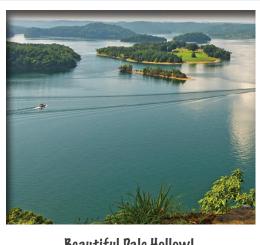
Cumberland County is located in southern Kentucky on the Tennessee state line. Burkesville is the county seat. Cumberland County has a population of 6,706 which has dropped 2.2% since 2010. Cumberland County is home to Dale Hollow Lake State Park, which is known for its beautiful lake and 18-hole hilly terrain golf course, breathtaking landscapes, unimaginable fishing experiences, camping, and most importantly, welcoming and neighborly folks.







People

The population of Cumberland County is 95% White, 2.80% Black, and 1.30% Hispanic/Latino. The population median age is 45.2. 21.4% of the population is 65 or older and 28% of the population is under the age of 18.



Homes

The median household income is \$35,449. The median property value is \$82,100 and the homeownership rate is 72%. 37% of the children are living in single parent homes. 38% of the children are living in poverty.



Jobs

The most common employment sectors are Production, Administrative, and Manufacturing. 85% of Cumberland County's population drives alone to work and 28% drives further than 30 minutes.



Health

Cumberland County Hospital is a 25-bed hospital that serves as a Critical Access Hospital (CAH). Health care provider ratios are: Primary Care Physicians 1,690:1; Dentists 2,250:1 and Mental Health Providers 610:1. 8% of the people under 65 are uninsured. Cumberland County is designated as a Medically Underserved Area/Populations (MUA/P) and Health Professional Shortage Area (HPSA).

What makes us healthy?

Many factors combine together to affect the health of individuals and communities. Whether people are healthy or not, is determined by their circumstances and environment. To a large extent, factors such as where we live, the state of our environment, genetics, our income and education level, and our relationships with friends and family all have considerable impacts on health, whereas the more commonly considered factors such as access and use of health care services often have less of an impact.







MEDIAN HOUSEHOLD INCOME

\$35,449 **District \$33,268 KY \$46,535**





POPULATION

6,706

District 209,159 KY 4,454,189 USA 325,719,178



ADULT SMOKING

22%

District 24% KY 24%



ADULT OBESITY

34%

District 36% KY 34%



PHYSICAL INACTIVITY

38%

District 34% KY 28%



CHILDREN w/SINGLE PARENT TEEN BIRTH RATE

37%

District 32% KY 35%



45

District 52 **KY 38**



CHILD/PERSONS POVERTY

38%/25%

District 36%/26% KY 24%/19%

Cumberland County Health Coalition Vision Statement:

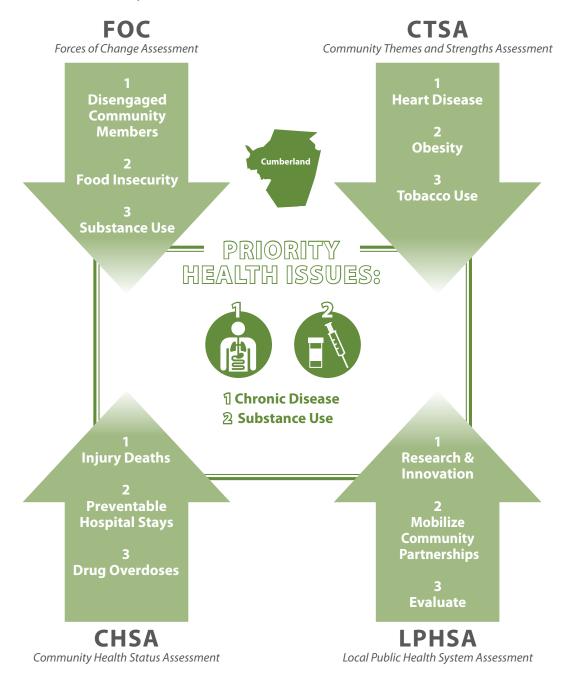
To enhance the physical, emotional, and spiritual health of all those who live, work and play in Cumberland County now and for generations to come.



Sources: US Census Bureau: State and County Quick Facts, August 23, 2018. County Health Ranking, 2018.



The Cumberland County Health Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018. Through the four assessments of this process, the following themes were identified as areas to research and determine strategies to improve the health outcomes of Cumberland County residents.





Cumberland County Health Department

226 Copper Lane Burkesville, KY 42717 p (270) 864-2206 • f (270) 864-1232 www.LCDHD.org





CUMBERLAND COUNTY: RESOURCES OR ASSETS INVENTORY



Cumberland County Health Coalition

The priority health issues selected are Chronic Disease and Substance Use and Abuse. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Cumberland County residents.

Chronic Disease

- Tobacco Free School campus
- Veterans Center exercise facility
- Cumberland County Cooperative Extension Service
- (2) Farmers' Markets
- Cumberland County Health Department-Health Promotion and Policy, Wellness and Outreach, WIC
- Cumberland County Hospital
- Feed My Sheep Pantry
- The Mighty Cumberland River Run
- Southern KY Softball Tournament
- Mayor's goal of establishing a wellness center
- Dr. Joseph Schickel Veterans Memorial Park
- Hill Top Park
- Lake Cumberland Community Action Agency

- City of Burkesville walkability
- Dale Hollow Lake State Park
- Salem Park
- Marrowbone Park
- Dog House Gym
- Cumberland Family Medical

Substance Use and Abuse

- Tobacco Free School campus
- Cumberland County Agency for Substance Abuse Policy Board
- ADANTA
- ADANTA Regional Prevention Center
- Family Resource Youth Service Center
- Public forums
- Burkesville City Police
- Cumberland County EMS
- AA Meetings
- Celebrate Recovery Centerpoint Nazarene Church
- CBI- Community Based Interventions



