Your child may have been exposed to:

**Bronchitis**

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Runny nose</td>
<td>Your child may have a runny nose.</td>
</tr>
<tr>
<td>Fever</td>
<td>Your child may have a fever.</td>
</tr>
<tr>
<td>Cough</td>
<td>Cough starts out dry and harsh. It becomes looser after the child has been sick for a while.</td>
</tr>
<tr>
<td>Sore throat</td>
<td>Your child may have a sore throat.</td>
</tr>
<tr>
<td>Cough duration</td>
<td>The cough can last 1 to 2 weeks.</td>
</tr>
</tbody>
</table>

**Spread**

- By touching secretions from the nose or mouth.
- By touching contaminated hands, objects or surfaces.

**Contagious Period**

Shortly before and while your child has symptoms.

**Call your Healthcare Provider**

- If your child has a fever. Also if your child has a sore throat or cough that won’t go away.

**Prevention**

- Cover nose and mouth when coughing and sneezing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.
- DO NOT expose your child to second-hand tobacco smoke. Smoke increases the risk for serious respiratory infections and middle ear infections.

**FOR MORE INFORMATION**

- Kentucky Department for Public Health Frankfort, KY: http://chfs.ky.gov/dph/
- Kentucky Regional Poison Center Louisville, KY: EMERGENCY: 1-800-222-1222
- Lake Cumberland District Health Department Somerset, KY: (606) 678-4761 www.lcdhd.org

Prepared by Hennepin County Human Services and Public Health Department (HSPHD)

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