If you think your child has Salmonellosis:

- Tell your childcare provider or call the school.
- Need to stay home?
  
  **Childcare:**
  Yes, until diarrhea has stopped.

  **School:**
  No, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently.

  In addition, anyone with salmonellosis should not use swimming beaches, pools, water parks, spas, or hot tubs until 2 weeks after diarrhea has stopped.

**Symptoms**
Your child may have diarrhea, cramps, headache, vomiting, or fever. Illness may last up to 7 days.

If your child is infected, it may take 6 to 72 hours for symptoms to start.

**Spread**
- By eating or drinking contaminated food or beverages.
- By touching contaminated hands, surfaces, or objects.
- By handling chicks, ducklings, reptiles, and amphibians.

**Contagious Period**
The illness can spread as long as Salmonella bacteria are in the stool. This could be for several weeks.

**Call your Healthcare Provider**
- If anyone in your home has symptoms. There is a medical test to detect the bacteria.
- Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

**Prevention**
- Wash hands after using the toilet or changing diapers and before preparing food or eating. Your child may need help with handwashing.
- Clean and disinfect any objects that come in contact with stool. This includes toilets (potty chairs), sinks, toys, and diaper changing areas. Use a product that kills germs.
- Chicks, ducklings, reptiles (e.g., pet turtles, iguanas, snakes), and amphibians can carry Salmonella. Wash your hands after touching these pets.
- Cook foods thoroughly and do not drink unpasteurized milk or unpasteurized juice. Always disinfect cooking surfaces.

**FOR MORE INFORMATION**
Kentucky Department for Public Health Frankfort, KY http://chfs.ky.gov/dph/
Kentucky Regional Poison Center Louisville, KY EMERGENCY: 1-800-222-1222
Lake Cumberland District Health Department Somerset, KY www.lcdhd.org (606) 678-4761
The Centers for Disease Control and Prevention (CDC) Atlanta, GA Toll free: 1-800-311-3435 www.cdc.gov

Prepared by Hennepin County Human Services and Public Health Department (HSPHD)
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