Community Health Assessment DATA

POPULATION/DEMOGRAPHIC

	Cumberland	District	Kentucky	USA
Population, 2017 Estimate ¹	6,706	209,159	4,454,189	325,719,178
Population % Change - 04/01/10 - 07/01/17 ¹	-2.20%	0.20%	2.60%	5.50%
Person Under 5, percent (2017) ¹	6.30%	5.95%	6.20%	6.10%
Person Under 18, percent (2017) ¹	21.70%	21.82%	22.70%	22.60%
Person 65 and Over, percent (2017) ¹	21.40%	19.05%	16.00%	15.60%
Female, percent (2017) ¹	51.10%	50.28%	50.70%	50.80%
Male, percent (2017) ¹	48.90%	49.72%	49.30%	49.20%
White alone, percent (2017) ¹	95.00%	95.10%	87.80%	76.60%
Black or African American, percent (2017) ¹	2.80%	2.50%	8.40%	13.40%
American Indian/Alaska Native alone, percent (2017) ¹	0.20%	38.00%	0.30%	1.30%
Reporting two or more races, percent (2017) ¹	1.90%	1.45%	1.90%	2.70%
Hispanic or Latino, percent (2017) ¹	1.30%	2.57%	3.70%	18.10%
White alone, Not Hispanic or Latino, percent (2017) ¹	93.80%	93.06%	84.60%	60.70%
Veterans, 2012-2016 (2017) ¹	433	12,809	289,837	19,535,341
Number of Housing Units (2017) ¹	3,676	10,142	1,984,150	137,403,460
Home Ownership Rate ¹	72.00%	73.00%	66.80%	64%
Median Selected Monthly Owner Costs-w/mortgage, 2012-161	\$852	\$830	\$1,116	\$1,515
Median Selected Monthly Owner Costs-w/o mortgage, 2012-16 ¹	\$302	\$273	\$343	\$474
Median Gross Rent, 2012-16 ¹	\$386	\$525	\$690	\$982
Persons per Household, 2012-16 ¹	2.41	2.00	2.49	2.63
Median Household Income ¹	\$35,449	\$33,268	\$46,535	\$57,652
Median Homeowner Value ¹	\$82,100	\$83,210	\$135,600	\$193,500

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018





Community Health Assessment DATA

HEALTH FACTORS

	Cumberland	District	Kentucky	USA
Premature Death ²	10,300	10,330	9,000	-
Poor or Fair Health ²	23%	25%	21%	-
Poor Physical Health Days ²	5	5.24	4.80	-
Poor Mental Health Days ²	4.6	4.74	4.80	-
ow Birthweight ²	8%	9%	9%	-
Adult Smoking²	22%	24%	24%	-
Adult Obesity²	34%	36%	34%	-
Diabetes Prevalence ²	15%	15%	13%	-
een Birth Rate²	45	52	38	-
ood Environment Index ²	7.6	7.29	7.00%	-
ood Insecurity ²	17%	17%	16%	-
Physical Inactivity ²	38%	34%	28%	-
Access to Exercise Opportunities ²	11%	58%	72%	-
excessive Drinking ²	13%	13%	16%	-
Alcohol Impaired Driving Deaths ²	80%	32%	28%	-
Jninsured ²	8%	8%	7%	-
Primary Care Physicians ²	1,690:1	3,817:1	1,510:1	-
Dentists ²	2,250:1	5,347:1	1,560:1	-
Mental Health Providers ²	610:1	-	520:1	-
Other Primary Care Providers ²	749:1	1,372:1	885:1	-
Preventable Hospital Stays, rate ²	173	106.4	77.0	-
Acute Drug Poisoning (overdose) ³	13	624	19,960	-
Drug Arrest Rate⁴	2,435	1,868	1,707	-
Aotor Vehicle Death Rate⁵	52.59	23.98	17.06	-
Coronary Heart Disease Deaths ⁶	162.2	-	107.4	-
Colorectal Cancer (avg. 5-year cancer incidence rate) ⁷	48*	54	50	40
ung Cancer (avg. 5-year cancer incidence rate) 7	107	102	95	61
Breast Cancer (avg. 5-year cancer incidence rate) 7	ND	116	123	124

²County Health Ranking, 2018. ³Kentucky Injury Prevention and Research Center 2017 Drug-related inpatient hospitalization and emergency department visits. ⁴Kentucky Health Facts, 2016. ⁵Motor Vehicle Death Rate - CDC WONDER 2016. ⁶CDC Division Heart Disease and Stroke Prevention 2014-2016. ⁷Kentucky Cancer Registry 2010-2015



Community Health Assessment DATA

SOCIAL AND ECONOMIC FACTORS

	Cumberland	District	Kentucky
High School Graduation ²	98.7%	96.9%	90.3%
Some College ²	57%	47%	60%
Unemployment ²	5.50%	6.21%	5.00%
Children in Poverty ²	38%	36%	24%
Person in Poverty ¹	25.30%	25.63%	18.50%
Income Inequality ²	5.3	5.19	5.10
Children in Single-Parent Households ²	37%	32%	35%
Social Associations ²	8.9	9.34	10.70
Violent Crime, rate ²	49	73.8	215.0
Injury Deaths, rate ²	124	103.9	88.0
Air Pollution-Particulate Matter ²	9.4	9.64	10.00
Drinking Water Violations ²	Yes	Yes	Yes
Severe Housing Problems ²	10%	14%	14%
Driving Alone to Work ²	85%	83%	82%
Long Commute-Driving Alone ²	28%	28%	29%

¹Source: US Census Bureau: State and County Quick Facts, Data derived from Population Estimates, Census of Populations. August 23, 2018 ²County Health Ranking, 2018.

CUMBERLAND COUNTY SCHOOL DISTRICT ENROLLMENT

Cumberland Elementary (K-5)	448	Cumberland High (9-12)	274
Cumberland Middle (6-8)	199	TOTAL ENROLLMENT	921

Source: Kentucky Department of Education, May 16, 2018

CUMBERLAND COUNTY COMMUNITY HEALTH SURVEY

A community health assessment survey was completed in November 2018. There were 307 individuals that completed the survey. The survey results assisted in identifying prioritizing health issues. Below are a few of the questions and answers from

What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

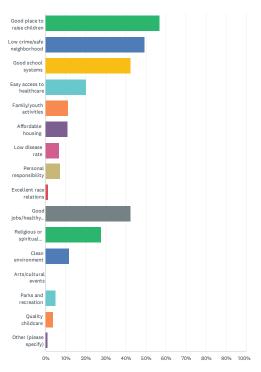
What do you think are the THREE groups the needs the most help with access to health care?

Answers Top Three	% of Respondents	Top Three Answers	% of Respondents
Good place to raise children	57.00%	Low-income families	36.36%
Low crime/safe neighborhood	49.51%	Elderly	23.23%
Good jobs/healthy economy	42.35%	Young Adults	16.84%



Q1 What do you think are the THREE most important factors for a "Healthy Community?" (Those factors which most improve the quality of life in a community)

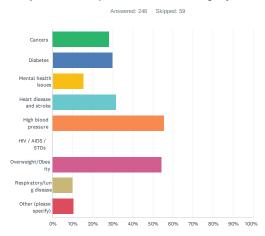




1/40

Cumberland County Community Health Survey

Q2 Select the top THREE health challenges you face



ANSWER CHOICES	RESPONSES	
Cancers	28.23%	70
Diabetes	29.84%	74
Mental health issues	15.32%	38
Heart disease and stroke	31.85%	79
High blood pressure	55.65% 1	.38
HIV / AIDS / STDs	0.00%	0
Overweight/Obesity	54.44% 1	.35
Respiratory/lung disease	10.08%	25
Other (please specify)	10.48%	26
Total Respondents: 248		

