not enough food options for vegetarians.	7/24/2021 11:31 AM
53	Getting seen by their Dr	7/24/2021 7:31 AM
54	Rampant drug use of peers	7/23/2021 7:17 PM
55	Na	7/23/2021 6:53 PM
56	Social, obesity, values	7/23/2021 6:19 PM
57	Lack of activities	7/23/2021 10:53 AM
58	NA	7/21/2021 11:06 PM
59	Over weight	7/21/2021 1:45 PM
60	Bullying and drugs	7/21/2021 12:58 PM
61	availability to find local providers	7/21/2021 9:28 AM
62	Not enough physical activity.	7/20/2021 10:23 PM
63	Discrimination in learning ability equality.	7/20/2021 10:19 AM
64	Feeling comfortable with Fitting in	7/20/2021 5:41 AM
65	It's hard for kids to be kids these days. It's ask so hard to allow a little independence for them	7/19/2021 11:52 PM

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Taylor County Health Assessment 2021

91	Anxiety	//12/2021 11:36 AM
92	Poor education system, obesity, over use of social media, inactivity	7/12/2021 11:18 AM
93	Peer pressure and drugs	7/12/2021 11:06 AM
94	Lack of funding for teachers. My daughter wants to go into the arts but due to funding she's had to draw/paint on cardboard boxes before at school.	7/12/2021 11:05 AM
95	Behavioral	7/12/2021 11:02 AM
96	access to foods and childcare for them	7/12/2021 10:59 AM
97	I feel that we need to get back to the traditional basic learning and I think all kids no matter what their family status should be treated equal. I totally know from experience with some children that the 'no kid left behind' is a joke.	7/12/2021 10:28 AM
98	bullying, peer pressure	7/12/2021 10:00 AM
99	Obesity	7/9/2021 12:52 PM
100	Food at school that they will actually eat, lack of activities for youth	7/9/2021 11:34 AM

	in today's society.	
66	Non parent contact	7/19/2021 6:54 PM
67	BULLYING!! My kids are bullied relentless. The schools have a No Tolerance policy but do not do anything about the bullies and the students are not the only ones. Teachers embarras kids daily, teachers sometimes will make a comment about a child that other children over hear and they are bullied because of it. Second thing is! I think we need to do away with grade levels. Studies prove that children do better when they are not labeled. Some "Stift" graders can comprehend 9th grade math but read on a 3rd grade level, it does nothing for their self esteem to keep them in 5th grade just for that. It really kills' their self esteem and self worth especially whent he other kids find out and call them stupid.	7/19/2021 4:21 PM
68	None	7/19/2021 3:26 PM
69	dyslexia, no educators are certified or trained in this area to teach dyslexic children using the Barton or Gillingham method. Up to 20% of school age children are dyslexic and need extra reading support and specific teaching methods	7/19/2021 10:06 AM
70	 Poverty for parents of chronic illness 2. Clicks in the county families, local teachers are culprist 3. Bullying even though officials act they are addressing it. 4. Puberty: acne, breasts, sex, STDs, not enough focus on this in school. It is left to parents who are sub par or none at all. 5. Too much focus on the top elite when the majority is average! 	7/15/2021 6:02 PM
71	N/A	7/15/2021 12:16 PM
72	Lack of social activities this year with shutdowns, affects school learning as well as social development, mental health, eating habits, etc.	7/14/2021 3:02 PM
73	Lack of teachers that care	7/14/2021 10:56 AM
74	Bullying, inadequate education	7/14/2021 10:47 AM
75	Friends that live sedentary lives/video games, dangers of internet/social media, depression/anxiety	7/14/2021 8:17 AM
76	bullying	7/13/2021 1:57 PM
77	Bullying	7/13/2021 11:01 AM
78	None dont have any	7/13/2021 9:25 AM
79	Race	7/13/2021 9:07 AM
80	None	7/13/2021 8:42 AM
81	I am concerned that school leaders and other students will not wear masks in the fall.	7/13/2021 8:41 AM
82	EXPOSURE TO DRUGS AND BAD CHILDREN FROM BROKEN HOMES	7/13/2021 7:02 AM
83	Most activities for kids locally take place while parents are working. Keeping them from participating. Usually the most at need kids. Library programs, all during the dayswimming, during the daydance/gymnastic programsstart to early (not all)the playgrounds dont feel safe as they used to.	7/12/2021 7:25 PM
84	N/a	7/12/2021 6:32 PM
85	Bullying	7/12/2021 5:20 PM
86	CoVid related Isolation and Obesity ALWAYS come home from 1st week of school with an illness that someone brought to school.	7/12/2021 3:21 PM
87	School system not following religious guidelines as they are afraid of what the government will take away. Taking the 10 commandments out of the schools has hurt this community more than anything.	7/12/2021 1:19 PM
88	Environmental/social distractors	7/12/2021 1:00 PM
89	n/a	7/12/2021 12:20 PM
90	N/A	7/12/2021 11:57 AM

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Taylor County Health Assessment 2021

Q16 Name one way to improve the health of Children?

Answered: 157 Skipped: 249

#	RESPONSES	DATE
1	Diet exercise sports activity swimming	8/28/2021 2:39 AM
2	Eating habits	8/27/2021 6:17 AM
3	Make it affordable for all children	8/26/2021 2:25 PM
4	People currently need to get COVID-19 vaccines, reject conspiracy theories, and follow medical and scientific facts.	8/25/2021 12:56 PM
5	Mental health programs	8/23/2021 6:32 PM
6	Healthy eating, more activities for our kids	8/23/2021 9:03 AM
7	Dental exams in school. Fluoride treatment in school. Cleaning in school. There are dental offices that provide this. Well care checks in school. Provide therapist in school available to any child.	8/23/2021 7:04 AM
8	Excise and better and more counseling and teaching skills teach them cursive lessons and Bible in schools	8/22/2021 11:49 PM
9	Immunizations	8/21/2021 6:49 AM
10	Let them be kids - and allow them outdoor instruction	8/20/2021 2:11 PM
11	Limit screen time	8/20/2021 11:40 AM
12	Healthy lunches they will eat. Less screen time. Masks, and vaccinations.	8/19/2021 9:07 PM
13	Mental health therapist to check in at school	8/19/2021 12:37 PM
14	More physical activity	8/18/2021 10:19 PM
15	Healthier eating	8/18/2021 9:52 PM
16	Better nutrition and more physical activity.	8/18/2021 8:32 PM
17	Find ways to get them outside and moving	8/18/2021 12:50 PM
18	Exercise, limit time on electronics, phone etc	8/18/2021 12:19 PM
19	More specialized doctors.	8/17/2021 8:37 PM
20	Mental health	8/17/2021 12:27 PM
21	More law inforcement	8/17/2021 7:58 AM
22	vaccinate	8/17/2021 6:47 AM
23	Being more active	8/16/2021 6:04 AM
24	More physical exercise in schools	8/15/2021 8:20 PM
25	More time outside playing.	8/15/2021 2:49 PM
26	More activities to promote active lifestyle.	8/14/2021 8:25 PM
27	Recreational facilities	8/14/2021 12:52 PM
28	Eating habits	8/14/2021 1:35 AM
29	Healthy snacks	8/12/2021 5:36 PM
30	Getting close to back to normal. Stop with the masking of children at schools and events. It's destroying their mental health and childhood.	8/12/2021 12:10 PM

32		
	Counseling	8/12/2021 2:49 AM
33	STOP wearing mask	8/11/2021 10:15 PM
34	Let all the children eat breakfast and lunch for free some are not able to afford and don't qualify if we intend to keep these children no matter what age all day for school we should give them their nourishment for free no matter what.	8/11/2021 8:11 PM
35	Get school back to normal	8/11/2021 4:19 PM
36	Née recreational facilities like YMCA.	8/11/2021 1:14 PM
37	Get them something to do in this town besides sex and drugs.	8/11/2021 7:26 AM
38	Keep them in school and well educated, teach them to respect others and have manners	8/11/2021 6:50 AM
39	YMCA or youth centers	8/10/2021 10:29 PM
40	Education on healthy lifestyles	8/10/2021 10:34 AM
41	More activities that are not sports related.	8/10/2021 9:31 AM
42	Healthy diet	8/9/2021 7:21 PM
43	Better drs and dentist	8/8/2021 11:13 PM
44	healthy foods	8/8/2021 6:20 PM
45	Outside activities Healthy food	8/8/2021 4:21 PM
46	Education and vaccinations.	8/7/2021 10:12 PM
47	Make sure the have FREE health care to get check ups	8/7/2021 8:33 PM
48	Safe places to play outside	8/7/2021 4:42 PM
49	Help with healthy eating and exercise	8/7/2021 12:50 PM
50	Limit social media, more outside time	8/7/2021 10:24 AM
51	Take away some of their electronic "toys!"	8/7/2021 8:18 AM
52	Improve the family life	8/7/2021 7:35 AM
53	Free screenings in schools, health professionals reaching out in schools regarding health, vaccination clinics, healthy eating, exercise, etc	8/7/2021 7:05 AM
54	More physical activity less screen time	8/7/2021 6:25 AM
55	Access to healthy food 24/7	8/7/2021 12:58 AM
56	Watch out for the children you know make sure they are getting the care they need and not being abused	8/7/2021 12:35 AM
57	A place they could go to have inter action with other children like a YMCA! That there would adult mentors!	8/6/2021 11:00 PM
58	I do not have answers for this, I wish we did.	8/6/2021 9:52 PM
59	Being active, socializing and eating proper food	8/6/2021 5:38 PM
60	Keep their parents clean and off drugs.	8/6/2021 2:11 PM
61	Better playground areas	8/6/2021 10:09 AM
62	more activities for them to get involved in	8/6/2021 8:19 AM
63	Stop the promoting of the gender issues, making homosexuality being a grand idea when it only confuses the kids even more. The bullying from other to conform with the norm of being gay, lesbian, bisexual, parsexual, gender neutral, the list goes on. Stop trying to force children from growing up so fast.	8/5/2021 4:46 PM

