

**McCreary County Board of Health
Annual Meeting
Tuesday, February 11, 2020
12:00pm EST**

Welcome- Terry Lawson, Chairman

Approval of Minutes (minutes were previously sent out)

Old Business

New Business

Welcome New Members

Stacey Hammons, Rph replacing John Sandidge, Rph
who resigned in March 2019 and Jennifer West, NP replacing
Allan Chapman our lay veterinarian resigned on 12/31/2019

Electing New District Officers

Tax Rate

Budget

Comments- Shawn Crabtree, Director

Tracy Aaron, Health Education

Vicky Albertson, Diabetes Education

Closing Remarks

**McCreary County Board of Health
Annual Board Meeting
February 20, 2019**

MEMBERS PRESENT

Rita Wright
Allan Chapman, Treasurer
Dr. Steve McKinley
Rosalie Wright
Sue Singleton
Jimmie W. Greene II, Judge Exec.
Azalie Egnew
John Sandidge, Rph
Martha Johnson
Emily Ross

MEMBERS ABSENT

Terry Lawson, Chairman
Grady Wilson

OTHERS PRESENT

Shawn Crabtree, Director
Andy Powell
Kimberly Tucker
Mary Beth Miller
Tracy Aaron
Melissa Vanover
Braxton King
Sean Thompson

WELCOME

The McCreary County Board of Health annual meeting was held on February 20, 2019 at 12:00 p.m. in the conference room of the McCreary County Health Department. There was a quorum present. Allan Chapman called the meeting to order.

APPROVAL OF MINUTES

Allan Chapman assured that all members present had received and reviewed the minutes from the previous year. He then asked for a motion to approve minutes. Steve McKinley made a motion with a second by Azalie Egnew. **The motion passed unanimously.**

OLD BUSINESS

There was no old business up for discussion.

NEW BUSINESS

Shawn Crabtree welcomed our new Judge Jimmie "Bevo" Greene and Emily Ross to the board.

John Sandidge announced that he will be resigning from the board as of March 1, 2019.

Allan Chapman is staying on the board but wished to resign from the treasurer position. Dr. Steve McKinley volunteered to fill the Treasurer position. A motion was made to elect Dr. Steve McKinley as the board treasurer by Sue Singleton. There was a second by Azalie Egnew. **The motion passed unanimously.**

Sue Singleton then made a motion to remove Allan Chapman from authorized signer on all accounts and to add Dr. Steve McKinley as an authorized signer on all accounts with Sue Singleton and Terry Lawson remaining. There was a second by Azalie Egnew. **The motion passed unanimously.**

Sue Singleton then made a motion to add Dr. Steve McKinley to the CD's and remove Allan Chapman allowing Dr. Steve McKinley to complete CD negotiations for best terms possible as CD's mature as board treasurer. The Board proposed to stay with United Cumberland Bank as they are a local bank. There was a second by Martha Johnson. **The motion passed unanimously.**

Members Whom Serve on the Health Board

Terry Lawson as Chairman, Judge Stephens as Vice Chair is no longer in office and now Dr. Steve McKinley as Treasurer. Sue Singleton made a motion to elect Dr. Steve McKinley as Vice Chair and that Terry Lawson remain the Chairman of the board. There was a second by Azalie Egnew. **The motion passed unanimously.**

Electing New District Officers

Judge Greene whom automatically serves, Dr. Steve McKinley, and Rosalie Wright are appointed members on the district board. Allan Chapman made a motion that members remain the same. There was a second by Martha Johnson. **The motion passed unanimously.**

AUDIT

Shawn Crabtree went over last year's audit. It was the auditors opinion the financial statements referred to present fairly, in all material respects, the assets, liabilities and fund balances arising from cash transactions of the McCreary County Public Health Taxing District as of June 30, 2018, and the respective cash receipts and cash disbursements for the year then ended, in accordance with the financial reporting provisions of the Administrative Reference as described. Rosalie Wright made a motion to accept the audit report. There was a second by Dr. Steve McKinley. **The motion passed unanimously.**

At this time community partners Andy Powell-Laurel Creek Reservoir, Braxton King-The Lords Gym, and Melissa Vanover- McCreary County Park shared updates and gratitude for the mini-grant projects which the local board of health funded.

It was the pleasure of the board to seek future mini grant proposals to be considered for possible approval depending on the effects of the state and federal government budget. With credit being given to McCreary County tax payers.

TAX RATE

There was a discussion on the current tax rate. Allan Chapman made a motion to keep the tax rate the same 4.00 cents per hundred. There was a second by Dr. Steve McKinley. **The vote was unanimous.**

Budget

Shawn Crabtree proposed an amendment to the current year budget do to the neglecting to add a \$1300 expense for the audit. At the request of Allan Chapman the mulch on the grounds was replaced with river rock at a cost of \$2600 due to a mulch fire. The building also has two heating and air units quite old so it was suggested that the miscellaneous unknown be increased. Even with the amendment we will still close better than projected. Allan Chapman made a motion to amend the current year's budget as presented. There was a second by Sue Singleton. **The motion passed unanimously.**

Shawn then explained the closing of the budget year with a surplus. He gave an update on the completion of items from last year's budget. Mr. Crabtree then went over the projected opening balance for next year and what was expected to be collected. He went over different budget proposal options. He presented the budgeted expenditures. Dr. Steve McKinley made a motion to approve the budget as presented with the current tax rate being sufficient to meet needs. There was a second by Sue Singleton. **The motion passed unanimously.**

Health Education

Shawn Crabtree gave an update on the Hepatitis A outbreak and discussed the progress being made by the syringe exchange program.

Tracy Aaron shared CHA updates and CHIP. She went over the 2019 snapshot of McCreary County data. She discussed the priorities of the McCreary County Health and Wellness Coalition. McCreary County has become a Kentucky certified trail town. They are still working hard on the smoke free ordinance and she asked for support from the board.

Closing Remarks

Allan Chapman made a motion for the board to donate \$100 to the Lake Area Foundation in honor of the recently deceased Pat Bell. Mr. Bell was a founder of the Lake Cumberland District Health Department. He was born and raised in McCreary County and our McCreary County Health Center is named after him. There was a second by Sue Singleton. **The vote was unanimous.**

Allan Chapman then adjourned the meeting.



Terry Lawson, Chairman

Digitally signed by
Shawn D. Crabtree
Date: 2019-03-05
11:58:44

Shawn D. Crabtree, Secretary

**McCreary County Public Health Taxing District Budget
Fiscal Year 2019-20**

Proposed Amended Budget For Period Beginning July 1, 2019 and Ending June 30, 2020

				Approved Original Budget @ Current Rate of \$0.04 per \$100 of Assessed Property Value	Approved Amended Budget	Change
	Operating Fund	Capital Fund				
Estimated opening Balance*	\$105,951.57	\$359,941.06		\$465,892.63	\$465,892.63	\$0.00
Budgeted Receipts (All Sources):						
Real Property Taxes	\$151,838.78			\$151,838.78	\$151,838.78	\$0.00
Personal Property Taxes	\$23,270.95			\$23,270.95	\$23,270.95	\$0.00
Motor Vehicle Taxes	\$24,086.75			\$24,086.75	\$24,086.75	\$0.00
Delinquent Tax Collections	\$9,482.76			\$9,482.76	\$9,482.76	\$0.00
Other Taxes - Telecommunications	\$1,532.32			\$1,532.32	\$1,532.32	\$0.00
Interest Income	\$116.33	\$2,528.66		\$2,644.99	\$2,644.99	\$0.00
Total Budgeted Receipts	\$210,327.89	\$2,528.66		\$212,856.55	\$212,856.55	\$0.00
Total Funds Available	\$316,279.46	\$362,469.72		\$678,749.18	\$678,749.18	\$0.00
Budgeted Expenditures:						
Health Center Operations to LCDHD at 2.8 cents	\$146,776.00			\$146,776.00	\$146,776.00	\$0.00
Building Maintenance & Repair						
<i>Landscape Maintenance (4X)</i>	\$1,960.00					
<i>Snow Removal</i>	\$500.00					
<i>Repair Restroom</i>	\$650.00					
<i>Replace Baseboard on Lobby</i>	\$900.00					
<i>Repair/Replace Flooring</i>	\$7,000.00					
<i>Paint</i>	\$2,200.00					
<i>Miscellaneous</i>	\$10,000.00					
Total Building Maintenance & Repair	\$23,210.00			\$23,210.00	\$23,210.00	\$0.00
Furniture & Fixtures						
<i>Bulletin Boards for Clinic</i>	\$105.00					
<i>Chair Mats</i>	\$1,000.00					
<i>Storage</i>	\$600.00					
<i>Seasonal Décor/ Updated Décor</i>	\$1,500.00					
<i>Mirror Tint</i>	\$500.00					
<i>Table/Chair</i>	\$300.00					
<i>Table Clothes</i>	\$100.00					
<i>Work Station</i>	\$1,500.00					
<i>Privacy Registration Windows</i>	\$1,000.00					
<i>Door Release Push Button</i>	\$494.00					
<i>Toys/Books</i>	\$500.00					
<i>Miscellaneous</i>	\$5,000.00					
Total Furniture & Fixtures	\$12,599.00			\$12,599.00	\$12,599.00	\$0.00
Equipment						
<i>Miscellaneous Computers and Related Equipment</i>	\$10,450.00					
<i>Miscellaneous</i>	\$5,000.00					
Total Equipment	\$15,450.00			\$15,450.00	\$15,450.00	\$0.00
Professional Services (Next Audit of Taxing District Funds due FY 2022)	\$0.00			\$0.00	\$0.00	\$0.00
Advertisement & Printing (Newspaper & SPGE Publication)	\$300.00			\$300.00	\$300.00	\$0.00
Dues and Subscriptions (KALBOH & KPHA)	\$1,000.00			\$1,000.00	\$1,000.00	\$0.00
Miscellaneous (Board Members Meetings)	\$500.00			\$500.00	\$500.00	\$0.00
Total Budgeted Expenditures	\$199,835.00	\$0.00		\$199,835.00	\$199,835.00	\$0.00
Balance Remaining	\$116,444.46	\$362,469.72		\$478,914.18	\$478,914.18	\$0.00
Net Surplus/Deficit Before Optional Expenses				\$13,021.55	\$13,021.55	\$0.00
Optional - Expenses						
New SEP Entrance and Waiting Area				\$0.00	\$30,925.00	\$30,925.00
Total Budgeted Expenditures Including Optional Expenses				\$199,835.00	\$230,760.00	\$30,925.00
Balance Remaining Including Optional Expenses				\$478,914.18	\$447,989.18	(\$30,925.00)
Net Surplus/Deficit Including Optional Expenses				\$13,021.55	(\$17,903.45)	(\$30,925.00)

Footnote: All tax receipts are budgeted at a 95% collection rate on the tax calculated per \$100 of assessed value. Interest is calculated on operating account at the current effective rate which is 0.10% as well as on Capital Account with CD rates of 1.5%, 1.5%, 1.5%, .9% and 1.5%.

Continuation Sheet

AIA Document, G702™-1992, Application and Certification for Payment, or G736™-2009, Project Application and Project Certificate for Payment, Construction Manager as Adviser Edition, containing Contractor's signed certification is attached.

In tabulations below, amounts are in US dollars.

Use Column I on Contracts where variable retainage for line items may apply.