OTHER (PLEASE SPECIFY) DATE
1 Endocrine System disfunction 11/29/2018 3:00 PM

ANSWER CHOICES	RESPONSES	
Good place to raise children	57.00%	175
Low crime/safe neighborhood	49.51%	152
Good school systems	42.35%	130
Easy access to healthcare	20.20%	62
Family/youth activities	11.40%	35
Affordable housing	11.07%	34
Low disease rate	6.84%	21
Personal responsibility	7.17%	22
Excellent race relations	1.30%	4
Good jobs/healthy economy	42.35%	130
Religious or spiritual values	27.69%	85
Clean environment	11.73%	36
Arts/cultural events	0.00%	0
Parks and recreation	5.21%	16
Quality childcare	3.91%	12
Other (please specify)	0.98%	3
Total Respondents: 307		

#	OTHER (PLEASE SPECIFY)	DATE
1	Fix our bridges so we don't die if it comes down	11/29/2018 11:40 AM
2	trustworthy teachers & aides	11/2/2018 12:50 PM
3	Drug free community	10/11/2018 8:01 PM

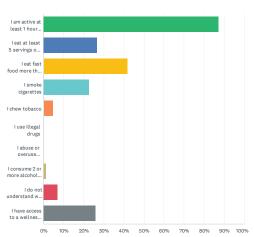
2 / 40

Cumberland County Community Health Survey

2	none	11/27/2018 2:08 PM
3	Asthma	11/27/2018 11:31 AM
4	lupus	11/7/2018 1:58 PM
5	Thyroid problems	11/7/2018 1:52 PM
6	ex wife	11/7/2018 11:11 AM
7	back pain	11/2/2018 2:52 PM
8	leg cramps	11/2/2018 12:46 PM
9	arthritis	11/2/2018 12:21 PM
10	auto-immune	11/2/2018 12:15 PM
11	stress	11/1/2018 4:00 PM
12	****	11/1/2018 1:22 PM
13	prediabetes	10/30/2018 11:19 AM
14	Autism	10/19/2018 1:58 PM
15	Pre-Diabetes	10/18/2018 11:01 AM
16	Cholesterol	10/13/2018 7:56 AM
17	High cholesterol	10/11/2018 8:01 PM
18	NA	10/11/2018 4:48 PM
19	None	10/11/2018 4:28 PM
20	allergies	10/11/2018 2:57 PM
21	out of shape, no energy	9/26/2018 12:23 PM
22	Thyroid disease (Hashimoto)	9/24/2018 11:16 AM
23	Neurology	9/24/2018 9:48 AM
24	Glaucoma	9/24/2018 9:30 AM
25	None of the above	9/24/2018 9:14 AM
26	I dont have any of these but my family has them	9/21/2018 10:05 AM

Q3 Choose all statements that apply to you

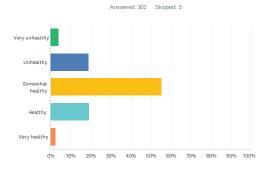
Answered: 299 Skipped: 8



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Cumberland County Community Health Survey

Q4 How would you rate Cumberland County as a "Healthy Community?"



ANSWER CHOICES	RESPONSES	
Very unhealthy	3.97%	12
Unhealthy	18.87%	57
Somewhat healthy	55.30%	167
Healthy	19.21%	58
Very healthy	2.65%	8
TOTAL		302

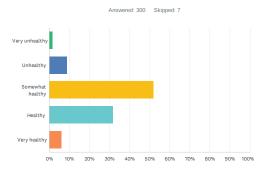
Cumberland County Community Health Survey

ANSWER CHOICES	RESPON	SES
I am active at least 1 hour a day (active is defined as daily movement activities such as cleaning, yard work)	87.29%	261
I eat at least 5 servings of fruit and vegetables each day	26.76%	80
I eat fast food more than two times per week	41.81%	125
I smoke cigarettes	22.74%	68
I chew tobacco	4.68%	14
I use illegal drugs	0.00%	0
I abuse or overuse prescription drugs	0.00%	0
I consume 2 or more alcoholic drinks (if female) or 3 or more (if male) per day	1.34%	4
I do not understand when health care providers speak to me using medical terms	7.02%	21
I have access to a wellness program through my employer	26.09%	78
Total Respondents: 299		

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Cumberland County Community Health Survey

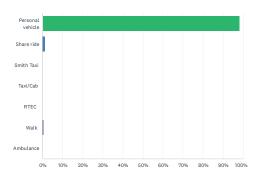
Q5 How would you rate your own personal health?



ANSWER CHOICES	RESPONSES	
Very unhealthy	1.67%	5
Unhealthy	8.67%	26
Somewhat healthy	52.00%	156
Healthy	31.67%	95
Very healthy	6.00%	18
TOTAL		300

Q6 What means do you use for transportation?

Answered: 297 Skipped: 10



ANSWER CHOICES	RESPONSES	
Personal vehicle	97.98%	291
Share ride	1.35%	4
Smith Taxi	0.00%	0
Taxi/Cab	0.00%	0
RTEC	0.00%	0
Walk	0.67%	2
Ambulance	0.00%	0
TOTAL		297

#	OTHER (PLEASE SPECIFY)	DATE
1	newspaper, facebook	11/1/2018 3:13 PM

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Cumberland County Community Health Survey

34	radio or newspaper	11/27/2018 2:45 PM
35	Internet	11/27/2018 2:43 PM
36	Radio	11/27/2018 2:40 PM
37	radio or newspaper school	11/27/2018 2:38 PM
38	word of mouth	11/27/2018 2:19 PM
39	facebook or flyer	11/27/2018 2:14 PM
40	Social Media	11/27/2018 2:08 PM
41	Newspaper and word of mouth, radio	11/27/2018 2:06 PM
42	Social Media/Word of Mouth	11/27/2018 2:01 PM
43	facebook	11/27/2018 1:58 PM
44	Social Media/Word of Mouth, newspaper	11/27/2018 1:55 PM
45	radio or newspaper	11/27/2018 1:51 PM
46	Social Media/Word of Mouth	11/27/2018 1:47 PM
47	Word of mouth	11/27/2018 12:34 PM
48	Social Media/Word of Mouth	11/27/2018 11:31 AM
49	Newspaper and word of mouth	11/27/2018 11:27 AM
50	radio or newspaper	11/20/2018 3:15 PM
51	Radio	11/20/2018 3:13 PM
52	Newspaper	11/20/2018 3:11 PM
53	radio or newspaper	11/20/2018 3:07 PM
54	Center	11/20/2018 3:04 PM
55	Radio	11/20/2018 2:47 PM
56	WKYK - Newspaper	11/20/2018 2:45 PM
57	Small town, we all know what goes on	11/20/2018 1:34 PM
58	co-workers	11/20/2018 1:32 PM
59	newsletters	11/20/2018 1:30 PM
60	online	11/20/2018 1:29 PM
61	Word of mouth	11/20/2018 1:12 PM
62	Newspaper	11/20/2018 1:09 PM
63	Facebook or word of mouth	11/20/2018 1:00 PM
64	Internet	11/20/2018 12:51 PM
65	internet	11/7/2018 2:01 PM
66	facebook, newspaper,radio	11/7/2018 2:00 PM
67	radio	11/7/2018 1:58 PM
68	bullitin board, radio, word of muth	11/7/2018 1:56 PM
69	word of mouth	11/7/2018 1:54 PM
70	radio, newspaper	11/7/2018 1:52 PM
71	word of mouth	11/7/2018 1:50 PM

Q7 How do you find out about community events, classes or programs?