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99	More exercise	7/21/2021 1:45 PM
100	Healthy diet	7/21/2021 1:09 PM
101	Get of the phones, tablets and gaming computers and get outside to play, increase physical activity	7/21/2021 1:04 PM
102	Informed parents	7/21/2021 12:58 PM
103	more specialties	7/21/2021 9:28 AM
104	More gym time	7/20/2021 10:23 PM
105	Healthier eating habits.	7/20/2021 10:19 AM
106	increased access to routine screen and improved educational programs for parents/grandparents, including support systems	7/20/2021 9:47 AM
107	Plenty of sleep and a healthy diet	7/20/2021 5:41 AM
108	Keeping them active, not pushing them to over indulge in unhealthy foods, and teaching any form of work ethic.	7/19/2021 11:52 PM
109	Healthy eating	7/19/2021 6:54 PM
110	Change school food servic	7/19/2021 5:44 PM
111	I think we should go back to one room classrooms, my kids did so much better last yr without changing classes, and the treachers seemed less stressed and more in tune with the kids as individuals not just a name and seat warmer for that period. Mental health is important in children.	7/19/2021 4:21 PM
112	Healthy food and exercise	7/19/2021 3:26 PM
113	We need a YMCA	7/19/2021 3:12 PM
114	Less screen time and more activity outside.	7/19/2021 1:24 PM
115	drug prevention programs	7/19/2021 10:06 AM
116	 Educate the parents. 2. Require parenting classes when pregnant! 3. Childhood trauma effects health into late adulthood, yet parents have no training in parenting until they are in the court system, then the damage has been done! Prevention is key! 	7/15/2021 6:02 PM
117	N/A	7/15/2021 12:16 PM
118	Community activities free for school age children, NOT daycare.	7/14/2021 3:02 PM
119	Limit screen time.	7/14/2021 1:32 PM
120	More education about health	7/14/2021 10:56 AM
121	Healthier cafeteria foods, more beneficial classes - cooking, life skills, etc	7/14/2021 10:47 AM
122	Healthier Foods at school	7/14/2021 8:17 AM
123	more non sports activities.	7/13/2021 1:57 PM
124	Make them be more active	7/13/2021 9:25 AM
125	Healthy eating	7/13/2021 9:07 AM
126	Exercise	7/13/2021 8:38 AM
127	REMOVE DRUGS FROM OUR COMMUNITY	7/13/2021 7:02 AM
128	Improve the parks and the safety of them	7/12/2021 7:25 PM
129	Available healthy choices, non processed foods	7/12/2021 6:59 PM
130	Decrease wait times in the doctors office	7/12/2021 6:32 PM
131	Healthy food	7/12/2021 6:25 PM
132	Better ways to feed my children healthier foods that I can afford being a single parent that can't	7/12/2021 5:20 PM

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Taylor County Health Assessment 2021

	laylor county freditiff issessment 2021	
64	good moral/faith based morals	8/5/2021 3:38 PM
65	Access to family enrichment activities.	8/5/2021 3:20 PM
66	Educating parents about Food choices FREE After school teams/clubs Sports are expensive	8/4/2021 10:10 AM
67	education	8/3/2021 9:15 PM
68	better food options, grab and go options are a joke.	8/3/2021 7:46 AM
69	Providing more help to parents (counseling, etc).	8/2/2021 5:18 PM
70	N/A	8/2/2021 3:28 PM
71	Education	8/2/2021 11:06 AM
72	Nutrition	8/2/2021 10:40 AM
73	straighten-out the parents first	8/2/2021 10:09 AM
74	we attend church	7/31/2021 5:36 AM
75	we attend church	7/31/2021 5:36 AM
76	exercise and healthy eating practices in the home	7/30/2021 1:42 PM
77	Parents taking responsibility	7/29/2021 1:04 PM
78	Serve better meals at school	7/29/2021 4:50 AM
79	Good food	7/28/2021 3:51 PM
80	exercise	7/28/2021 3:20 PM
81	Healthy food	7/26/2021 10:04 PM
82	Exercise	7/25/2021 2:10 PM
83	Get the Dr.s here in Taylor Co. to do other things. For example A referral is 1 of the biggest problems in this town. Many folk have a condition that can be treated by a Family Dr. however if they are alienated to the Health problem they send you to someone who specializes in that problem. THAT'S THE BIG PROBLEM! You get throw around like a bean bag here, there, & everywhere. C-Ville needs a Dr. That can specialize in every area of the human body.	7/25/2021 12:02 PM
84	Help with healthy foods	7/25/2021 8:07 AM
85	More affordable access to healthy foods and recreational options.	7/24/2021 8:55 PM
86	Vaccines	7/24/2021 5:38 PM
87	Healthy food choices	7/24/2021 11:31 AM
88	More physical activity, access to more individualized Healthcare	7/24/2021 7:31 AM
89	Teach them to eat healthy!	7/23/2021 8:47 PM
90	Good reliable doctors	7/23/2021 7:59 PM
91	More health education; such as, teeth, hearing, eyes care	7/23/2021 7:37 PM
92	More physical activities that do not include a sports team.	7/23/2021 7:17 PM
93	Na	7/23/2021 6:53 PM
94	Stress healthy eating and excercise	7/23/2021 6:19 PM
95	Exercise	7/23/2021 4:13 AM
96	Better eating habits	7/22/2021 7:56 PM
97	Hold the parents accountable!!	7/22/2021 3:19 PM
98	Educating children and parents on how to care for themselves. Educate them on how to cook easy meals with fresh ingredients.	7/22/2021 9:07 AM

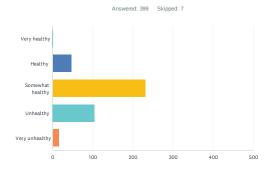
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	get assistance and doesn't make alot of money.	
133	Healthy options at fast food restaurants.	7/12/2021 3:21 PM
134	healthy food	7/12/2021 2:10 PM
135	Parents that are drugs and still have custody of their children as children are raising themselves in despicable conditions. This is due to our poor law enforcement of this community and the court system keeps letting criminals back out into the community. This seems to far gone for anyone to do anything about now.	7/12/2021 1:19 PM
136	They need more physical activities either in school or within public services.	7/12/2021 1:00 PM
137	Good jobs that provide income for parents to buy what their children need, low-cost healthy foods, and safe, affordable housing. Also, recreation areas that are SAFE, fenced, and provide free or low-cost activities.	7/12/2021 12:20 PM
138	More education to parents regarding obesity and healthy eating habits.	7/12/2021 12:20 PM
139	Dispose of electronic games	7/12/2021 12:19 PM
140	Educating the parents!!	7/12/2021 12:00 PM
141	HEALTHY AND AFFORDABLE FOOD ACCESS.	7/12/2021 11:57 AM
142	Smaller classroom sizes, free healthcare (medical and mental health)	7/12/2021 11:36 AM
143	more parental involvement healthier eating decrease time on social media	7/12/2021 11:19 AM
144	Recreational facilities, YMCA, higher education requirements for teachers, healthier food choices at school.	7/12/2021 11:18 AM
145	Start at home!!!!	7/12/2021 11:06 AM
146	Medicare for all/affordable healthcare and dental care for everyone	7/12/2021 11:06 AM
147	More education about self care and mental health.	7/12/2021 11:05 AM
148	Educating the parents	7/12/2021 10:59 AM
149	access to healthy foods	7/12/2021 10:51 AM
150	Health education at an early age.	7/12/2021 10:49 AM
151	Look at the vaccination rates of children in the school, looks like that needs improvement.	7/12/2021 10:42 AM
152	Incorporate healthy eating and physical exercise in their daily routine/curriculum at school. This becomes a habit that will be carried over to home for weekends and summer breaks.	7/12/2021 10:19 AM
153	improved died and exercise	7/12/2021 10:09 AM
154	School education programs	7/12/2021 10:00 AM
155	Improve eating habits, close McDonald's!	7/10/2021 7:42 AM
156	Healthy food	7/9/2021 11:54 AM
157	Teach them about food choice	7/9/2021 11:34 AM

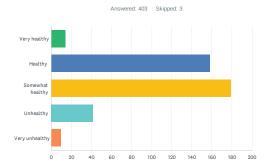
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Q17 How would you rate Taylor County as a "Healthy Community?"