APPLICATION NO: 001
 APPLICATION DATE: February 11, 2020
 PERIOD TO:
 ARCHITECT'S PROJECT NO: McCreary County Health Department

A ITEM NO.	B DESCRIPTION OF WORK	C SCHEDULED VALUE	D WORK COMPLETED		E THIS PERIOD	F MATERIALS PRESENTLY STORED (NOT IN D OR E)	G TOTAL COMPLETED AND STORED TO DATE (D + E + F)	H BALANCE TO FINISH (C - G)	I RETAINAGE (IF VARIABLE RATE)
			FROM PREVIOUS APPLICATION (D + E)						
1.	Demo on remodeling	3,785.00	0.00	0.00	0.00	0.00	0.00	3,785.00	0.00
2.	New entrance door	2,450.00	0.00	0.00	0.00	0.00	0.00	2,450.00	0.00
3.	Building new wall	1,985.00	0.00	0.00	0.00	0.00	0.00	1,985.00	0.00
4.	Insulation	175.00	0.00	0.00	0.00	0.00	0.00	175.00	0.00
5.	Drywall	1,000.00	0.00	0.00	0.00	0.00	0.00	1,000.00	0.00
6.	Painting	500.00	0.00	0.00	0.00	0.00	0.00	500.00	0.00
7.	Labor to move existing door and reinstall	450.00	0.00	0.00	0.00	0.00	0.00	450.00	0.00
8.	Clean up	850.00	0.00	0.00	0.00	0.00	0.00	850.00	0.00
9.	Dumpster	500.00	0.00	0.00	0.00	0.00	0.00	500.00	0.00
10.	Rework Sprinkler head	800.00	0.00	0.00	0.00	0.00	0.00	800.00	0.00
11.	Rework desk	450.00	0.00	0.00	0.00	0.00	0.00	450.00	0.00
12.	New stoop and sidewalk	4,985.00	0.00	0.00	0.00	0.00	0.00	4,985.00	0.00
13.	Builders risk insurance	650.00	0.00	0.00	0.00	0.00	0.00	650.00	0.00
14.	Supervisor for project	2,500.00	0.00	0.00	0.00	0.00	0.00	2,500.00	0.00
15.	Builders Fee	5,000.00	0.00	0.00	0.00	0.00	0.00	5,000.00	0.00
16.	In house order and booking for project	650.00	0.00	0.00	0.00	0.00	0.00	650.00	0.00
17.	Floor covering (allowance)	2,800.00	0.00	0.00	0.00	0.00	0.00	2,800.00	0.00
18.	Demo/Rework Electric	1,200.00	0.00	0.00	0.00	0.00	0.00	1,200.00	0.00
19.	Rubber base	195.00	0.00	0.00	0.00	0.00	0.00	195.00	0.00
GRAND TOTAL		\$30,925.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$30,925.00	\$0.00

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User Notes:

(3B9ADA50)

A	B	C	D	E	F	G		H	I
ITEM NO.	DESCRIPTION OF WORK	SCHEDULED VALUE	WORK COMPLETED		MATERIALS PRESENTLY STORED (NOT IN D OR E)	TOTAL COMPLETED AND STORED TO DATE (D + E + F)	% (G ÷ C)	BALANCE TO FINISH (C - G)	RETAINAGE (IF VARIABLE RATE)
			FROM PREVIOUS APPLICATION (D + E)	THIS PERIOD					

**McCreary County Public Health Taxing District Budget
Fiscal Year 2020-21**

Opening Balance Calculation				
	Operating Fund	Capital Fund	Total	
Balance as of December 31, 2019	\$176,978.28	\$357,430.47	\$534,408.75	\$534,408.75
Projected Remaining 2019-20 Receipts				
Projected Tax Receipts	\$81,151.19	\$0.00	\$81,151.19	
Projected Interest Earned	\$88.49	\$2,941.24	\$3,029.73	
Projected Other Receipts	\$0.00	\$0.00	\$0.00	
Total Estimated Remaining 2020 Receipts	\$81,239.68	\$2,941.24	\$84,180.92	\$84,180.92
Total Funds Available	\$258,217.96	\$360,371.71	\$618,589.67	\$618,589.67
Projected Remaining 2019-20 Expenditures				
LCDHD Operations Expense - 1/2 Tax Assessment at 2.8 cents	\$73,388.00	\$0.00	\$73,388.00	
Local Board Approved Grants	\$0.00	\$0.00	\$0.00	
Advertising & Printing	\$285.00	\$0.00	\$285.00	
Professional Services	\$0.00	\$0.00	\$0.00	
Maintenance & Repair	\$11,494.73	\$0.00	\$11,494.73	
Dues & Subscriptions (KPHA & KALBOH)	\$500.00	\$0.00	\$500.00	
Board Expense & Other Miscellaneous	\$500.00	\$0.00	\$500.00	
New SEP Room	\$30,925.00	\$0.00	\$30,925.00	
Furniture & Fixtures	\$12,599.00	\$0.00	\$12,599.00	
Equipment	\$15,450.00	\$0.00	\$15,450.00	
Total Estimated Remaining 2020 Expenditures	\$145,141.73	\$0.00	\$145,141.73	\$145,141.73
Estimated 2020-21 Opening Balance	\$113,076.23	\$360,371.71	\$473,447.94	\$473,447.94

Proposed Budgets For Period Beginning July 1, 2020 and Ending June 30, 2021						
	Operating Fund	Capital Fund	Approved Budget @ Current Rate of \$0.04 per \$100 of Assessed Property Value	Proposed Break Even Budget @ \$0.039 per \$100 of Assessed Property Value	Proposed Surplus Budget @ \$0.042 per \$100 of Assessed Property Value	
Estimated opening Balance*	\$113,076.23	\$360,371.71	\$473,447.94	\$473,447.94	\$473,447.94	
Budgeted Receipts (All Sources):						
Real Property Taxes	\$156,840.56		\$156,840.56	\$152,919.55	\$164,682.59	
Personal Property Taxes	\$22,931.30		\$22,931.30	\$22,358.01	\$24,077.86	
Motor Vehicle Taxes	\$22,985.58		\$22,985.58	\$22,410.95	\$24,134.86	
Delinquent Tax Collections	\$10,000.00		\$10,000.00	\$10,000.00	\$10,000.00	
Other Taxes - Telecommunications	\$1,550.66		\$1,550.66	\$1,550.66	\$1,550.66	
Interest Income	\$129.03	\$2,965.74	\$3,094.78	\$3,094.78	\$3,094.78	
Total Budgeted Receipts	\$214,437.14	\$2,965.74	\$217,402.88	\$212,333.94	\$227,540.75	
Total Funds Available	\$327,513.37	\$363,337.45	\$690,850.82	\$685,781.88	\$700,988.69	
Budgeted Expenditures:						
Health Center Operations to LCDHD at 2.8 cents	\$149,400.00		\$149,400.00	\$149,400.00	\$149,400.00	
Building Maintenance & Repair						
Landscape Maintenance (4X)	\$2,000.00					
Snow Removal	\$500.00					
Reseal Parking Lot	\$2,000.00					
Painting Downstairs Kitchen and Bathrooms	\$3,000.00					
Miscellaneous	\$10,000.00					
Total Building Maintenance & Repair	\$17,500.00		\$17,500.00	\$17,500.00	\$17,500.00	
Furniture & Fixtures						
Chairs	\$1,350.00					
Kitchen Appliances	\$200.00					
Picnic Table	\$890.00					
Seasonal/ Updated Décor	\$1,500.00					
Toys/Books	\$500.00					
Desk	\$800.00					
Water Fountain	\$1,800.00					
Enclosed Bulletin Board	\$360.00					
Miscellaneous	\$5,000.00					
Total Furniture & Fixtures	\$12,400.00		\$12,400.00	\$12,400.00	\$12,400.00	
Equipment						
Vacuum	\$180.00					
Generator Maintenance	\$1,400.00					
Typewriter	\$220.00					
Miscellaneous Computers and Related Equipment	\$10,450.00					
Miscellaneous	\$5,000.00					
Total Equipment	\$17,250.00		\$17,250.00	\$17,250.00	\$17,250.00	
Professional Services (Next Audit of Taxing District Funds due FY 2022)	\$0.00		\$0.00	\$0.00	\$0.00	
Advertisement & Printing (Newspaper & SPGE Publication)	\$300.00		\$300.00	\$300.00	\$300.00	
Dues and Subscriptions (KALBOH & KPHA)	\$1,000.00		\$1,000.00	\$1,000.00	\$1,000.00	
Miscellaneous (Board Members Meetings)	\$500.00		\$500.00	\$500.00	\$500.00	
Total Budgeted Expenditures	\$198,350.00	\$0.00	\$198,350.00	\$198,350.00	\$198,350.00	
Balance Remaining	\$129,163.37	\$363,337.45	\$492,500.82	\$487,431.88	\$502,638.69	
Net Surplus/Deficit Before Optional Expenses			\$19,052.88	\$13,983.94	\$29,190.75	
Optional - Expenses for Mini Grant Proposals						
Grant Proposal - Step-Up for Fitness Program for McCreary Co Schools			\$1,000.00	\$1,000.00	\$1,000.00	
Optional - Expenses for Damper System						
Damper System			\$8,500.00	\$8,500.00	\$8,500.00	
Total Budgeted Expenditures Including Optional Expenses			\$207,850.00	\$207,850.00	\$207,850.00	
Balance Remaining Including Optional Expenses			\$483,000.82	\$477,931.88	\$493,138.69	
Net Surplus/Deficit Including Optional Expenses			\$9,552.88	\$4,483.94	\$19,690.75	

Footnote: All tax receipts are budgeted at a 95% collection rate on the tax calculated per \$100 of assessed value. Interest is calculated on operating account at the current effective rate which is 0.10% as well as on Capital Account with CD rates of 1.5%, 1.5%, 1.5%, 2.25% and 1.5%.

**McCreary County Public Health Taxing District Budget
Fiscal Year 2020-21**

Certificate of Deposit (CD) Rates Quoted 01.2020						
United Cumberland Bank (will assess a penalty for early withdrawal)	12 months	24 Months	60 Months			
	\$100,000 or more	\$100,000 or more	\$100,000 or more			
	0.90%	1.63%	1.85%			
Monticello Bank (no penalty for early withdrawal on funds being held for a building project- All CDs except 20 month require a checking acct)	15 months	20 months				
	Any Amount over \$5000	Any Amount over \$5000				
	1.95%	2.18%				

**Lake Cumberland District Health Department
Local Support Determinations for FY 2020-2021
McCreary County Public Health Taxing District**

0 From 2019 Property Tax Assessment

	Total Property Subject to Taxation	Real Property Subject to Taxation	Personal Property Subject to Taxation	Motor Vehicle Property Subject to Taxation
F - Real Estate	368,581,315	368,581,315		
G - Tangible Personal	15,411,592		15,411,592	
H - PS Real Estate - Effective	44,157,000	44,157,000		
I - PS Tangible - Effective	42,679,955		42,679,955	
J - Distilled Spirits	0			
M - Motor Vehicles	60,488,381			60,488,381
N - Watercraft	2,253,971		2,253,971	
Aircraft	0		0	
Watercraft (Non-Commercial)	0		0	
Inventory in Transit	0		0	
Total	533,572,214	412,738,315	60,345,518	60,488,381
Tax Base (Total Divided by 100)	5,335,722	4,127,383	603,455	604,884
Tax Rate		\$ 0.0400	\$ 0.0400	\$ 0.0400
Total Projected Tax (Tax Base * Tax Rate)	213,429	165,095	24,138	24,195
Required Support @ .028	149,400	115,567	16,897	16,937
Tax Support for Land, Building & Equipment	64,029	49,529	7,241	7,259
Tax Projections @ 95% Collection Rate				
Real Property Projections	156,841			
Tangible Personal Property Projections	22,931			
Motor Vehicle Projections	22,986			
Total	202,757			

**Lake Cumberland District Health Department
Local Support Determinations for FY 2020-2021
McCreary County Public Health Taxing District**

0 From 2019 Property Tax Assessment

	Total Property Subject to Taxation	Real Property Subject to Taxation	Personal Property Subject to Taxation	Motor Vehicle Property Subject to Taxation
F - Real Estate	368,581,315	368,581,315		
G - Tangible Personal	15,411,592		15,411,592	
H - PS Real Estate - Effective	44,157,000	44,157,000		
I - PS Tangible - Effective	42,679,955		42,679,955	
J - Distilled Spirits	0			
M - Motor Vehicles	60,488,381			60,488,381
N - Watercraft	2,253,971		2,253,971	
Aircraft	0		0	
Watercraft (Non-Commercial)	0		0	
Inventory in Transit	0		0	
Total	533,572,214	412,738,315	60,345,518	60,488,381
Tax Base (Total Divided by 100)	5,335,722	4,127,383	603,455	604,884
Tax Rate		\$ 0.0390	\$ 0.0390	\$ 0.0390
Total Projected Tax (Tax Base * Tax Rate)	208,093	160,968	23,535	23,590
Required Support @ .028	149,400	115,567	16,897	16,937
Tax Support for Land, Building & Equipment	58,693	45,401	6,638	6,654
Tax Projections @ 95% Collection Rate				
Real Property Projections	152,920			
Tangible Personal Property Projections	22,358			
Motor Vehicle Projections	22,411			
Total	197,689			

**Lake Cumberland District Health Department
Local Support Determinations for FY 2020-2021
McCreary County Public Health Taxing District**

