The Lake Cumberland District Board of Health met on Tuesday, December 7, 2010 at the Lake Cumberland Area Development Office in Russell Springs, Kentucky.

Chairman, Micky Garner, called the meeting to order and asked Judge Eddie Rogers to lead the invocation.

Those present were:

Ann Melton, Adair County Judge Executive
Ronnie Grant
Ronald Wright, Casey County Judge Executive
Adlie Brown, DMD
Linda Lee
Lyle Huff, Clinton County Judge Executive
Jake Staton
Tim Hicks, Cumberland County Judge Executive
Terry Coyle
Joseph Skipworth, MD
Mary Ann Blaydes Baron, Green County Judge Executive
Barty Bullock, Pulaski County Judge Executive proxy to Mickey Garner
Maggie Turpen Roy
Micky Garner, Russell County Judge Executive
Susanne Watkins, OD
Hossein Fallahzadeh, MD
Rosalie Wright
Sue Singleton
Eddie Rogers, Taylor County Judge Executive
Roger Smith, DMD
Lora Sztendera, MD
David Mayer, DO
Blaine Phillips, McCreary County Judge Executive proxy to Rosalie Wright
Greg Rankin, Wayne County Judge Executive
Robyn Sneed confirmed we did have a total of 24 board members/proxies present and was a quorum.

The members absent from the meeting were:

Bruce Jasper, DVM
Robert Drake, MD
Tibby Altman
Sarah DeBord
Tonya Meece

STAFF MEMBERS PRESENT:

Tracy Aaron, LCDHD Health Education Director
Melinda Copenhaver, LCDHD Administrative Services Manager
Shawn Crabtree, LCDHD Executive Director
Sylvia Ferrell, LCDHD Nurse Administrator
Randy Gooch, LCDHD Director Administrative Services
Pam Godby, LCDHD Director Human Resources
Monica Hall, LCDHD School Health Nurse Administrator
Jefferson Hickman, LCDHD Environmental Health Supervisor
Jamie Lee, LCDHD Nurse Program Manager
Jasie Logsdon, LCDHD Epidemiologist
Robyn Sneed, LCDHD Administrative Secretary
Stuart Spillman, LCDHD Environmental Director
Peggy Tiller, LCDHD Director Nursing
Amy Tomlinson, LCDHD PH Service Coordinator
Christine Weyman, LCDHD Medical Director
Laura Woodrum, LCDHD Nurse Administrator
Ken Dougherty, CPA Brown & Dougherty

Several LCDHD employees from various departments also attended the meeting
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WELCOME
Chairman Garner welcomed all board members, staff and guests. As confirmed earlier, a quorum was present.

APPROVAL OF MINUTES
Copies of the minutes from the September 21, 2010 meeting were mailed to each board member for their review prior to tonight’s meeting. Dr. Fallahzadeh moved to accept the minutes. Dr. Skipworth seconded the motion. Motion carried.

AUDITORS REPORT
Ken Dougherty, CPA from Brown & Dougherty presented his recent audit report of the Lake Cumberland District Health Department. He explained that the audit was unqualified and it was a clean audit with all internal controls in place. He also reported that all staff he spoke with was all very helpful and courteous. He told the board members that the Lake Cumberland District is very efficient and that they should be very proud of the job that the staff do at the health department. Judge Mary Baron moved to accept the audit as presented. Judge Rogers seconded the motion. Motion carried.

ELECTION OF OFFICERS
Chairman Garner told the board that at the last meeting he asked Rosalie Wright, Judge Lyle Huff, Dr. Skipworth and Dr. Brown to participate in a nominating committee and select members as nominations for officers for the upcoming year. He asked if the committee members had met and did they have nominations for officers?

Rosalie Wright replied that yes the committee did meet on November 30 and that they would like to nominate the following as officers for the upcoming New Year:

Chairman; Judge Eddie Rogers
Vice Chair; Judge Greg Rankin
Secretary; Sue Singleton

There were no other nominations and Dr. Fallahzadeh made a motion to accept the nominations for the board positions. Dr. Brown seconded the motion. Motion carried.
HUMAN RESOURCE REPORT
Pam Godby, Human Resources Director reported that since her last report at the board meeting in September 2010; we have had three (3) employees go off duty and no new staff hired. We anticipate four staff retiring by the end of February.

STRATEGIC PLAN/SIX WINNABLE PUBLIC HEALTH BATTLES
Mr. Crabtree explained to the board that the Centers for Disease Control have identified Six Winnable Battles in public health. These include 1) Hospital Associated Infections, 2) HIV, 3) Motor Vehicle Injuries, 4) Obesity/Nutrition/Physical Activity/Food Safety, 5) Teen Pregnancy, 6) Tobacco. Mr. Crabtree said he would like to explain to the board where our District’s health status currently rates in regards to several of these areas:
* HIV: Data shows our district has 37 individuals identified as living with AIDS.
* Motor Vehicle Injuries: Our district scored a “D” in the category of Motor Vehicle Death Rate”.
* Obesity/Nutrition/Physical Activity/Food Safety: Our district scored a “D” in overweight and a “C” in obesity.
* Teen Pregnancy: Our district scored a “D” in the category of “Teen Births”
* Tobacco: Our district scored a “D” in the categories of “Lung Cancer Incidence” and in “Lung Cancer Death Rate”.