ANSWER CHOICES	RESPONSES	
Very healthy	0.25%	1
Healthy	11.78%	47
Somewhat healthy	57.89%	231
Unhealthy	26.07%	104
Very unhealthy	4.01%	16
TOTAL		399

Q18 How would you rate your personal health?



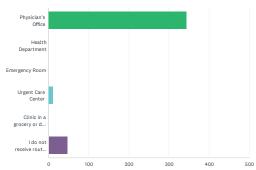
ANSWER CHOICES	RESPONSES	
Very healthy	3.47%	14
Healthy	39.21%	158
Somewhat healthy	44.42%	179
Unhealthy	10.42%	42
Very unhealthy	2.48%	10
TOTAL		403

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Taylor County Health Assessment 2021

Q19 Where do you go for routine healthcare?

Answered: 403 Skipped: 3



ANSWER CHOICES	RESPONSES	
Physician's Office	85.36%	344
Health Department	0.00%	0
Emergency Room	0.00%	0
Urgent Care Center	2.98%	12
Clinic in a grocery or drug store	0.00%	0
I do not receive routine healthcare	11.66%	47
TOTAL		403

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Q20 If you answered "I don't receive routine healthcare" to number 19, please choose all reasons why below.

Answered: 43 Skipped: 363



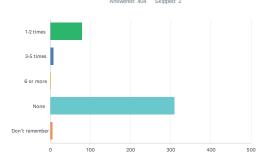


#	OTHER (PLEASE SPECIFY)	DATE
1	In wheelchair don't have handicapped van or can't get them when I have an appointment plus cant find anyone to widen doors	8/22/2021 11:49 PM
2	It's hard to get an appointment with a family physician in Taylor County Campbellsville they don't take on new patients	8/15/2021 8:20 PM
3	Can't find a Dr accepting new patients	8/7/2021 4:42 PM
4	I go to the dr when its necessary	8/6/2021 5:38 PM
5	N/A	8/5/2021 3:20 PM
6	There is nothing wrong with me	8/2/2021 10:06 AM
7	Mask mandates prevent me from seeing a doc	7/29/2021 4:50 AM
8	Lack of SPECIALISTS	7/25/2021 12:02 PM
9	Don't have any health issues	7/20/2021 10:23 PM
10	Multiple misdiagnoses	7/14/2021 10:56 AM
11	I don't have a family physician	7/13/2021 8:42 AM
12	I go outside of Campbellsville for healtcare as I have more professionalism among staff and	7/12/2021 1:19 PM

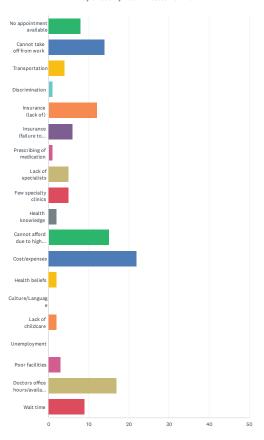
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Taylor County Health Assessment 2021

Q21 How often have you used the Emergency Room in the past 12 months?



ANSWER CHOICES	RESPONSES
1-2 times	19.55% 79
3-5 times	2.23% 9
6 or more	0.50% 2
None	76.49% 309
Don't remember	1.24% 5
TOTAL	404



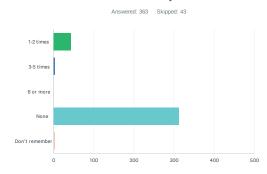
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with hospitals outside of Campbellsville accurate diagnois and better care. Also, when I compare the cost to Taylor Regional Hospital to other hospitals in a 50 to 100 mile radius the cost of preventive maintenance is much lower than Taylor Regional Hospital. Money is going into some

13 Work at a office. 7/12/2021 10:46 AM

Q22 How often have you used the Emergency Room in the past 12 months for a child in your care?



ANSWER CHOICES	RESPONSES	
1-2 times	12.12%	44
3-5 times	1.10%	4
6 or more	0.00%	0
None	86.23%	313
Don't remember	0.55%	2
TOTAL		363

Q23 What means of transportation do you use?

Answered: 398 Skipped: 8

Personal vehicle

Hospital van

Walk

Share ride

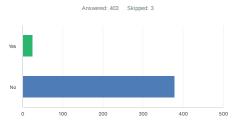
Personal vehicle 98.24% 391 Hospital van 0.75% 3 Walk 1.01% 4 Share ride 1.51% 6 Total Respondents: 398 6	ANSWER CHOICES	RESPONSES	
Walk 1.01% 4 Share ride 1.51% 6	Personal vehicle	98.24%	391
Share ride 1.51% 6	Hospital van	0.75%	3
Shale fide	Walk	1.01%	4
Total Respondents: 398	Share ride	1.51%	6
	Total Respondents: 398		

#	OTHER (PLEASE SPECIFY)	DATE
1	My Friend takes me	8/7/2021 8:33 PM
2	Relative brings me	8/7/2021 12:35 AM
3	Rides with family	7/12/2021 5:11 PM

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Taylor County Health Assessment 2021

Q24 Have you ever missed an appointment or been unable to get needed health care because of problems due to transportation

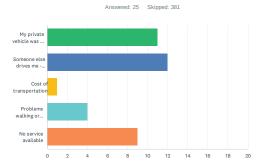


ANSWER CHOICES	RESPONSES	
Yes	6.20%	25
No	93.80%	378
TOTAL		403

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Taylor County Health Assessment 2021

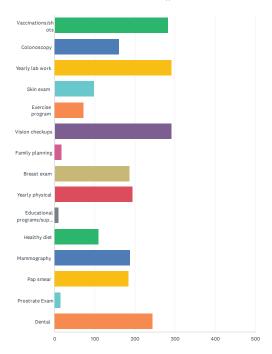
Q25 If yes, what were the reasons? Check all that apply



ANSWER CHOICES	RESPONSES	
My private vehicle was not available	44.00%	11
Someone else drives me - they were not available	48.00%	12
Cost of transportation	4.00%	1
Problems walking or biking	16.00%	4
No service available	36.00%	9
Total Respondents: 25		

Q26 What preventative health services do you use?





ANSWER CHOICES RESPONSES 71.83% 283 40.86% 161 292 74.11% Yearly lab work Skin exam 18.53% 73 Exercise program 73.86% 291 4.57% 18 Breast exam 49.24% 194 Yearly physical 2.79% 11 Educational programs/support groups 27.92% 110 Healthy diet 189 Mammography 184 Pap smear Prostrate Exam 3.81% 15 61.93% 244 Total Respondents: 394

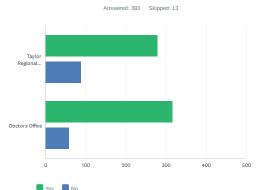
#	OTHER (PLEASE SPECIFY)	DATE
1	Cant get checked for pap cause emts wont take you so what am I supposed to do	8/22/2021 11:49 PM
2	Go only if I have to	8/11/2021 8:11 PM
3	Blood work every 3 or 4 months	8/7/2021 8:45 AM
4	1 dentist in Taylor Co takes a state medical card One	7/25/2021 12:02 PM
5	No longer need a mammogram due to double mastectomy	7/24/2021 11:31 AM
6	We are in the process of changing over to a healthier diet.	7/22/2021 9:07 AM
7	The problem lies in lack of specialty. The nurse practitioners and physician assistants are inexperienced and know nothing from a runnry nose or cold something simple. Filling the city with more of them does nothing if they are not required to have training yearly more than they have or in more advanced settings and areas!	7/15/2021 6:02 PM
8	I only go outside of Campbellsville for health care due to the poor care that Campbellsville offers.	7/12/2021 1:19 PM

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Taylor County Health Assessment 2021

Taylor County Health Assessment 2021

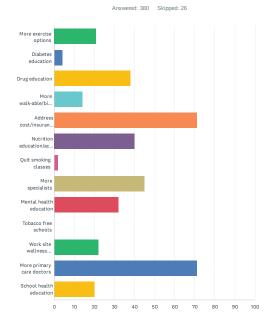
Q27 The last time you used a health care facility in Taylor County did you feel you received enough information/education to recover?



