## GREEN COUNTY

Green County is located in south central Kentucky. Greensburg is the county seat. The county is named for Revolutionary War hero General Nathanael Greene, but the reason why the final $E$ is missing is unknown. Green County has a population of 11,065 which has dropped nearly $2 \%$ since 2010. In 1804, a brick building replaced an earlier structure, and while no longer operational, it stands in the Downtown Greensburg Historic District as the oldest courthouse building in the commonwealth.


Oldest Courthouse in KY

## People

The population of Green County is 11,065 with a median age of 44 . The population is comprised of $95.70 \%$ White, 2.20\% Black, and 1.80\% Hispanic/Latino. 20.3\% of the population is 65 or older and $26.3 \%$ of the population is under the age of 18 .

## Homes

The median income is $\$ 37,388$. The median property value is $\$ 75,000$ and the homeownership rate is $79 \% .20 \%$ of the children are living in single parent homes. $29 \%$ of the children are living in poverty.

## Jobs

The most common employment sectors are Production, Administrative, and Retail Sales. 80\% of Green County's population drives alone to work and $41 \%$ drive further than 30 minutes to work.

Jane Todd Crawford Memorial Hospital is a 25 -bed hospital that serves as a Critical Access Hospital (CAH). Health care provider ratios are: Dentists 2,770:1 and Mental Health Providers 690:1. $8 \%$ of the people under 65 are uninsured.

## What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.


## GREEN COUNTY



POPULATION 11,065
District 209,159
KY 4,454,189
USA 325,719,178


PERSONS IN POVERTY 20\%
District 26\%
KY 19\%


ADULT OBESITY 38\%
District 36\%
KY 34\%


PHYSICAL INACTIVITY 34\%
District 34\% KY 28\%

Green County Health \& Wellness Coalition
Vision Statement:
All citizens united to provide a healthier tomorrow by focusing on one another to promote better lifestyle choices, education, resources and a safe environment for all who live, work and play in Green County.

## GREEN COUNTY

The Green County Health and Wellness Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Green County residents.



Lake Cumberland District Health Department HEALTH POLICY AND PROMOTION DEPARTMENT

## GREEN COUNTV: RESOURCES OR ASSEIS WVENTORY



## Green County Health \& Wellness Coalition

The priority health issues selected are Obesity, Substance Use and Health Inequities. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Green County residents.

## Obesity

- American Legion Park - exercise facilities
- Green County Public Library - health and wellness focused classes, walking club
- Find Your Fit - exercise classes
- Wyatt Jeffries Woods - hiking trail
- Green County Schools-Family Resource Center - Lunch and Learn program, exercise programs
- Healthy Kids Clinic
- Green County Cooperative Extension Service - health and wellness focused classes
- GoNoodle in the schools


## Substance Use

- ADANTA programs
- Green County ASAP programs
- Freedom from Smoking classes
- Green County Resource Directory
- AA program


## Health Inequities

- Health Department community training on ACEs
- Victim Advocate
- Lake Cumberland Community Action Agency
- HANDS