0 From 2019 Property Tax Assessment

	Total Property Subject to Taxation	Real Property Subject to Taxation	Personal Property Subject to Taxation	Motor Vehicle Property Subject to Taxation
F - Real Estate	368,581,315	368,581,315		
G - Tangible Personal	15,411,592		15,411,592	
H - PS Real Estate - Effective	44,157,000	44,157,000		
I - PS Tangible - Effective	42,679,955		42,679,955	
J - Distilled Spirits	0			
M - Motor Vehicles	60,488,381			60,488,381
N - Watercraft	2,253,971		2,253,971	
Aircraft	0		0	
Watercraft (Non-Commercial)	0		0	
Inventory in Transit	0		0	
Total	533,572,214	412,738,315	60,345,518	60,488,381
Tax Base (Total Divided by 100)	5,335,722	4,127,383	603,455	604,884
Tax Rate		\$ 0.0420	\$ 0.0420	\$ 0.0420
Total Projected Tax (Tax Base * Tax Rate)	224,100	173,350	25,345	25,405
Required Support @ .028	149,400	115,567	16,897	16,937
Tax Support for Land, Building & Equipment	74,700	57,783	8,448	8,468
Tax Projections @ 95% Collection Rate				
Real Property Projections	164,683			
Tangible Personal Property Projections	24,078			
Motor Vehicle Projections	24,135			
Total	212,895			

WORKSHEET FOR CERTIFICATION ASSESSMENT FOR LOCAL GOVERNMENT

CLASS OF PROPERTY

REAL ESTATE, TANGIBLE PERSONALTY, PUBLIC SERVICE AND DISTILLED SPIRITS

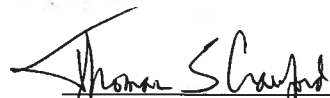
A 2018 Assessment of Adjusted Property At Full Rates			458,605,000						
Net Change in	2019	75,511,320							
B 2019 Homestead Exemptions	2018	74,188,335	1,322,985						
C 2018 Adjusted Tax Base			457,282,015						
D 2019 Net Assessment Growth			13,547,847						
E 2019 Total Valuation of Adjusted Property at Full Rates			470,829,862						
	Property Subject to Taxation 2018	Net Assessment Growth	Property Subject to Taxation 2019						
F Real Estate	\$360,616,225	9,288,075	\$368,581,315						
G Tangible Personalty	15,889,611	(478,019)	15,411,592						
H P.S. Co-Real Estate-Effective	38,959,502	5,197,498	44,157,000 *						
P.S. Co.-Real Estate-100%	38,959,502	5,197,498	44,157,000 *						
I P.S. Co.-Tang.-Effective	43,139,662	(459,707)	42,679,955 *						
P.S. Co.-Tang.-100%	56,304,277	(712,732)	55,591,545 *						
J Distilled Spirits	-	-	-						
K Electric Plant Board	-	-	-						
L Insurance Shares	-	-	-						
M Motor Vehicles - Includes Public Service Motor Vehicles	63,386,185		60,488,381						
N Watercraft	2,196,080		2,253,971						
Net New Property:									
PVA Real Estate			1,586,900						
P. S. Co. Real Estate-Effective			5,197,498 *						
Unmined Coal			26,082						
Tobacco in Storage			-						
Other Agricultural Products			-						
<div style="border: 1px solid black; padding: 5px;"> <p>The following tangible items are not included in line G. Aircraft and watercraft assessment may be taxed or exempted at your option. Inventory in transit may be taxed only by special districts.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>Aircraft(Recreational & Non-Commercial)</td> <td style="text-align: right;">-</td> </tr> <tr> <td>Watercraft(Non-Commercial)</td> <td style="text-align: right;">-</td> </tr> <tr> <td>Inventory in transit</td> <td style="text-align: right;">-</td> </tr> </table> </div>				Aircraft(Recreational & Non-Commercial)	-	Watercraft(Non-Commercial)	-	Inventory in transit	-
Aircraft(Recreational & Non-Commercial)	-								
Watercraft(Non-Commercial)	-								
Inventory in transit	-								
2018 R. E. Exonerations & Refunds			1,093,185						
2018 Tangible Exonerations & Refunds			-						

* Estimated Assessment
+ Increase Exonerations

I, Thomas S. Crawford, Director, Division of Local Support, certify that the above total is the equalized assessment of the different classes of property and the total assessment of MCCREARY County as made by the Office of Property Valuation for 2019, subject to any increases or decreases that may hereafter be made as a result of the appeals to the Kentucky Board of Tax Appeals.

Witness my hand this

7-29-2019


 Thomas S. Crawford, Director
 Division of Local Support
 Office of Property Valuation
 Finance and Administration Cabinet

Taxing District	Tax Rate	Year	Revenues	Expenditures	Net Income/Loss	Bank Account Balance	Percentage of Increase/Decrease	Percentage of Annual Expenses Covered by Tax Revenue	Percentage of Annual Expenses in Excess of Tax Revenue	Bldg. Sq. Ft	Construction Cost @ \$215.00	Construction Cost/10	% of Reserve Need
Adair	\$0.030	2011	\$ 176,362.05	\$ 155,739.90	\$ 20,622.15	\$ 209,689.59		100%	0%				
		2012	\$ 208,495.96	\$ 209,241.65	\$ (745.69)	\$ 208,943.90	0%	100%	0%				
		2013	\$ 216,845.85	\$ 220,436.76	\$ (3,590.91)	\$ 205,352.99	-2%	98%	2%				
		2014	\$ 215,158.91	\$ 212,152.08	\$ 3,006.83	\$ 208,359.82	1%	100%	0%				
		2015	\$ 221,362.30	\$ 208,321.80	\$ 13,040.50	\$ 221,400.32	6%	100%	0%				
		2016	\$ 218,981.12	\$ 217,606.52	\$ 13,040.50	\$ 222,774.92	1%	100%	0%				
		2017	\$ 222,565.64	\$ 234,928.07	\$ (12,362.43)	\$ 210,412.49	-6%	95%	5%				
		2018	\$ 220,562.72	\$ 224,692.31	\$ (4,129.59)	\$ 206,282.90	-2%	98%	2%				
		2019	\$ 235,684.82	\$ 228,131.59	\$ 7,553.23	\$ 213,836.13	4%	100%	0%	10,845	\$ 2,331,675.00	\$ 233,167.50	92%
		μ	\$ 215,113.26	\$ 212,361.19	\$ 2,752.08	\$ 211,894.78							
Casey	\$0.043	2011	\$ 237,574.17	\$ 114,985.37	\$ 122,588.80	\$ 138,541.99		100%	0%				
		2012	\$ 247,924.81	\$ 170,292.47	\$ 77,632.34	\$ 216,174.33	36%	100%	0%				
		2013	\$ 252,295.48	\$ 169,728.85	\$ 82,566.63	\$ 298,740.96	28%	100%	0%				
		2014	\$ 247,380.71	\$ 176,819.38	\$ 70,561.33	\$ 369,302.29	19%	100%	0%				
		2015	\$ 261,373.84	\$ 200,095.03	\$ 61,278.81	\$ 430,581.10	14%	100%	0%				
		2016	\$ 269,572.29	\$ 178,972.13	\$ 90,600.16	\$ 521,181.26	17%	100%	0%				
		2017	\$ 273,914.44	\$ 191,024.91	\$ 82,889.53	\$ 604,070.79	14%	100%	0%				
		2018	\$ 273,696.22	\$ 196,947.43	\$ 76,748.79	\$ 680,819.58	11%	100%	0%				
		2019	\$ 318,449.10	\$ 193,730.40	\$ 124,718.70	\$ 805,538.28	15%	100%	0%	4,187	\$ 900,205.00	\$ 90,020.50	895%
		μ	\$ 264,686.78	\$ 176,955.11	\$ 87,731.68	\$ 451,661.18							
Clinton	\$0.035	2011	\$ 116,202.81	\$ 87,867.60	\$ 28,335.21	\$ 111,499.15		100%	0%				
		2012	\$ 161,742.57	\$ 139,766.60	\$ 21,975.97	\$ 133,475.12	16%	100%	0%				
		2013	\$ 168,576.78	\$ 147,041.29	\$ 21,535.49	\$ 155,010.61	14%	100%	0%				
		2014	\$ 169,844.80	\$ 142,090.30	\$ 27,754.50	\$ 182,765.11	15%	100%	0%				
		2015	\$ 163,111.64	\$ 140,070.60	\$ 23,041.04	\$ 205,806.15	11%	100%	0%				
		2016	\$ 170,384.82	\$ 149,560.36	\$ 20,824.46	\$ 226,630.61	9%	100%	0%				
		2017	\$ 172,093.31	\$ 145,559.99	\$ 26,533.32	\$ 253,163.93	10%	100%	0%				
		2018	\$ 167,752.72	\$ 171,341.49	\$ (3,588.77)	\$ 249,575.16	-1%	98%	2%				
		2019	\$ 186,702.76	\$ 175,151.12	\$ 11,551.64	\$ 261,126.80	4%	100%	0%	4,209	\$ 904,935.00	\$ 90,493.50	289%
		μ	\$ 164,045.80	\$ 144,272.15	\$ 19,773.65	\$ 197,672.52							
Cumberland	\$0.035	2011	\$ 79,402.91	\$ 61,821.51	\$ 17,581.40	\$ 65,347.14		100%	0%				
		2012	\$ 111,667.46	\$ 96,242.00	\$ 15,425.46	\$ 80,772.60	19%	100%	0%				
		2013	\$ 114,708.98	\$ 114,831.98	\$ (123.00)	\$ 80,649.60	0%	100%	0%				
		2014	\$ 119,085.31	\$ 97,008.94	\$ 22,076.37	\$ 102,725.97	21%	100%	0%				
		2015	\$ 117,208.75	\$ 96,586.60	\$ 20,622.15	\$ 123,348.12	17%	100%	0%				
		2016	\$ 122,373.28	\$ 118,901.32	\$ 3,471.96	\$ 126,820.08	3%	100%	0%				
		2017	\$ 123,778.01	\$ 143,003.58	\$ (19,225.57)	\$ 107,594.51	-18%	87%	13%				
		2018	\$ 126,050.13	\$ 132,076.09	\$ (6,025.96)	\$ 101,568.55	-6%	95%	5%				
		2019	\$ 127,976.42	\$ 111,817.78	\$ 16,158.64	\$ 117,727.19	14%	100%	0%	6,486	\$ 1,394,490.00	\$ 139,449.00	84%
		μ	\$ 115,805.69	\$ 108,032.20	\$ 7,773.49	\$ 100,728.20							
Green	\$0.034	2011	\$ 138,413.23	\$ 109,070.63	\$ 29,342.60	\$ 108,351.76		100%	0%				
		2012	\$ 142,882.49	\$ 151,709.98	\$ (8,827.49)	\$ 99,524.27	-9%	94%	6%				
		2013	\$ 152,090.47	\$ 143,711.44	\$ 8,379.03	\$ 107,903.30	8%	100%	0%				
		2014	\$ 141,318.06	\$ 131,384.68	\$ 9,933.38	\$ 117,836.68	8%	100%	0%				
		2015	\$ 145,982.64	\$ 126,382.41	\$ 19,600.23	\$ 137,436.91	14%	100%	0%				
		2016	\$ 149,910.61	\$ 127,673.72	\$ 22,236.89	\$ 159,673.80	14%	100%	0%				
		2017	\$ 143,692.46	\$ 132,194.83	\$ 11,497.63	\$ 171,171.43	7%	100%	0%				
		2018	\$ 165,539.78	\$ 152,169.86	\$ 13,369.92	\$ 184,541.35	7%	100%	0%				
		2019	\$ 160,566.04	\$ 139,953.23	\$ 20,612.81	\$ 205,154.16	10%	100%	0%	4,595	\$ 987,925.00	\$ 98,792.50	208%
		μ	\$ 148,932.86	\$ 134,916.75	\$ 14,016.11	\$ 143,510.41							

