Bombay Banana Salad

Makes 4 servings

**Ingredients:**

2 oranges  
2 firm bananas, peeled, sliced  
1 cup seedless red grapes  
¼ cup whole almonds, toasted  
1 ripe banana, peeled  
12 pitted dates, halved

**Dressing**

½ cup low fat sour cream  
1 tablespoon brown sugar or honey  
1 tablespoon chopped chutney  
½ teaspoon curry powder

Grate peel from 1 orange, reserve peel for dressing. Peel and slice oranges. In bowl, toss salad ingredients with dressing.

**Dressing:** combine all ingredients in blender or food processor. Blend until smooth. Stir in grated orange peel.