## GREEN COUNTY

## POPULATION/DEMOGRAPHIC

|  | Green | District | Kentucky | USA |
| :---: | :---: | :---: | :---: | :---: |
| Population, 2017 Estimate ${ }^{1}$ | 11,065 | 209,159 | 4,454,189 | 325,719,178 |
| Population \% Change - 04/01/10-07/01/171 | -1.70\% | 0.20\% | 2.60\% | 5.50\% |
| Person Under 5, percent (2017) ${ }^{1}$ | 5.20\% | 5.95\% | 6.20\% | 6.10\% |
| Person Under 18, percent (2017) ${ }^{1}$ | 21.10\% | 21.82\% | 22.70\% | 22.60\% |
| Person 65 and Over, percent (2017) ${ }^{1}$ | 20.30\% | 19.05\% | 16.00\% | 15.60\% |
| Female, percent (2017) ${ }^{1}$ | 50.60\% | 50.28\% | 50.70\% | 50.80\% |
| Male, percent (2017) ${ }^{1}$ | 49.40\% | 49.72\% | 49.30\% | 49.20\% |
| White alone, percent (2017) ${ }^{1}$ | 95.70\% | 95.10\% | 87.80\% | 76.60\% |
| Black or African American, percent (2017) ${ }^{1}$ | 2.20\% | 2.50\% | 8.40\% | 13.40\% |
| American Indian/Alaska Native alone, percent (2017) ${ }^{1}$ | 0.40\% | 38.00\% | 0.30\% | 1.30\% |
| Reporting two or more races, percent (2017) ${ }^{1}$ | 1.50\% | 1.45\% | 1.90\% | 2.70\% |
| Hispanic or Latino, percent (2017) ${ }^{1}$ | 1.80\% | 2.57\% | 3.70\% | 18.10\% |
| White alone, Not Hispanic or Latino, percent (2017) ${ }^{1}$ | 94.20\% | 93.06\% | 84.60\% | 60.70\% |
| Veterans, 2012-2016 (2017) ${ }^{1}$ | 668 | 12,809 | 289,837 | 19,535,341 |
| Number of Housing Units (2017) ${ }^{1}$ | 5,309 | 10,142 | 1,984,150 | 137,403,460 |
| Home Ownership Rate ${ }^{1}$ | 78.90\% | 73.00\% | 66.80\% | 64\% |
| Median Selected Monthly Owner Costs-w/mortgage, 2012-161 | \$812 | \$830 | \$1,116 | \$1,515 |
| Median Selected Monthly Owner Costs-w/o mortgage, 2012-161 | \$293 | \$273 | \$343 | \$474 |
| Median Gross Rent, 2012-161 | \$531 | \$525 | \$690 | \$982 |
| Persons per Household, 2012-161 | 2.43 | 2.00 | 2.49 | 2.63 |
| Median Household Income ${ }^{1}$ | \$37,388 | \$33,268 | \$46,535 | \$57,652 |
| Median Homeowner Value ${ }^{1}$ | \$75,000 | \$83,210 | \$135,600 | \$193,500 |

${ }^{1}$ Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018

GREEN COUNTY
HEALTH FACTORS

|  | Green | District | Kentucky | USA |
| :---: | :---: | :---: | :---: | :---: |
| Premature Death ${ }^{2}$ | 9,400 | 10,330 | 9,000 | - |
| Poor or Fair Health ${ }^{2}$ | 19\% | 25\% | 21\% | - |
| Poor Physical Health Days ${ }^{2}$ | 4.5 | 5.24 | 4.80 | - |
| Poor Mental Health Days ${ }^{2}$ | 4.3 | 4.74 | 4.80 | - |
| Low Birthweight ${ }^{2}$ | 8\% | 9\% | 9\% | - |
| Adult Smoking ${ }^{2}$ | 21\% | 24\% | 24\% | - |
| Adult Obesity ${ }^{2}$ | 38\% | 36\% | 34\% | - |
| Diabetes Prevalence ${ }^{2}$ | 14\% | 15\% | 13\% | - |
| Teen Birth Rate ${ }^{2}$ | 41 | 52 | 38 | - |
| Food Environment Index ${ }^{2}$ | 7.6 | 7.29 | 7.00\% | - |
| Food Insecurity ${ }^{2}$ | 14\% | 17\% | 16\% | - |
| Physical Inactivity ${ }^{2}$ | 34\% | 34\% | 28\% | - |
| Access to Exercise Opportunities ${ }^{2}$ | 37\% | 58\% | 72\% | - |
| Excessive Drinking ${ }^{2}$ | 14\% | 13\% | 16\% | - |
| Alcohol Impaired Driving Deaths ${ }^{2}$ | 18\% | 32\% | 28\% | - |
| Uninsured ${ }^{2}$ | 8\% | 8\% | 7\% | - |
| Primary Care Physicians ${ }^{2}$ | - | 3,817:1 | 1,510:1 | - |
| Dentists ${ }^{2}$ | 2,770:1 | 5,347:1 | 1,560:1 | - |
| Mental Health Providers ${ }^{2}$ | 690:1 | - | 520:1 | - |
| Other Primary Care Providers ${ }^{2}$ | 1,229:1 | 1,372:1 | 885:1 | - |
| Preventable Hospital Stays, rate ${ }^{2}$ | 129 | 106.4 | 77.0 | - |
| Acute Drug Poisoning (overdose) ${ }^{3}$ | 23 | 624 | 19,960 | - |
| Drug Arrest Rate ${ }^{4}$ | 864 | 1,868 | 1,707 | - |
| Motor Vehicle Death Rate ${ }^{5}$ | 29.45 | 23.98 | 17.06 | - |
| Coronary Heart Disease Deaths ${ }^{6}$ | 138.4 | - | 107.4 | - |
| Colorectal Cancer (avg. 5-year cancer incidence rate) ${ }^{7}$ | 53* | 54 | 50 | 40 |
| Lung Cancer (avg. 5-year cancer incidence rate) ${ }^{7}$ | 88 | 102 | 95 | 61 |
| Breast Cancer (avg. 5-year cancer incidence rate) ${ }^{7}$ | 89* | 116 | 123 | 124 |