Taxing District	Tax Rate	Year	Revenues	Expenditures	Net Income/Loss	Bank Account Balance	Percentage of Increase/Decrease	Percentage of Annual Expenses Covered by Tax Revenue	Percentage of Annual Expenses in Excess of Tax Revenue	Bldg. Sq. Ft	Construction Cost @ \$215.00	Construction Cost/10	% of Reserve Need
McCreary	0.040	2011	\$ 184,076.80	\$ 155,877.44	\$ 28,199.36	\$ 293,302.01		100%	0%				
		2012	\$ 193,873.57	\$ 195,154.26	\$ (1,280.69)	\$ 292,021.32	0%	99%	1%				
		2013	\$ 192,101.76	\$ 187,218.54	\$ 4,883.22	\$ 296,904.54	2%	100%	0%				
		2014	\$ 177,438.07	\$ 149,970.48	\$ 27,467.59	\$ 324,372.13	8%	100%	0%				
		2015	\$ 196,835.96	\$ 151,420.18	\$ 45,415.78	\$ 369,787.91	12%	100%	0%				
		2016	\$ 195,250.85	\$ 188,962.06	\$ 6,288.79	\$ 376,076.70	2%	100%	0%				
		2017	\$ 195,363.46	\$ 154,919.22	\$ 40,444.24	\$ 416,520.94	10%	100%	0%				
		2018	\$ 200,555.23	\$ 179,116.53	\$ 21,438.70	\$ 437,959.64	5%	100%	0%				
		2019	\$ 231,978.73	\$ 204,619.27	\$ 27,359.46	\$ 465,319.10	6%	100%	0%	7,254	\$ 1,559,610.00	\$ 155,961.00	298%
		μ		\$ 196,386.05	\$ 174,139.78	\$ 22,246.27	\$ 363,584.92						
Pulaski	0.030	2011	\$ 768,661.39	\$ 703,676.35	\$ 64,985.04	\$ 469,096.12		100%	0%				
		2012	\$ 1,124,615.32	\$ 1,132,202.94	\$ (7,587.62)	\$ 461,508.50	-2%	99%	1%				
		2013	\$ 1,142,524.71	\$ 1,128,369.15	\$ 14,155.56	\$ 475,664.06	3%	100%	0%				
		2014	\$ 1,167,327.70	\$ 1,140,189.79	\$ 27,137.91	\$ 502,801.97	5%	100%	0%				
		2015	\$ 1,185,553.54	\$ 1,144,846.29	\$ 40,707.25	\$ 543,509.22	7%	100%	0%				
		2016	\$ 1,183,571.71	\$ 1,159,188.62	\$ 24,383.09	\$ 567,892.31	4%	100%	0%				
		2017	\$ 1,249,375.16	\$ 1,171,924.09	\$ 77,451.07	\$ 645,343.38	12%	100%	0%				
		2018	\$ 1,271,483.66	\$ 1,216,336.91	\$ 55,146.75	\$ 700,490.13	8%	100%	0%				
		2019	\$ 1,307,727.56	\$ 1,347,209.84	\$ (39,482.28)	\$ 661,007.85	-6%	97%	3%	20,435	\$ 4,393,525.00	\$ 439,352.50	150%
		μ		\$ 1,155,648.97	\$ 1,127,104.89	\$ 28,544.09	\$ 558,590.39						
Russell	0.045	2011	\$ 2,776,219.46	\$ 2,395,127.28	\$ 381,092.18	\$ 269,154.51		100%	0%				
		2012	\$ 615,169.29	\$ 871,030.89	\$ (255,861.60)	\$ 13,292.91	-1925%	71%	29%				
		2013	\$ 495,923.69	\$ 503,315.76	\$ (7,392.07)	\$ 5,900.84	-125%	99%	1%				
		2014	\$ 494,908.53	\$ 478,979.98	\$ 15,928.55	\$ 21,829.39	73%	100%	0%				
		2015	\$ 471,725.84	\$ 479,033.98	\$ (7,308.14)	\$ 14,521.25	-50%	98%	2%				
		2016	\$ 473,420.18	\$ 481,538.14	\$ (8,117.96)	\$ 6,403.29	-127%	98%	2%				
		2017	\$ 491,375.03	\$ 482,151.19	\$ 9,223.84	\$ 15,627.13	59%	100%	0%				
		2018	\$ 495,178.84	\$ 490,691.32	\$ 4,487.52	\$ 20,114.65	22%	100%	0%				
		2019	\$ 523,462.30	\$ 491,611.34	\$ 31,850.96	\$ 51,965.61	61%	100%	0%	11,922	\$ 2,563,230.00	\$ 256,323.00	20%
		μ		\$ 759,709.24	\$ 741,497.76	\$ 18,211.48	\$ 46,534.40						
Taylor	0.033	2011	\$ 527,838.64	\$ 399,190.86	\$ 128,647.78	\$ 125,032.69		100%	0%				
		2012	\$ 566,066.33	\$ 478,708.18	\$ 87,358.15	\$ 212,390.84	41%	100%	0%				
		2013	\$ 561,222.69	\$ 545,796.46	\$ 15,426.23	\$ 227,817.07	7%	100%	0%				
		2014	\$ 531,961.91	\$ 547,722.87	\$ (15,760.96)	\$ 212,056.11	-7%	97%	3%				
		2015	\$ 553,598.18	\$ 638,207.21	\$ (84,609.03)	\$ 127,447.08	-66%	87%	13%				
		2016	\$ 465,873.17	\$ 409,707.90	\$ 56,165.27	\$ 183,612.35	31%	100%	0%				
		2017	\$ 452,101.52	\$ 428,166.41	\$ 23,935.11	\$ 207,547.46	12%	100%	0%				
		2018	\$ 467,301.55	\$ 444,029.00	\$ 23,272.55	\$ 230,820.01	10%	100%	0%				
		2019	\$ 507,928.25	\$ 448,155.85	\$ 59,772.40	\$ 290,592.41	21%	100%	0%	15,771	\$ 3,390,765.00	\$ 339,076.50	86%
		μ		\$ 514,876.92	\$ 482,187.19	\$ 32,689.72	\$ 201,924.00						
Wayne	0.030	2011	\$ 246,997.96	\$ 247,767.03	\$ (769.07)	\$ 126,662.95		100%	0%				
		2012	\$ 254,564.94	\$ 255,114.99	\$ (550.05)	\$ 126,112.90	0%	100%	0%				
		2013	\$ 253,940.94	\$ 260,779.95	\$ (6,839.01)	\$ 119,273.89	-6%	97%	3%				
		2014	\$ 254,718.16	\$ 250,867.90	\$ 3,850.26	\$ 123,124.15	3%	100%	0%				
		2015	\$ 256,598.90	\$ 278,343.61	\$ (21,744.71)	\$ 101,379.44	-21%	92%	8%				
		2016	\$ 257,240.84	\$ 258,597.18	\$ (1,356.34)	\$ 100,023.10	-1%	99%	1%				
		2017	\$ 267,502.21	\$ 267,598.01	\$ (95.80)	\$ 99,927.30	0%	100%	0%				
		2018	\$ 270,796.59	\$ 261,519.07	\$ 9,277.52	\$ 109,204.82	8%	100%	0%				
		2019	\$ 277,360.66	\$ 265,265.77	\$ 12,094.89	\$ 121,299.71	10%	100%	0%	12,177	\$ 2,618,055.00	\$ 261,805.50	46%
		μ		\$ 259,969.02	\$ 260,650.39	\$ (681.37)	\$ 114,112.03						

From : KIMBERLY TUCKER <kat_1977@hotmail.com>
Subject : <No Subject>
To : Kim Tucker <kimberly.tucker@lcdhd.org>

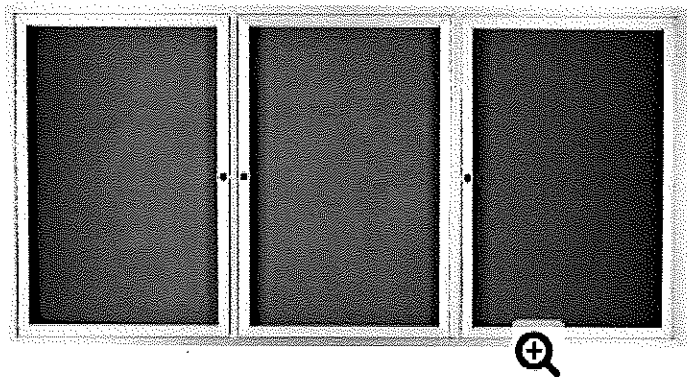
Tue, Jan 21, 2020 05:44 PM
 2 attachments



Home Bulletin Boards Fabric Covered

72" x 36" Enclosed Bulletin Board with 3 Locking Doors - Silver with Gray Fabric

★★★★★ Reviews (2)



Mary Beth requested for Clinic

\$358.99 ea. (USD)

Buy More & Save!

1

Add To Cart

☆ Save To Wish List

SHOPPING

Sent from my iPhone

Zimbra

kimberlya.tucker@lcdhd.org

Re: Budget

From : Whitney E. Jones <whitney.jones@lcdhd.org>

Thu, Jan 09, 2020 04:35 PM

Subject : Re: Budget

To : Kimberly Tucker <kimberlya.tucker@lcdhd.org>

Girls suggest new chairs, bathroom and kitchen paint, new microwave, ice maker that makes "the good ice", picnic table outside(?).

P.S. we need a new door bell. I'm not sure if this needs to be in the budget or if we can just go and buy one.

From: "Kimberly Tucker" <kimberlya.tucker@lcdhd.org>

To: "McCreary County Staff" <mccreary_staff@lcdhd.org>

Sent: Wednesday, January 8, 2020 4:05:07 PM

Subject: Budget

Hey all....I haven't got many requests or suggestions. I have to have the budget finalized and turned into Ron by the end of this week.....so if you know of anything please let me know:-)

Kimberly A. Tucker
Office Manager/Support Services Supervisor
McCreary County Health Department
119 Medical Lane/ PO Box 208
Whitley City, KY 42653
Phone (606)376-2412, Ext. 0
Fax (606)492-2635
Cell (606)310-3633
kimberlya.tucker@lcdhd.org

Handc Bathroom 1500
Kitchen

Kitchen 1000

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HON. Contemporary Steel Office Furniture

Heavy-duty quality in an upscale design.

- High-pressure laminate tops with rounded edges stand up to everyday use.
- Wire management grommets built into all worksurfaces.
- Mitered drawers ride on steel ball-bearing slides; full-width recessed handles.
- High-sided full-suspension file drawers accept letter or legal-size hanging file folders and lock for security.
- Removable lock cores for field installation.

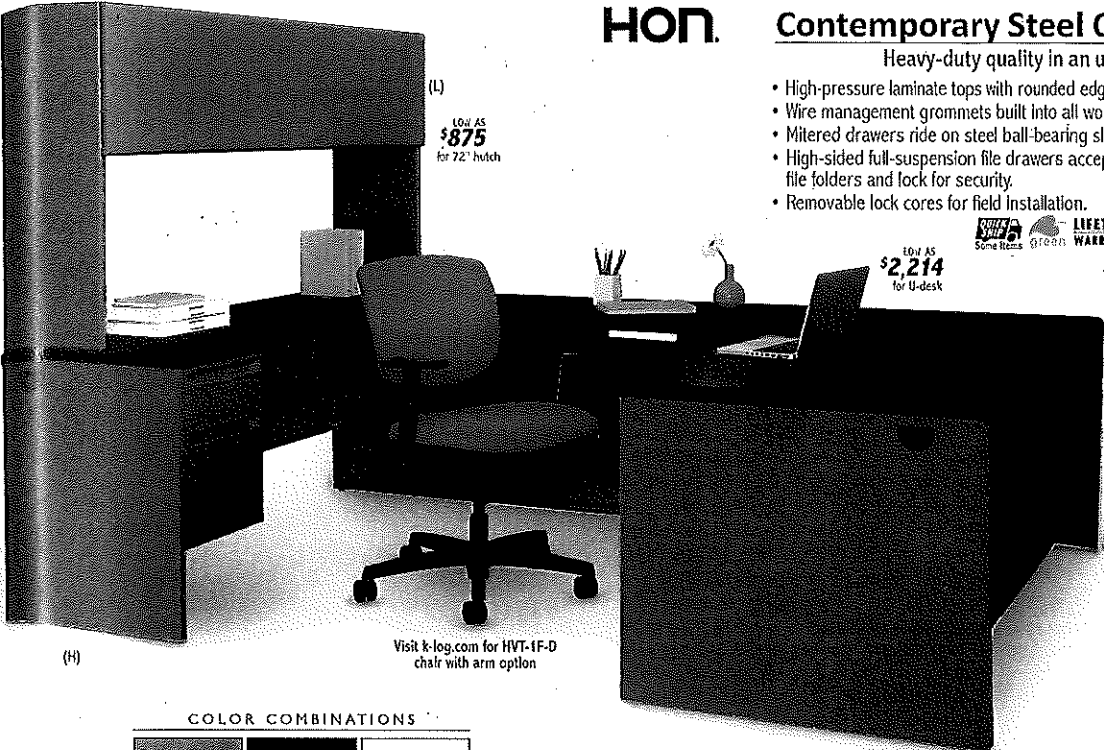


OFFICE GROUPS

Combine 3 or more items in this series for lowest pricing.

