Your child may have been exposed to:

**Campylobacteriosis**

Campylobacteriosis is a bacterial infection of the intestines.

**If you think your child has Campylobacteriosis:**

- Tell your childcare provider or call the school.
- **Need to stay home?**
  - **Childcare:**
    - Yes, until diarrhea has stopped.
  - **School:**
    - No, unless the child is not feeling well and/or has diarrhea and needs to use the bathroom frequently.

In addition, anyone with campylobacteriosis should not use swimming beaches, pools, water parks, spas, or hot tubs until 2 weeks after diarrhea has stopped.

**Symptoms**

Your child may have diarrhea, vomiting, or a fever. Your child’s stomach may hurt. These symptoms may last up to 5 days.

If your child is infected, it may take 2 to 5 days for symptoms to start.

**Spread**

- By eating or drinking contaminated beverages or food, including undercooked chicken.
- By touching contaminated hands, surfaces, or objects.
- By handling pets and farm animals.

**Contagious Period**

The illness can spread as long as *Campylobacter* bacteria are in the stool.

**Call your Healthcare Provider**

- If anyone in your home has symptoms. Your doctor can test for *Campylobacter* and may decide you need to be treated with an antibiotic.
- Ask how to prevent dehydration. Your child may lose a lot of water due to vomiting and diarrhea.

**Prevention**

- Wash hands after using the toilet and changing diapers and before preparing food or eating. Your child may need help with handwashing.
- Clean and disinfect any objects that come in contact with stool. This includes toilets (potty chairs), sinks, toys, and diaper changing areas. Use a product that kills germs.
- Puppies, kittens, or farm animals can cause *Campylobacter* infection. Wash your hands after touching pets and farm animals.
- Cook foods thoroughly and do not drink unpasteurized milk or unpasteurized juice. Always disinfect cooking surfaces, especially after handling or cutting raw chicken.

**FOR MORE INFORMATION**

Kentucky Department for Public Health Frankfort, KY http://chfs.ky.gov/dph/
Kentucky Regional Poison Center Louisville, KY EMERGENCY: 1-800-222-1222
Lake Cumberland District Health Department Somerset, KY www.lcdhd.org (606) 678-4761
The Centers for Disease Control and Prevention (CDC) Atlanta, GA Toll free: 1-800-311-3435 www.cdc.gov

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