[^0]
## GREEN COUNTY

## Community Health Assessment DATA

## SOCIAL AND ECONOMIC FACTORS

|  | Green | District | Kentucky |
| :--- | :---: | :---: | :---: |
| High School Graduation ${ }^{2}$ | $92.9 \%$ | $96.9 \%$ | $90.3 \%$ |
| Some College $^{2}$ | $46 \%$ | $47 \%$ | $60 \%$ |
| Unemployment $^{2}$ | $4.40 \%$ | $6.21 \%$ | $5.00 \%$ |
| Children in Poverty |  |  |  |
| Person in Poverty ${ }^{2}$ | $29 \%$ | $36 \%$ | $24 \%$ |
| Income Inequality |  | $20.40 \%$ | $25.63 \%$ |
| Children in Single-Parent Households ${ }^{2}$ | 5 | 5.19 | $5.50 \%$ |
| Social Associations ${ }^{2}$ | $20 \%$ | $32 \%$ | $35 \%$ |
| Violent Crime, rate ${ }^{2}$ | 18.2 | 9.34 | 10.70 |
| Injury Deaths, rate ${ }^{2}$ | 47 | 73.8 | 215.0 |
| Air Pollution-Particulate Matter ${ }^{2}$ | 99 | 103.9 | 88.0 |
| Drinking Water Violations ${ }^{2}$ | 9.8 | 9.64 | 10.00 |
| Severe Housing Problems ${ }^{2}$ | No | Yes | Yes |
| Driving Alone to Work ${ }^{2}$ | $13 \%$ | $14 \%$ | $14 \%$ |
| Long Commute-Driving Alone ${ }^{2}$ | $80 \%$ | $83 \%$ | $82 \%$ |

${ }^{1}$ Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018
${ }^{2}$ County Health Ranking, 2018.

## GREEN COUNTY SCHOOL DISTRICT ENROLLMENT

| Green County Primary (K-2) | 402 | Green County Middle (6-8) | 363 |
| :--- | :---: | :--- | :---: |
| Green County Intermediate (3-5) | 367 | Green County High (9-12) | 472 |
| Source: Kentucky Department of Education, May 16, 2018 |  | TOTAL ENROLLMENT | 1,604 |

## GREEN COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in May 2018. There were 716 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from the survey.

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

| Answers Top Three | \% of Respondents |
| :--- | :---: |
| Low crime/safe neighborhood | $50.09 \%$ |
| Good school system | $48.36 \%$ |
| Good place to raise children | $45.42 \%$ |

What do you think are the THREE groups the needs the most help with access to health care?

| Top Three Answers | \% of Respondents |
| :--- | :---: |
| Low-income families | $26.97 \%$ |
| Elderly | $26.62 \%$ |
| Middle Class | $15.76 \%$ |

Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

$1 / 28$

Green County Community Health Survey

Q2 Select the top THREE health challenges you face


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | :--- |
| Good place to raise children | $45.42 \%$ | 263 |
| Low crime/safe neighborhood | $50.09 \%$ | 290 |
| Good school systems | $48.36 \%$ | 280 |
| Easy access to healthcare | $19.00 \%$ | 110 |
| Family/youth activities | $13.64 \%$ | 79 |
| Affordable housing | $10.36 \%$ | 60 |
| Low disease rate | $3.63 \%$ | 21 |
| Personal responsibility | $9.15 \%$ | 53 |
| Excellent race relations | $1.90 \%$ | 11 |
| Good jobs/healthy economy | $41.28 \%$ | 239 |
| Religious or spiritual values | $35.58 \%$ | 206 |
| Clean environment | $14.16 \%$ | 82 |
| Arts/cultural events | $1.73 \%$ | 10 |
| Parks and recreation | $5.53 \%$ | 32 |
| Quality childcare | $3.28 \%$ | 19 |
| Other (please specify) | $0.69 \%$ | 4 |
| Total Respondents: 579 |  | 2 |

$2 / 28$

|  | Green County Community Health Survey |  |
| :--- | :--- | ---: |
| ANSWER CHOICES | RESPONSES |  |
| Cancers | $17.36 \%$ | 96 |
| Diabetes | $22.42 \%$ | 124 |
| Mental health issues | $16.46 \%$ | 91 |
| Heart disease and stroke | $18.81 \%$ | 104 |
| High blood pressure | $40.87 \%$ | 226 |
| HIV / AIDS / STDs | $0.36 \%$ | 2 |
| Overweight/Obesity | $45.75 \%$ | 253 |
| Respiratory/lung disease | $7.78 \%$ | 43 |
| No health challenges | $26.40 \%$ | 146 |
| Other (please specify) | $8.14 \%$ | 45 |
| Total Respondents: 553 |  |  |