	YES	NO	TOTAL
Taylor Regional Hospital	76.02% 279	23.98% 88	367
Doctors Office	84.31% 317	15.69% 59	376

Q28 In your opinion, what is the best way to address the health needs of people in Taylor County? (Please choose one)

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ANSWER CHOICES	RESPONSES	
More exercise options	5.53%	21
Diabetes education	1.05%	4
Drug education	10.00%	38
More walk-able/bike-able community	3.68%	14
Address cost/insurance issues	18.68%	71
Nutrition education/access to healthy food	10.53%	40
Quit smoking classes	0.53%	2
More specialists	11.84%	45
Mental health education	8.42%	32
Tobacco free schools	0.00%	0
Work site wellness programs	5.79%	22
More primary care doctors	18.68%	71
School health education	5.26%	20
TOTAL		380

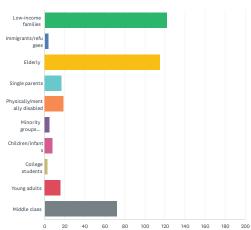
#	OTHER (PLEASE SPECIFY)	DATE
1	We need a pool available for year round use for youth and senior citizens	9/9/2021 9:16 AM
2	More available help for people like me and need better doctors.	8/22/2021 11:49 PM
3	ER that can see critical patients & tell them the wait is 6-7 hours	8/16/2021 6:39 PM
4	More insurance options to those who are not insured at work	8/10/2021 9:31 AM
5	Need psychiatrists here in Campbellsville Kentucky !!!	8/7/2021 8:33 PM
6	I really think that Taylor County needs to bring in a Urogynecologist	8/7/2021 8:45 AM
7	If you don't receive govt insurance (in other words have insurance through work) out of Pocket costs are unbearable	8/7/2021 7:35 AM
8	have a list of available doctors in the area so people can find a doctor more easily	8/5/2021 4:46 PM
9	Support the hospital and emergency services so that they will be there when needed.	8/2/2021 11:52 AM
10	Community gardens may help.	7/28/2021 3:20 PM
11	Tired of getting sent out of town for something that Should be able to be handled in the town we live in. More Specialists I can Not stress that enough.	7/25/2021 12:02 PM
12	Until people are held accountable for drug issues and child neglect much will not change. We cannot even walk at designated places without needles or homeless harassing. Police arrest and they're back out the next day, Kids see cycle of drugs and abuse and the parents are never held accountable. Giving them a pamphlet on drugs-abuse doesn't seem to work	7/23/2021 7:45 AM
13	Doctors and/or PAs following through with some form of education on a diagnosis.	7/22/2021 9:07 AM
14	Better staffed hospital with more services 24/7	7/20/2021 9:32 AM
15	Partnering with UK because Dr. Romines is alumni was the worst mistake. Louisville was and is still producing more advanced knowledge. UK might have a pretty marketing program, but skill level is at detriment of patients! Medical mistake deaths hold the 3rd place, so putting more inexperienced PA & ARNP in the city isn't helping especially when bridge programs and	7/15/2021 6:02 PM

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Taylor County Health Assessment 2021

Q29 What group needs the most help with access to health care in Taylor County?





51/53

Taylor County Health Assessment 2021

	education is being dumped down allowing easier access and clinical hours in the same small town facilities and online where people cheat. The same as graduating from campbellsville university! If you deny this, then you are close minded and have no interest in learning either.	
16	At this time we need to get more people vaccinated against COVID. We need to do more to educate and encourage people. Do giveaways, anything to get more of our community vaccinated. There was a big push early but we need to continue getting more of our population vaccinated to prevent the spread of new variants and stop the replication that could possibly mutate into a variant that can't be stopped.	7/14/2021 1:01 PM
17	A more walkable community would be great. It's nearly impossible to easily walk downtown and the sidewalks are in disrepair.	7/12/2021 7:44 PM
18	Don't know	7/12/2021 7:14 PM
19	We need bike paths in Taylor County!	7/12/2021 6:32 PM
20	More exercise options, more walkable/bike able areas, more primary care doctors	7/12/2021 5:10 PM
21	Not have all the doctor's in Campbellsville have to utilize Taylor Regional Hospital as the cost is higher than other hospitals close by. Also, the profressionalism at other hospitals are of a higher grade than Taylor Regional Hospital and local doctor offices.	7/12/2021 1:19 PM
22	Allow the Health Department to give out more shots for the citizens that can not afford to pay for them and their doctor does not have.	7/12/2021 12:19 PM
23	Holistic medicines	7/12/2021 11:18 AM

50 / 53

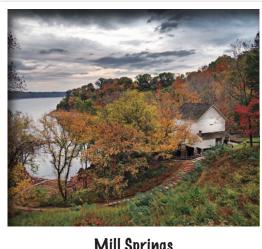
Taylor County Health Assessment 2021

ANSWER CHOICES	RESPONSES	
Low-income families	32.02%	122
Immigrants/refugees	1.05%	4
Elderly	30.18%	115
Single parents	4.46%	17
Physically/mentally disabled	4.99%	19
Minority groups (e.g.African American, Hispanic)	1.31%	5
Children/infants	2.10%	8
College students	0.79%	3
Young adults	4.20%	16
Middle class	18.90%	72
TOTAL		381

#	OTHER (PLEASE SPECIFY)	DATE
1	When I was working, the middle class needed assistance with cost issues related to health as by the time I paid to have insurance, then I had all these other bills that insurance did not pay such as deductibles, out of pocket expenses, drug costs, etc.	8/31/2021 2:09 PM
2	Single parents and people with disabilities issues	8/22/2021 11:49 PM
3	All of the above- I work with medical insurance and it isn't affordable.	8/19/2021 9:07 PM
4	School age children need more exercise in School	8/15/2021 8:20 PM
5	All of the above	8/15/2021 2:49 PM
6	Working class people	8/12/2021 2:49 AM
7	I would have picked more than one !!	8/7/2021 8:33 PM
8	Mental health issues need attention and awareness	8/7/2021 7:35 AM
9	people without transportation	7/28/2021 3:20 PM
10	All of the above needs the most help with access to health in Taylor County. I would not single out any of the above.	7/25/2021 12:02 PM
11	Those without insurance and high deductibles	7/24/2021 11:31 AM
12	Everyone!	7/23/2021 7:59 PM
13	Have family members who will not go to doctor because of bill that is received. Made trip to er last month and received \$1600 bill for 2 hour visit!! All while no medication given and told to see family doctor. most low income receive medical card or government assistance while the elderly or those who "make too much" from pensions after paying bills don't actually make enough to get proper care that no one talks about	7/23/2021 7:45 AM
14	People without insurance.	7/22/2021 9:07 AM
15	After my last visit in the ER and being ever being seen 2 times. I would rather drive to another county and hospital or stay home and suffer than get treated like I was a few weeks ago. Definitely don't want to come to the ERI!!!	7/15/2021 12:16 PM
16	Everyone	7/14/2021 9:55 AM
17	I'm not even middle class I'm poor	7/12/2021 9:01 PM
18	Don't know	7/12/2021 7:14 PM

19	Older adults with underlying medical conditions	7/12/2021 7:08 PM
20	And children	7/12/2021 6:59 PM
21	And low income	7/12/2021 5:10 PM
22	All the above mentioned.	7/12/2021 1:19 PM
23	also immigrants	7/12/2021 12:20 PM
24	Note: middle class means high deductibles / less likely to go to doctor for health issues	7/12/2021 11:36 AM
25	unsure	7/12/2021 11:19 AM
26	Especially dental and vision not covered by Medicare	7/12/2021 10:19 AM

Wayne County is located in South Central Kentucky, on the Tennessee State Line. The population is 20,716. Monticello is the county seat for Wayne County. Wayne County is a tourist destination because of its location on Lake Cumberland and is known as the "Heart of Lake Cumberland". It provides 1,200 miles of shoreline and 63,000 acres of water. Lake Cumberland has increased the manufacturing of houseboats resulting in Wayne County being named the "House Boat Capital of the World". Wayne County is also home to the Historic Site of the Battle of Mill Springs that took place during the Civil War in 1863. Mill Springs is on the National Register of Battlefields.



Mill Springs



People

The population of Wayne County is 20,716 with a median age of 42.1. The population is comprised of 95.6% White, 3.3% Hispanic/Latino, 2.1% Black. 20.4% of the population is 65 or older and 26.4% of the population is under the age of 18.



Homes

The median household income is \$33,715 The median property value is \$80,700 the homeownership rate is 70.5%. 28% of the children are living in single parent homes. 38% of the children are living in poverty.