S P E C S

- A: 72"Wx36"Dx29 1/2"H
- B: 72"Wx36"Dx29 1/2"H
- C: 60"Wx30"Dx29 1/2"H
- D: 72"Wx24"Dx29 1/2"H
- E: 72"Wx24"Dx29 1/2"H
- F: 60"Wx24"Dx29 1/2"H
- G: 66"Wx78"Dx29 1/2"H
- Desk: 66"Wx30"Dx29 1/2"H
- Return: 48"Wx24"Dx29 1/2"H
- H: 72"Wx108"Dx29 1/2"H
- Desk: 72"Wx36"Dx29 1/2"H
- Bridge: 48"Wx24"Dx29 1/2"H
- Credenza: 72"Wx24"Dx29 1/2"H
- I: 48"Wx13 1/2"Dx36 1/4"H
- J: 72"Wx13 1/2"Dx36 1/4"H
- K: 48"Wx13 1/2"Dx36 1/4"H
- L: 72"Wx13 1/2"Dx36 1/4"H



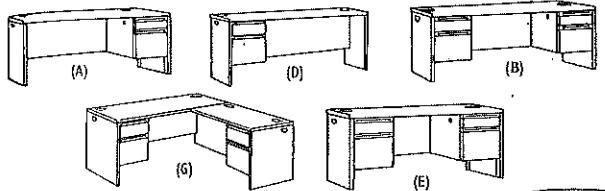
LOW AS \$875 for 72" hutch

LOW AS \$2,214 for U-desk

Visit k-log.com for HVT-1F-D chair with arm option

COLOR COMBINATIONS

TOP	Harvest	Mahogany	Silver Mesh
BASE	Putty	Charcoal	Light Gray



Ref.	Description	Item	Price		
			List	1-2	3+
A	Single Pedestal Desk Locking box/file drawer. 6" conference overhang. Add '-L' for left pedestal; '-R' for right pedestal.	CSF-7236	\$1,675	\$1,053	\$1,022
B	72" Double Pedestal Desk Locking box/file drawer in each pedestal.	CSF-3672	1,879	1,182	1,147
C	60" Double Pedestal Desk Locking box/file drawer in each pedestal.	CSF-3060	1,606	1,010	980
D	Single Pedestal Credenza Locking box/file drawer. Add '-L' for left pedestal; '-R' for right pedestal.	CSF-7224	1,390	874	848
E	72" Credenza with Kneespace Locking box/file drawer in each pedestal.	CSF-2472	1,632	1,026	996
F	60" Credenza with Kneespace Locking box/file drawer in each pedestal.	CSF-2460	1,568	986	957
G	L-Desk Locking box/file drawer in desk and return. Add '-L' for left return; '-R' for right return.	CSF-6630	2,557	1,608	1,561
H	U-Desk Locking box/file drawer in desk and credenza. Bridge attaches desk and credenza. Add '-L' for left bridge; '-R' for right bridge.	CSF-G1	3,628	2,281	2,214
I	48" Open-Shelf Hutch Mounts on desks, credenzas or returns.	CSF-4813	709	446	433
J	72" Open-Shelf Hutch Mounts on desks or credenzas.	CSF-7213	884	556	540
K	48" Flipper-Door Hutch 1 locking 48" wide door.	CSF-1348D	1,022	643	624
L	72" Flipper-Door Hutch 2 locking 36" wide doors.	CSF-1372D	1,433	901	875

HON. Quality Steel Desks

The strength of steel in a classic style.

- Durable laminate top with grommet holes for cable management.
- Lock on center drawer secures all drawers on desks.
- Full-suspension file drawers with built-in hanging rails.
- Flush end panels and drawer handles.

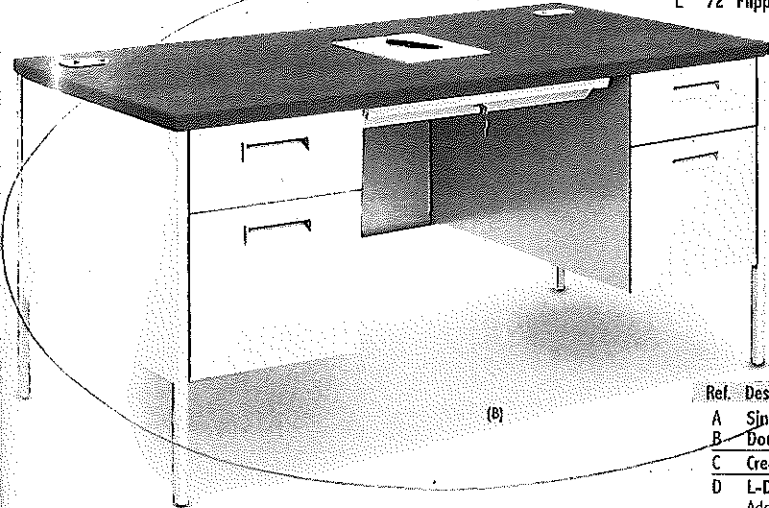


COLOR COMBINATIONS

TOP	Harvest	Mahogany	Mecca
BASE	Putty	Charcoal	Black

S P E C S

- A: 48"Wx30"Dx29 1/2"H
- B: 60"Wx30"Dx29 1/2"H
- C: 60"Wx24"Dx29 1/2"H
- D: 66"Wx72"Dx29 1/2"H
- Desk: 66"Wx30"D
- Return: 42"Wx24"D



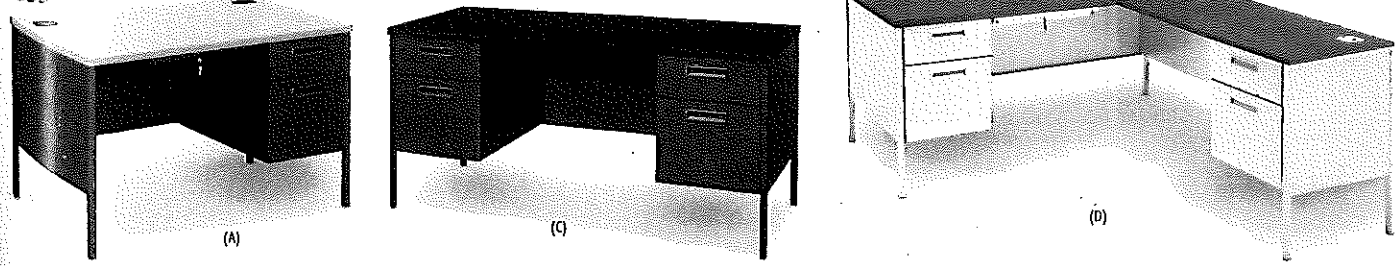
LOW AS \$799

Ref.	Description	Item	Price		
			List	1-2	3+
A	Single Pedestal Desk Box/file (on right side); center drawer.	HMD-48-SP	\$1,080	\$ 679	\$ 659
B	Double Pedestal Desk Box/file (both sides); center drawer.	HMD-60-DP	1,311	824	799
C	Credenza with Kneespace Box/file (on both sides).	HMD-60-KC	1,311	824	799
D	L-Desk Box/file & center drawer in desk; box/file in return. Add '-L' for left return; '-R' for right return.	HMD-66-LD	2,059	1,295	1,257

LOW AS \$650

LOW AS \$799

LOW AS \$1,257



800.872.6611
k-log.com

Zimbra

kimberlya.tucker@lcdhd.org

soft drinks:(it turns out shorten your life

From : Christine Weyman <christine.weyman@lcdhd.org> Fri, Sep 13, 2019 10:28 AM
Subject : soft drinks:(it turns out shorten your life 1 attachment
To : Nurse Managers <nurse_managers@lcdhd.org>, Sonya L. Whitis <sonyal.whitis@lcdhd.org>, Ashley Day <ashley.day@lcdhd.org>, Hannah Hall <hannah.hall@lcdhd.org>, Heather R. Capps <heatherr.capps@lcdhd.org>, Jennifer Kay Harris <jenniferk.harris@lcdhd.org>, Karen Watson-Wethington <ka.watson-wethington@lcdhd.org>, Clerk Managers <clerk_managers@lcdhd.org>
Cc : Tyler Baker <johnt.baker@lcdhd.org>

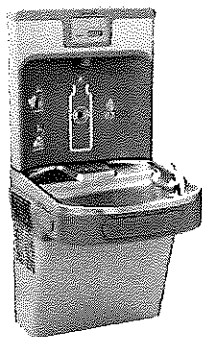
Below you will find the information on a water fountain that we had installed at the district- the water is filtered, so tastes great, is cold and you can fill bottles. I think your board needs to approve the expenditure.

<https://www.globalindustrial.com/p/plumbing/drinking-fountains/water-refilling-stations/elkay-ezh2o-lzs8wslp-next-generation-water-bottle-refilling-station-wall-mount-gray>

Christine Weyman, MD, PhD, FAAP
Medical Director
Lake Cumberland District Health Department
500 Bourne Ave.
Somerset, KY 42501
Telephone: (606) 678-4761 ext. 1110
FAX: (606) 678-2708
Email: christine.weyman@lcdhd.org
Website: www.lcdhd.org
<http://www.facebook.com/lcdhd>

Aristotle: "The habits we form from childhood make no small difference, but rather they make all the difference."

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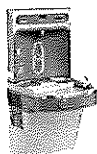


Elkay EZH2O LZS8WSP Next Generation Water Bottle Refilling Station, Wall Mount, Gray

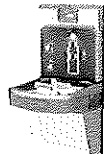
Item #: WBB384182NG

\$1,790.00 up to
43% OFF
Price: **\$1,029.00**

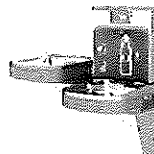
Customers Also Viewed



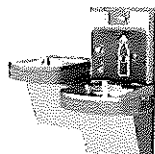
Elkay EZH2O
LZS8WSLK



Elkay EZH2O
LZS8WSSP Next



Elkay EZH2O
LZSTL8WSSP



Elkay
LZSTL8WSP



Elkay EZH2O
Surface Mount

LIVE CHAT

Elkay EZH2O LZS8WSP Next Generation Water Bottle Refilling Station, Wall Mount, Gray

The Elkay EZH2O® Bottle Filling Station delivers a clean quick water bottle fill and enhances sustainability by minimizing dependency on disposable plastic bottles. Complete cooler and bottle filling station in a consolidated space saving ADA compliant design. Integrated look combines our Green Ticker™ and filter status lights.

Features:

- Touchless, sensor activation (bottle filler) designed for easy use; easy-to-operate push-bar activation (bubbler).
- Fill rate is 1.1 GPM.
- Visual filter monitor with LED filter status indicator. Fillsafe recognition automatically recognizes new filter and updates LED light back to green.
- The 3,000-gallon filter is certified to NSF 42 and 53 for lead, Class 1 particulate, chlorine, taste and odor reduction.
- Green Ticker informs user of number of 20 oz. plastic water bottles saved from waste.
- Energy-saving feature, allowing for the refrigeration to be powered off when not in use.
- Laminar flow provides clean fill with minimal splash. Real drain system eliminates standing water.
- Silver ion antimicrobial protection on key plastic components to inhibit the growth of mold and mildew.
- Low-energy LED light encourages use, assists with filling dark bottles and illuminates in dark hallways.
- One-box packaging so the cooler and bottle filler ship together.

Close

Spec Documents
Spec Sheet
Specifications

McCreary County School District
Proposal for Community Health Improvement Plan Grant

Step-Up for Fitness Program

Brandy Rowe RN
District Health Coordinator

January 3, 2020

Statement of Need

There is a great need for students to receive education and understanding on the effects of childhood obesity and the effects of a sedentary lifestyle. Students when asked often can not measure their activity levels. The project we are requesting funding for is a Step-Up for Fitness program that would incorporate pedometers into the physical education curriculum. The target group would be 4th and 5th grade students in 2 elementary schools. Whitley City Elementary School has 72 students enrolled in 5th grade and 70 students enrolled in 4th grade. Pine Knot Elementary School Building 2 has 126 students enrolled in 5th grade and 122 students enrolled in 4th grade. The total population that would benefit from this grant would be 390 students. Our school district is a recipient of the Federal Food Program and 77 % of our district-wide student population receives free or reduced meals. Studies show that household income can impact a student's health. Obesity prevalence was 18.9% among children and adolescents aged 2-19 years in the lowest income group, 19.9% among those in the middle-income group, and 10.9% among those in the highest income group (CDC, 2017). With the introduction of the step-up program the goal would be to make students more aware of the importance of physical activity and the student would encourage the family to become more active while attempting to achieve steps daily to meet their goal.

Program Description

The funding would assist in a program Step-Up for Fitness. The program would allow physical education teachers to have access to pedometers (step trackers). These pedometers would be for a 6 to 9-week program that will allow students to checkout a pedometer to measure steps per day. The district health coordinator/school nurse would perform a height, weight and BMI on each student prior to the start of the program. The student would use the pedometer daily to count steps and use a log to record the steps. During the program students would receive motivation to continue by earning bracelets to celebrate the 25,000, 50,000 and 100,000 step levels. The program could incorporate math curriculum also by allowing math teachers to assist students in the averaging and totaling of the steps. Upon completion of the step-up program each student would be receive a repeat height, weight, and BMI by the district health coordinator/school nurse. Each student that completes the step-up program would receive a certificate to acknowledge their commitment to health and fitness. The goal of the program is to bring awareness to students that we need to increase physical activity. The desired outcome is to see students that make a commitment to continue on the path to better health into adolescent and adult years.

