Your child may have been exposed to:

<table>
<thead>
<tr>
<th>Yeast</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yeast is a fungus that can cause infection. It is common to have yeast infections of the mouth or throat (thrush) or the diaper area (diaper rash).</td>
</tr>
</tbody>
</table>

If you think your child has a Yeast Infection:

- Tell your childcare provider or call the school.

- Need to stay home?
  - Childcare and School: No.

**Symptoms**

- **Thrush** - White, slightly raised patches on the tongue or inside the cheek. Sucking on fingers or thumbs may cause children to develop the infection around the fingernails.

- **Diaper Rash** - Smooth, shiny, red rash with a raised border.

**Spread**

- Rarely, by touching skin lesions or secretions from the mouth.

**Contagious Period**

The illness can spread as long as sores are present.

**Call your Healthcare Provider**

- If anyone in your home has symptoms of thrush or diaper rash.

**Prevention**

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth and after changing diapers. Your child may need help with handwashing.

- Clean and disinfect objects that come in contact with secretions from the mouth or nose and diaper area. Use a product that kills germs.

- Replace bottle nipples and pacifiers after treatment.

**FOR MORE INFORMATION**

- Kentucky Department for Public Health Frankfort, KY http://chfs.ky.gov/dph/
- Kentucky Regional Poison Center Louisville, KY EMERGENCY: 1-800-222-1222
- Lake Cumberland District Health Department Somerset, KY www.lcdhd.org (606) 678-4761
- The Centers for Disease Control and Prevention (CDC) Atlanta, GA Toll free: 1-800-311-3435 www.cdc.gov

Prepared by Hennepin County Human Services and Public Health Department (HSPHD)

June 2008