Mr. Crabtree explained that the things we have done over the past few years to help combat these low ratings in our state are:
- School health mini-grants for nutrition/fitness
- TLC project focused on childhood obesity
- Mass mailings
  - Family preparedness and nutrition
  - Nutrition/Fitness
  - Nutrition/Exercising/Tobacco
  - Teen pregnancy letter
- Movie ads regarding nutrition/fitness/smoking
- Working on On-line health profiles
Mr. Crabtree would like to ask the board to go on record as supporting a strategic plan to help combat and conquer the identified Six Winnable Battles in public health.

Chairman Garner made a motion that the board supports the six winnable battles that Mr. Crabtree had just explained to them about. Dr. Fallazhadeh seconded the motion. *Motion carried*

**POLICIES UPDATE**

Mr. Crabtree explained to the board that he needed approval for some minor changes in a few of our current policies; each board member received a copy of these policies tonight.

1) Contraceptive Prescription Policy; Dr. Smith moved to accept the changes to the current policy. Dr. Skipworth seconded the motion. *Motion carried.*

2) Cell Phone Policy; Dr. Szentendera moved to accept the changes to the current policy. Dr. Fallahzadeh seconded the motion. *Motion carried.*

3) Walk In Patients Policy; Judge Rogers moved to accept the changes to the current policy. Dr. Smith seconded the motion. *Motion carried.*

**FINANCIAL REPORT**

Mr. Crabtree reminded the board members about the items that were discussed at the last board meeting in September and the decisions they would have to make during the meeting tonight. He explained what has happened in recent months resulting in our budget deficit: 1) the Department of Public Health changed the billing recommendations thus reducing our Medicaid revenue potential by about $800,000; 2) the amount the agency is required to contribute to retirement went up by 5.33% thus costing us an additional $500,000; 3) we experienced about $500,000 in state funding cuts; and 4) we are now required to meet the state’s portion of the federal/state Medicaid match in order to participate in the Medicaid program costing us $1.33 million. Together these culminated in our current year opening deficit of $2.5 million dollars.

While we have a total of about 6.8 million in reserves, only 5.7 of that is “unrestricted”. The state will only allow us to use the “restricted” portion of our reserves for specific things. Through October we are running at a current year deficit of just over $700,000 which means we will likely end this year with about a $2 million dollar deficit. This will reduce our unrestricted reserves to around 3.7
million dollars. The board members then asked many questions concerning layoffs, furloughs, and other cost saving options. After a couple hours of debate, Sue Singleton made a motion that the ten member counties raise their contribution rates from 1.8 cents per $100 of property value to 2.8 cents (which translates to $10.00 of additional local taxes per taxpayer for every $100,000 dollars of property value) and that all LCDHD employees take 6 furlough days (three in this fiscal year [between now and June] and three in next fiscal year. Dr. Fallahzadeh seconded the motion. Chairman Garner asked Robyn to take a roll call for each member’s vote:

<table>
<thead>
<tr>
<th>Name</th>
<th>Vote</th>
<th>Name</th>
<th>Vote</th>
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<tbody>
<tr>
<td>Judge Eddie Rogers</td>
<td>yes</td>
<td>Adlie Brown</td>
<td>yes</td>
</tr>
<tr>
<td>Joseph Skipworth</td>
<td>no</td>
<td>Rosalie Wright</td>
<td>yes</td>
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<tr>
<td>Sue Singleton</td>
<td>yes</td>
<td>Judge Phillips proxy to Rosalie</td>
<td>yes</td>
</tr>
<tr>
<td>Judge Lyle Huff</td>
<td>yes</td>
<td>Jake Staton</td>
<td>yes</td>
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<tr>
<td>Judge Greg Rankin</td>
<td>no</td>
<td>Linda Lee</td>
<td>yes</td>
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<tr>
<td>Terry Coyle</td>
<td>no</td>
<td>L. Sztendera</td>
<td>no</td>
</tr>
<tr>
<td>Judge Tim Hicks</td>
<td>no</td>
<td>Judge Wright</td>
<td>no</td>
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<tr>
<td>Judge Ann Melton</td>
<td>no</td>
<td>Maggie Roy</td>
<td>yes</td>
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<tr>
<td>Judge Micky Garner</td>
<td>yes</td>
<td>Judge Bullock proxy to Mickey</td>
<td>yes</td>
</tr>
<tr>
<td>Roger Smith</td>
<td>yes</td>
<td>Judge Baron</td>
<td>no</td>
</tr>
<tr>
<td>Hossein Fallahzadeh</td>
<td>yes</td>
<td>Susanne Watkins</td>
<td>yes</td>
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<tr>
<td>Ronnie Grant</td>
<td>yes</td>
<td>David Mayer</td>
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The motion passed 15 – 8. Chairman Garner said this was a difficult decision but that something had to be done now, this could not be put off any longer due to the emergency financial conditions. There are no easy solutions to this but hopefully by raising taxes a small amount, this can help increase funding that will be coming into the health department in the future.
Mr. Crabtree explained to the board that it will now be up their local boards to decide on each county tax rate when the boards begin their annual meetings in February 2011.

Judge Garner told the board members he had enjoyed being their chairman over the past year and wished them well. Robyn told the board members the next meeting will be March 1, 2011 and will be at the Ad office meeting room.

__________________________             ________________________________
Chairman Judge Garner                           Tibby Altman, Secretary