Goals, Objectives, and Timeline

The goal of the Step-Up for Fitness program is to transform students' ideas and expectations of an active and healthy life-style. The program would use physical education as a way to motivate children to enjoy activity and movement. The pedometer would bring attention to the amount of activity that each student currently obtains and encourage and motivate them to

get up and move more often to meet the step goal. With the increase in student activity the results should show in weight loss and lower BMI percentages. Measurement of these goals would be obtained through the initial and post program height, weight, and BMI.

Budget

Funding would be used to obtain equipment to record students’ steps. The remaining requested funds would be used to motivate student achievements and encourage them to make a choice to be more active. The school district is requesting \$1000.00 to allow the incorporation of the Step-Up for Fitness program into the physical education curriculum.

Item	Cost Per Unit	Quantity	Total
Pedometer	100 units \$150	4	\$600.00
Bracelet- 25,000 step	24 bracelets \$4.00	18	\$72.00
Bracelet-50,000 step	24 bracelets \$4.00	18	\$72.00
Bracelet-100,000 step	24 bracelets \$4.00	18	\$72.00
Certificates	0.20 per certificate	400	\$80.00
Rewards (pencils, stickers)	19.99 each unit	4	\$100.00
Total	-----	-----	\$996.00

Evaluation

The program will be evaluated from the initial start to completion of the program. The program will evaluate student BMI percentages and weight by using data obtained at the start of the program and upon completion of the program. The program will be evaluated through student log sheets that will show the students that are increasing their daily activity level. The goal is to educate the student on the importance of activity and that the student would continue on the path of wellness for years to come.

Project Abstract

McCreary County School District request consideration for the community health improvement grant. If given the opportunity to receive the grant money, the school district would incorporate a program to increase physical activity. As educators and health professionals in the public-school system we are aware of the great need to educate our students on the long-term effects of childhood obesity and sedentary lifestyles. Childhood obesity is a serious problem in the United States putting children and adolescents at risk for poor health. Kentucky has the 5th highest rate in the nation (CDC, 2017).

The program that would be incorporated would be a Step-Up for Fitness program. The program would include education to the students on the importance of fitness activity and ways they can increase activity in their daily routines. The school would purchase pedometers (step

trackers) that would be given to physical education teachers. The teacher would have a check out program that would allow students to take pedometers and wear the device to count steps daily. There are three primary uses of pedometers for physical educators: to teach about physical activity, to enhance instruction, and to provide accountability. Pedometers provide teachers and students with immediate, concrete feedback about their physical activity (Pangrazi, Beighle, & Sidman, 2003).

The program will be introduced by the district health coordinator to physical education teachers. We would target 4th and 5th grade students at the elementary level. The program would be monitored for success by incorporating data collection prior to step counting and after step up for fitness program. The district health coordinator/ school nurse would visit the PE class to perform initial height, weight, and BMI on each student that participates. Each student will be assigned a pedometer and given a step counting log to be completed daily. During the program math teachers can incorporate teaching averages and use of addition to assist students in the tally process for step counting. Each student would receive an award recognition in the form of a bracelet to celebrate reaching the goal of 25,000, 50,000, and 100,000 steps during the step-up program. Upon completion of the 6 to 9-week program the district health coordinator/school nurse would do a repeat height, weight and BMI to assess for improvements.

To start a program such as step-up for fitness, we are requesting funding in the amount of \$1,000. This funding would allow for the purchase of 200 pedometers (step trackers) per school site, bracelets for encouragement to students, and certificates for students that complete the program.

References

Centers for Disease Control and Prevention. (2017). Childhood Obesity. Retrieved from: <http://cdc.gov>

Pangrazi, R.P., Beighle, A., & Sidman, C. (2003). Pedometer power. Champaign, IL: Human Kinetics.

Family & Youth Services Bureau Sexual Risk Avoidance Education (SRAE)

Overview of SRAE Program / Making a Difference (MAD)

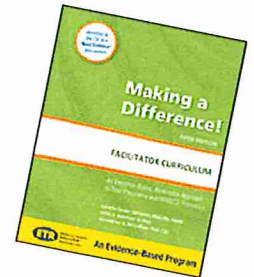
September 30, 2016 through October 1, 2019

Awarded: \$972,151

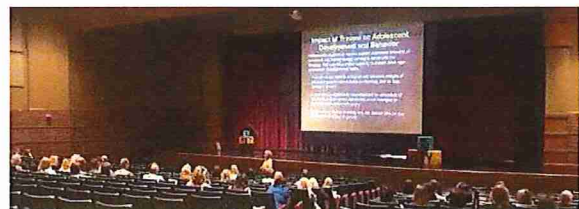
Lake Cumberland District Health Department was awarded the Sexual Risk Avoidance Education (SRAE) grant from the Family and Youth Services Bureau providing funding to implement Making a Difference (MAD) curriculum from September 30, 2016 through October 1, 2019.

Making the Difference (MAD) Program was implemented in all 14 middle schools across Lake Cumberland

- 13 School Districts
- 7,264 Unduplicated Middle School Students
- 1425 Behavioral Change Presentations
- 81% of the 7,264 adolescents reported that their belief of practicing abstinence will help them achieve their career goals
- 4% Teen birth rate decrease between 2017 and 2018



Building Resilient Youth Conference - July 25, 2019



Office of Adolescent Health

Overview Two-Year Teen Pregnancy Prevention (TPP) Grant

July, 15 2019 - June 30, 2021

Awarded: \$986,000

Lake Cumberland District Health Department was awarded the Phase I Tier 1 projects to replicate programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors.

Reducing the Risk (RTR) will be implemented in all 12 high schools across Lake Cumberland

RTR will assist high school students to delay the initiation of sex or increase the use of protection against pregnancy and STD/HIV if they choose to have sex. This research-proven approach addresses skills such as risk assessment, communication, decision making, planning, refusal strategies and delay tactics.

Performance measures

- 95% of sites will implement the programs
- 60% of sexually active participants will report they are more likely to use protection to avoid pregnancy and/ or STD's
- 80% of participants from both programs will report the program was beneficial
- 90% of TOP participants will have eliminated at least 2 risk factors
- 80% of TOP participants report more confidence in handling challenging issues
- Decrease LCDHD teen birth rates by 5%
- Decrease LCDHD STD rates by 5% by practicing abstinence will help them achieve their career goals

Teen Outreach Program

Casey and McCreary Counties

Wyman's Teen Outreach Program® (TOP®) promotes the positive development of adolescents through curriculum-guided, interactive group discussions; positive adult guidance and support; and community service learning.

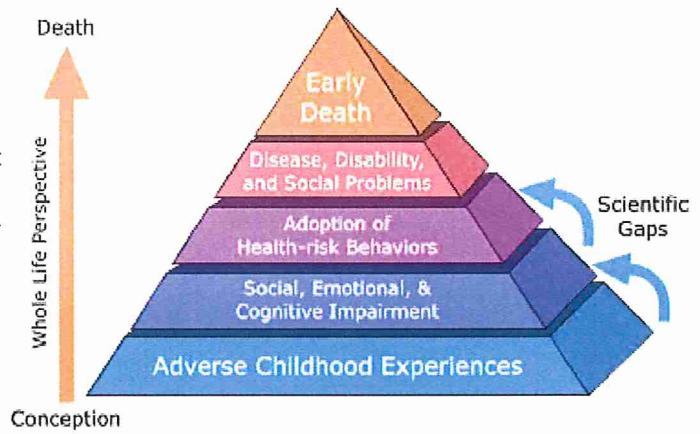
TOP is delivered by trained adult facilitators across a school year to groups of teens (called "TOP Clubs"). TOP is designed to meet the developmental needs of middle and high school teens and can be implemented in a variety of settings, including in-school, after-school, through community-based organizations or in systems and institutional settings, including residential facilities.

TOP curriculum is focused on key topics related to adolescent health and development, including building social, emotional, and life skills; developing a positive sense of self; and connecting with others.

ADVERSE CHILDHOOD EXPERIENCES (ACEs)

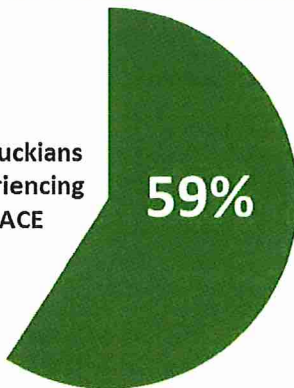
Adverse Childhood Experiences (ACEs)

Adverse childhood experiences (ACEs) are potentially traumatic events that can have negative, lasting effects on health and well-being including early death¹. These experiences range from physical, emotional, or sexual abuse to parental divorce or the incarceration of a parent or guardian. The original ACE Study was a research study conducted by Kaiser Permanente and the Centers for Disease Control and Prevention. Participants were recruited to the study between 1995 and 1997 and have been in long-term follow up for health outcomes. The study has demonstrated that ACEs are common, often occur together, and are associated with health and social problems as an adult^{2,3}.



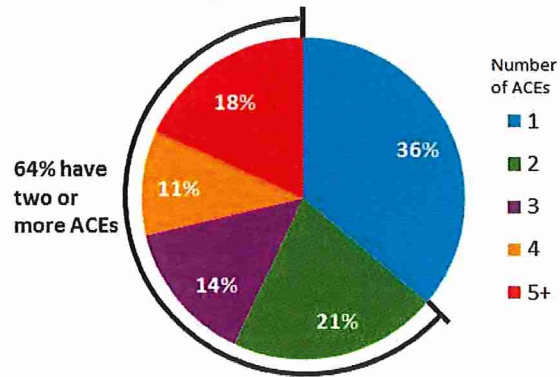
Prevalence of ACEs in Kentucky

59% of Kentuckians report experiencing at least one ACE



More than half (59%) of Kentucky residents have experienced at least one ACE. Of those that have experienced at least one ACE, 64% have experienced two or more ACEs.