Jobs

The most common employment sectors are Production, Administrative and Retail Sales. 83% of Wayne County's population drives alone to work and 29% drive further than 30 minutes to work.

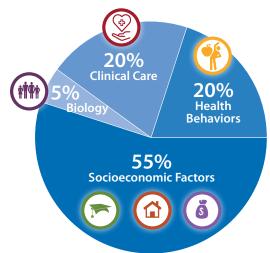


Health

Wayne County Hospital is a 25-bed hospital that serves as a Critical Access Hospital (CAH). Health care provider ratios are: Primary Care Physicians 1,570:1; Dentists 3,410:1 and Mental Health Providers 1,200:1. 8% of the people under 65 are uninsured. Wayne County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.







MEDIAN HOUSEHOLD INCOME

\$33,715

District \$33,268 KY \$46,535



POPULATION

20,716

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

24%

District 24% KY 24%



40%

District 36% KY 34%



ADULT OBESITY PHYSICAL INACTIVITY

35%

District 34% KY 28%



CHILDREN w/SINGLE PARENT

28%

District 32% KY 35%



TEEN BIRTH RATE

60

District 52 **KY 38**



CHILD/PERSONS POVERTY

38%/27%

District 36%/26% KY 24%/19%

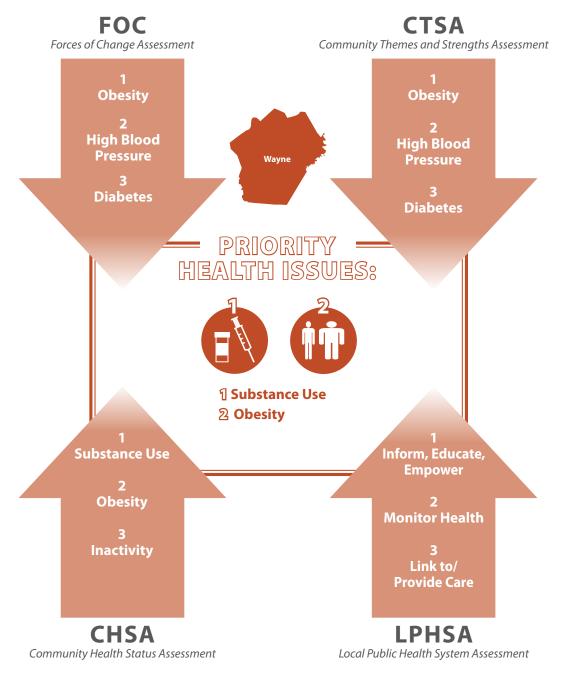
Wayne County Health Council Vision Statement:

Empowering Wayne County to be a community united through personal and shared responsibility, with a focus on spiritual, emotional, mental, physical, and economic health with the support of local resources to make it a safe place to live, work, and play.

Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Wayne County Health Council completed the Mobilizing for Action Through Partnership and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Wayne County residents.





Wayne County Health Department

39 Jim Hill Service Road Monticello, KY 42633 p (606) 348-9349 • f (606) 348-7464 www.LCDHD.org





WAYNE COUNTY: RESOURCES OR ASSETS INVENTORY

Wayne County Health Council

The priority health issues selected are Obesity and Substance Use. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Taylor County residents.

Obesity

- Wayne County Memorial Park walking trail, basketball goals, play equipment
- Wayne County Public Library health and wellness focused classes, walking club
- Wayne County Schools-Family Resource Center exercise programs
- Wayne County Cooperative Extension Service health and wellness focused classes
- Coordinated School Health Council focus on health and nutrition, fitness and wellness
- Wayne County Fitness Center exercise equipment, exercise classes
- Wayne County Senior Center fitness program for elderly
- Wayne County Hospital physical therapy, exercise equipment
- Health Department WIC, nutrition education
- Wayne County ASPIRE basketball, swimming, softball, baseball

Substance Use

- ADANTA counseling, prevention, treatment
- Wayne County ASAP programs prevention and treatment, raise awareness,
- Health Department Freedom From Smoking classes
- Wayne County Resource Directory
- AA program Substance Use Support
- Community Based Interventions counseling, prevention, treatment
- Defensive Actions Against Drugs
- Hope Center food pantry, monthly commodity day
- Operation UNITE education, prevention
- Passages of Kentucky drug treatment (outpatient)
- Rays of Hope Intervention, PLC drug treatment (outpatient)



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Wayne	District	Kentucky	USA
Population, 2017 Estimate ¹	20,716	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	-0.05%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	5.70%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	20.70%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017) ¹	20.40%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	50.30%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	49.70%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	95.60%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	2.10%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.40%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.40%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	3.30%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	93.20%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	1,132	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	10,907	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	70.50%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-16 ¹	\$732	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-161	\$254	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$487	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.58	2.00	2.49	2.63
Median Household Income ¹	\$33,715	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$80,700	\$83,210	\$135,600	\$193,500

 $^{^{1}} Source: \textit{US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018}$





Community Health Assessment DATA

HEALTH FACTORS

TE/LETTT/ACTORS				
	Wayne	District	Kentucky	USA
Premature Death ²	9,500	10,330	9,000	-
Poor or Fair Health ²	27%	25%	21%	-
Poor Physical Health Days ²	5.7	5.24	4.80	-
Poor Mental Health Days ²	5.1	4.74	4.80	-
Low Birthweight ²	8%	9%	9%	-
Adult Smoking ²	24%	24%	24%	-
Adult Obesity ²	40%	36%	34%	-
Diabetes Prevalence ²	15%	15%	13%	-
Teen Birth Rate ²	60	52	38	-
Food Environment Index ²	6.8	7.29	7.00%	-
Food Insecurity ²	18%	17%	16%	-
Physical Inactivity ²	35%	34%	28%	-
Access to Exercise Opportunities ²	67%	58%	72%	-
Excessive Drinking ²	13%	13%	16%	-
Alcohol Impaired Driving Deaths ²	19%	32%	28%	-
Uninsured ²	8%	8%	7%	-
Primary Care Physicians ²	1,570:1	3,817:1	1,510:1	-
Dentists ²	3,410:1	5,347:1	1,560:1	-
Mental Health Providers ²	1,200:1	-	520:1	-
Other Primary Care Providers ²	1,573:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	95	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	55	624	19,960	-
Drug Arrest Rate⁴	2,491	1,868	1,707	-
Motor Vehicle Death Rate ⁵	26.95	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	145.9	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	51	54	50	40
Lung Cancer (avg. 5-year cancer incidence rate) 7	97	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) ⁷	102	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Wayne	District	Kentucky
High School Graduation ²	93.9%	96.9%	90.3%
Some College ²	37%	47%	60%
Unemployment ²	7.30%	6.21%	5.00%
Children in Poverty ²	38%	36%	24%
Person in Poverty ¹	26.90%	25.63%	18.50%
Income Inequality ²	5.2	5.19	5.10
Children in Single-Parent Households ²	28%	32%	35%
Social Associations ²	8.8	9.34	10.70
Violent Crime, rate ²	64	73.8	215.0
Injury Deaths, rate ²	99	103.9	88.0
Air Pollution-Particulate Matter ²	9.5	9.64	10.00
Drinking Water Violations ²	No	Yes	Yes
Severe Housing Problems ²	13%	14%	14%
Driving Alone to Work ²	83%	83%	82%
Long Commute-Driving Alone ²	29%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ²County Health Ranking, 2018.

WAYNE COUNTY SCHOOL DISTRICT ENROLLMENT

Bell Flementary (1-2) 426 Wayne County High (9-12) 963	Walker Early Learning Center (PS-K)	211	Wayne County Middle (6-8)	728
200 Learning (1. 2)	Bell Elementary (1-2)	426	Wayne County High (9-12)	963
Monticello Elementary (3-5) 724 TOTAL ENROLLMENT 3,05	Monticello Elementary (3-5)	724	TOTAL ENROLLMENT	3,052

Source: Kentucky Department of Education, May 16, 2018

WAYNE COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in January 2018. There were 345 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

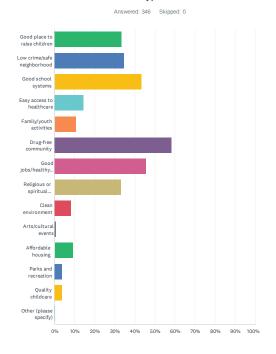
Answers Top Three	% of Respondents
Drug-free community	58.38%
Good jobs/healthy economy	4.66%
Good school system	43.35%

What do you think are the THREE groups the needs the most help with access to health care?