Answered: 269 Skipped: 38

#	RESPONSES	DATE
1	Newspaper and word of mouth, radio	11/29/2018 3:00 PM
2	facebook	11/29/2018 2:57 PM
3	radio or newspaper	11/29/2018 1:34 PM
4	facebook	11/29/2018 1:33 PM
5	radio or newspaper	11/29/2018 1:31 PM
6	School	11/29/2018 1:29 PM
7	School	11/29/2018 12:07 PM
8	Social Media, School, newspaper, radio	11/29/2018 12:03 PM
9	Flier, newspaper	11/29/2018 11:58 AM
10	facebook	11/29/2018 11:55 AM
11	School reminders	11/29/2018 11:53 AM
12	My kids tell me	11/29/2018 11:51 AM
13	Internet	11/29/2018 11:44 AM
14	Social Media/Word of Mouth, newspaper	11/29/2018 11:42 AM
15	Radio and School notices	11/29/2018 11:40 AM
16	Newspaper	11/29/2018 11:38 AM
17	radio or newspaper	11/29/2018 11:37 AM
18	facebook	11/29/2018 9:27 AM
19	facebook	11/29/2018 9:24 AM
20	online, newspaper	11/29/2018 9:22 AM
21	online	11/29/2018 9:21 AM
22	I don't attend any	11/29/2018 9:19 AM
23	Radio	11/29/2018 8:41 AM
24	facebook,news paper, radio	11/27/2018 3:18 PM
25	Social Media	11/27/2018 3:15 PM
26	facebook	11/27/2018 3:11 PM
27	Social Media, newspaper	11/27/2018 3:07 PM
28	radio or newspaper	11/27/2018 3:03 PM
29	Newspaper and word of mouth, radio	11/27/2018 3:02 PM
30	facebook	11/27/2018 2:58 PM
31	Newspaper and word of mouth	11/27/2018 2:56 PM
32	Radio	11/27/2018 2:53 PM
33	facebook	11/27/2018 2:51 PM

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Cumberland County Community Health Survey

72	facebook	11/7/2018 1:49 PM
73	newspaper, facebook, word of mouth	11/7/2018 1:47 PM
74	newspaper, facebook	11/7/2018 1:45 PM
75	newspaper, radio, word of mouth	11/7/2018 1:43 PM
76	radio, newspaper	11/7/2018 1:41 PM
77	radio, facebook, newspaper, people	11/7/2018 1:39 PM
78	paper, facebook	11/7/2018 1:38 PM
79	school	11/7/2018 1:34 PM
80	friends, facebook, newspaper	11/7/2018 1:32 PM
81	newspaper, social media	11/7/2018 1:28 PM
82	newspaper	11/7/2018 11:39 AM
83	newspaper	11/7/2018 11:38 AM
84	radio	11/7/2018 11:36 AM
85	senior center	11/7/2018 11:34 AM
86	newspaper, radio	11/7/2018 11:32 AM
87	paper, word of mouth	11/7/2018 11:26 AM
88	radio, newspaper	11/7/2018 11:24 AM
89	facebook, newspaper	11/7/2018 11:22 AM
90	facebook	11/7/2018 11:18 AM
91	newspaper	11/7/2018 11:17 AM
92	radio	11/7/2018 11:14 AM
93	radio	11/7/2018 11:11 AM
94	radio	11/7/2018 11:05 AM
95	radio, paper	11/7/2018 11:02 AM
96	radio, newspaper	11/7/2018 11:00 AM
97	newspaper	11/7/2018 10:58 AM
98	email	11/7/2018 10:56 AM
99	newspaper	11/7/2018 10:55 AM
100	paper	11/7/2018 10:52 AM
101	FRYSC	11/7/2018 10:49 AM
102	internet	11/7/2018 10:45 AM
103	facebook, coworkers	11/7/2018 10:42 AM
104	radio	11/7/2018 10:38 AM
105	radio	11/7/2018 10:36 AM
106	facebook	11/7/2018 10:15 AM
107	Internet	11/2/2018 2:59 PM
108	I dont	11/2/2018 2:57 PM
109	newspaper, internet	11/2/2018 2:56 PM

Cumberland County Community Health Survey

	The state of	441010040 0 54 54:
110	facebook	11/2/2018 2:54 PM
111	newspaper, facebook	11/2/2018 2:52 PM
112	facebook, paper, radio	11/2/2018 2:50 PM
113	paper, other parents	11/2/2018 2:49 PM
114	radio newspaper	11/2/2018 2:47 PM
115	internet	11/2/2018 2:43 PM
116	social media	11/2/2018 2:40 PM
117	school	11/2/2018 2:38 PM
118	i contact school	11/2/2018 2:35 PM
119	through the school	11/2/2018 2:23 PM
120	radio, newspaper	11/2/2018 2:21 PM
121	school note, web	11/2/2018 2:20 PM
122	online	11/2/2018 2:18 PM
123	facebook, radio	11/2/2018 2:16 PM
124	facebook	11/2/2018 2:14 PM
125	radio newspaper	11/2/2018 2:10 PM
126	newspaper facebook	11/2/2018 2:09 PM
127	facebook or school	11/2/2018 1:55 PM
128	news paper, school	11/2/2018 1:54 PM
129	newspaper or facebook	11/2/2018 1:52 PM
130	facebook	11/2/2018 1:51 PM
131	facebook	11/2/2018 1:49 PM
132	internet	11/2/2018 1:48 PM
133	school note, web	11/2/2018 1:46 PM
134	newspaper, radio	11/2/2018 1:44 PM
135	facebook, school	11/2/2018 1:42 PM
136	internet	11/2/2018 1:40 PM
137	radio	11/2/2018 1:39 PM
138	facebook and newspaper	11/2/2018 1:37 PM
139	facebook	11/2/2018 1:35 PM
140	facebook, newspapers	11/2/2018 1:31 PM
141	school letters, facebook	11/2/2018 1:29 PM
142	facebook, paper, school papers	11/2/2018 1:27 PM
143	newspaper	11/2/2018 1:24 PM
144	social media, radio newspaper	11/2/2018 1:22 PM
145	radio	11/2/2018 12:59 PM
	radio	11/2/2018 12:57 PM
146		

