Your child may have been exposed to:

| Roseola | Roseola is a viral rash. It is the most common cause of rashes in children 6 months to 2 years of age. |

If you think your child has Roseola:

- Tell your childcare provider.
- Need to stay home?

**Childcare:**
Yes, until the fever is gone and other rash illnesses, especially measles, have been ruled out.

**Symptoms**

Your child may have a high fever that starts suddenly and generally lasts for a few days. As the fever breaks, a rash appears on the child’s belly, chest, back, and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel okay. Illness may last up to 7 days.

If your child is infected, it may take 9 to 10 days for symptoms to start.

**Spread**

- By touching the secretions from the nose or mouth.

**Contagious Period**

Most likely during the fever and before the rash appears.

**Call your Healthcare Provider**

- If your child has a fever and a rash.

**Prevention**

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.

**FOR MORE INFORMATION**

- Kentucky Regional Poison Center Louisville, KY [EMERGENCY: 1-800-222-1222](EMERGENCY: 1-800-222-1222)
- Lake Cumberland District Health Department Somerset, KY [www.lcdhd.org](www.lcdhd.org) (606) 678-4761
- The Centers for Disease Control and Prevention (CDC) Atlanta, GA [Toll free: 1-800-311-3435](Toll free: 1-800-311-3435) [www.cdc.gov](www.cdc.gov)