Top Three Answers	% of Respondents
Elderly	33.83%
Low-income families	27.25%
Middle Class	16.47%



Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community) Check THREE:



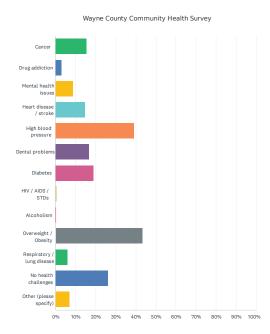
ANSWER CHOICES RESPONSES 33.53% 116 Good place to raise children 34.68% 120 Low crime/safe neighborhood 150 43.35% Good school systems 50 Easy access to healthcare 10.69% 37 Family/youth activities Drug-free community 58.38% 202 45.66% 158 Good jobs/healthy economy Religious or spiritual values 8.38% 29 Clean environment Arts/cultural events 0.87% 9.25% 32 Affordable housing 13 Parks and recreation 3.76% 13 Quality childcare Other (please specify) 0.29% Total Respondents: 346 OTHER (PLEASE SPECIFY) DATE Physical activity awareness and educated the obese

Q2 Select the top THREE health challenges you face

Answered: 346 Skipped: 0

1/30

Total Respondents: 346



ANSWER CHOICES	RESPONSES	
Cancer	15.61%	54
Drug addiction	2.89%	10
Mental health issues	8.67%	30
Heart disease / stroke	14.74%	51
High blood pressure	39.31%	136
Dental problems	16.76%	58
Diabetes	19.08%	66
HIV / AIDS / STDs	0.58%	2
Alcoholism	0.29%	1
Overweight / Obesity	43.35%	150
Respiratory / lung disease	6.07%	21
No health challenges	26.30%	91
Other (please specify)	6.94%	24

2/30

Wayne County Community Health Survey

#	OTHER (PLEASE SPECIFY)	DATE
1	thyroid	12/20/2017 12:40 PM
2	asthma	12/20/2017 12:26 PM
3	pregnant	12/20/2017 11:39 AM
4	pvc ibsd	12/6/2017 2:39 PM
5	allergies	11/21/2017 10:27 AM
6	arthritis	11/16/2017 4:02 PM
7	ADHD/OCD/ODD	11/16/2017 3:36 PM
8	anxiety	11/15/2017 4:25 PM
9	Stress	11/15/2017 1:45 PM
10	low thyroid	11/15/2017 12:13 PM
11	Hypothyroidism	11/15/2017 11:02 AM
12	autoimmune	11/15/2017 10:52 AM
13	high cholesterol	11/15/2017 10:44 AM
14	Fatigue, Stress	11/15/2017 10:43 AM
15	Blood disorder	11/13/2017 8:42 AM
16	Place/timing of scheduled exercises	11/13/2017 8:29 AM
17	Thyroid disease	11/10/2017 2:21 PM
18	Fibromyalgia	11/9/2017 1:46 PM
19	arthritis	11/9/2017 1:18 PM
20	ra	11/9/2017 12:46 PM

206

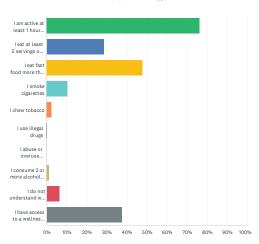
3/30

4/30

21	Long QT Syndrome	11/9/2017 11:55 AM
22	Arthritis	11/9/2017 11:38 AM
23	H/W Center. W all types classes.	11/9/2017 11:37 AM
24	Cost of dental care sndglasses for the uninsured over age 18. Lions club requirements are	11/8/2017 11:37 PM

Q3 Choose all statements that apply to you

Answered: 325 Skipped: 21

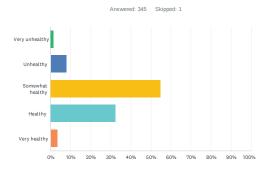


5/30

Wayne County Community Health Survey

ANSWER CHOICES	RESPONSES	
Very unhealthy	12.17%	42
Unhealthy	36.81%	127
Somewhat healthy	45.51%	157
Healthy	4.35%	15
Very healthy	1.16%	4
TOTAL		345

Q5 How would you rate your own personal health?



ANSWER CHOICES	RESPONSES	
Very unhealthy	1.45%	5
Unhealthy	7.83%	27
Somewhat healthy	54.78%	189
Healthy	32.46%	112
Very healthy	3.48%	12
TOTAL		345

Q6 Are you in favor of Tobacco Free School Policy? (where tobacco of any form is not allowed on school grounds?)

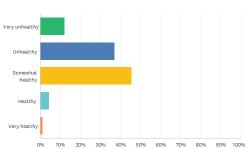
Answered: 343 Skipped: 3

Wayne County Community Health Survey

MANUEL GUIDATO	DECREUS	
ANSWER CHOICES	RESPONS	ES
I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work)	76.31%	248
I eat at least 5 servings of fruit and vegetables each day	28.62%	93
I eat fast food more than two times per week	48.00%	156
I smoke cigarettes	10.46%	34
I chew tobacco	2.46%	8
I use illegal drugs	0.31%	1
I abuse or overuse prescription drugs	0.00%	0
I consume 2 or more alcoholic drinks (if female) or 3 or more (if male) per day	1.23%	4
I do not understand when health care providers speak to me using medical terms	6.46%	21
I have access to a wellness program through my employer	37.54%	122
Total Respondents: 325		

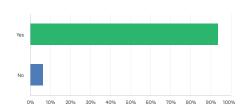
Q4 How would you rate Wayne County as a "Healthy Community?"

Answered: 345 Skipped: 1



6/30

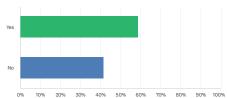
Wayne County Community Health Survey



ANSWER CHOICES	RESPONSES	
Yes	93.59%	321
No	6.41%	22
TOTAL		343

Q7 Are you satisfied with the health care system in Wayne County?

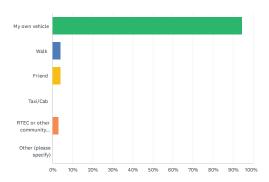
Answered: 340 Skipped: 6



ANSWER CHOICES	RESPONSES	
Yes	58.53%	199
No	41.47%	141
TOTAL		340

Q8 Which of the following forms of transportation do you use?

Answered: 341 Skipped: 5



ANSWER CH	IOICES	RESPONSES		
My own vehic	cle	94.43%		322
Walk		4.11%		14
Friend		4.11%		14
Taxi/Cab		0.00%		0
RTEC or other	er community assisted	2.93%		10
Other (please	specify)	0.00%		0
Total Respon	dents: 341			
#	OTHER (PLEASE SPECIFY)		DATE	

Q9 Are you able to visit a doctor when needed?

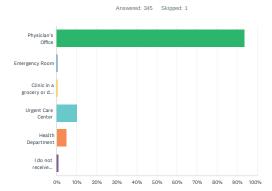
Answered: 341 Skipped: 5

9/30

Wayne County Community Health Survey

ANSWER CHOICES	RESPONSES	
No appointment available	16.00%	4
No specialist in my community	36.00%	9
No transportation	12.00%	3
Cannot take off work	36.00%	9
Cannot afford it	40.00%	10
Cannot afford due to high deductible	48.00%	12
Total Respondents: 25		

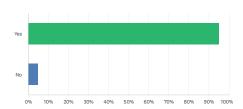
Q11 Where do you go for routine healthcare?



ANSWER CHOICES	RESPONSES	
Physician's Office	93.91%	324
Emergency Room	0.58%	2
Clinic in a grocery or drug store	0.58%	2
Urgent Care Center	10.14%	35
Health Department	4.93%	17
I do not receive healthcare	1.16%	4
Total Respondents: 345		

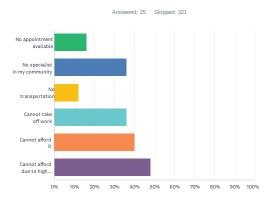
11/30

Wayne County Community Health Survey



ANSWER CHOICES	RESPONSES	
ANSWER CHOICES	RESPONSES	
Yes	95.01%	324
No	4.99%	17
TOTAL		341

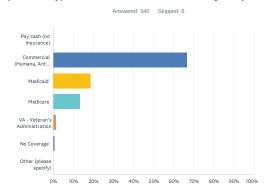
Q10 If you answered "No" to number 9, please choose ALL reasons why below.



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Wayne County Community Health Survey

Q12 What type of healthcare insurance coverage do you have?

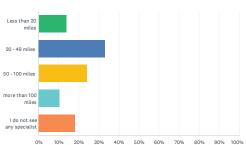


ANSWER	CHOICES	RESPONSES	
Pay cash	(no insurance)	0.00%	0
Commerc	ial (Humana, Anthem Blue Cross)	66.47%	226
Medicaid		18.53%	63
Medicare		13.24%	45
VA - Veter	ran's Administration	1.18%	4
No Covera	age	0.59%	2
Other (ple	ase specify)	0.00%	0
TOTAL			340
#	OTHER (PLEASE SPECIFY)	DATE	
	There are no responses.		

Q13 How far do you travel to see a specialist?

