Your child may have been exposed to:

Parapertussis

Parapertussis is a bacterial illness similar to pertussis (whooping cough) but it tends to be more mild.

If you think your child has Parapertussis:

- Tell your childcare provider or call the school.
- **Need to stay home?**
  
  **Childcare and School:**
  
  **No,** if the child is healthy enough for routine activities.

**Symptoms**

Your child may have a runny nose, sneezing, or mild coughing. Your child may cough in sudden, uncontrollable bursts. The cough may end with whooping sounds and/or vomiting.

If your child has been infected, it takes 6 to 21 days (usually 7 to 10 days) for symptoms to start.

**Spread**

By sneezing or coughing.

**Contagious Period**

Unknown, but likely to be most contagious at the time of early cold-like symptoms.

**Call your Healthcare Provider**

- If anyone in your home is coughing for more than 7 days. Your doctor may want to test for the bacteria. Antibiotics may be given.

**Prevention**

- Cover nose and mouth when coughing or sneezing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.

**FOR MORE INFORMATION**

Kentucky Department for Public Health Frankfort, KY  http://chfs.ky.gov/dph/
Kentucky Regional Poison Center Louisville, KY  EMERGENCY: 1-800-222-1222
Lake Cumberland District Health Department Somerset, KY  www.lcdhd.org  (606) 678-4761
The Centers for Disease Control and Prevention (CDC) Atlanta, GA  Toll free: 1-800-311-3435  www.cdc.gov

Prepared by Hennepin County Human Services and Public Health Department (HSPHD)

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