148	posters and flyers	11/2/2018 12:52 PM
149	school notes, social media	11/2/2018 12:50 PM
150	word of mouth	11/2/2018 12:48 PM
151	radio	11/2/2018 12:46 PM
152	notes	11/2/2018 12:44 PM
153	radio	11/2/2018 12:43 PM
154	radio, newspaper, facebook	11/2/2018 12:41 PM
155	social media	11/2/2018 12:37 PM
156	school, social media	11/2/2018 12:35 PM
157	school	11/2/2018 12:33 PM
158	thers	11/2/2018 12:33 PM
159	facebook	11/2/2018 12:30 PM
160	facebook	11/2/2018 12:28 PM 11/2/2018 12:26 PM
162	newspaper	11/2/2018 12:26 PM 11/2/2018 12:25 PM
	facebook	
163	radio newspaper	11/2/2018 12:22 PM
164	online and newspaper	11/2/2018 12:21 PM
165	internet	11/2/2018 12:18 PM
166	facebook, newspaper, radio, friends	11/2/2018 12:15 PM
167	school, social media	11/2/2018 12:13 PM
168	radio, newspaper, facebook	11/2/2018 11:54 AM
169	facebook	11/2/2018 11:08 AM
170	internet	11/2/2018 11:06 AM
171	newspaper	11/2/2018 10:58 AM
172	social media	11/2/2018 10:54 AM
173	facebook paper	11/2/2018 10:52 AM
174	newspaper	11/2/2018 10:50 AM
175	word of mouth	11/2/2018 10:39 AM
176	newspaper	11/2/2018 10:27 AM
177	online	11/2/2018 10:24 AM
178	facebook	11/2/2018 10:23 AM
179	internet	11/2/2018 10:21 AM
180	social media	11/2/2018 10:19 AM
181	social media	11/2/2018 10:15 AM
182	school, facebook	11/2/2018 10:11 AM
183	newspaper	11/2/2018 10:01 AM
184	facebook	11/2/2018 9:58 AM
185	facebook	11/1/2018 4:11 PM

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Cumberland County Community Health Survey

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186	news paper, facebook	11/1/2018 4:04 PM
187	classes	11/1/2018 4:02 PM
188	word of mouth, media	11/1/2018 4:00 PM
189	social media, newspaper	11/1/2018 3:57 PM
190	my kids tell me	11/1/2018 3:17 PM
191	radio, newspaper	11/1/2018 3:15 PM
192	schools	11/1/2018 3:11 PM
193	newspaper	11/1/2018 2:52 PM
194	facebook	11/1/2018 2:43 PM
195	social media	11/1/2018 2:41 PM
196	facebook, others, parents	11/1/2018 1:22 PM
197	Online, Word of Mouth	10/31/2018 9:33 AM
198	Radio, Newspaper	10/31/2018 9:31 AM
199	Radio, Newspaper	10/31/2018 9:30 AM
200	Radio	10/31/2018 9:28 AM
201	Radio, web, word of mouth	10/31/2018 9:12 AM
202	Facebook	10/31/2018 9:10 AM
203	word of mouth	10/31/2018 9:09 AM
204	Friends, Newspaper	10/31/2018 9:08 AM
205	Dylan Wright tells me	10/31/2018 9:07 AM
206	newspaper	10/30/2018 11:28 AM
207	Radio	10/30/2018 11:24 AM
208	Radio	10/30/2018 11:23 AM
209	Newspaper	10/30/2018 11:22 AM
210	Facebook, newspaper	10/30/2018 11:20 AM
211	Newspaper	10/30/2018 11:19 AM
212	Newspaper	10/30/2018 11:18 AM
213	newspaper, word of mouth, internet	10/30/2018 11:16 AM
214	Facebook	10/19/2018 2:08 PM
215	Facebook	10/19/2018 1:58 PM
216	Radio	10/19/2018 10:37 AM
217	Social media	10/18/2018 11:07 AM
218	Social media	10/18/2018 11:06 AM
219	Newspaper	10/18/2018 11:05 AM
220	Facebook	10/18/2018 11:03 AM
221	Radio	10/18/2018 11:02 AM
222	newspaper, social media	10/18/2018 11:01 AM
223	Social Media	10/18/2018 9:13 AM

224	word of mouth, newspaper, radio, online	10/15/2018 1:01 PM
225	Facebook	10/14/2018 8:34 PM
226	Facebook	10/13/2018 7:56 AM
227	facebook, newpaper	10/12/2018 3:58 PM
228	news	10/12/2018 8:58 AM
229	Facebook	10/12/2018 6:54 AM
230	Newspaper	10/11/2018 10:49 PM
231	Usually word of mouth or the newspaper.	10/11/2018 9:55 PM
232	Newspaper, Facebook, word of mouth	10/11/2018 8:01 PM
233	Facebook, email	10/11/2018 4:48 PM
234	Newspaper, Radio Station	10/11/2018 4:28 PM
235	radio and word of mouth	10/11/2018 4:14 PM
236	Facebook, Extension Office	10/11/2018 3:47 PM
237	Newspaper and radio	10/11/2018 3:43 PM
238	email or word of mouth, newspaper	10/11/2018 3:40 PM
239	Schools or FRYSC	10/11/2018 3:38 PM
240	Social Media, Radio	10/11/2018 3:32 PM
241	newspaper, radio	10/11/2018 3:08 PM
242	Library	10/11/2018 3:07 PM
243	I don't	10/11/2018 3:07 PM
244	newpaper	10/11/2018 3:02 PM
245	Facebook and newspaper	10/11/2018 3:01 PM
246	Facebook	10/11/2018 3:00 PM
247	facebook	10/11/2018 2:52 PM
248	Word of mouth, but can't attend most because they are held during the day and I work.	10/11/2018 2:52 PM
249	Facebook, Twitter	10/11/2018 2:50 PM
250	Facebook, newspaper	10/11/2018 2:49 PM
251	Radio, newspaper, facebook	10/11/2018 2:49 PM
252	social media	10/11/2018 2:47 PM
253	newspaper	9/26/2018 12:23 PM
254	Facebook	9/24/2018 8:39 PM
255	Facebook	9/24/2018 7:32 PM
256	Newspaper	9/24/2018 6:22 PM
257	Facebook, newspaper, word of mouth	9/24/2018 11:16 AM
258	Online	9/24/2018 10:12 AM
259	Social media	9/24/2018 9:53 AM
260	Facebook	9/24/2018 9:51 AM
261	Facebook	9/24/2018 9:48 AM

110 15/40 16/40

262	After the fact	9/24/2018 9:30 AM
263	radio and newspaper	9/24/2018 9:24 AM
264	News paper and radio	9/24/2018 9:19 AM
265	WKYR, Newspaper	9/24/2018 9:14 AM
266	Facebook, newspaper	9/24/2018 9:01 AM
267	social media; newspaper; radio;	9/21/2018 10:05 AM
268	I don't	9/20/2018 4:19 PM
269	Facebook	9/20/2018 10:40 AM

