Your child may have been exposed to:

### Warts

<table>
<thead>
<tr>
<th>Warts</th>
<th>Warts are skin growths caused by a virus. Common and flat warts are seen most often in younger children and plantar warts in school-aged children.</th>
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</thead>
</table>

**If you think your child has Warts:**

- Tell your childcare provider or call the school.
- **Need to stay home?**
  - **Childcare and School:** No.

**Symptoms**

- **Common** - Dome-shaped and have a rough appearance. Check the fingers, on the backs of the hands, and around the nails. They may be more common where a child has bitten fingernails or picked hangnails.
- **Plantar (foot)** - Usually seen on the bottoms of the feet. Most of these warts flatten because the pressure of walking pushes them back into the skin. They can be very painful.
- **Flat** - Smaller and smoother than other warts. They tend to grow in large numbers (20 to 100) at a time. They can grow anywhere on the body.

If your child is infected, it may take several months to years before symptoms start.

**Spread**

- From person to person.
- By touching contaminated objects, such as locker room floors, showers, or pool decks.

**Contagious Period**

Probably as long as the wart is present.

**Call your Healthcare Provider**

- Your doctor will decide if treatment is needed.

**Prevention**

- Avoid biting your nails or picking your hangnails. Keep nails trimmed.
- Take care to keep feet and hands clean and dry. Do basic first aid when an injury (cut, scrape, etc.) occurs.
- Wear shoes like flip-flops or water sandals in locker rooms and showers or on pool decks.
- Avoid sharing personal items such as razors.
- Clean and disinfect contaminated areas. Use a product that kills germs.

**FOR MORE INFORMATION**

- Kentucky Department for Public Health Frankfort, KY http://chfs.ky.gov/dph/
- Kentucky Regional Poison Center Louisville, KY EMERGENCY: 1-800-222-1222
- Lake Cumberland District Health Department Somerset, KY www.lcdhd.org (606) 678-4761
- The Centers for Disease Control and Prevention (CDC) Atlanta, GA Toll free: 1-800-311-3435 www.cdc.gov