Answered: 345 Skipped: 1

12/30



ANSWER CHOICES	RESPONSES	
Less than 20 miles	13.91%	48
20 - 49 miles	33.33%	115
50 - 100 miles	24.06%	83
more than 100 miles	10.43%	36
I do not see any specialist	18.26%	63
TOTAL		345

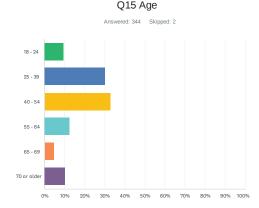
Q14 What group needs the most help with access to health care? (Choose only one)

Answered: 334 Skipped: 12

13/30

Wayne County Community Health Survey

#	OTHER (PLEASE SPECIFY)		DATE
	There are no responses.		
	0	1 F A 0 0	

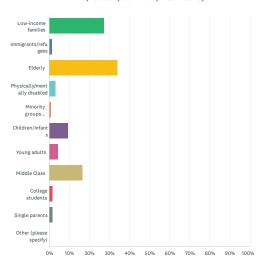


ANSWER CHOICES	RESPONSES	
18 - 24	9.59%	33
25 - 39	30.23%	104
40 - 54	32.85%	113
55 - 64	12.50%	43
65 - 69	4.65%	16
70 or older	10.17%	35
TOTAL		344

Q16 Gender

Answered: 333 Skipped: 13

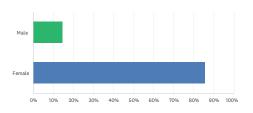
Wayne County Community Health Survey



ANSWER CHOICES	RESPONSES	
Low-income families	27.25%	91
Immigrants/refugees	1.20%	4
Elderly	33.83%	113
Physically/mentally disabled	3.29%	11
Minority groups (Hispanic, African Americans)	0.90%	3
Children/infants	9.28%	31
Young adults	4.19%	14
Middle Class	16.47%	55
College students	1.80%	6
Single parents	1.80%	6
Other (please specify)	0.00%	0
TOTAL		334

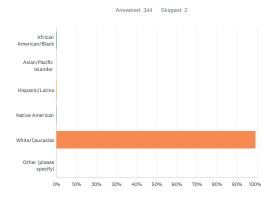
14/30

Wayne County Community Health Survey



ANSWER CHOICES	RESPONSES	
Male	14.41%	48
Female	85.59%	285
TOTAL		333

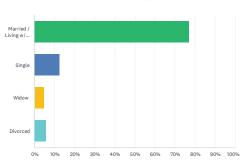
Q17 Race/Ethnic Group



ANSWER	CHOICES	RESPONSES	
African American/Black		0.29%	1
Asian/Pac	ific Islander	0.00%	0
Hispanic/L	atino	0.29%	1
Native An	erican	0.29%	1
White/Cau	casian	99.13%	341
Other (ple	ase specify)	0.00%	0
TOTAL			344
#	OTHER (PLEASE SPECIFY)	DA	TE
	Th		

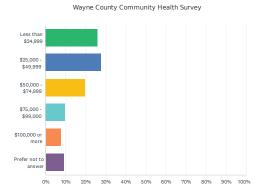


Answered: 342 Skipped: 4



ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	76.90%	263
Single	12.57%	43
Widow	4.68%	16
Divorced	5.85%	20
TOTAL		342

17/30



ANSWER CHOICES	RESPONSES	
Less than \$24,999	25.96%	88
\$25,000 - \$49,999	27.73%	94
\$50,000 - \$74,999	19.76%	67
\$75,000 - \$99,000	9.73%	33
\$100,000 or more	7.67%	26
Prefer not to answer	9.14%	31
TOTAL		339

Q21 What is your current employment status?

Answered: 346 Skipped: 0

Q19 Highest level of education you completed?

Answered: 319 Skipped: 27

High school graduate

College graduate

Technical school graduate

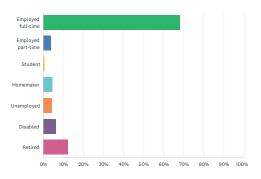
ANSWER	CHOICES	RESPONSES		
High school graduate		42.95%		137
College gra	duate	54.23%		173
Technical s	chool graduate	2.82%		9
TOTAL				319
#	OTHER (PLEASE SPECIFY)		DATE	
	There are no responses.			

Q20 Household Income

Answered: 339 Skipped: 7

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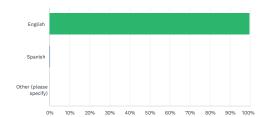
Wayne County Community Health Survey



ANSWER CHOICES	RESPONSES	
Employed full-time	67.92%	235
Employed part-time	3.76%	13
Student	0.58%	2
Homemaker	4.62%	16
Unemployed	4.34%	15
Disabled	6.36%	22
Retired	12.43%	43
TOTAL		346

Q22 Primary language

Answered: 346 Skipped: 0



ANSWER C	HOICES	RESPONSES	
English		99.71%	345
Spanish		0.29%	1
Other (pleas	e specify)	0.00%	0
TOTAL			346
#	OTHER (PLEASE SPECIFY)		DATE
	There are no responses.		

Q23 What zip code do you live in?

Answered: 344 Skipped: 2

#	RESPONSES	DATE
1	42633	1/8/2018 12:37 PM
2	42633	1/8/2018 12:35 PM
3	42633	1/8/2018 12:30 PM
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6	42633	1/8/2018 12:15 PM
7	42633	1/8/2018 12:11 PM
8	42633	1/8/2018 12:09 PM
9	42633	1/8/2018 10:19 AM
10	42633	1/8/2018 10:15 AM
11	42633	1/8/2018 10:14 AM
12	42633	12/20/2017 12:43 PM
13	42633	12/20/2017 12:42 PM

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52	42633	12/7/2017 3:29 PM
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Wayne County Community Health Survey

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Wayne County Community Health Survey					
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	Wayne County Community Health Surve	ey			Wayne County Community Health Survey
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324	42633	11/9/2017 9:06 AM
325	42633	11/9/2017 9:05 AM
326	42633	11/9/2017 9:04 AM
327	42602	11/9/2017 8:46 AM
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334	42633	11/8/2017 3:56 PM
335	42519	11/8/2017 3:35 PM
336	42633	11/8/2017 3:15 PM
337	42565	11/8/2017 3:15 PM
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339	42633	11/8/2017 3:13 PM
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LAKE CUMBERLAND DATA

Lake Cumberland District Total Population	Adair	Casey	Clinton	Cum- berland	Green	McCreary	Pulaski	Russell	Taylor	Wayne	District	KY
Population, 2017 Est. ¹	19,485	15,750	10,276	6,706	11,065	17,465	64,449	17,775	25,472	20,716	209,159	4,454,189
Population percent change- April 1, 2010 to July 1, 2017 ¹	4.40%	-1.30%	0.10%	-2.20%	-1.70%	-4.60%	2.20%	1.20%	3.90%	-0.05%	0.20%	2.60%
Person Under 5, percent (2017) ¹	5.50%	6.30%	6.20%	6.30%	5.20%	5.90%	5.80%	6.20%	6.40%	5.70%	5.95%	6.20%
Person Under 18, percent (2017) ¹	20.40%	22.60%	22.60%	21.70%	21.10%	21.70%	22.40%	22.60%	22.40%	20.70%	21.82%	22.70%
Person 65 and over, percent (2017) ¹	17.90%	19.90%	19%	21.40%	20.30%	15.70%	18.60%	19.90%	17.40%	20.40%	19.05%	16%
Female, percent (2017) ¹	50.20%	51.40%	50.60%	51.10%	50.60%	45.50%	51.10%	50.90%	51.10%	50.30%	50.28%	50.70%
Male, percent (2017)	49.80%	48.60%	49.40%	48.90%	49.40%	54.50%	48.90%	49.10%	48.90%	49.70%	49.72%	49.30%
White alone, percent (2017) ¹	94%	97.20%	97.10%	95%	95.70%	91.70%	96.40%	96.90%	91.40%	95.60%	95.10%	87.80%
Black or African American, percent (2017) ¹	3%	0.90%	0.60%	2.80%	2.20%	5.70%	1.20%	0.90%	5.20%	2.10%	2.00%	8.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.30%	0.40%	0.20%	0.20%	0.40%	0.80%	0.30%	0.60%	0.20%	0.40%	0.38%	0.30%
Native Hawaiian/ other Pacific Islander alone, percent (2017) ¹	Z	0.10%	0.40%	Z	Z	0.10%	Z	z	0.10%	0.18%	8.00%	0.10%
Reporting two or more races, percent (2017) ¹	1.40%	1.10%	1.40%	1.90%	1.50%	1.50%	1.20%	1.10%	2.00%	1.40%	1.45%	1.90%
Hispanic or Latino, percent (2017) ¹	1.90%	3.00%	2.90%	1.30%	1.80%	2.70%	2.50%	3.70%	2.60%	3.30%	2.57%	3.70%
White alone, Not Hispanic or Latino, percent (2017) ¹	93.20%	94.60%	95%	93.80%	94.20%	89.60%	94.10%	93.70%	89.20%	93.20%	93.06%	84.60%
Veteran - 2012-2016 (2017) ¹	1,197	892	560	433	668	1,048	4,690	932	1,257	1132	12,809	289,837