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Cumberland County Community Health Survey

34	stop smoking	11/20/2018 1:30 PM
35	Lose weight	11/20/2018 1:29 PM
36	weight control	11/20/2018 1:12 PM
37	Get more sleep	11/20/2018 1:09 PM
38	Quit Smoking	11/20/2018 1:00 PM
39	Motivation to exercise	11/20/2018 12:51 PM
40	Quit Smoking	11/19/2018 2:55 PM
41	doctors not nurse practicioners	11/14/2018 6:52 AM
42	exercise	11/7/2018 2:01 PM
43	stop drinking soda	11/7/2018 2:00 PM
44	weight	11/7/2018 1:58 PM
45	diet	11/7/2018 1:54 PM
46	stop smoking	11/7/2018 1:50 PM
47	weight	11/7/2018 1:49 PM
48	access to doctors for office visits	11/7/2018 1:47 PM
49	Insurance	11/7/2018 1:45 PM
50	more will power	11/7/2018 1:43 PM
51	weight loss	11/7/2018 1:38 PM
52	cheaper health ins	11/7/2018 11:32 AM
53	healthy diet	11/7/2018 11:24 AM
54	stress relief	11/7/2018 11:22 AM
55	dental care	11/7/2018 11:17 AM
56	quit smoking	11/7/2018 11:14 AM
57	more rest	11/7/2018 11:11 AM
58	diet	11/7/2018 11:02 AM
59	more exercise	11/7/2018 11:00 AM
60	dieting	11/7/2018 10:58 AM
61	diet	11/7/2018 10:55 AM
62	Flyers	11/7/2018 10:45 AM
63	wellness center	11/7/2018 10:42 AM
64	time	11/7/2018 10:38 AM
65	financial status	11/7/2018 10:36 AM
66	weight	11/7/2018 10:15 AM
67	Stop smoking	11/2/2018 2:59 PM
68	stop smoking	11/2/2018 2:57 PM
69	lower copays - deductibles	11/2/2018 2:54 PM
70	lose weight	11/2/2018 2:52 PM
71	stop smoking	11/2/2018 2:43 PM

Q8 Name ONE thing you need help with to improve your health?

Answered: 183 Skipped: 124

# RESPONSES 1 Reduce Stress, lower Blood Pressure 2 blood pressure 3 blood pressure 4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco 21 Lower costs	11/29/2018 3:00 PM 11/29/2018 1:29 PM 11/29/2018 1:29 PM 11/29/2018 12:07 PM 11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:40 AM 11/29/2018 11:47 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
2 blood pressure 3 blood pressure 4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 1:29 PM 11/29/2018 12:07 PM 11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:40 AM 11/29/2018 11:47 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM
3 blood pressure 4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 12:07 PM 11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:42 AM 11/29/2018 11:47 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM
4 Lose weight 5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 12:03 PM 11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:42 AM 11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
5 Stop vaping 6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:51 AM 11/29/2018 11:44 AM 11/29/2018 11:42 AM 11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
6 Eating Habits 7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11-44 AM 11/29/2018 11-42 AM 11/29/2018 11-40 AM 11/29/2018 11-37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
7 stop smoking 8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:42 AM 11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
8 Lose weight 9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:40 AM 11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
9 more exercise 10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 11:37 AM 11/29/2018 9:27 AM 11/29/2018 9:21 AM
10 weight loss programs 11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 9:27 AM 11/29/2018 9:21 AM
11 Easier access to affordable fresh foods 12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 9:21 AM
12 Quit Smoking 13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	
13 exercise 14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	4410010040 0 40 444
14 time 15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/29/2018 9:19 AM
15 eat more fruit 16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:18 PM
16 weight 17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:15 PM
17 copay on insurance 18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:11 PM
18 deductable - copays 19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:07 PM
19 Better/healthy food 20 quit chewing tobacco	11/27/2018 3:02 PM
20 quit chewing tobacco	11/27/2018 2:58 PM
***************************************	11/27/2018 2:56 PM
21 Lower costs	11/27/2018 2:51 PM
	11/27/2018 2:19 PM
22 consistent	11/27/2018 2:14 PM
23 free excerise program	11/27/2018 2:06 PM
24 more healthy places to eat in town	11/27/2018 2:01 PM
25 money	11/27/2018 1:58 PM
26 dermatologist	11/27/2018 1:51 PM
27 Community Center Thats is available for the elderly to exercise.	11/27/2018 12:34 PM
28 weight	11/27/2018 11:31 AM
29 Exercise and lose weight	11/27/2018 11:27 AM
30 diet	11/20/2018 3:07 PM
31 Overweight	11/20/2018 2:45 PM
32 Mental issues/ depression anxiety	11/20/2018 1:34 PM
33 eating better	

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Cumberland County Community Health Survey

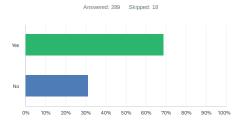
	, , , , , , , , , , , , , , , , , , , ,	
72	more time	11/2/2018 2:40 PM
73	quit smoking	11/2/2018 2:35 PM
74	quitting smoking	11/2/2018 2:23 PM
75	getting fit	11/2/2018 2:21 PM
76	quit smoking	11/2/2018 2:12 PM
77	to stop smoking	11/2/2018 1:55 PM
78	Lose weight	11/2/2018 1:54 PM
79	my weight	11/2/2018 1:52 PM
80	less copays and deductibles	11/2/2018 1:51 PM
81	quitting smoking cigarettes	11/2/2018 1:39 PM
82	daycare w a gym	11/2/2018 1:35 PM
83	Diet	11/2/2018 1:29 PM
84	exercise	11/2/2018 1:27 PM
85	Food	11/2/2018 1:24 PM
86	discipline	11/2/2018 12:57 PM
87	word of mouth	11/2/2018 12:52 PM
88	stop smoking	11/2/2018 12:48 PM
89	insurance	11/2/2018 12:46 PM
90	stress management	11/2/2018 12:44 PM
91	cheaper healthcare	11/2/2018 12:41 PM
92	Getting to the doctor	11/2/2018 12:37 PM
93	changing eating habits	11/2/2018 12:35 PM
94	exercise	11/2/2018 12:32 PM
95	cheaper options	11/2/2018 12:30 PM
96	weight	11/2/2018 12:28 PM
97	better access to affordable healthy foods	11/2/2018 12:25 PM
98	access to food	11/2/2018 12:21 PM
99	more affordable insurance	11/2/2018 12:15 PM
100	exercise	11/2/2018 12:13 PM
101	cheaper healthcare	11/2/2018 11:54 AM
102	weight loss	11/2/2018 11:06 AM
103	quit smoking	11/2/2018 10:54 AM
104	eat healthier	11/2/2018 10:52 AM
105	lower bp	11/2/2018 10:27 AM
106	stop smoking	11/2/2018 10:23 AM
107	less stress	11/2/2018 10:19 AM
108	exercise	11/2/2018 10:15 AM
109	diet and remind app.	11/2/2018 10:11 AM