5/28

## Green County Community Health Survey

Q4 How would you rate Green County as a "Healthy Community?"
Answered: 575 Skipped: 7


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| Very unhealthy | $2.61 \%$ | 15 |
| Unhealthy | $18.96 \%$ | 109 |
| Somewhat healthy | $55.13 \%$ | 317 |
| Healthy | $21.39 \%$ | 123 |
| Very healthy | $1.91 \%$ | 11 |
| TOTAL |  | 575 |


| ANSWER CHOICES | RESPONSES |  |
| :--- | :---: | :---: |
| I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work) | $82.59 \%$ | 465 |
| I eat at least 5 servings of fruit and vegetables each day | $26.82 \%$ | 151 |
| I eat fast food more than two times per week | $49.02 \%$ | 276 |
| I smoke cigarettes | $19.54 \%$ | 110 |
| I chew tobacco | $3.37 \%$ | 19 |
| I use illegal drugs | $0.18 \%$ | 1 |
| I abuse or overuse prescription drugs | $0.00 \%$ | 0 |
| I consume 2 or more alcoholic drinks (if female) or 3 or more (if male) per day | $1.42 \%$ | 8 |
| I do not understand when health care providers speak to me using medical terms | $7.10 \%$ | 40 |
| I have access to a wellness program through my employer | $32.86 \%$ | 185 |
| Total Respondents: 563 |  |  |

$6 / 28$

## Green County Community Health Survey

Q5 How would you rate your own personal health?


| ANSWER CHOICES | RESPONSES |  |
| :--- | ---: | ---: |
| Very unhealthy | $1.21 \%$ | 7 |
| Unhealthy | $11.79 \%$ | 68 |
| Somewhat healthy | $42.46 \%$ | 245 |
| Healthy | $38.82 \%$ | 224 |
| Very healthy | $5.72 \%$ | 33 |
| TOTAL |  | 577 |

Q6 What means do you use for transportation?


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| My own vehicle | $95.59 \%$ | 542 |
| Friend | $2.82 \%$ | 16 |
| Ron and Brenda's | $1.59 \%$ | 9 |
| Taxi/Cab | $0.00 \%$ | 0 |
| TOTAL |  | 567 |

9/28

Green County Community Health Survey

Q10 Where do you go for routine healthcare?
Answered: 570 Skipped: 12


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | :---: |
| Physician's Office | $88.60 \%$ | 505 |
| Health Department | $2.81 \%$ | 16 |
| Emergency Room | $4.74 \%$ | 27 |
| Urgent Care Center | $4.74 \%$ | 27 |
| Clinic in a grocery or drug store | $0.70 \%$ | 4 |
| do not receive routine healthcare | $8.60 \%$ | 49 |
| Total Respondents: 570 |  |  |

Q9 Are you satisfied with the health care system in your county?

$12 / 28$

Green County Community Health Survey

Q11 If you answered "I do not receive routine healthcare" to number 10, please choose ALL reasons why below.


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| No appointment available | $16.67 \%$ | 9 |
| No specialist in my community | $22.22 \%$ | 12 |
| No transportation | $7.41 \%$ | 4 |
| Cannot take off work | $29.63 \%$ | 16 |
| Cannot afford it | $57.41 \%$ | 31 |
| Cannot afford due to high deductible | $27.78 \%$ | 15 |
| Total Respondents: 54 |  |  |

Q12 How far do you travel to see a specialist?


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| Less than 20 miles | $19.28 \%$ | 107 |
| $20-49$ miles | $30.63 \%$ | 170 |
| $50-100$ miles | $39.46 \%$ | 219 |
| more than 100 miles | $4.68 \%$ | 26 |
| I do not see a specialist | $5.95 \%$ | 33 |
| TOTAL |  | 555 |

$15 / 28$

Green County Community Health Survey

Q14 Would you be interested in a support gourp for caregivers of the elderly and/or Alzheimer's patients?

Answered: 563 Skipped: 19


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | :--- |
| Yes | $19.54 \%$ | 110 |
| No | $80.46 \%$ | 453 |
| TOTAL |  | 563 |

Q13 What type of healthcare coverage do you have?