LAKE CUMBERLAND DATA

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Lake Cumberland District Health Characteristics	Adair	Casey	Clinton	Cumber- land	Green	McCreary	Pulaski	Russell	Taylor	Wayne	District	KY
Premature Death ²	8,300	11,400	11,900	10,300	9,400	12,400	10,100	10,800	9,200	9,500	10,330	9,000
Poor or Fair Health ²	23%	26%	23%	23%	19%	35%	22%	25%	24%	27%	25%	21%
Poor Physical Health Days ²	4.9	5.5	5.0	5.0	4.5	6.4	5.1	5.3	5.0	5.7	5.24	4.8
Poor Mental Health Days ²	4.7	5	4.6	4.6	4.3	5.5	4.3	4.6	4.7	5.1	4.74	4.8
Low Birthweight ²	8%	9%	10%	8%	8%	11%	8%	9%	9%	8%	9%	9%
Adult Smoking ²	23%	25%	25%	22%	21%	31%	23%	24%	24%	24%	24%	24%
Adult Obesity ²	37%	37%	35%	34%	38%	38%	34%	35%	34%	40%	36%	34%
Teen Births ²	29	58	54	45	41	75	53	63	43	60	52	38
Food Environment Index ²	7.4	7.8	7.8	7.6	7.6	6.6	7.1	7.3	6.9	6.8	7.3	7.0
Physical Inactivity ²	36%	32%	34%	38%	34%	33%	30%	30%	34%	35%	34%	28%
Access to Exercise Opportunities ²	63%	26%	41%	11%	37%	100%	72%	85%	82%	67%	58%	72%
Excessive Drinking	15%	13%	13%	13%	14%	12%	13%	13%	14%	13%	13%	16%
Alcohol Impaired Driving Deaths ²	23%	43%	27%	80%	18%	30%	25%	30%	23%	19%	32%	28%
Uninsured ²	8%	9%	9%	8%	8%	9%	8%	9%	7%	8%	8%	7%
Primary Care Physicians ²	3,810:1	15,810:1	2,540:1	1,690:1	0	3,580:1	1,330:1	2,520:1	1,500:1	1,570:1	3,817:1	1,510:1
Dentists ²	6,430:1	7,910:1	5,090:1	2,250:1	2,770:1	17,510:1	1,390:1	3,540:1	3,170:1	3,410:1	5,347:1	1,560:1
Mental Health Providers ²	550:1	1,440:1	570:1	610:1	690:1	1,250:1	350:1	1,110:1	630:1	1,200:1		520:1
Preventable Hospital Stays, Rate ²	80	145	161	173	129	93	65	64	59	95	106.4	77
High School Graduation ²	98%	93%	93%	93%	93%	88%	94%	90%	99%	93%	93%	89%
Some College ²	47%	46%	42%	57%	46%	40%	50%	55%	52%	37%	47%	60%
Unemployment ²	6.6%	4.6%	7.3%	5.5%	4.4%	7.7%	5.3%	8.3%	5.1%	7.3%	6.2%	5.0%
Children in Poverty ²	37%	37%	37%	38%	29%	47%	27%	37%	29%	38%	36%	24%
Income Inequality ²	5.4	5.2	4.5	5.3	5.0	5.4	6.0	4.9	5.0	5.2	5.2	5.1
Children in Single Parent Households ²	23%	22%	31%	37%	20%	31%	38%	37%	50%	28%	32%	35%
Social Associations ²	4.2	5.7	7.9	8.9	18.2	3.4	9.6	10.2	16.5	8.8	9.34	10.7
Violent Crime, Rate ²	66	44	24	49	47	52	124	59	209	64	73.8	215
Injury Death, Rate ²	82	100	132	124	99	96	92	123	92	99	103.9	88
Air Pollution-Particulate Matter ²	9.7	9.8	9.4	9.4	9.8	9.5	9.9	9.7	9.7	9.5	9.6	10.0
Drinking Water Violations ²	No	Yes	No	Yes	No	No	Yes	Yes	No	No	Yes	Yes
Severe Housing Problems ²	10%	11%	13%	10%	13%	23%	18%	14%	14%	13%	14%	14%
Driving Alone to Work ²	83%	82%	85%	85%	80%	82%	85%	84%	81%	83%	83%	82%
Long Commute - Driving Alone ²	25%	42%	18%	28%	41%	32%	20%	26%	20%	29%	28%	29%
Hospitalizations or ER Visits per 1,000 Overdoses - Any Substance (2016) ³	2.40	4.58	1.97	4.72	2.70	3.59	2.87	3.28	4.31	1.99	3.15	
Motor Vehicle Death Rate (2016) ⁴	31.93	24.21	26.60	52.59	29.45	22.24	18.39	33.99	20.04	26.95	23.98	17.06
Coronary Heart Disease Deaths (2014-2016) ⁵	87.80	120.80	153.70	162.20	138.40	156.80	172.30	93.20	131.10	145.90		107.40
Colorectal Cancer*6	49	59	50*	48*	53*	53*	54	48	61	51	54	50
Lung Cancer* ⁶	85	112	108	107	88	163	93	104	105	97	102	95
Breast Cancer*6	104	115	112	ND	89*	150	129	110	109	102	116	123



LAKE CUMBERLAND DATA

Substance Abuse	Adair	Casey	Clinton	Cumber- land	Green	McCreary	Pulaski	Russell	Taylor	Wayne	District	КҮ
Acute Drug Poisoning (Overdose) ⁷	48	57	18	13	23	56	203	58	93	55	624	19,960
Drug Arrest Rate, 2016, Kentucky Health Facts ⁸	1,574	2,297	1,898	2,435	864	1,732	1,339	2,015	2,917	2,491	1,868	1,707

Housing and Economics	Adair	Casey	Clinton	Cumber- land	Green	McCreary	Pulaski	Russell	Taylor	Wayne	District	кү
Number of Housing Units (2017) ⁹	8,604	7,510	5,302	3,676	5,309	7,507	31,493	10,106	11,001	10,907	10,142	1,984,150
Home Ownership Rate ⁹	76%	79%	72%	72%	78.90%	70.10%	69.60%	74.40%	63.70%	70.50%	73%	66.80%
Median Selected Monthly Owner Costs - with a mortgage, 2012-2016 ⁹	\$855	\$798	\$824	\$852	\$812	\$718	\$921	\$889	\$897	\$732	\$830	1,116
Median Selected Monthly Owner Costs - without a mortgage, 2012-2016 ⁹	\$266	\$263	\$255	\$302	\$293	\$241	\$296	\$274	\$282	\$254	\$273	343
Median Gross Rent, 2012- 2016 ⁹	\$499	\$481	\$534	\$386	\$531	\$603	\$613	\$519	\$592	\$487	\$525	690
Persons Per Household, 2012-2016 ⁹	2.51	2.42	2.59	2.41	2.43	2.54	2.45	2.47	2.48	2.58	2	2.49
Median Household Income ⁹	\$33,873	\$32,315	\$29,872	\$33,268	\$36,681	\$18,972	\$34,673	\$31,539	\$32,977	\$30,260	\$31,433	\$44,811
Person in Poverty ⁹	26.10%	27.80%	25.30%	25.30%	20.40%	39.30%	18.90%	25%	21.30%	26.90%	25.63%	18.50%

DATA SOURCES



¹ US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 z: value greater than zero but less than half unit of measure shown

² County Health Rankings, 2018

³ Kentucky Injury Prevention and Research Center 2012-2016

⁴ CDC WONDER 2016

 $^{^{5}}$ CDC Division Heart Disease and Stroke Prevention 2008-2016

 $^{^{6}}$ Kentucky Cancer Registry 2010-2015, *Average 5 year cancer incidence rate

⁷ Kentucky 2016 Overdose Fatality Report, Office of Drug Control Policy, Produced by the Kentucky Injury Prevention and Research Center-These deaths represent overdoses by illicit and/or prescription drugs that were inflicted intentionally or unintentionally *Totals were suppressed if they could be used to calculate a suppressed field.

⁸ Kentucky Health Facts 2016

⁹ US Census Bureau: State and County Quick Facts. Data derived from Population Estimates, America Community Survey, Census of Population and Housing, State and County Housing Unit Estimates, Economic Census, and Building Permits, August 24, 2018.