110	exercise	11/2/2018 10:01 AM
111	stop smoking	11/2/2018 9:58 AM
112	high blood pressure	11/1/2018 4:11 PM
113	cholesterol	11/1/2018 4:04 PM
114	eat healthier	11/1/2018 4:02 PM
115	healthier places to ear, more affordable healthy foods	11/1/2018 4:00 PM
116	Healthy places to eat	11/1/2018 3:15 PM
117	blood pressure	11/1/2018 3:11 PM
118	energy	11/1/2018 2:43 PM
119	more time for exercise	11/1/2018 2:41 PM
120	Quitting smoking	10/31/2018 9:33 AM
121	Supervised Diet	10/31/2018 9:31 AM
122	Access to better grocery stores	10/31/2018 9:30 AM
123	Quit Smoking	10/31/2018 9:28 AM
124	quit smoking	10/31/2018 9:12 AM
125	Quit smoking	10/31/2018 9:10 AM
126	smoking	10/31/2018 9:09 AM
127	Dental and vision	10/31/2018 9:08 AM
128	Sleep	10/31/2018 9:07 AM
129	cheaper insurance	10/30/2018 11:26 AM
130	Lower insurance rates	10/30/2018 11:24 AM
131	Weight	10/30/2018 11:22 AM
132	Quitting smoking	10/30/2018 11:20 AM
133	Food-natural or organic	10/30/2018 11:18 AM
134	meal planning	10/30/2018 11:16 AM
135	Better food choices in the local grocery stores	10/19/2018 2:08 PM
136	Weight, being able to afford healthy food	10/19/2018 1:58 PM
137	More time for fitness	10/19/2018 10:37 AM
138	Stop drinking coke/Pepsi	10/18/2018 11:07 AM
139	Quit tobacco products	10/18/2018 11:06 AM
140	Healthy diet	10/18/2018 11:05 AM
141	Stop tobacco products	10/18/2018 11:02 AM
142	affordable exercise areas	10/18/2018 11:01 AM
143	Exercise more	10/18/2018 9:13 AM
144	cheaper health care services	10/15/2018 1:01 PM
145	Diet.	10/14/2018 8:34 PM
146	Healthy food alternatives	10/13/2018 7:56 AM
	better insurance	10/12/2018 3:58 PM

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Cumberland County Community Health Survey

Q9 Are you satisfied with the health care system in your county?



ANSWER CHOICES	RESPONSES	
Yes	68.86%	199
No	31.14%	90
TOTAL		289

Cumberland County Community Health Survey

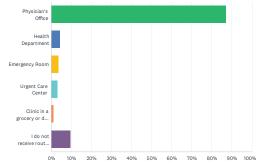
148	less fast foods	10/12/2018 8:58 AM
149	Places to get healthy food on the go	10/12/2018 6:54 AM
150	More fruits and vegetables	10/11/2018 10:49 PM
151	Weight loss	10/11/2018 10:30 PM
152	Nutrition that is easy and affordable.	10/11/2018 10:30 PM
153	exercising regularly	10/11/2018 9:33 PM
154		
	Nothing	10/11/2018 4:28 PM
155	weight loss	10/11/2018 4:14 PM
156	Weight Management - Healthy Eating and Exercise	10/11/2018 3:47 PM
157	More information	10/11/2018 3:43 PM
158	weight loss and exercise	10/11/2018 3:32 PM
159	more exercise	10/11/2018 3:08 PM
160	Quit Smoking	10/11/2018 3:07 PM
161	Exercise	10/11/2018 3:07 PM
162	more affordable health foods	10/11/2018 3:02 PM
163	Organized exercise clubs	10/11/2018 3:01 PM
164	Cut carbs & portion size	10/11/2018 3:00 PM
165	Quit smoking	10/11/2018 2:52 PM
166	more time ;)	10/11/2018 2:50 PM
167	motivation	10/11/2018 2:49 PM
168	A personal elliptical	10/11/2018 2:47 PM
169	exercise equipment at home or office	9/26/2018 12:23 PM
170	Childcare	9/24/2018 8:39 PM
171	I don't know	9/24/2018 7:32 PM
172	Free gym access. Memberships are too high	9/24/2018 6:22 PM
173	Health Insurance	9/24/2018 11:16 AM
174	Weight losa	9/24/2018 10:12 AM
175	Self discipline	9/24/2018 9:53 AM
176	Exercise	9/24/2018 9:48 AM
177	Food prep	9/24/2018 9:30 AM
178	weight control program	9/24/2018 9:24 AM
179	Cheaper medicines	9/24/2018 9:19 AM
180	Personal responsibility/motivation	9/24/2018 9:14 AM
181	free exercise and nutrition programs provided by employer	9/24/2018 9:01 AM
182	Access to doctors.	9/20/2018 4:19 PM
183	Healthy Eating	9/20/2018 10:40 AM

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Cumberland County Community Health Survey

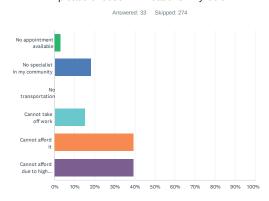
Q10 Where do you go for routine healthcare?

Answered: 299 Skipped: 8



ANSWER CHOICES	RESPONSES	
Physician's Office	86.96%	260
Health Department	4.35%	13
Emergency Room	3.68%	11
Urgent Care Center	3.01%	9
Clinic in a grocery or drug store	1.00%	3
I do not receive routine healthcare	9.70%	29
Total Respondents: 299		

Q11 If you answered "I do not receive routine healthcare" to number 10, please choose ALL reasons why below.

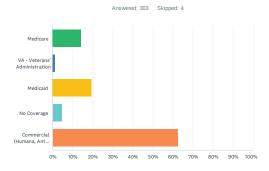


ANSWER CHOICES	RESPONSES	
No appointment available	3.03%	1
No specialist in my community	18.18%	6
No transportation	0.00%	0
Cannot take off work	15.15%	5
Cannot afford it	39.39%	13
Cannot afford due to high deductible	39.39%	13
Total Respondents: 33		

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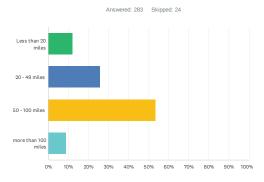
Cumberland County Community Health Survey

Q13 What type of healthcare coverage do you have?



ANSWE	R CHOICES	RESPONSES	
Medicar	re	14.19%	43
VA - Vet	terans' Administration	1.32%	4
Medicaid		19.47%	59
No Coverage		4.62%	14
Commercial (Humana, Anthem Blue Cross)		62.38%	189
Total Re	espondents: 303		
#	OTHER (PLEASE SPECIFY)	DATE	
	There are no responses.		