Distribution of ACEs among those with at least one ACE

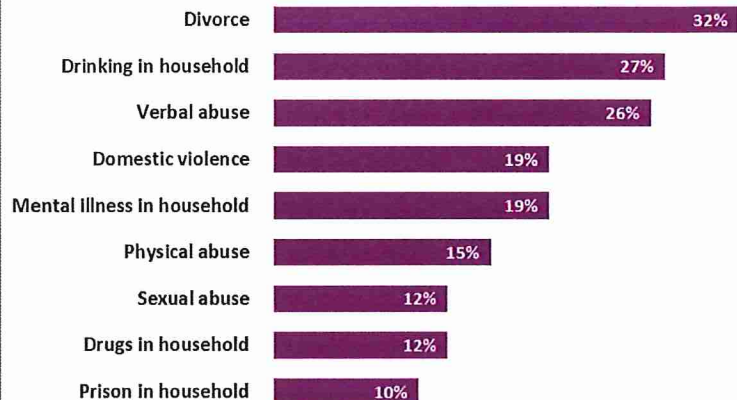


Data Source: Kentucky Behavioral Risk Factor Surveillance (KyBRFS); Year 2015

Common ACEs in Kentucky

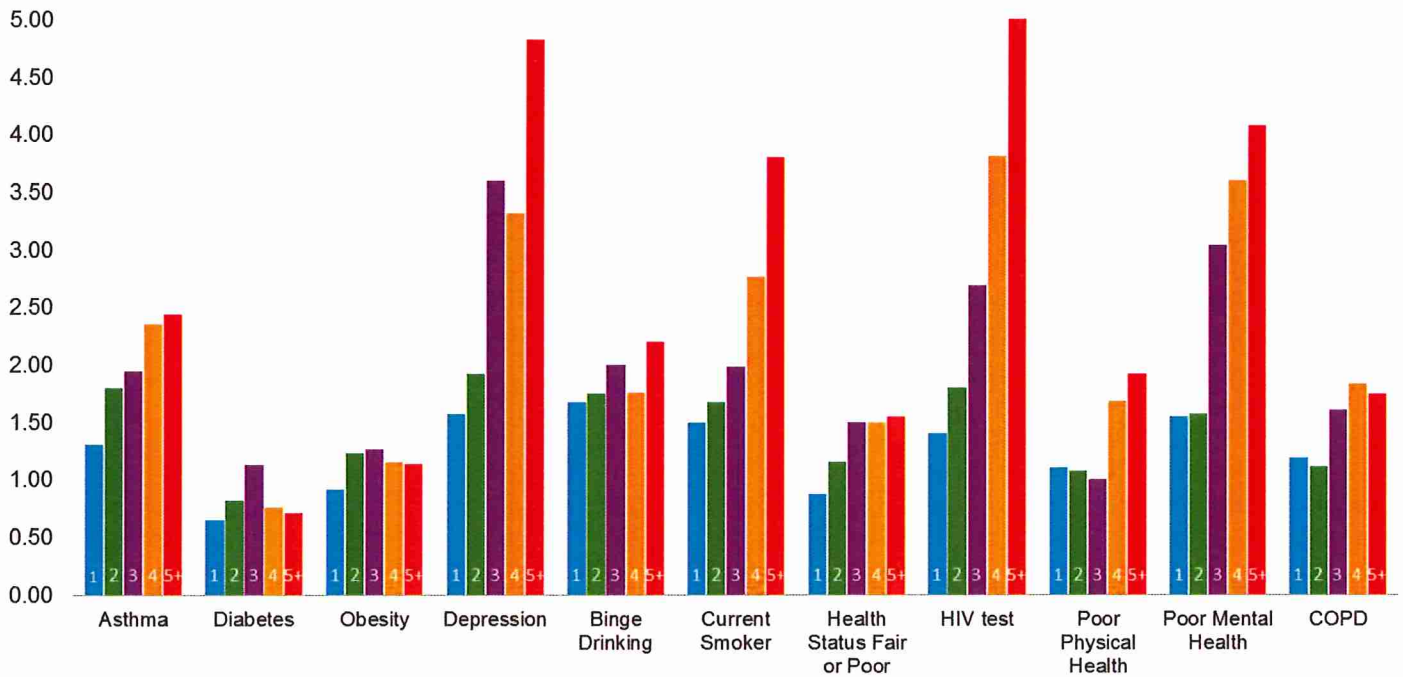
Data from the Kentucky Behavioral Risk Factor Surveillance (KyBRFS) indicates that several Kentucky adults experienced various types of ACEs. Of those experiencing at least one ACE, 32% experienced divorce in the household, 27% experienced drinking (problem drinker or alcoholism) in the household, and 26% experienced verbal abuse. These data suggest that ACEs are very common in Kentucky and should be addressed during routine health care visits.

Prevalence of Individual ACEs



Data Source: Kentucky Behavioral Risk Factor Surveillance (KyBRFS); Year 2015

Increased Risk of Condition/Behavior By Number of ACEs Present Compared to No ACEs



Data Source: Kentucky Behavioral Risk Factor Surveillance (KyBRFS); Year 2015

HIV test=Human Immunodeficiency Virus test

COPD=Chronic Obstructive Pulmonary Disease

This data supports addressing ACEs in the health care setting as well as in communities. A better understanding of the adverse events experienced by an individual during childhood could provide insight into their physical and mental health status as an adult. All families experience times of stress, and research demonstrates that children grow and learn best in families who have the supports and skills to deal with those times.

Source: Kentucky Department of Public Health, 2015

ACEs can have lasting effects on...



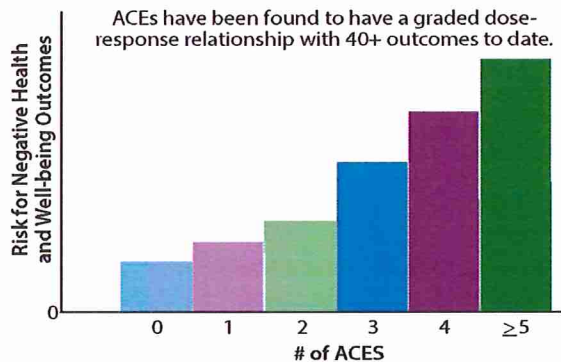
Health (obesity, diabetes, depression, suicide attempts, STDs, heart disease, cancer, stroke, COPD, broken bones)



Behaviors (smoking, alcoholism, drug use)



Life Potential (graduation rates, academic achievement, lost time from work)



*This pattern holds for the 40+ outcomes, but the exact risk values vary depending on the outcome.

Source: CDC, 2019

References:

- 1 Child Trends; Research Brief; Adverse Childhood Experiences; Year 2014
- 2 The Adverse Childhood Experiences (ACE) Study; Centers for Disease Control and Prevention. Retrieved Nov. 4, 2016
- 3 Adverse Childhood Experiences; Substance Abuse and Mental Health Services Administration, Rockville, MD; Retrieved Nov. 4, 2016

THE TRUTH ABOUT ACEs

WHAT ARE THEY?

ACEs are
ADVERSE
CHILDHOOD
EXPERIENCES

The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse

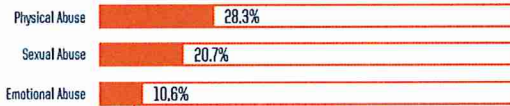


Divorce

HOW PREVALENT ARE ACEs?

The ACE study* revealed the following estimates:

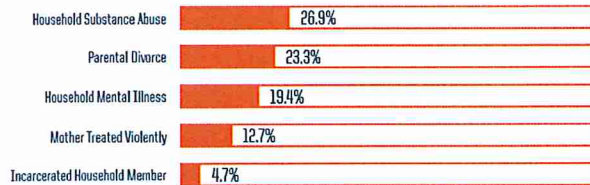
ABUSE



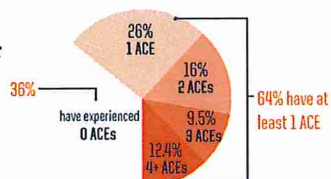
NEGLECT



HOUSEHOLD DYSFUNCTION

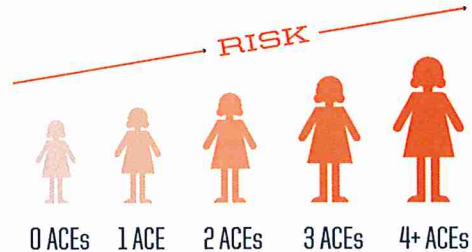


Of 17,000 ACE study participants:



WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes

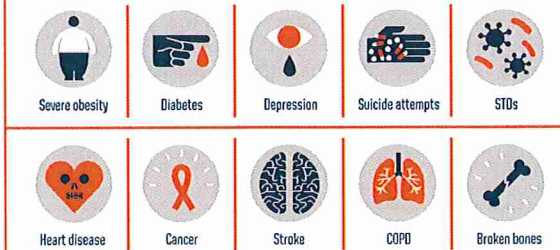


Possible Risk Outcomes:

BEHAVIOR



PHYSICAL & MENTAL HEALTH



Population/Resources 2019-2020

Population

While Kentucky is ranked in the top ten unhealthiest states, our District is below the state average. Kentucky statewide population averages 34% in obesity (US – 29%) (1), 27 % in physical inactivity (US-22%) (1), and 13.8% with diabetes (2). Our district population averages 36.2 % in obesity, 32.1% in physical inactivity (an improvement from 33.6%), and 14.6 % with diabetes.(1) Our district includes ten of Kentucky’s 120 counties. Eight of these ten counties are Appalachian counties. Our district is primarily rural, covers 3,720 square miles geographically, and has a population of 209,231.

Compounding the health problems in our area, an average of 7.61 % are uninsured compared to the state average of 6.7%. The state average poverty rate is 16.9%, while in the Lake Cumberland District the average is 23.9%. Language other than English is spoken in 2.63% of homes in our district. Approximately 6.1% (12,728) of our district’s residents are veterans. ** We do not have a YMCA or many of the low cost health improvement opportunities offered in larger urban areas.

At present, the Diabetes Education Program is the only source of *free comprehensive* diabetes self-management education in the ten county district. Taylor County does one-on-one education at the local hospital and bills insurance. A pharmacy in Clinton County provides classes and bills insurance as well. Data has been compiled and evaluated to identify the greatest need of DSME classes in order to reach population and demands. (See attached table.) We have adjusted the frequency of the classes based on population, incidence of diabetes, available diabetes education in the county, previous history of class attendance, and staffing. We provide classes twice a year in all counties except Pulaski, which has classes 3 times a year.

Resources

The local health department facilities in nine of the ten counties have adequate meeting rooms for DSME classes with the exception being in Casey County. The DSME classes in Casey County are held at the County Extension Office Education Building or the Casey County Public Library free of charge. Three Diabetes Educators (RN, CDE’s,) teach DSME classes throughout the district. Interpreters are utilized for one-on-one education when non-English speaking individuals need assistance with diabetes education.

Data for 2019-2020 Diabetes Education Program Plan

County Ranking Based on Health Outcomes	County	**Population	(1) % Prevalance of Type 2 Diabetes	**Race	(1) % Obesity	(1)% Physical Inactivity
49	Adair	19,215	16	W 94.9% B 3 % H 2%	38	36
102	Casey	15,888	15	W 97.3% B 1 % H 3.1%	38	29
64	Clinton	10,206	15	W 97% B 0.6% H 3%	37	34
59	Cumberland	6,659	15	W 94.8% B 3% H 1.5%	34	33
40	Green	11,049	14	W 95.9 % B 2.1 % H 1.9%	37	32
116	McCreary	17,408	15	W 91.6% B 5.7% H 2.6%	36	35
62	Pulaski	64,623	14	W 96.4% B 1.2% H 2.6%	35	30
77	Russell	17,821	13	W 96.8% B 0.9% H 3.8%	32	29
57	Taylor	25,549	14	W 91.6% B 5.2% H 2.5%	33	31
91	Wayne	20,813	15	W 95.6% B 2% H 3.5%	40	32

1 Data from <http://www.countyhealthrankings.org/app/kentucky/2019/rankings> accessed 1/29/2020

2 Data from <http://stateofobesity.org/rates/> 2018 data accessed 1/29/2020

** Data from <https://www.census.gov/quickfacts-> accessed 1/29/2020

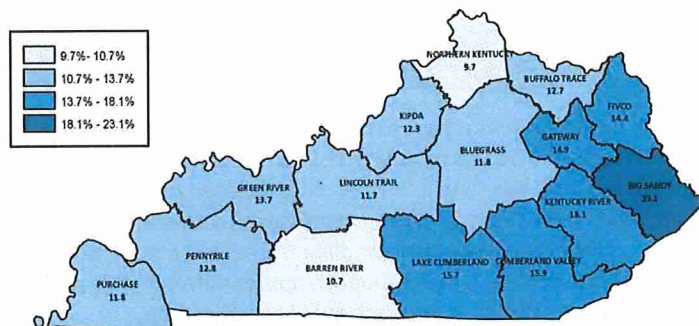
2019 Kentucky Diabetes Fact Sheet

DIABETES: A Public Health Epidemic

Diabetes is COMMON in Kentucky

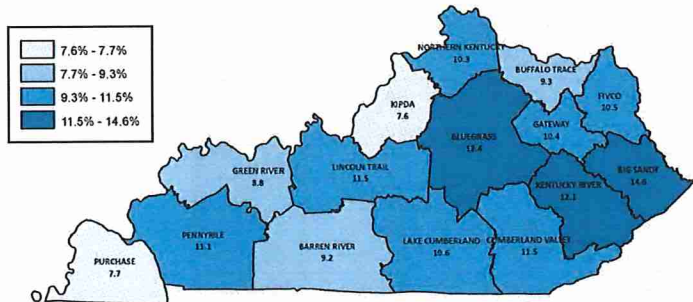
- From 2000 to 2017, diagnosed diabetes in KY adults has nearly doubled from 6.5% (198,052) to 12.9% (442,500 or 1 in 8)¹. KY ranks 7th highest in the U.S. for diabetes prevalence³. (Nationwide median: 10.5%)
- An estimated 147,500 adults are living with undiagnosed diabetes based on the national rate².
- In Appalachia, the adult rate for diagnosed diabetes is 17% compared to 11.2% in non-Appalachian counties.
- 3,352 youth had a diabetes diagnosis claim in the Kentucky Employees' Health Plan (278) and Medicaid (3,074)³.

Prevalence of **Diagnosed Diabetes** by Kentucky Regions
2017 Kentucky Behavioral Risk Factor Survey



Statewide Prevalence: 12.9%

Prevalence of **Diagnosed Prediabetes** by Kentucky Regions
2017 Kentucky Behavioral Risk Factor Survey



Statewide Prevalence: 10.2%

- Prediabetes occurs when blood sugar levels are higher than normal but not high enough for a diabetes diagnosis. It is a major risk factor for type 2 diabetes.
- As of 2017, 10.2% (288,000) Kentucky adults had diagnosed prediabetes (up from 8.4% in 2015)³.
- 812,000 adults are estimated to have undiagnosed prediabetes².
- An estimated 1 in 3 adults (33.9% or 1.1 million) have diagnosed or undiagnosed prediabetes².
- Gestational diabetes, a risk factor for prediabetes, was present in 5.6% (3,039) of Kentucky live births in 2016, and 10% (2,703) of Medicaid births in 2017³.

