



Step up to
a healthier
and greener
lifestyle.

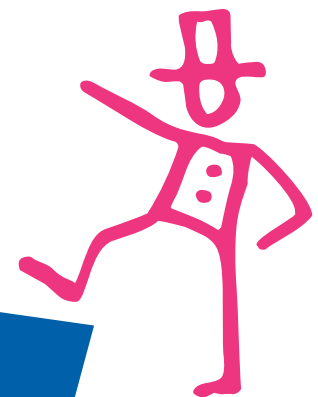
Take ^{the} Stairs





Burn calories.
Stress less.
Get healthy.

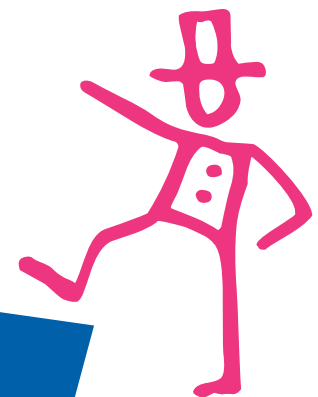
Take ^{the} Stairs





Add years to
your life and life
to your years.

Take ^{the} Stairs





Small steps
make a big
difference.

Take ^{the} Stairs





There are 1440
minutes in
every day --
take 5 now.

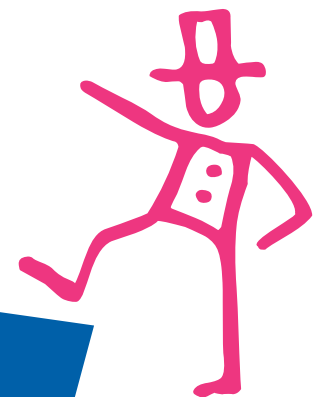
Take ^{the} Stairs





Go green in your
daily routine.

Take ^{the} Stairs

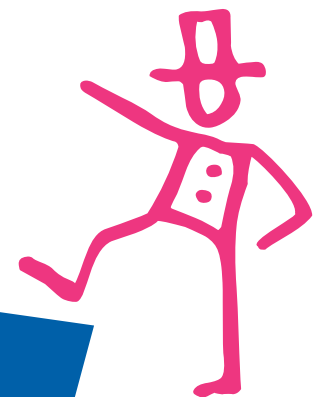




No waiting
one door over

<-- nearest stairwell

Take ^{the} Stairs





Burn calories,
not kilowatts.

Take ^{the} Stairs





Raise your
fitness level,
one step
at a time.

Take ^{the} Stairs





No waiting
one door over

nearest stairwell -->

Take ^{the} Stairs