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| Pay cash (no insurance) | $0.00 \%$ | 0 |
| Commercial (Humana, Anthem Blue Cross) | $66.84 \%$ | 381 |
| Medicaid | $22.11 \%$ | 126 |
| Medicare | $11.93 \%$ | 68 |
| VA - Veterans' Administration | $1.05 \%$ | 6 |
| No Coverage | $5.09 \%$ | 29 |
| Total Respondents: 570 |  |  |

$16 / 28$

Green County Community Health Survey

Q15 What group needs the most help with access to health care? (Choose only one)


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| Low-income families | $26.97 \%$ |  |
| Immigrants/refugees | $1.75 \%$ | 154 |
| Elderly | $26.62 \%$ | 10 |
| Physically/mentally disabled | $7.88 \%$ | 152 |
| Minority groups (Hispanic, African Americans) | $1.58 \%$ | 45 |
| Children/infants | $8.41 \%$ | 9 |
| Young adults | $4.38 \%$ | 48 |
| Middle Class | $15.76 \%$ | 25 |
| College students | $1.40 \%$ | 90 |
| Single parents | $5.25 \%$ | 8 |
| Other (please specify) | $0.00 \%$ | 30 |
| TOTAL |  | 0 |

## 19/28

Green County Community Health Survey

## Q17 Gender

Answered: 567 Skipped: 15


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | :--- |
| Male | $21.69 \%$ | 123 |
| Female | $78.31 \%$ | 444 |
| TOTAL |  | 567 |

Q16 Age


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| $18-24$ | $7.13 \%$ | 41 |
| $25-39$ | $50.61 \%$ | 291 |
| $40-54$ | $26.78 \%$ | 154 |
| $55-64$ | $8.35 \%$ | 48 |
| $65-69$ | $2.78 \%$ | 16 |
| 70 or older | $4.35 \%$ | 25 |
| TOTAL |  | 575 |

$20 / 28$

Green County Community Health Survey

Q18 Race/Ethnic Group:


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| African American/Black | $1.41 \%$ | 8 |
| Asian/Pacific Islander | $0.00 \%$ | 0 |
| Hispanic/Latino | $3.00 \%$ | 17 |
| Native American | $0.35 \%$ | 2 |
| White/Caucasian | $94.71 \%$ | 537 |
| Other (please specify) | $0.53 \%$ | 3 |
| TOTAL |  | 567 |


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| Married / Living w/ Partner | $71.50 \%$ | 409 |
| Single | $13.64 \%$ | 78 |
| Widow | $2.62 \%$ | 15 |
| Divorced | $12.24 \%$ | 70 |
| TOTAL |  | 572 |

## 23/28

Green County Community Health Survey

## Q21 Household Income

Answered: 564 Skipped: 18


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | :---: |
| Less than $\$ 24,999$ | $22.16 \%$ | 125 |
| $\$ 25,000-\$ 49,999$ | $23.94 \%$ | 135 |
| $\$ 50,000-\$ 74,999$ | $22.70 \%$ | 128 |
| $\$ 75,000-\$ 99,000$ | $11.52 \%$ | 65 |
| $\$ 100,000$ or more | $5.85 \%$ | 33 |
| Prefer not to answer | $13.83 \%$ | 78 |
| TOTAL |  | 564 |

Q20 Highest level of education you completed?


> Green County Community Health Survey

Q22 What is your current employment status?


| ANSWER CHOICES | RESPONSES |  |
| :--- | :--- | ---: |
| Employed full-time | $62.88 \%$ | 354 |
| Employed part-time | $9.59 \%$ | 54 |
| Student | $2.49 \%$ | 14 |
| Homemaker | $7.46 \%$ | 42 |
| Unemployed | $6.39 \%$ | 36 |
| Disabled | $5.51 \%$ | 31 |
| Retired | $5.68 \%$ | 32 |
| TOTAL |  | 563 |

Q23 Primary language
Answered: 566 Skipped: 16


| ANSWER CHOICES | RESPONSES |
| :--- | ---: |
| English | $97.00 \%$ |
| Spanish | $2.47 \%$ |
| Vietnamese | $0.00 \%$ |
| German | $0.18 \%$ |
| Chinese | $0.18 \%$ |
| Other (please specify) | $0.18 \%$ |
| TOTAL |  |

Q24 Is understanding the English language a problem for you?



[^0]:    ${ }^{2}$ County Health Ranking, 2018. ${ }^{3}$ Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ${ }^{4}$ Kentucky Health Facts, 2016. ${ }^{5}$ Motor Vehicle Death Rate - CDC WONDER 2016. ${ }^{6}$ CDC Division Heart Disease and Stroke Prevention 2014-2016.
    ${ }^{7}$ Kentucky Cancer Registry 2010-2015