Diabetes is SERIOUS in Kentucky

- Diabetes can be associated with complications such as heart disease, stroke, blindness, kidney failure, lower-limb amputation and ketoacidosis. These can reduce length and quality of life.
- In 2016, KY had the 4th highest death rate in the U.S. due to diabetes. This is an increase from 14th in 2014. Diabetes is the 6th leading cause of death by disease in KY and the U.S. It is the 3rd leading cause of death by disease for African Americans in KY (2016).
- KY hospitals had 10,470 inpatient hospital discharges with a primary diagnosis of diabetes (2017).
- 49% (18,359) of hospital visits for cardiovascular disease listed diabetes as a secondary diagnosis (2017).
- KY inpatient hospital discharge data, where diabetes is listed as the primary diagnosis, shows other specified manifestations (includes hypoglycemia) and diabetic ketoacidosis or DKA as the most frequent reasons for hospitalization (2017).
- In 2017, 16,176 Kentuckians had an emergency department visit for diabetes that did not result in full hospitalization. These visits generated billed charges of approximately \$74 million³.
- Kentuckians with diabetes are more likely to have other chronic conditions and risks as shown below.

Diabetes Status and Co-existing Condition or Risk
2017 Kentucky Behavioral Risk Factor Survey

Diabetes Diagnosis	No Leisure Time Activity	Obese	Smoking	Hypertension	High Cholesterol	Coronary Heart Disease	All Natural Teeth Extracted	Depression	Arthritis	Asthma
Yes	49.2%	56.1%	22.8%	77.8%	66.5%	17.9%*	30.7%	34.8%	58.9%	18.5%
No	32.3%	30.9%	24.0%*	33.6%	33.1%	4.5%*	19.0%	22.7%	28.4%	9.6%

*Measures noted in green ink indicate the value is an improvement for that measure from previous data available from the same source.

Diabetes is COSTLY in Kentucky

- ◆ Nationally, people with diabetes have costs 2.3 times higher than in its absence⁴.
- ◆ Diabetes has the 3rd highest average cost for individual KY hospitalizations for common chronic diseases at \$35,493 (2017)³.
- ◆ 3rd highest overall cost of several common chronic diseases in the KY Medicaid population (2017).
- ◆ Diabetes is one of the most costly chronic conditions for both active employees and early retirees in the Kentucky Employees' Health Plan (KEHP) population, at almost \$174 million in combined medical and prescription drug costs in 2017³.
- ◆ Diabetes costs KY \$5.16 billion in total medical costs, lost work and wages (2017)⁴.

Diabetes is MANAGEABLE and in Many Cases PREVENTABLE

- ◆ Structured lifestyle change programs such as the National Diabetes Prevention Program have been proven to prevent or delay type 2 diabetes in adults with prediabetes or at high risk for the disease.
- ◆ Much of diabetes-related sickness and death can be prevented, delayed or reduced.
- ◆ Quality care from health care teams including aggressive treatment to manage A1C, blood pressure and cholesterol and promote smoking cessation is critical to reduce risks for diabetes-related complications.
- ◆ Diabetes self-management education and support, appropriate self-care and other risk reduction and behavior change strategies are also critical to achieve diabetes control and avoid complications.

The tables below show gaps that exist between current and desired clinical and self-care practices.

Reported Diabetes Care Practice Rates Among Adults with Diabetes						
Kentucky Behavioral Risk Factor Survey – 2014 and 2016 Data Not Collected for These Indicators						
Indicator	2011	2012	2013	2015	2017	2015
Within past year unless otherwise noted	Kentucky ¹	Kentucky ¹	Kentucky ¹	Kentucky ¹	Kentucky ¹	U.S. ⁵
Taken a diabetes self-management course	47.3%	49.0%	49.6%	48.0%	46.0%	54.8%*
A1C test checked \geq 1 time	84.0%	80.8%	89.2%	90.4%	94.5%*	NA
A1C test checked \geq 2 times	74.4%	73.4%	74.5%	74.1%	80.2%*	74.9%
Retinal or dilated eye exam	65.7%	61.0%	65.2%	67.3%	66.5%	70.1%*
Professional foot exam	64.7%	67.2%	72.1%	72.4%	75.9%*	75.7%*
Flu shot	61.2%	56.3%	58.3%	59.8%	56.4%	57.1%*
Pneumonia shot ever	61.4%	57.4%	62.1%	61.4%	67.4%*	64.7%*
Self-foot exam daily	68.3%	63.6%	67.9%	63.5%	64.0%*	60.4%
Self-blood glucose monitoring daily	68.9%	63.3%	69.7%	62.8%	62.0%	62.1%
Seeing a health professional for diabetes \geq 1 time	87.6%	84.7%	88.8%	88.4%	92.0%	89.3%

*Measures noted in green ink indicate the value is an improvement for that measure from previous data available from the same source.

2016, 2017 and 2018 Laboratory or Clinical Rates for Kentucky Adults with Diabetes				
Statewide Data Not Available but Below Are Various Population Subsets from Listed Available Reports				
Indicator	2017 Consolidated Measurement Report, Kentucky State Aggregate Report ⁶	Federally Qualified Health Center Data Report for Kentucky ⁷	2019 Kentucky Diabetes Report ³ Kentucky Medicaid Managed Care HEDIS Scores 2018	2018 HEDIS National Medicaid Benchmark (50 th Percentile) ³
Within the past year				
A1C test checked \geq 1 time	85%	Not Available	86.93%*	87.83%
A1C poor control > 9%	55%	27.74%*	47.18%	38.08%
A1C control < 8%	Not Available	59.17	43.22%	51.40%
A1C control < 7%	12%	Not Available	31.75%	35.07%
Blood pressure control < 140/90 mm/Hg	Not Available	Not Available	57.34%	63.26%

*Measures noted in green ink indicate the value is an improvement for that measure from previous data available from the same source.

For more statistics and information, see the latest *Kentucky Diabetes Report* and the *Diabetes Education Services Scorecard for Kentucky* at <https://chfs.ky.gov/agencies/dph/dpqi/cdpb/Pages/diabetes.aspx>.

Data References

1. Kentucky Department for Public Health and CDC. Kentucky Behavioral Risk Factor Survey Data. 2000, 2011, 2012, 2013, 2015 and 2017.
2. Centers for Disease Control and Prevention (CDC). National Diabetes Statistics Report, 2017. <https://www.cdc.gov/diabetes/data/statistics/statistics-report.html>
3. Kentucky Department for Public Health. 2019 Kentucky Diabetes Report.
4. American Diabetes Association. *Economic Costs of Diabetes in the U.S. in 2017*. Diabetes Care 2018; 41: 917-928.
5. CDC, Preventive Care Practices, 2015. <https://ais.cdc.gov/grasp/diabetes/DiabetesAtlas.html> (Latest national data accessible at this time.)
6. Kentuckiana Health Collaborative. *2017 Consolidated Measurement Report for Kentucky*. Aggregated 2016 claims data for Aetna, Anthem, Humana, WellCare and Passport
7. Human Resources and Services Administration. 2017 Health Center Data. <https://bphc.hrsa.gov/uds/datacenter.aspx?q=d&year=2017&state=KY#list>



Kentucky Public Health
Protect. Promote. Prevent.



DIABETES IN KENTUCKY

A Public Health Epidemic - 2020

Diabetes

1 in 7 or 474,500 (13.7%) adults have diagnosed diabetes

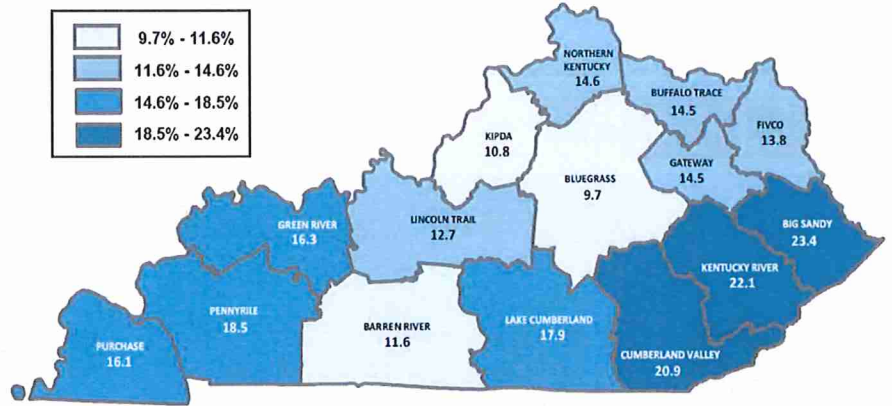


158,200 adults are estimated to have diabetes but are undiagnosed

632,700 with diagnosed and undiagnosed diabetes
1 of 4 don't know it

Prevalence of Diagnosed Diabetes by Kentucky Regions

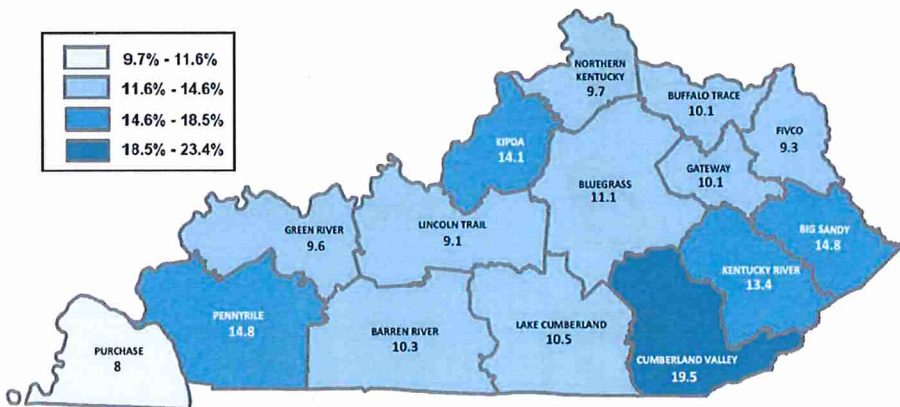
2018 Kentucky Behavioral Risk Factor Surveillance Survey



Statewide Prevalence: 13.7%
Nationwide Median: 10.9%

Prevalence of Diagnosed Prediabetes by Kentucky Regions

2018 Kentucky Behavioral Risk Factor Surveillance Survey



Statewide Prevalence: 11.8%

Prediabetes

1 in 9 or 331,335 (11.8%) adults have diagnosed prediabetes



812,000 adults are estimated to have prediabetes but are undiagnosed

1.1 million (1 in 3) with diagnosed and undiagnosed prediabetes
7 of 10 don't know it

Cost

\$\$\$

\$5.16
BILLION

Total medical costs and lost work and wages for people with diagnosed diabetes in Kentucky

Higher risk of serious and costly complications



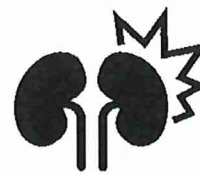
Heart Disease



Stroke



Loss of Toes, Feet or Legs



Kidney Disease



Blindness

Risk Factors for Type 2 Diabetes



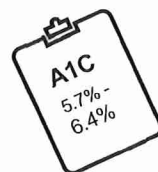
Overweight



45 and Older



Physically Inactive



Prediabetes



Family History

What Can You Do?

You can **PREVENT** or **DELAY** type 2 diabetes



Find out if you have prediabetes – See your health care provider to get your blood sugar tested



Attend a National Diabetes Prevention Program (DPP)



Make healthy food choices



Be more active



Lose weight if needed

Learn more at www.cdc.gov/diabetes/prevention or speak with your doctor

You can **MANAGE** diabetes and reduce risk for complications



Attend a self-management education and support program



Plan meals and make healthy food choices



Stay active



Take your medications



Monitor your blood sugar and other recommended care



Quit smoking

Learn more at <https://www.cdc.gov/diabetes/ndep> or speak

To find diabetes prevention or self-management education and support programs in your area, look on the Kentucky Diabetes Resource Directory at <https://prdweb.chfs.ky.gov/KYDiabetesResources/>

REFERENCES

Kentucky Department for Public Health. Kentucky Behavioral Risk Factor Surveillance Survey Data 2018. Centers for Disease Control and Prevention (CDC). [National Diabetes Statistics Report, 2017](#). American Diabetes Association. [Economic Costs of Diabetes in the U.S. in 2017](#). Diabetes Care 2018; 41: 917-928.