Q12 How far do you travel to see a specialist?

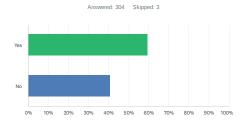


ANSWER CHOICES	RESPONSES	
Less than 20 miles	12.01%	34
20 - 49 miles	25.80%	73
50 - 100 miles	53.36%	151
more than 100 miles	8.83%	25
TOTAL		283

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Cumberland County Community Health Survey

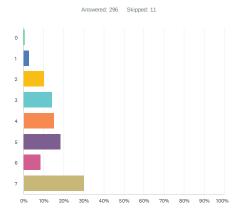
Q14 Do you use the Farmers Market for fresh fruits and vegetables?



ANSWER CHOICES	RESPONSES	
Yes	59.21%	180
No	40.79%	124
TOTAL		304

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Q15 How many days a week do you eat fruits and vegetables?



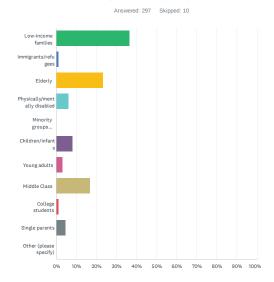
ANSWER CHOICES	RESPONSES	
0	0.68%	2
1	2.70%	8
2	10.14%	30
3	14.19%	42
4	15.20%	45
5	18.58%	55
6	8.45%	25
7	30.07%	89
TOTAL		296

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Cumberland County Community Health Survey

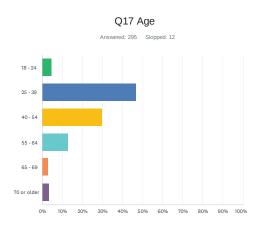
ANSWER C	HOICES	RESPO	NSES	
Low-income	families	36.36%		108
Immigrants/	refugees	1.01%		3
Elderly		23.23%		69
Physically/n	nentally disabled	6.06%		18
Minority gro	ups (Hispanic, African Americans)	0.00%		0
Children/infa	nts	8.08%		24
Young adults		3.03%		9
Middle Class		16.84%		50
College students		1.01%		3
Single parents		4.38%		13
Other (please specify)		0.00%		0
TOTAL				297
#	OTHER (DI EACE CRECITY)		DATE	
#	OTHER (PLEASE SPECIFY) There are no responses.		DATE	

Q16 What group needs the most help with access to health care? (Choose only one)



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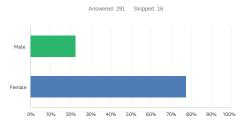
Cumberland County Community Health Survey



ANSWER CHOICES	RESPONSES
18 - 24	4.41% 13
25 - 39	46.78% 138
40 - 54	29.83% 88
55 - 64	12.88% 38
65 - 69	2.71% 8
70 or older	3.39% 10
TOTAL	295

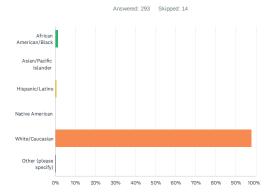
114 31/40 32/40

Q18 Gender



ANSWER CHOICES	RESPONSES	
Male	22.34%	65
Female	77.66%	226
TOTAL		291

Q19 Race/Ethnic Group:



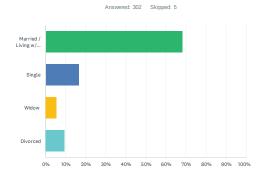
ANSWER CHOICES	RESPONSES	
African American/Black	1.37%	4
Asian/Pacific Islander	0.00%	0
Hispanic/Latino	0.68%	2
Native American	0.00%	0
White/Caucasian	97.61%	286
Other (please specify)	0.34%	1
TOTAL		293

#	OTHER (PLEASE SPECIFY)	DATE
1	all	10/12/2018 8:58 AM

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Cumberland County Community Health Survey

Q20 Marital Status

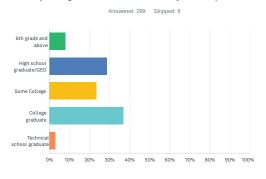


ANSWER CHOICES	RESPONSES	
Married / Living w/ Partner	68.21%	206
Single	16.56%	50
Widow	5.63%	17
Divorced	9.60%	29
TOTAL		302

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Cumberland County Community Health Survey

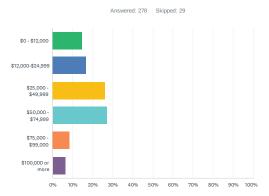
Q21 Highest level of education you completed?



ANSWER CHOICES		RESPONSES	
6th grade and above		8.03%	24
High school graduate/GED		28.76%	86
Some College		23.41%	70
College graduate		36.79%	110
Technical school graduate		3.01%	9
TOTAL			299
#	OTHER (PLEASE SPECIFY)		DATE
	There are no responses.		

115 _{35/40} _{36/40}

Q22 Household Income



ANSWER CHOICES	RESPONSES	
\$0 - \$12,000	14.75%	41
\$12,000-\$24,999	16.91%	47
\$25,000 - \$49,999	26.26%	73
\$50,000 - \$74,999	26.98%	75
\$75,000 - \$99,000	8.63%	24
\$100,000 or more	6.47%	18
TOTAL	2	278

Q23 What is your current employment status?

Answered: 301 Skipped: 6

Employed full-time
Employed part-time
Student

Homemaker

Unemployed

Disabled

Retired

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

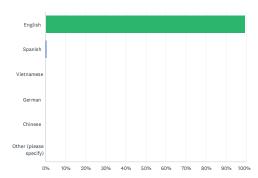
ANSWER CHOICES	RESPONSES	
Employed full-time	64.78%	195
Employed part-time	7.31%	22
Student	0.00%	0
Homemaker	10.63%	32
Unemployed	5.98%	18
Disabled	4.65%	14
Retired	6.64%	20
TOTAL		301

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Cumberland County Community Health Survey

Q24 Primary language

Answered: 300 Skipped: 7



ANSWER CHOICES	RESPONSES	
English	99.33%	298
Spanish	0.67%	2
Vietnamese	0.00%	0
German	0.00%	0
Chinese	0.00%	0
Other (please specify)	0.00%	0
TOTAL		300
# OTHER (BLEACE CRECIEVA	DAT	

There are no responses.

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Cumberland County Community Health Survey

Q25 Is understanding the English language a problem for you?

Answered: 304 Skipped: 3

Yes

No

If "yes" Why?

096 1096 2096 3096 4096 5096 6096 7096 8096 9096 10096

ANSWER CHOICES		RESPONSES			
Yes		1.64%		5	
No			98.36%		299
If "yes" Why?		0.00%		0	
TOTAL					304
#	IF "YES" WHY?			DATE	
	There are no responses.				